

At Home

News and Tips for Residents of Cowboy Properties Communities Aug. 27, 2021

Cowboy Pledge Update

Thanks to everyone who donated to August's food drive to benefit the Utah Food Bank. We collected 1,670 pounds of food for the food bank.



We continue to support the Utah Food Bank in September as we volunteer at the food bank on Sept. 9 from 6:00 PM to 7:30 PM. Volunteers must be at least 12 years of age and accompanied by a parent or guardian if under the age of 18. To volunteer, please contact us at 801-424-4400 or cowboypledge@cowboyproperties.com.

To support the food bank, please visit <u>UtahFoodBank.org</u>.

Things We Love

The Salt Project aims to discover hidden gems about Utah and nearby states. They cover a wide variety of indoor and outdoor family-friendly and date night activities as well as local restaurants and other fun tips on things like

Your Favorite Places

We recently asked you to share your favorite local businesses and will be periodically publishing your thoughts. Supporting local businesses is important to us.

Good Food Gluten Free Bakery 423 W 800 S, Salt Lake City

Cat at Liberty Blvd says that "this is a dedicated gluten



free bakery so there is no chance of cross contamination in their products. As someone who has to eat a gluten free diet, finding a bakery that has good baked goods is often difficult. Good Food Gluten Free Bakery has the best gluten free breads and pastries I've found. They also make donuts every other Friday! The staff is friendly and they have a wide variety of baked goods." Although the bakery primarily focuses on wholesale sales (check out their Facebook page for a list of stores that carry their baked goods) they typically have a selection of desserts available for in-store purchase on any given day.

traveling, equipment deals and free activity days. Each article on their website provides a ton of photos and other details for all the information you'll need to visit yourself. Follow them on Instagram and Facebook and visit their website at saltproject.co.

Covid-19 Update

Click for the latest resources on vaccine eligibility and distribution. Everyone ages 12 and up is eligible for the vaccine in Utah.

The CDC recently answered several questions related to <u>Covid-19 booster shots</u>. University of Utah Health experts recently indicated that the <u>focus remains on vaccinating people who are not currently vaccinated</u>.

Assistance Resources

Please let us know if you are having difficulties keeping up with your rent.

We've partnered with Flex to give you flexibility in how you pay your rent.

Housing Assistance

rentrelief.utah.gov

General Assistance (Utilities, Food, Housing)

utahca.org/housing/ or call (801) 359-2444 211utah.org/ or call 211

<u>Utah Department of Workforce Services</u> Resources

jobs.utah.gov/ jobs.utah.gov/docs/hotjobs.html

Food Resources, and Mobile Food Pantry Dates and Locations

slc.gov/sustainability/food-covid/ utahfoodbank.org/programs/mobile-pantry/