

Tonya's Activity Corner

Dr. Hague will be returning on August 2nd at 10am in the Beauty Salon. He will take a maximum of 25 appointments. Please sign-up for your appointment at the sign-up table by the Activity Center.

Exercise instructor Rowena who leads our class Music in Motion will only be here the first two Tuesdays this month. She will be having knee surgery, so keep her in your thoughts and well wishes for a speedy recovery.

Please view your calendars carefully this month as we have made some changes to dates, times, and added new activities. This is a great time for everyone to get involved and meet new residents.

"You scream, I scream... We All Scream for Ice Cream." Let's get excited for our Ice Cream Social on August 17th at 2:30pm in the Activity Center. If you'd like, you can join others in the backyard under the umbrellas or shade trees.

We are inviting a new ceramic instructor, Claudie, to our community on August 25th at 10:30am. If you've never experienced or learned how to form clay into a ceramic masterpiece, this is your chance to make magic! Be one of the first 10-12 residents to sign-up and support this new activity.

Linda R. has done a great job with Read Aloud, but she is shifting gears and will start a new activity, "Book Reading" every Tuesday at 6:30pm in the library. Linda will read one chapter from a book of her choice and follow it up with a discussion on how it pertains to your life.

Happy Hours have been so much fun and it's wonderful to see everyone having a good time by dancing and tapping their feet to the tunes we bring in. This month we have Moon Glow, a 4-piece band, everyone's favorite solo singer Mike Ely, the Songbird Trio is back, and a new entertainer, singer Beny Rivers will join us at

Important Telephone Numbers

Office Hours – Monday-Friday 8:30am-5:30pm
Saturday & Sunday 9:00am-5:00pm
Office 916-929-3966 Fax 916-929-3627
Tonya/Activities Office 916-929-6003
Van/Transportation Cell 916-468-3091
After Hours Cell 916-468-3092
Dining Room 916-921-5998
Police Non-Emergency 916-264-5471
Adult Protective Services 916-874-9377
Emergency & Fire 911
Comcast Cable 1-800-266-2278
AT&T 1-800-310-2355
Paratransit 916-429-2744
Yellow Cab 916-444-2222
Beauty Salon Jane Ma 916-223-9658
Wednesday-Friday
Clean Touch Dry Cleaning 916-366-6666
Pick-up & drop-off Monday & Thursday

Activities Corner continued...

the end of the month. He sings a selection of songs from the 40's, 50's, 60's and 70's. Come down and dance!

Did you Know?



Highway 127 runs from Addison, Michigan, to Gadsden, Alabama, and, at almost 700 miles long, it hosts the World's Longest Yard Sale from August 5–8. The 127 Yard Sale, as it is known by locals, was invented in 1987 by a Tennessee city official named Mike Walker. In an effort to encourage drivers to avoid interstate travel, take local scenic routes, and thereby support local businesses, Walker suggested that local residents line their front yards with goods for sale. Each year, thousands of motorists drive the route, perusing the wares for sale and catching the unique attractions found in the six participating states. Route 127 doesn't just offer the world's longest yard sale, but it also provides the backdrop of what may be America's strangest (and most profitable) road trip.

CAMPUS COMMONS

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Chris Cook, Maintenance
campus-maint@raystoneinc.com

Charlene Wickizer, Marcy Solis &
Rick Comer, Housekeeping

Shawn Asberry, Karen Schaefer,
Gabriel Haran, Evening Porters

Important Telephone Numbers

Office: 916-929-3966
After Hours Cell: 916-468-3092
Kitchen: 916-921-5998
Comcast: 1-800-266-2278
AT&T: 1-800-310-2355

Christine's Comments

I meant to mention this last month, but now that almost everyone is coming down for meals and activities are in full gear, we will now go back and start utilizing your in-house mailboxes as a form of communication to you. Remember those "cubbies" on the right wall before the Activity Center? Be sure and check them daily.

If you haven't met him yet, Gabriel Haran joined the Campus Team last month as our Saturday evening porter. Gabriel will be here from 5:30pm Saturday to 9am Sunday mornings. Welcome Gabriel!

We expect Richard Beyerl, general manager, and chef for Sodexo to return this month. Once he arrives, you'll know it! I'd like to thank John for helping the last month with the administration end of the kitchen. John informs me that he's hired two new servers!

Carol would like me to announce that all "to go/pick-up" orders will now be available at 11am for brunch and 4pm for dinner.

I've been selecting the movies on Sunday through Netflix. If you have a movie that you've heard of or would like to see, email me at my address listed to the left or drop a note off to the office.

New resident Jon Hayward has worked in computers for over 20 years. He has conducted classes in Microsoft Word and Excel and knows his way around the Windows 10 environment but does not do MAC. He is willing to help those that are interested in learning more about computers in general. If you would like to bring your own laptop or iPad to the Computer Center on Tuesday, August 24th at 3pm, a sign-up sheet has been placed on the credenza to the left before you enter the Activity Center.

Fun Facts About August

1. In the original Roman calendar, the month of August was called Sextilis. This was because it was the sixth month of the year. Later, after January and February were added to the calendar, it became the eighth month of the year. At the time the month had 29 days. When Julius Caesar created the Julian calendar in 45 BC, two days were added giving the month 31 days. The month was later renamed Augustus in honor of the first emperor of Rome.

2. The Gladiolus and Poppy are the August birth flowers.

3. The birthstone for August is the Peridot.

4. The first United States Census was conducted on August 2nd, 1790. There were 3,929,214 people counted that year.

5. Harry Houdini performed one of his greatest stunts on August 5th, 1926. He spent 91 minutes underwater in a sealed tank before escaping.

6. Alice Huyler Ramsey and three other women became the first women to complete a transcontinental automobile trip on August 7th, 1909. Taking 59 days to travel from New York, New York to San Francisco, California. Alice drove the whole trip.

7. Opening of the restored Sistine Chapel in Rome was on August 9th, 1483. Renaissance painters Sandro Botticelli, Pietro Perugino, Pinturicchio, Domenico Ghirlandaio and Cosimo Roselli contributed. Michelangelo added his work on the ceiling in 1508-1512.

8. Babe Ruth became the first baseball player to hit 500 home runs in his career with a home run at League Park in Cleveland, Ohio on August 11th, 1929.

August Birthdays

In astrology, those born August 1–22 are Leo's Lions. These "kings of the jungle" are natural-born leaders, full of creativity, confidence, and charisma. Leos use their generosity and sense of humor to unite different groups into a common cause. Those born August 23–31 are Virgo's Virgins. Virgos pay attention to details and like to keep things organized. Their deep sense of humanity and love of others makes them defenders of justice, goodness, and purity.

Paige Small, August 4th

Ruth Baker, August 6th

Notch Parino, August 8th

Rick Trnka, August 13th

Doris Morace, August 15th

Ron Rasmussen, August 17th

Barbara Carter, August 18th

DD Despard, August 22nd

Senova Lamothe, August 27th

Nat Linenberger, August 27th

Eleanor Witter, August 31st

August Anniversaries

Jean Franke – 12 years

Doris Forward – 10 years

Birgitta & Russ Ellis – 4 years

Paige Small – 4 years

Mary Higdon – 3 years

Annabeth Terry – 2 years

Patsy Bennett – 1 year

August Move-Ins

Mark D. #225



Sunday Movies in August



August 1st

6:30 God Bless the Broken Road 2018

After a young mother is widowed by war, her faith is tested as she struggles to stay afloat financially and raise her daughter.

Rated PG 1h. 51mins.

August 8th

6:30 Home Again 2017

A newly single mom takes in three young male filmmakers as boarders, but her estranged husband returns to complicate her new, unconventional life.

PG-13 1hr. 37mins.

August 15th

6:30 Roped 2020

A star cowboy in a traveling rodeo gets thrown off course when he falls in love with the daughter of a tough-minded councilman.

Rated PG 1h. 30mins.

August 22nd

6:30 You are My Home 2020

After becoming separated from her family, a young girl finds herself in the care of a heartbroken woman who faces her own struggles.

Rated TV-PG 1h. 32mins.

August 29th

6:30 The Dig 2021

On the eve of World War II, a British widow hires a self-taught archaeologist to dig up mysterious formations on her land, leading to a staggering find.

Rated PG-13 1h. 52mins.

Natasha's Marketing Minutes

Thank you to those that joined our New Resident Orientation in July! We are so happy to see our new residents getting acclimated and making new friends! Join this month's Food Demo on August 3rd at 2:30pm in the Cabaret Lounge with Natalya, as she shares how to make one of her favorite summertime appetizers, Sushi! Do not forget to mark your calendars for August 19th at 2:30pm in the Cabaret Lounge as Dr. Miguel Guerra from Exceldent Dentistry will be here to demonstrate the importance of oral hygiene. Remember to stay hydrated as "the first week of August hangs at the very top of Summer...like the highest seat of a Ferris wheel when it pauses in its turning" -Natalie Babbitt

Recall Election

The recall election isn't until September 19, but ballots are going in the mail August 14. You can check your registration status online and update it if necessary. If you are not registered, you can do so online at www.sos.ca.gov. If you are not comfortable working online, you can obtain the correct form provided by the County Registrar of Voters from Dorothy W., one of our residents. She is certified by the county to give you the form and any help you need to complete it correctly. New registrations or changes must be received by the Registrar no later than August 31, 2021.

