

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00 Mexican Train-AC 1 6:30 Movie-L/T: God Bless the Broken Road (For a complete listing of the August movies, please see inside the newsletter)	9:00 Stretch & Balance w/Tom-BY 2 10:00 Dr. Hague-BS 10:00 Grocery Shopping: Save Mart 12:30 Shopping: Trader Joes 1:00 Knit Pickers-AC 1:30 Rummikub-GR 2:30 Wii Bowling-AC	9:00 Music in Motion w/Rowena-BY 3 10:00 Blank Slate w/Barbara-AC 1:00 Cornhole-BY 2:30 Sushi Demo w/Natalya-CL 6:30 Book Reading w/Linda-L/T	9:15 Physical Therapy w/Brody-BY 4 1:00 Bingo w/Paige-AC 2:30 Wii Bowling-AC	9:00 Weights & Balance w/Tonya-BY 5 1:00 Beanbag Baseball-AC 2:00 Encore w/Pat-GR 6:30 Misc. Musicals-L/T: State Fair 1945 1h 36 mins	9:00-11:00-Banks 6 9:00 Chair Yoga w/Diane-BY 1:00 Wii Bowling-AC 2:15-3:30 Happy Hour w/Moon Glow-CL	1:30 Bingo w/Christa-AC 7 
1:00 Mexican Train-AC 8 6:30 Movie-L/T: Home Again	9:00 Stretch & Balance w/Tom-BY 9 10:00 Grocery Shopping: Safeway 12:30 TJ Maxx & Bed, Bath & Beyond 1:00 Knit Pickers-AC 2:30 Wii Bowling-AC	9:00 Music in Motion w/Rowena-BY 10 10:00 Blank Slate w/Natalya-AC 1:00 Cornhole-BY 2:00 Bookmobile-PL 2:30 Sing Along-CL	9:15 Weights & Balance w/Tonya-BY 11 12:00 August Birthday Celebration – Dining Room 1:00 Bingo w/Paige-AC 2:30 Wii Bowling-AC	9:00 Weights & Balance w/Tonya-BY 12 1:00 Shuffleboard-AC 1:30 Rummikub-GR 6:30 Misc. Musicals-L/T: My favorite Broadway leading ladies 1998 2h 10mins	9:00-11:00-Banks 13 9:00 Stretch Bands w/Barbara-BY 1:00 Trivia w/Lorraine-AC 2:15-3:30 Mike Ely-CL	1:30 Bingo w/Christa-AC 14 
1:00 Mexican Train-AC 15 6:30 Movie-L/T: Roped	9:00 Stretch & Balance w/Tom-BY 16 10:00 Grocery Shopping: Save Mart 12:30 Shopping: Arden Fair Mall-L 1:00 Knit Pickers-AC 1:30 Rummikub-GR 2:30 Wii Bowling-AC	9:00 Weights & Balance w/Tonya-BY 17 10:00 Blank Slate-AC 1:00 Cornhole-BY 2:30 Ice Cream Social-AC/BY 6:30 Book Reading w/Linda-L/T	9:15 Physical Therapy w/Brody-BY 18 1:00 Bingo w/Paige-AC 2:30 Paint & Sip-AC 7:00 Bookworms-L/T	9:00 Weights & Balance w/Tonya-BY 19 1:00 Beanbag Baseball-AC 2:00 Encore w/Pat-GR 2:30 Exceldent Dentistry-CL 6:30 Misc. Musicals-L/T: Charlie Chaplin-Gold Rush 1925 1h 33mins	9:00-11:00-Banks 20 9:00 Chair Yoga w/Diane-BY 1:00 Wii Bowling-AC 2:15-3:30 Happy Hour w/Songbird Trio-CL	1:30 Bingo w/Christa-AC 21 
1:00 Mexican Train-AC 22 6:30 Movie- L/T: You are My Home	9:00 Stretch & Balance w/Tom-BY 23 10:00 Grocery Shopping: Safeway 12:30 Shopping: Target 1:00 Knit Pickers-AC 2:30 Wii Bowling-AC	9:00 Weights & Balance w/Tonya-BY 24 10:00 Blank Slate-AC 1:00 Cornhole-BY 2:30 Sing Along-CL 3:00 Computers w/Jon-CC	9:15 Weights & Balance w/Tonya-BY 25 10:30 Ceramic Class w/Claudie-AC 1:00 Bingo w/Paige-AC 2:30 Wii Bowling-AC	9:00 Weights & Balance w/Tonya-BY 26 1:00 Shuffleboard-AC 1:30 Rummikub-GR 6:30 Misc. Musicals-L/T: Mae West & The Men Who Knew Her 57 mins	9:00-11:00-Banks 27 9:00 Stretch Bands w/Barbara-BY 1:00 Trivia w/Lorraine-AC 2:15-3:30 Happy Hour w/Beny Rivers-CL	1:30 Bingo w/Christa-AC 28 
1:00 Mexican Train-AC 29 6:30 Movie-L/T: The Dig	9:00 Stretch & Balance w/Tom-BY 30 10:00 Grocery Shopping: Save Mart 12:30 Shopping: Dollar Tree 1:00 Knit Pickers-AC 2:30 Wii Bowling-AC	9:00 Weights & Balance w/Tonya-BY 31 10:00 Blank Slate-AC 1:00 Cornhole-BY				

BY=BACKYARD, GR=GAME ROOM, AC=ACTIVITY CENTER, CL=CABARET LOUNGE, CC=COMPUTER CENTER, L/T=LIBRARY/THEATRE, PL=PARKING LOT. **All Activities are subject to change.**