

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

September 2021

Roseville Commons Activities

9:05 Tai Chi ~ DVD ~ RR 10:00 Senior Stretching ~ RR DVD Seated Exercise 1:00 Matinee Movie ~ RR  6:00 Scrabble ~ LB	9:05 Tai Chi ~ DVD ~ RR 10:00 Senior Stretching ~ RR DVD Seated Exercise 11:00 Tai Chi ~ DVD ~ RR 1:00 Matinee Movie ~ RR 6:00 Cards ~ LB  Labor Day Rosh Hashanah Begins	9:00 Qi Gong ~ DVD ~ RR 10:00 Senior Stretching ~ RR DVD Seated Exercise 12:30 Music w/Dan ~ RR <i>Sing Along</i> You don't have to sing, come down and listen. 1:45 Wii Bowling ~ RR 2:00 Wii Bowling ~ RR 6:00 Scrabble ~ LB	9:00 Qi Gong ~ DVD ~ RR 10:00 Seated/Band ~ RR Exercise class w/Tina 1:00 Crystal Bowls Music ~ RR By Kimberly Bass 2:30 Bingo ~ RR 6:00 Cards ~ LB 	9:00 Qi Gong ~ DVD ~ RR 10:00 Balance & Strength ~ RR w/Tom seated/balance 12:30 Wii Bowling ~ RR 1:00 Wii Bowling ~ RR 2:30 Happy Hour ~ RR w/ Lincoln Highway Band Mixed music 	9:00 Tai Chi ~ DVD ~ RR 10:00 Seated/Band ~ RR Exercise class w/Tina 11:00 Tai Chi ~ DVD ~ RR 1:00 Bingo ~ RR (8 dimes & 2 quarters) 2:30 POKENO ~ RR (18 nickels & 2 Quarters) 6:00 Friday Night Movie-RR 	9:00 Seated Yoga ~ DVD ~ RR 10:00 Balance & Strength ~ RR Exercise class w/Tina 2:00 Magic Show ~ RR Charlie from Sevilla Magic FX Celebrating Grandparents Day 6:00 Saturday Night Movie ~ RR 
9:05 Tai Chi ~ DVD ~ RR 10:00 Senior Stretching ~ RR DVD Seated Exercise 1:00 Matinee Movie ~ RR  6:00 Scrabble ~ LB Grandparents Day	9:05 Tai Chi ~ DVD ~ RR 10:00 Senior Stretching ~ RR DVD Seated Exercise 11:00 Tai Chi ~ DVD ~ RR Carpet cleaning in Common area. 6:00 Cards ~ LB National Peanut Day! Guess how many peanuts are in the jar & Win-Table in the Lobby Entrance 	9:00 Qi Gong ~ DVD ~ RR 10:00 Senior Stretching ~ RR DVD Seated Exercise 1:00 Tuesday Speaker ~ RR "The Art of Striving vs. Surviving" w/ Carol S. Scofield  2:30 Wii Bowling ~ RR 3:00 Wii Bowling ~ RR 6:00 Scrabble ~ LB	9:00 Qi Gong ~ DVD ~ RR 10:00 Seated/Band ~ RR Exercise class w/Tina 1:00 POKENO ~ RR (18 nickels & 2 Quarters) 2:30 Bingo ~ RR (10 dimes & 2 quarters) 6:00 Cards ~ LB  Yom Kippur Begins	9:00 Qi Gong ~ DVD ~ RR 10:00 Balance & Strength ~ RR w/Tom seated/balance 12:30 Wii Bowling ~ RR 1:00 Wii Bowling ~ RR 2:30 Happy Hour ~ RR w/ Ellen & Larry Peanut guess winner announced! 	9:00 Tai Chi ~ DVD ~ RR 10:00 Seated/Band ~ RR Exercise class w/Tina 11:00 Tai Chi ~ DVD ~ RR 12:30 Ceramics Class ~ RR w/Claudie 2:30 Cornhole ~ RR 3:00 Cornhole ~ RR 6:00 Friday Night Movie-RR 	9:00 Seated Yoga ~ DVD ~ RR 10:00 Balance & Strength ~ RR Exercise class w/Tina 1:30 Saturday Movie ~ RR Tina is off in Lieu of Labor Day The Shaikeer Gun in the West, w/Don Knotts, Comedy. 6:00 Saturday Night Movie ~ RR  Oktoberfest Begins
9:05 Tai Chi ~ DVD ~ RR 10:00 Senior Stretching ~ RR DVD Seated Exercise 1:00 Matinee Movie ~ RR  6:00 Scrabble ~ LB	9:05 Tai Chi ~ DVD ~ RR 10:00 Senior Stretching ~ RR DVD Seated Exercise 11:00 Tai Chi ~ DVD ~ RR 1:00 Matinee Movie ~ RR  6:00 Cards ~ LB Sukkot Begins	9:00 Qi Gong ~ DVD ~ RR 10:00 Senior Stretching ~ RR DVD Seated Exercise 12:30 Music w/Dan ~ RR <i>Sing Along</i> You don't have to sing, come down and listen to the music. 1:45 Wii Bowling ~ RR 2:00 Wii Bowling ~ RR 6:00 Scrabble ~ LB	9:00 Qi Gong ~ DVD ~ RR 10:00 Seated/Band ~ RR Exercise class w/Tina 1:00 POKENO ~ RR (18 nickels & 2 Quarters) 2:30 Bingo ~ RR (10 dimes & 2 quarters) 6:00 Cards ~ LB  Autumn Begins	9:00 Qi Gong ~ DVD ~ RR 10:00 Balance & Strength ~ RR w/Tom seated/balance 12:30 Wii Bowling ~ RR 1:00 Wii Bowling ~ RR 2:30 Happy Hour ~ RR w/ Beny & The Singing Sax Mixed music 	9:00 Tai Chi ~ DVD ~ RR 10:00 Seated/Band ~ RR Exercise class w/Tina 11:00 Tai Chi ~ DVD ~ RR 1:30 Horse Races ~ RR Place your Bets! Beers & Pretzels' For Oktoberfest! 6:00 Friday Night Movie-RR 	9:00 Seated Yoga ~ DVD ~ RR 10:00 Balance & Strength ~ RR Exercise class w/Tina 1:00 Bean Bag baseball ~ RR If you don't want to play, come watch the game! 6:00 Saturday Night Movie ~ RR 
9:05 Tai Chi ~ DVD ~ RR 10:00 Senior Stretching ~ RR DVD Seated Exercise 1:00 Matinee Movie ~ RR  6:00 Scrabble ~ LB	9:05 Tai Chi ~ DVD ~ RR 10:00 Senior Stretching ~ RR DVD Seated Exercise 11:00 Tai Chi ~ DVD ~ RR Carpet cleaning in Common area. 6:00 Cards ~ LB 	9:00 Qi Gong ~ DVD ~ RR 10:00 Senior Stretching ~ RR DVD Seated Exercise 1:00 Tuesday Speaker ~ RR How to take care of your skin. w/ Waverly Pierce ~ Kemp 2:30 Wii Bowling ~ RR 6:00 Scrabble ~ LB  Simchat Torah Begins	9:00 Qi Gong ~ DVD ~ RR 10:00 Seated/Band ~ RR Exercise class w/Tina 11:00 Qi Gong ~ DVD ~ RR 2:30 Fall Bingo ~ RR (4 dimes & 1 quarter) Raffle Prizes 6:00 Cards ~ LB 	9:00 Qi Gong ~ DVD ~ RR 10:00 Balance & Strength ~ RR w/Tom seated/balance 12:30 Wii Bowling ~ RR 1:00 Wii Bowling ~ RR 2:30 Happy Hour ~ RR w/ Michael Jaspar Everything Jazz 		

RR = Rose Room on the 1st floor, LB = Library on the 1st floor

Events on the calendar are subject to change!