

At Home

News and Tips for Residents of Cowboy **Properties Communities** Aug. 13, 2021

Control the Chaos

Check out these items to help organize some of the little things around your home.

Magnetic Cable Organizer In addition to organizing cables, other uses include hanging things on your fridge or as a bookmark.





Coffee Mug Organizer

Neatly stack your mugs and glasses on top of each other to expand the space in your cabinet. Adjustable to fit several size mugs and glasses.

Under Sink Organizer

Adjustable and the removable pieces help you fit the shelf around the pipes for the sink.





Toy Storage Basket and Play Mat A great option to help keep activities with a lot of little pieces contained.

Lagoon Giveaway Winners

Congratulations to our winner of the Lagoon tickets from Liberty Commons.

Lagoon is open weekdays through Aug. 20 and open weekends through Oct. 31. Lagoon A Beach closes Sept. 6 with Frightmares beginning Sept. 10. Purchase tickets here.

Bike On

Biking is a great way to get exercise. Whether it's road or mountain biking, check out these groups to help get you started.

Bonneville Cycling Club

Check out their calendar of both road and mountain bike rides all around Salt Lake City. By formally joining the group (\$35 membership), they offer discounts on entry fees to races as well as at local shops.

Utah Cycling Community Facebook Group

A group of nearly 6,000 members, it's a great place to start if you're looking for suggestions on easy rides, gear and people to bike with.

Wasatch Mountain Club

In addition to biking, the club offers a wide variety of outdoor activities.

Stay Park City Cycling

Weekly rides are free and open to non-members but a \$40 membership has several benefits.

Covid-19 Update

Click for the latest resources on vaccine eligibility and distribution. Everyone ages 12 and up is eligible for the vaccine in Utah.

ABC4 recently spoke with Dr. Tamara Sheffield, Medical Director for Community Health and Prevention at Intermountain Healthcare, about talking to your doctor before receiving the vaccine if you have these pre-existing conditions.

Assistance Resources

Please let us know if you are having difficulties keeping up with your rent.

We've partnered with Flex to give you flexibility in how you pay your rent.

Housing Assistance

rentrelief.utah.gov

General Assistance (Utilities, Food, Housing)

utahca.org/housing/ or call (801) 359-2444 211utah.org/ or call 211

Utah Department of Workforce Services Resources

jobs.utah.gov/ jobs.utah.gov/docs/hotjobs.html

Food Resources, and Mobile Food Pantry Dates and Locations slc.gov/sustainability/food-covid/ utahfoodbank.org/programs/mobile-pantry/