

# AUGUST 2021



SUN

MON

TUE

WED

THU

FRI

SAT

2021 Tokyo Summer Olympics July 23—August 8

**1**  
10:30(T) Catholic Mass on TV#1008  
10:45(C) Calvary Christian Church & communion  
1:00(T) First Baptist Church  
2:00(P) Bingo  
3:30(L) Ice Cream & Social Time



**2**  
10:00(X) Seated Mix Video—DVD  
10:45(L) Coffee & Conversation  
  
1:15(T) First Presbyterian Service  
2:30(C) Merry Makers Presents Tim Javorsky  
3:30(L) Coffee & Conversation

**3**  
10:00(X)Olympic Bowling   
10:00-12:00(C) Heritage OnCare **Balance Clinic** & Assisted Wellness Clinic  
1:30(A) Art Class Drawing  
3:00(C) Corner Store  
6:00(C) Bible Study by Linda

**4**  
10:00(X)Olympic Triathlon—What is a triathlon?  
11:00(T) Rosary  
1:30(P) Board games   
2:30(C) Music by Jerry Stingley  
5:30(T) Catholic Communion Service

**5**  
10:00 Baker's Shopping Trip   
1:00 Olympic Lawn Darts in the courtyard  
2:00(P) Bingo  
3:15(T) Music Jim Butler   
3:30(P) Scrabble

**6**  
10:00(X)Olympic Rhythmics—what is rhythmics?  
10:45(T) Name that TV Jingle  
1:30(A) Helping Hands-Need help with something? Bring it!  
2:30(P) Celebrity Room Names  
3:00(P) Happy Hour Birthday Celebration! 

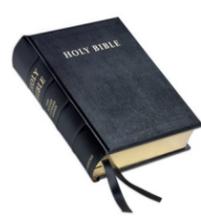
**7**  
9:00 Farmers Market at Washington Park—Bellevue  
10:30(X) Dancercise  
1:00 (free) Quilt Show at the Sarpy Museum   
3:00(C) Corner Store

**8**  
10:30(T) Catholic Mass on TV#1008  
10:45(C) Calvary Christian Church & communion  
1:00(T) First Baptist Church  
2:00(P) Bingo  
3:30(L) Ice Cream & Social Time



**9**  
10:00(X) Seated Mix Video—DVD  
10:45(T) Happy Sing-a-long  
1:30(C) **Town Hall**  
2:30(C) MOVIE: Red River John Wayne   
3:00(C) Grab a fresh bag of popcorn 

**10**  
10:00(X) Balloon Volleyball  
10:45(A) Craft: Catch the Sun  
1:00 Fishy Jumble in the Courtyard  
3:00(C) Corner Store  
6:00(C) Bible Study by Linda



**11**  
10:00(X) Tai Chi on DVD  
10:45(T) Kazoo Fun  
1:30(T) Catholic Mass   
2:00(P) Game—Rummicube  
3:00(C) Music by Bill Chrastil  
6:00(P) **LADIES NIGHT Bunco & Dessert**



**12**  
9:30-1:30 Horseshoe Casino   
1:00(P) Show & Tell—Bring something others will enjoy seeing & hearing your story  
2:00(P) Bingo  
3:30 Water games & bubbles in the Courtyard 

**13**  
10:00(X) Ring Toss  
10:30(L) Animal Scatter Joy Acres   
11:00(L) Pets—my favorite  
1:30(P) Songs Inspired by the Sea  
3:00(P) Happy Hour  
4:30 Dinner at Olive Garden \$15+

**14**  
10:00(X) Dancercise  
10:45(A) Craft Time with Maria Styrofoam Kissing Ball  
1:00(P) Dominoes  
2:00(P) Board Games  
3:00(C) Corner Store



**15**  
10:30(T) Catholic Mass on TV #1008  
10:45(C) Calvary Christian Church & communion  
1:00(T) First Baptist Church  
2:00(P) Bingo  
3:30(L) Ice Cream and Social Time



**16**  
9:00(T) Hearing Aid / Ear Checks  
10:00(X) Seated Mix Video  
10:45(A) Painting Watermelon   
1:30(C) **Meet & Eat**  
2:30(T) Wonders of Mexico: Forest of Maya 

**17**  
10:00(X) Balloon Badminton  
10:45(T) "That's Me" Activity  
1:30(A) Craft: Jiffy Press Flower   
3:00(C) Helpful info on the Flu?  
Heritage OnCare  
3:00(C) Corner Store  
6:00(C) Bible Study by Linda—All Welcome

**18**  
10:00(X) Tai Chi on DVD  
10:45(L) Coffee & Conversation  
11:00(T) Rosary  
1:30(A) Fun at the Beach Pudding Cups   
2:30(C) Music by Kevin & Heidi Cheng  
5:30(T) Catholic Communion Service

**19**  
10:30(C) Saint James Methodist Pastor Shane—  
11:00 Lunch at GI FORUM \$10+   
1:00(P) You Be The Judge  
2:00(P) Bingo  
3:30(P) Scrabble  
5:00(P) **MEN'S NIGHT Dinner & Blackjack with Pointe, Sterling, & Legacy**

**20**  
10:00(X) Ring Toss  
10:45(T) Brain Games: Awesome Alliteration  
1:00(G) Jigsaw Puzzles in the Game Room   
2:30(P) Jokes and Giggles  
3:00(P) Happy Hour

**21**  
9:00 BUS Ride in the Arrows to Aerospace Parade   
10:00 Walk a lap with a friend  
1:00 Baking Fun with Maria: Pretzel Treats Chocolate & Marshmallow  
3:00(C) Corner Store

# AUGUST 2021

Heritage Ridge

SUN	MON	TUE	WED	THU	FRI	SAT
<p><b>22</b> 10:30(T) Catholic Mass on TV #1008 10:45(C) Calvary Christian Church &amp; communion 1:00(T) First Baptist Church 2:00(P) Bingo 3:30(L) Ice Cream and Social Time</p> 	<p><b>23</b> 10:00(X) Seated Mix Video—DVD 10:45(T) Fill in the blank: Biographies 1:00(P) Scrabble  2:00(C) MOVIE Think Like A Dog  2:30(C) Grab a fresh Caramel Corn </p>	<p><b>24</b> 10:00(X) Balloon Volleyball 10:45 Chatting in the courtyard 1:30(A) Crafty Baking Time: Lighthouse Ice Cream Decoration 3:00(C) Corner Store  6:00(C) Bible Study by Linda—All Welcome</p>	<p><b>25</b> 10:00(X) Tai Chi—DVD 11:00(T) Rosary 1:30(A) High Tea  2:30(C) Music by Pam Kragt—YES she is excited to come sing for us! 3:30(P) Dominoes 5:30(T) Catholic Communion Service</p>	<p><b>26</b> 10:00 Grocery Shopping at Bakers  1:00(T) YouTube Best of Dini Petty Red Skelton  2:00(P) Bingo 3:30(L) Jukebox Fun</p>	<p><b>27</b> 10:00(X) Ring Toss 10:45(T) Activity Connections: Name that Instrument 1:00(P) Rummikub  1:30(A) Drama—Experience something new and fun 3:00(P) Happy Hour </p>	<p><b>28</b> 10:00(X) Dancercise 11:00(A) Craft Time with Maria Concrete Rose 1:00(A) Nail Care  we provide polish &amp; files 3:00(C) Corner Store</p>
<p><b>29</b> 10:30(T) Catholic Mass on TV #1008 10:45(C) Calvary Christian Church &amp; communion 1:00(T) First Baptist Church 2:00(P) Bingo 3:30(L) Ice Cream and Social Time</p> 	<p><b>30</b> 10:00(X) Seated Mix Video—DVD 10:45(L) Coffee &amp; Conversation 1:30(T) Hymn Sing-a-long with Lenore &amp; Dad, Ralph Mehrens 3:00(C) Wonders of Mexico—Mountain Worlds  3:30(C) Hot Popcorn</p>	<p><b>31</b> 10:00(X) Balloon Volleyball 10:45(L) Tech Talk—How can we help? 1:30(A) Baking Fun: S'more Bars  3:00(C) Corner Store 6:00(C) Bible Study by Linda—All Welcome</p>	<p><b>TOWN HALL</b>  Look What's Happening! <b>Monday Aug 9 1:30 In the Community</b></p>	<p><b>LADIES NIGHT</b> Bunco &amp; Dessert (easy dice game)  August 11 @ 6:00pm * * * * * <b>MEN'S NIGHT</b> Blackjack with 3 other Heritage Communities  August 19 @ 5:00pm</p>	<p><b>MEET &amp; EAT</b>  <b>Monday Aug 16 1:30 In the Community</b></p>	<p><b>Activity Locations:</b> A-Activity Room C-Community Room (2nd floor) Deck *(2nd floor) G-Game Room L-Library P-Pub T-Theater X-Exercise Room</p> <p><b>Color Key</b> RSVP (sign up is by the mailboxes) CRAFT MUSIC RELIGIOUS</p> <p><b>MEAL TIMES:</b> Breakfast 7:00-9:00 Lunch 11:00-1:00 Supper 4:30-6:00</p>

**HAPPY BIRTHDAY**

8/5 Bob Hansen      8/11 Beverly Hodges  
8/7 Linda Hansen    8/12 Denton Ostergaard  
8/10 Joe Ruth        8/15 Kathy Monson  
8/11 Joanne Sosso

