

# AUGUST 2021

Heritage  
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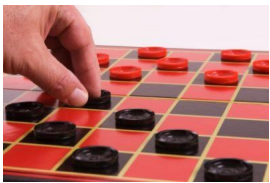







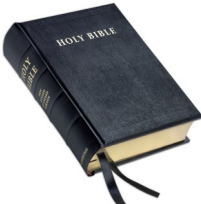














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2021 Tokyo Summer Olympics July 23—August 8

<p><b>1</b> 10:30(T) Catholic Mass on TV#1008 10:45(C) Calvary Christian Church &amp; communion 1:00(T) First Baptist Church 2:00(P) Bingo 3:30(L) Ice Cream &amp; Social Time</p> 	<p><b>2</b> 10:00(X) Seated Mix Video—DVD 10:45(L) Coffee &amp; Conversation</p>  <p>1:15(T) First Presbyterian Service 2:30(C) Merry Makers Presents Tim Javorsky 3:30(L) Coffee &amp; Conversation</p>	<p><b>3</b> 10:00(X)Olympic Bowling</p>  <p>10:00-12:00(C) Heritage OnCare Balance Clinic &amp; Assisted Wellness Clinic 1:30(A) Art Class Drawing 3:00(C) Corner Store 6:00(C) Bible Study by Linda</p>	<p><b>4</b> 10:00(X)Olympic Triathlon—What is a triathlon? 11:00(T) Rosary 1:30(P) Board games</p>  <p>2:30(C) Music by Jerry Stingley 5:30(T) Catholic Communion Service</p>	<p><b>5</b> 10:00 Baker's Shopping Trip</p>  <p>1:00 Olympic Lawn Darts in the courtyard 2:00(P) Bingo 3:15(T) Music Jim Butler</p>  <p>3:30(P) Scrabble</p>	<p><b>6</b> 10:00(X)Olympic Rhythmics—what is rhythmics? 10:45(T) Name that TV Jingle 1:30(A) Helping Hands-Need help with something? Bring it! 2:30(P) Celebrity Room Names 3:00(P) Happy Hour Birthday Celebration!</p> 	<p><b>7</b> 9:00 Farmers Market at Washington Park—Bellevue 10:30(X) Dancercise 1:00 (free) Quilt Show at the Sarpy Museum</p>  <p>3:00(C) Corner Store</p>
<p><b>8</b> 10:30(T) Catholic Mass on TV#1008 10:45(C) Calvary Christian Church &amp; communion 1:00(T) First Baptist Church 2:00(P) Bingo 3:30(L) Ice Cream &amp; Social Time</p> 	<p><b>9</b> 10:00(X) Seated Mix Video—DVD 10:45(T) Happy Sing-a-long 1:30(C) Town Hall</p> <p>2:30(C) MOVIE: Red River John Wayne</p>  <p>3:00(C)Grab a fresh bag of popcorn</p> 	<p><b>10</b> 10:00(X) Balloon Volleyball 10:45(A) Craft: Catch the Sun 1:00 Fishy Jumble in the Courtyard 3:00(C) Corner Store 6:00(C) Bible Study by Linda</p> 	<p><b>11</b> 10:00(X) Tai Chi on DVD 10:45(T) Kazoo Fun 1:30(T) Catholic Mass</p>  <p>2:00(P) Game—Rummicube 3:00(C) Music by Bill Chrastil 6:00(P) LADIES NIGHT Bunco &amp; Dessert</p> 	<p><b>12</b> 9:30-1:30 Horseshoe Casino</p>  <p>1:00(P) Show &amp; Tell—Bring something others will enjoy seeing &amp; hearing your story 2:00(P) Bingo 3:30 Water games &amp; bubbles in the Courtyard</p> 	<p><b>13</b> 10:00(X) Ring Toss 10:30(L) Animal Scatter Joy Acres</p>  <p>11:00(L) Pets—my favorite 1:30(P) Songs Inspired by the Sea 3:00(P) Happy Hour 4:30 Dinner at Olive Garden \$15+</p>	<p><b>14</b> 10:00(X) Dancercise 10:45(A) Craft Time with Maria Styrofoam Kissing Ball 1:00(P) Dominoes 2:00(P) Board Games 3:00(C) Corner Store</p> 
<p><b>15</b> 10:30(T) Catholic Mass on TV #1008 10:45(C) Calvary Christian Church &amp; communion 1:00(T) First Baptist Church 2:00(P) Bingo 3:30(L) Ice Cream and Social Time</p> 	<p><b>16</b> 9:00(T) Hearing Aid / Ear Checks 10:00(X) Seated Mix Video 10:45(A)Painting Watermelon</p>  <p>1:30(C) Meet &amp; Eat 2:30(T) Wonders of Mexico: Forest of Maya</p> 	<p><b>17</b> 10:00(X) Balloon Badminton 10:45(T) "That's Me" Activity 1:30(A) Craft: Jiffy Press Flower</p>  <p>3:00(C) Helpful info on the Flu? Heritage OnCare 3:00(C) Corner Store 6:00(C) Bible Study by Linda—All Welcome</p>	<p><b>18</b> 10:00(X) Tai Chi on DVD 10:45(L) Coffee &amp; Conversation 11:00(T) Rosary 1:30(A) Fun at the Beach Pudding Cups</p>  <p>2:30(C) Music by Kevin &amp; Heidi Cheng 5:30(T) Catholic Communion Service</p>	<p><b>19</b> 10:30(C)Saint James Methodist Pastor Shane— 11:00 Lunch at GI FORUM \$10+</p>  <p>1:00(P) You Be The Judge 2:00(P) Bingo 3:30(P) Scrabble 5:00(P) MEN'S NIGHT Dinner &amp; Blackjack with Pointe, Sterling, &amp; Legacy</p>	<p><b>20</b> 10:00(X) Ring Toss 10:45(T) Brain Games: Awesome Alliteration 1:00(G) Jigsaw Puzzles in the Game Room</p>  <p>2:30(P) Jokes and Giggles 3:00(P) Happy Hour</p>	<p><b>21</b> 9:00 BUS Ride in the Arrows to Aerospace Parade</p>  <p>10:00 Walk a lap with a friend 1:00 Baking Fun with Maria: Pretzel Treats Chocolate &amp; Marshmallow 3:00(C) Corner Store</p>



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<b>22</b> 10:30(T) Catholic Mass on TV #1008 10:45(C) Calvary Christian Church & communion 1:00(T) First Baptist Church 2:00(P) Bingo 3:30(L) Ice Cream and Social Time 	<b>23</b> 10:00(X) Seated Mix Video—DVD 10:45(T) Fill in the blank: Biographies 1:00(P) Scrabble  2:00(C) MOVIE Think Like A Dog  2:30(C) Grab a fresh Caramel Corn 	<b>24</b> 10:00(X) Balloon Volleyball 10:45 Chatting in the courtyard 1:30(A) Crafty Baking Time: Lighthouse Ice Cream Decoration  3:00(C) Corner Store 6:00(C) Bible Study by Linda—All Welcome	<b>25</b> 10:00(X) Tai Chi—DVD 11:00(T) Rosary 1:30(A) High Tea  2:30(C) Music by Pam Kragt—YES she is excited to come sing for us! 3:30(P) Dominoes  5:30(T) Catholic Communion Service	<b>26</b> 10:00 Grocery Shopping at Bakers  1:00(T) YouTube Best of Dini Petty Red Skelton  2:00(P) Bingo 3:30(L) Jukebox Fun	<b>27</b> 10:00(X) Ring Toss 10:45(T) Activity Connections: Name that Instrument  1:00(P) Rummikub  1:30(A) Drama—Experience something new and fun 3:00(P) Happy Hour 	<b>28</b> 10:00(X) Dancercise 11:00(A) Craft Time with Maria Concrete Rose  1:00(A) Nail Care we provide polish & files 3:00(C) Corner Store
<b>29</b> 10:30(T) Catholic Mass on TV #1008 10:45(C) Calvary Christian Church & communion 1:00(T) First Baptist Church 2:00(P) Bingo 3:30(L) Ice Cream and Social Time 	<b>30</b> 10:00(X) Seated Mix Video—DVD 10:45(L) Coffee & Conversation 1:30(T) Hymn Sing-a-long with Lenore & Dad, Ralph Mehrens  3:00(C) Wonders of Mexico—Mountain Worlds  3:30(C) Hot Popcorn	<b>31</b> 10:00(X) Balloon Volleyball 10:45(L) Tech Talk—How can we help? 1:30(A) Baking Fun: S'more Bars  3:00(C) Corner Store 6:00(C) Bible Study by Linda—All Welcome	<b>TOWN HALL</b>  <b>Monday Aug 9 1:30 In the Community</b>	<b>LADIES NIGHT</b> Bunco & Dessert (easy dice game)  August 11 @ 6:00pm * * * * * <b>MEN'S NIGHT</b> Blackjack with 3 other Heritage Communities  August 19 @ 5:00pm	<b>MEET &amp; EAT</b>  <b>Monday Aug 16 1:30 In the Community</b>	<b>Activity Locations:</b> A-Activity Room C-Community Room (2nd floor) Deck *(2nd floor) G-Game Room L-Library P-Pub T-Theater X-Exercise Room <b>Color Key</b> RSVP (sign up is by the mailboxes) CRAFT MUSIC RELIGIOUS <b>MEAL TIMES:</b> Breakfast 7:00-9:00 Lunch 11:00-1:00 Supper 4:30-6:00



## HAPPY BIRTHDAY

8/5 Bob Hansen  
 8/7 Linda Hansen  
 8/10 Joe Ruth  
 8/11 Joanne Sosso

8/11 Beverly Hodges  
 8/12 Denton Ostergaard  
 8/15 Kathy Monson



Craft Time Fun!