The Willows at Springhurst
CORNELL TRACE

AUCUST 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 11:00 Southeast Christian On-Air	3:00 Chair Yoga, \$5/person	3	4	11:00 CH Reserved for weekly villa luncheon, 10am-2pm, Jennifer Winrich	1:00 Mah Jong (1-4:30pm)	7 1:00 Bridge Group (1:00- 4:00pm)
8 11:00 Southeast Christian On-Air	9 1:30 Allison Office Hours in Club House (1:30-3:00pm) 3:00 Chair Yoga, \$5/person	3:00 Painting Class: Snowy Mountain Tops - RSVP to Taylor	3:30 BUNCO, RSVP required to Ann Peters at 502-749- 8886	11:00 CH Reserved for weekly villa luncheon, 10am-2pm, Jennifer Winrich	1:00 Mah Jong (1-4:30pm)	1:00 PRIVATE EVENT RESERVATION 1-4PM
15 11:00 Southeast Christian On-Air	1:30 Allison Office Hours in Club House (1:30-3:00pm) 3:00 Chair Yoga, \$5/person	17 12:00 Hawaiian Luau - RSVP to Taylor 2:00 Welcome to the Neighborhood Bash - Come Meet Your New Neighbors	18 11:00 Resident Council w/ Carla (Addresses: 3350-3360 & 9700-9718) 2:00 Resident Council w/ Carla (Addresses: 9719-9757)	19 11:00 CH Reserved for weekly villa luncheon, 10am-2pm, Jennifer Winrich	1:00 Mah Jong (1-4:30pm)	21 Senior Citizen's Day 1:00 Bridge Group (1:00- 4:00pm)
11:00 Southeast Christian On-Air	1:30 Allison Office Hours in Club House (1:30-3:00pm) 3:00 Chair Yoga, \$5/person	3:00 Happy Hour - RSVP to Taylor	12:00 Pot Luck & Book Mobile	11:00 CH Reserved for weekly villa luncheon, 10am-2pm, Jennifer Winrich	27 2:00 BINGO	28
11:00 Southeast Christian On-Air	1:30 Allison Office Hours in Club House (1:30-3:00pm) 3:00 Chair Yoga, \$5/person	31	For more information about the Saturday Bridge Group please contact: Marti Plager at 502-245-8112. To learn more about the Mah Jong group, please contact: Kathy Birkead at 502-290-6304.	For questions about Monday Chair Yoga, please contact Becky Shaw	For Event RSVPs to Taylor, please email at Taylor.carruthers@ willowsatspring hurst.com	For Calendar & Club House Reservations, please contact Allison Garrett at (502)909-2426. There is also an "Activity RSVP" binder now available in club house if you prefer to stop by and sign up!

Parr's at The Willows at Springhurst Assisted Living	
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:00 Mass @ 8am, 12pm, 7pm (Ch. 85) K 9:00 Daily Chronicles V 10:30 Chair Exercise: Mountain Climbing I 11:30 Southeast Christian Church Service (Ch. 3) V 2:00 Sunday Independent	The Dog Days of Summer! Summer! 9:00 Daily Chronicles 11:00 Doggie Scavenger Hunt! 2:30 Dog Days of Summer Trivia 5:00 Monday Movie Night	The Dog Days of Summer! K 9:00 Daily Chronicles 10:30 Resident Council 2:00 Inspired Living Committee 3:00 Scenic Drive pass the Dog Parks	The Dog Days of Summer! K 9:00 Daily Chronicles 5 10:30 Chef Circle 66 2:00 Dog Breed BINGO 6 3:00 Which Dog? Guessing Game	The Dog Days of Summer! K 9:00 Daily Chronicles 10:30 Cooking Class: Puppy Chow (Trail Mix) 11:00 Learning about Working Dogs V 2:30 Water Gun Fight!	The Dog Days of Summer! Summe	7 K 9:00 Daily Chronicles I 10:30 St. Bernadette Catholic Communion V 3:00 Go Fetch (Bean Bag Game) V 5:30 Senior Yoga (Ch. 97 or 37-3)
8 I 8:00 Mass @ 8am, 12pm, 7pm (Ch. 85) K 9:00 Daily Chronicles GG 10:30 Sweep Six I 11:30 Southeast Christian Church Service (Ch. 3) V 2:00 Sunday Independent Walking Club	9 K 9:00 Daily Chronicles K 11:00 You be the Judge GG 2:30 Nine Times Card Game GF 3:30 Sunshine Sittin 'n' Sippin S 5:00 Monday Movie Night (Ch. 97 or 37-3)	10 K 9:00 Daily Chronicles 5 10:00 Pretty Nails C 2:00 Cooking Class: Give me Smore A 3:00 Painting Suncatchers	11 K 9:00 Daily Chronicles O 10:00 Scenic Drive GG 2:30 BINGO V 3:30 Basketball	K 9:00 Daily Chronicles GG 10:30 Parlor Games & Punch O 2:00 Outing to Dollar Tree K 3:30 Thursday Trivia!	Friday the 13th K 9:00 Daily Chronicles 10:30 Spooky Ghost Stories K 11:00 Have You Ever? K 2:00 Silly Superstitions Word Game S 3:00 Happy Hour: Black Magic Cocktail	14 Signature 9:00 Daily Chronicles 1 10:30 St. Bernadette Catholic Communion 3:00 Noodle Volleyball 5:30 Senior Yoga (Ch. 97 or 37-3)
15 I 8:00 Mass @ 8am, 12pm, 7pm (Ch. 85) K 9:00 Daily Chronicles GG 10:30 Lotto I 11:30 Southeast Christian Church Service (Ch. 3) V 2:00 Sunday Independent Walking Club	K 9:00 Daily Chronicles GF 11:00 Corny Jokes & Coffee GG 2:30 Sweep Six GF 3:30 Sunshine Sittin 'n' Sippin S 5:00 Monday Movie Night (Ch. 97 or 37-3)	K 9:00 Daily Chronicles GG 10:30 EZ Yahtzee S 2:00 Pretty Nails K 3:30 Jeopardy!	18 K 9:00 Daily Chronicles 5 10:30 Chef Circle 5 12:00 Taste Of Town GG 2:00 BINGO A 3:00 Marker Masterpiece	K 9:00 Daily Chronicles 10:00 Scenic Drive K 10:30 Spud Facts & Trivia Packets V 2:00 Hot Potato Workout S 3:00 Parr's Party & Cookout!	 X 9:00 Daily Chronicles C 10:30 Cooking Class: Peach Cobbler V 2:00 Watercolor Painting: Mountains S 3:00 Happy Hour: Boozy Milkshakes 	21 Senior Citizen's Day K 9:00 Daily Chronicles I 10:30 St. Bernadette Catholic Communion GG 3:00 Dazzlin' Dice V 5:30 Senior Yoga (Ch. 97 or 37-3)
I 8:00 Mass @ 8am, 12pm, 7pm (Ch. 85) K 9:00 Daily Chronicles A 10:30 Independent Calm & Color: Lighthouses I 11:30 Southeast Christian Church Service (Ch. 3) V 2:00 Sunday Independent	M 10:30 Songs by the SeaK 2:00 Seaside TriviaW 3:00 Lighthouse Workout	Lighthouse Week K 9:00 Daily Chronicles 10:30 Famous Lighthouses A 2:00 Clay Sculpting: Lighthouses K 3:00 Writing Group: Sea Glass on the Shore	Lighthouse Week 9:00 Daily Chronicles 10:30 Ocean Jewelry 3:00 BINGO 3:00 Sunshine Sittin 'n' Sippin	Lighthouse Week 9:00 Daily Chronicles 10:30 Outing to Captain's Quarters 3:00 Card Sharks! 5 6:00 Family Night! Movie & Popcorn Bar	Lighthouse Week 9:00 Daily Chronicles 10:30 Painting our Lighthouses 2:00 Beacon of Light Social 3:00 Happy Hour: Maritime Martini's	 9:00 Daily Chronicles 10:30 St. Bernadette Catholic Communion 3:00 Wacky Word Games 5:30 Senior Yoga (Ch. 97 or 37-3)
I 8:00 Mass @ 8am, 12pm, 7pm (Ch. 85) K 9:00 Daily Chronicles I 10:30 Bible Study I 11:30 Southeast Christian Church Service (Ch. 3) V 2:00 Sunday Independent Walking Club	30 K 9:00 Daily Chronicles GG 11:00 Pictionary! GG 2:30 UNO S 5:00 Monday Movie Night (Ch. 97 or 37-3)	31 K 9:00 Daily Chronicles C 10:30 Cooking Class: Trail Mix A 2:00 Painting Class: Four Seasons K 3:00 50 Word Challenge	Taylor Carruthers - Life Enrichment Director Shaniqua Price - Life Enrichment Assistant	Greg Clifford - Transportation Assistant Transportation is on Tuesdays & Thursdays	All activities are subject to change.	The Store is open every Friday! Hours may vary.

The Willows at S	Springhurs	t
Health & Rehab		

AUGUST 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 Mass @ 8am, 12pm, 7pm (Ch. 85) 9:00 Daily Chronicle & Activities 9:30 Inspired Sunday's (Ch. 97 or 37-3) 0:30 Up the Mountain (National Mountain	2 K 9:00 Daily Chronicle & Activities K 10:00 Who, What, When Am I? 1 3:00 Monday Movie & Ice Cream Sandwich Day MM 4:00 Mindful Moments	3 K 9:00 Daily Chronicle & Activities K 10:00 Nine Times V 11:00 Sit & Be Fit (Ch. 97) A 3:00 Spa Nails	4 K 9:00 Daily Chronicle & Activities CC 10:00 Chef's Circle K 10:30 Dazzling Dice V 3:00 BINGO & Chocolate Chip Cookie Day MM 4:00 Mindful Moments	5 K 9:00 Daily Chronicle & Activities V 10:00 Olympic Javelin Throws V 11:00 Sit & Be Fit (Ch. 97) 3:00 Category Trivia & Watermelon Day Treat	6 K 9:00 Daily Chronicle & Activities 10:00 Beer Brewery Tour 3:00 National Beer Day Happy Hour MM 4:00 Mindful Moments	7 K 9:00 Daily Chronicle & Activities MN 10:30 Mindful Moments 1 2:00 Campfire Stories (National Campfire Day) V 5:30 Senior Yoga (Ch. 9) 37-3)
7:00 Tokyo Olympics Closing Ceremony 8:00 Mass @ 8am, 12pm, 7pm (Ch. 85) 9:00 Daily Chronicle & Activities 9:30 Inspired Sunday's (Ch. 97 or 37-3)	9 9:00 Daily Chronicle & Activities K 10:00 Who, What, When Am I? 1 3:00 Reading Corner: Book Lover's Day GF 5:30 Monday Movie (Ch. 97)	10 K 9:00 Daily Chronicle & Activities K 10:00 Go Fish! V 11:00 Sit & Be Fit (Ch. 97) O 1:30 Scenic Tour	11 K 9:00 Daily Chronicle & Activities A 10:00 Potato Art V 3:00 BINGO MM 4:00 Mindful Moments	12 K 9:00 Daily Chronicle & Activities 10:00 Elephants: Prehistoric to Now K 10:30 Awesome Alliteration V 11:00 Sit & Be Fit (Ch. 97) K 3:00 S'More Modern Trivia	13 K 9:00 Daily Chronicle & Activities JG 9:30 Just the Guys 10:00 Why is Friday the13th Bad Luck? 10:30 Ghost Stories S 3:00 Happy Hour: Black Magic Cocktail	14 K 9:00 Daily Chronicle & Activities M 10:30 Mindful Moments C 2:00 Creamsicle Day V 5:30 Senior Yoga (Ch. 9 37-3)
8:00 Mass @ 8am, 12pm, 7pm (Ch. 85) 9:00 Daily Chronicle & Activities 9:30 Inspired Sunday's (Ch. 97 or 37-3) 0:00 Reminiscing with Songs Inspired by the Sea	16 S 9:00 Daily Chronicle & Jokes K 10:00 Who, What, When Am I? 2:00 Monday Movie MM 4:00 Mindful Moments	17 K 9:00 Daily Chronicle & Activities K 10:00 Old Maid V 11:00 Sit & Be Fit (Ch. 97) O 1:30 Scenic Tour	18 K 9:00 Daily Chronicle & Activities CC 10:00 Chef's Circle S 12:00 Taste of Town V 3:00 BINGO MM 4:00 Mindful Moments	19 K 9:00 Daily Chronicle & Activities 1 10:00 Three-Category Pictionary V 11:00 Sit & Be Fit (Ch. 97) K 3:00 Jeopardy!	20 K 9:00 Daily Chronicle & Activities A 10:00 Watercolors & Sunshine S 3:00 Happy Hour: Tipsy Lemonade MM 4:00 Mindful Moments	21 Senior Citizen's Da K 9:00 Daily Chronicle &
8:00 Mass @ 8am, 12pm, 7pm (Ch. 85) 9:00 Daily Chronicle & Activities 9:30 Inspired Sunday's (Ch. 97 or 37-3) 0:00 Mindful Moments 1:30 Southeast Christian	23 K 9:00 Daily Chronicle & Activities K 10:00 Who, What, When Am I? 2:00 Monday Movie MM 4:00 Mindful Moments	X 9:00 Daily Chronicle & Activities X 10:00 Left, Right, Center S 11:00 Resident Council V 11:00 Sit & Be Fit (Ch. 97) O 1:30 Scenic Tour	25 K 9:00 Daily Chronicle & Activities A 10:00 Lighthouse Centerpiece V 3:00 Lighthouse BINGO & Banana Splits! MM 4:00 Mindful Moments	26 K 9:00 Daily Chronicle & Activities 1 10:00 Learning about Man's Best Friend: National Dog Day V 11:00 Sit & Be Fit (Ch. 97) K 3:00 Lighthouse Trivia S 6:00 Family Night! Movie	27 K 9:00 Daily Chronicle & Activities K 10:00 Seaside Pair Up S 3:00 Lighting Up Your Life Happy Hour Party V 3:30 Buoy Ring Toss MM 4:00 Mindful Moments	28 Signature 9:00 Daily Chronicle & Activities MN 10:30 Mindful Moments V 2:00 Bowling V 5:30 Senior Yoga (Ch. 9 37-3)
3:00 Mass @ 8am, 12pm, 7pm (Ch. 85) 9:00 Daily Chronicle & Activities 9:30 Inspired Sunday's (Ch. 97 or 37-3) 0:00 Mindful Moments 1:30 Southeast Christian	30 K 9:00 Daily Chronicle & Activities K 10:00 Who, What, When Am I? 1 2:00 Monday Movie: Frankenstein (Frankenstein Day) MN 4:00 Mindful Moments	31 K 9:00 Daily Chronicle & Activities I 10:00 Iconic American Restaurants Trivia V 11:00 Sit & Be Fit (Ch. 97) O 1:30 Scenic Tour	A - Artisans CC - Creative Cooking GF - Gathering of Friends I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MI - Mindful Moments	M - Music to My Ears O - Out & About S - Signature Events V - Vitality	Life Enrichment Team (502) 412- 3775 Melissa Cusick-Life Enrichment Director Nancy Menz -Life Enrichment Assistant	Find The Willows of Springh on Social Media! Facebook.com/WillowsAt Spring hurst/ Twitter.com/willowsspring? lang=en

Willows at Spr	inghurst
Legacy Lane	



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Spiderman Workout 9:30 Affirming Friends 10:45 Cucumber Mint Tea Sandwich 12:45 Relax & Recharge 2:00 DIY Scrapbook 3:30 Music Makes You Happier	 9:00 Tour de Legacy 9:30 Inspired Tales 10:45 Lemon Cheesecake 12:45 Relax & Recharge 2:00 Bean Mosaics 3:00 Monday Movie & Ice Cream Sandwich Day 3:30 Sensory Scentscape 	3 V 9:00 Dance, Dance K 9:30 American Landmarks C 10:45 Pineapple Dream Dessert 12:45 Relax & Recharge A 2:00 Balloon Prints M 3:30 UpBeat with Harry Belafonte	4 V 9:00 Water Balloon Toss S 9:30 Roll to 20 C 10:45 Sunshine Salad 12:45 Relax & Recharge A 2:00 Blue Collage M 3:30 Create a Booming Song! G 4:00 Soccer/"Futbol"	 9:00 Paris, France Walking Tour 9:30 Let's Spell Summer 10:45 Mixed Berry Baked Oatmeal Cups 12:45 Relax & Recharge 2:00 Ice Cream Photo 3:30 Shake It Up, Baby! 	 9:00 Disc Golf 9:30 Best Friends 10:45 Chocolate Truffles 12:45 Relax & Recharge 2:00 Watercolor Silhouettes 3:30 August Happy Hour 4:00 Word Works 4:30 Healthy Hands 	7 V 9:00 Olympic Ring Toss S 9:30 Summer Colors C 10:45 Summer Peach Basi Cheese Muffins 12:45 Relax & Recharge A 2:00 Creative Storytelling M 3:30 Celebrate Easy Listening
9:00 Spiderman Workout 9:30 Affirming Friends 10:45 Strawberry Caprese Salad 12:45 Relax & Recharge 2:00 DIY Scrapbook 3:30 Music Makes You Happier	9 V 9:00 Tour de Legacy K 9:30 Inspired Tales C 10:45 Berry Bread Pudding 12:45 Relax & Recharge A 2:00 Kool-Aid Citrus Stamps 1 3:00 Monday Movie: Book Lover's Day M 3:30 Sensory Scentscape	10 V 9:00 Dance, Dance K 9:30 American Landmarks C 10:45 Cottage Cheese Jello Salad 12:45 Relax & Recharge A 2:00 Flower Stamps M 3:30 UpBeat with Harry Belafonte	11 V 9:00 Water Balloon Toss K 9:30 Roll to 20 C 10:45 Watermelon Salad 12:45 Relax & Recharge A 2:00 Kindness Rock Painting M 3:30 Create a Booming Song! GG 4:00 Soccer/"Futbol"	12 V 9:00 Paris, France Walking Tour K 9:30 Let's Spell Summer C 10:45 Old Fashioned Sugar Cake 12:45 Relax & Recharge A 2:00 Partner Prints M 3:30 Shake It Up, Baby!	9:00 Disc Golf 9:30 Best Friends 10:45 Candy Bar Apple Salad 12:45 Relax & Recharge 2:00 Recycled Art 3:30 August Happy Hour 4:00 Word Works 4:30 Healthy Hands	9:00 Olympic Ring Toss Summer Colors Colors Colors Colors Colors Colors Colors Colors Cheese Curds 12:45 Relax & Recharge All 2:00 Rubbings Exploration Models 3:30 Celebrate Easy Listening
9:00 Spiderman Workout 9:30 Affirming Friends 10:45 Baked Peach Crisps 12:45 Relax & Recharge 2:00 DIY Scrapbook 3:30 Music Makes You Happier	9:00 Tour de Legacy 9:30 Inspired Tales 10:45 Elephant Ear Cookies 12:45 Relax & Recharge A 2:00 Ask A Beautiful Question 2:00 Monday Movie: Love in	17 V 9:00 Dance, Dance K 9:30 American Landmarks CC 10:45 Oven-fried Pickles 12:45 Relax & Recharge A 2:00 Fabric Bowls M 3:30 UpBeat with Harry Belafonte	9:00 Water Balloon Toss 9:30 Roll to 20 10:45 Summer Corn Salad 12:45 Relax & Recharge 2:00 Fabric Bowls 3:30 Create a Booming Song!	 9:00 Paris, France Walking Tour 9:30 Let's Spell Summer 10:45 Eggplant Tomato Bake 12:45 Relax & Recharge 2:00 Collage Painting 3:30 Shake It Up, Baby! 	20 V 9:00 Disc Golf K 9:30 Best Friends C 10:45 Caramel Cheesecake Dip 12:45 Relax & Recharge A 2:00 Glue Art M 3:30 August Happy Hour	21 Senior Citizen's Day V 9:00 Olympic Ring Toss K 9:30 Summer Colors C 10:45 Sand Dollar Cookies 12:45 Relax & Recharge A 2:00 No Sew Hats M 3:30 Celebrate Easy Listening
9:00 Spiderman Workout 9:30 Affirming Friends 10:45 Banana Split Bites 12:45 Relax & Recharge 2:00 Mason Jar Tissue Holder 3:30 Music Makes You Happier	the Afternoon 23 V 9:00 Tour de Legacy K 9:30 Inspired Tales C 10:45 Crunchy Corn & Avocado Salad 12:45 Relax & Recharge A 2:00 DIY Sharpie Mugs L 2:00 Monday Movie: Lighthouse	 4:00 What Belongs 9:00 Dance, Dance 9:30 American Landmarks 10:45 Hawaiian Poke Cake 12:45 Relax & Recharge 2:00 Fairy Garden Mason Jar Topper 3:30 UpBeat with Harry Belafonte 	4:00 Soccer/"Futbol" 9:00 Water Balloon Toss 9:30 Roll to 20 10:45 Fresh Pico de Gallo 12:45 Relax & Recharge 2:00 Sun Print Wall Art 3:30 Create a Booming Song! 4:00 Soccer/"Futbol"	 4:00 Ladder Ball 9:00 Paris, France Walking Tour 9:30 Let's Spell Summer 10:45 Cucumber Caprese Salad 12:45 Relax & Recharge 2:00 Corn Syrup Painting 3:30 Shake It Up, Baby! 	 4:00 Word Works 9:00 Disc Golf 9:30 Best Friends 10:45 Poolside Hawaiian Dip 12:45 Relax & Recharge 2:00 Glue Batik Aprons 3:30 August Happy Hour 4:00 Word Works 4:30 Healthy Hands 	 4:00 State Plate Game 9:00 Olympic Ring Toss 9:30 Summer Colors 10:45 Farmer's Market Santa 12:45 Relax & Recharge 2:00 Stained Glass Paint 3:30 Celebrate Easy Listening 4:00 State Plate Game
9:00 Spiderman Workout 9:30 Affirming Friends 10:45 Pineapple Coleslaw 12:45 Relax & Recharge 2:00 Mason Jar Tissue Holder 3:30 Music Makes You Happier	30 V 9:00 Tour de Legacy K 9:30 Inspired Tales C 10:45 Glazed Lemon Cookies 12:45 Relax & Recharge A 2:00 Create a Sensory Book 1 3:00 Monday Movie: Frankenstein (Frankenstein Day)	9:00 Dance, Dance 9:30 American Landmarks 10:45 English Muffin Pizzas 12:45 Relax & Recharge A 2:00 Have a Gentle Conversation M 3:30 UpBeat with Harry Belafonte	A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears V - Vitality			