The Villages at Historic Silvercrest Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 10:30 Catholic Mass TV Broadcast: Channel 7 11:00 Inspired Living Video: Channel 2 11:00 Southeast Christian TV Broadcast: Channel 3 11:00 Walnut Street Baptist Church Broadcast: 	 2 10:00 Chronicles and Chat 10:30 Trilogy Fit- In the Bistro 11:30 Chef's Circle-In the main dining room M 1:30 Sing Along- In the Bistro 2:00 Craft: Kathy's Flowers 2:30 Country Drive 	 3 1 10:00 Chronicles and Inspiration - In the Bistro V 10:30 Trilogy Fit- In the Bistro K 1:30 Bingo GF 2:00 Ice Cream Social- In the Bistro 1 3:00 Soul Fit on the Fifth 	 4 10:00 Trilogy Fit-In the Bistro 10:30 Mass in the Bistro with Father Fowler 11:00 Inspired Living- On the 5th Floor A 2:00 Craft: Plastic Wrap Painting 1 3:00 Bible Study with Dar -in 	 5 10:00 Chronicles and Chat 10:30 Trilogy Fit- In the Bistro 11:00 Outing- Cracker Barrel 2:00 Outdoor Game: Pickle Ball 4:00 Movie Matinee (Memoirs of a Geisha)- On channel 2 	 6 10:00 Trilogy Fit-In the Bistro 10:30 Bingo- In the Bistro 2:00 Happy Hour with Dan Linde- Outside 4:00 Movie Matinee (The Karate Kid)- On channel 2 	 7 10:00 Walking Club- Meet in the Lobby K 1:30 Bingo-In The Bistro 4:00 Movie Matinee (A Series of Unfortunate Events)- On channel 2
 8 1 10:30 Catholic Mass TV Broadcast: Channel 7 1 11:00 Inspired Living Video: Channel 2 1 11:00 Southeast Christian TV Broadcast: Channel 3 1 11:00 Walnut Street Baptist Church Broadcast: 	 9 10:00 Chronicles and Chat 10:30 Trilogy Fit- In the Bistro 11:30 Chef's Circle-In the main dining room M 1:30 Sing Along- In the Bistro 2:00 Craft: Flat Stanley 2:30 Country Drive 	 10 10:00 Chronicles and Inspiration - In the Bistro 10:30 Trilogy Fit- In the Bistro 1:30 Bingo 2:00 Ice Cream Social- In the Bistro 3:00 Soul Fit on the Fifth 	 11 10:00 Trilogy Fit-In the Bistro 10:30 Mass in the Bistro with Father Fowler 2:00 Craft: Popsicle Quilt 3:00 Bible Study with Dar - in the Bistro 4:00 Movie Matinee (World Trade Center)- On 	 12 10:00 Chronicles and Chat 10:30 Trilogy Fit- In the Bistro 11:00 Outing- Red Lobster 2:00 Outdoor Game: Bocce 4:00 Movie Matinee (The Mirror has Two Faces)- On channel 2 	 13 10:00 Trilogy Fit-In the Bistro 10:30 Bingo- In the Bistro 2:00 Happy Hour with Curtis!!- Outside 4:00 Movie Matinee (Hook)- On channel 2 	 14 10:00 Walking Club- Meet in the Lobby 1:30 Bingo-In The Bistro 4:00 Movie Matinee (Hotel for Dogs)- On channel 2
 15 1 10:30 Catholic Mass TV Broadcast: Channel 7 1 11:00 Inspired Living Video: Channel 2 1 11:00 Southeast Christian TV Broadcast: Channel 3 1 11:00 Walnut Street Baptist Church Broadcast: 	 16 10:00 Chronicles and Chat 10:30 Trilogy Fit- In the Bistro 11:30 Chef's Circle-In the main dining room M 1:30 Sing Along- In the Bistro A 2:00 Craft: Fashion Silhouettes 	 17 1 10:00 Chronicles and Inspiration - In the Bistro V 10:30 Trilogy Fit- In the Bistro K 1:30 Bingo GF 2:00 Ice Cream Social- In the Bistro 1 3:00 Soul Fit on the Fifth 	 18 10:00 Trilogy Fit-In the Bistro 10:30 Mass in the Bistro with Father Fowler 2:00 Craft: Doodle Puzzle 3:00 Bible Study with Dar - in the Bistro 4:00 Movie Matinee (Unstoppable)- On 	 19 10:00 Chronicles and Chat 10:30 Trilogy Fit- In the Bistro 11:00 Outing- The Overlook 2:00 Outdoor Game: Beach Volleyball 4:00 Movie Matinee (This Little Love of Mine)- On channel 2 	 20 10:00 Trilogy Fit-In the Bistro 10:30 Bingo- In the Bistro 2:00 Happy Hour- Outside 4:00 Movie Matinee (Home Again)- On channel 2 	 Senior Citizen's Day 10:00 Walking Club- Meet in the Lobby 1:30 Bingo-In The Bistro 4:00 Movie Matinee (The Muppets)- On channel 2
 22 I 10:30 Catholic Mass TV Broadcast: Channel 7 I 11:00 Inspired Living Video: Channel 2 I 11:00 Southeast Christian TV Broadcast: Channel 3 I 11:00 Walnut Street Baptist Church Broadcast: 	 23 10:00 Chronicles and Chat 10:30 Trilogy Fit- In the Bistro 11:30 Chef's Circle-In the 	 24 I 10:00 Chronicles and Inspiration - In the Bistro V 10:30 Trilogy Fit- In the Bistro K 1:30 Bingo GF 2:00 Ice Cream Social- In the Bistro 4:00 Movie Matinee (Million 	 25 10:00 Trilogy Fit-In the Bistro 10:30 Mass in the Bistro with Father Fowler 2:00 Craft: Sea Creatures 3:00 Bible Study with Dar -in the Bistro 4:00 Movie Matinee (Angels and Demons)- On 	 26 10:00 Chronicles and Chat 10:30 Trilogy Fit- In the Bistro 11:00 Outing- Dairy Queen 2:00 Outdoor Game: Four Square 4:00 Movie Matinee (Everybody's Fine)- On channel 2 	 27 10:00 Trilogy Fit-In the Bistro 10:30 Bingo- In the Bistro 11:30 Men's Lunch Group- In the Bistro 2:00 Happy Hour- Outside 4:00 Movie Matinee (Yours, Mine, and Ours)- On channel 2 	 28 10:00 Walking Club- Meet in the Lobby K 1:30 Bingo-In The Bistro 4:00 Movie Matinee (Gran Daddy Day Care)- On channel 2
 29 1 10:30 Catholic Mass TV Broadcast: Channel 7 1 11:00 Inspired Living Video: Channel 2 1 11:00 Southeast Christian TV Broadcast: Channel 3 1 11:00 Walnut Street Baptist Church Broadcast: 	 30 10:00 Chronicles and Chat 10:30 Trilogy Fit- In the Bistro 11:30 Chef's Circle-In the main dining room M 1:30 Sing Along- In the Bistro A 2:00 Craft: Coloring to Music O 2:30 Country Drive 	 31 I 10:00 Chronicles and Inspiration - In the Bistro V 10:30 Trilogy Fit- In the Bistro K 1:30 Bingo GF 2:00 Ice Cream Social- In the Bistro 4:00 Movie Matinee (All 	 A - Artisans GF - Gathering of Friends GG - Group Games I - Inspirations IG - Just the Guys K - Keeping it Sharp/Reminisce M - Music to My Ears O - Out & About 	V - Vitality		Activities are subject to change. If changes to the schedule occur, an announcement will be posted on campus LifeShare monitors. Printed daily schedules will also reflect the change and will be distributed to residents.

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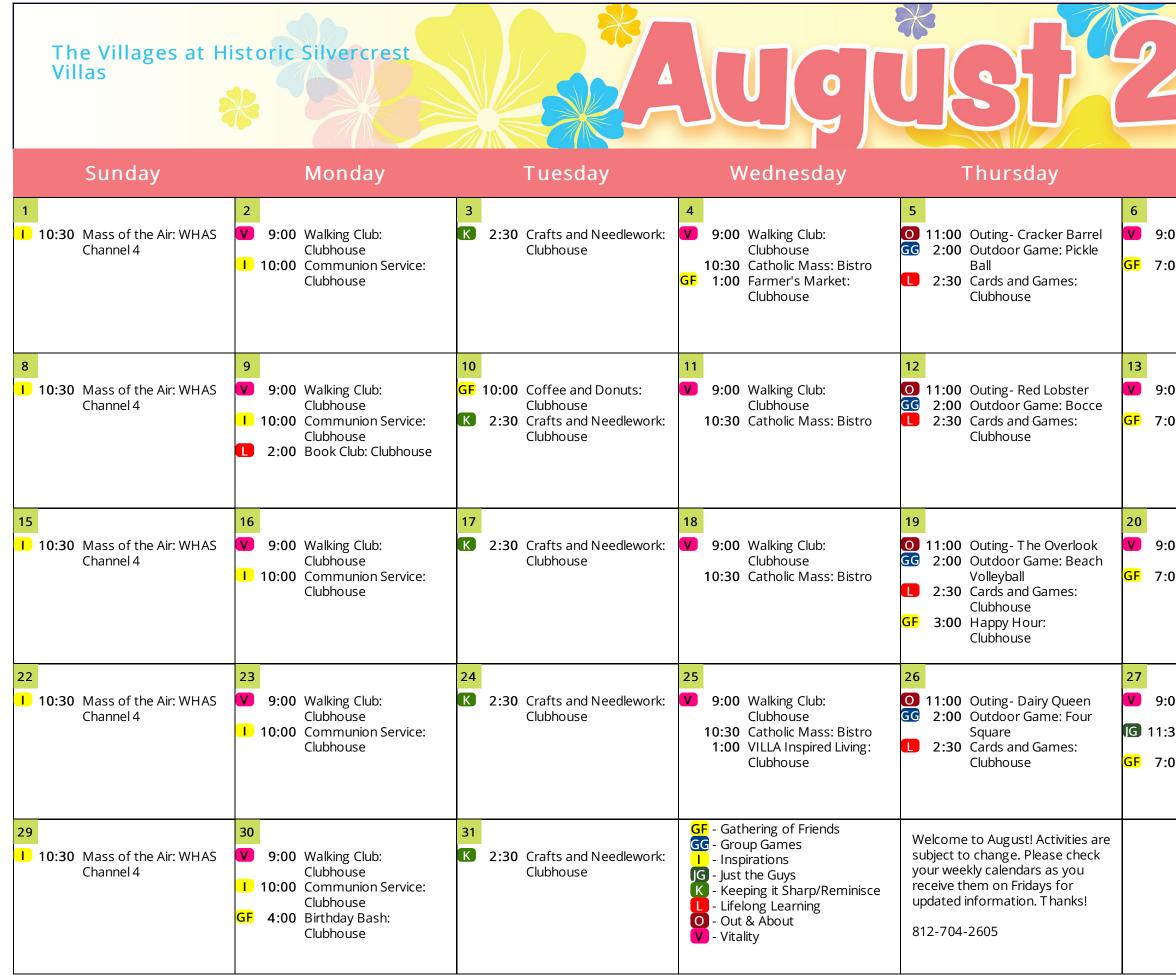
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The Villages at Historic Silvercrest Health Center

The Villages at H Health Center	listoric Silvercrest				202	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 10:30 Catholic Mass TV Broadcast: Channel 7 11:00 Inspired Living Video: Channel 2 11:00 Southeast Christian TV Broadcast: Channel 3 11:00 Walnut Street Baptist Church Broadcast: 	2 GF 10:00 Chronicles and Chat V 10:30 Trilogy Fit M 11:00 Mindful Moments M 1:30 Sing Along- In the Bistro A 2:00 Craft: Kathy's Flowers 4:00 Movie Matinee (Fatherhood)- On	 3 1 10:00 Chronicles and Inspiration - In the Bistro V 10:30 Trilogy Fit M 11:00 Mindful Moments K 1:30 Bingo GF 2:00 Ice Cream Social- In the Bistro 	 4 V 10:00 Trilogy Fit- In the Bistro 10:30 Mass in the Bistro with Father Fowler MM 11:00 Mindful Moments A 2:00 Craft: Plastic Wrap Painting 3:00 Bible Study with Dar- In the Bistro 	 5 GF 10:00 Chronicles and Chat V 10:30 Trilogy Fit M 11:00 Mindful Moments O 11:00 Outing- Cracker Barrel GC 2:00 Outdoor Game: Pickle Ball 4:00 Movie Matinee (Memoirs of a Geisha)- 	 6 V 10:00 Trilogy Fit-In the Bistro 10:30 Bingo- In the Bistro 11:00 Mindful Moments 2:00 Happy Hour with Dan Linde- Outside 4:00 Movie Matinee (The Karate Kid)- On channel 2 	 7 K 1:30 Bingo-In The Bistro 4:00 Movie Matinee (A Series of Unfortunate Events)- On channel 2
 8 1 10:30 Catholic Mass TV Broadcast: Channel 7 1 11:00 Inspired Living Video: Channel 2 1 11:00 Southeast Christian TV Broadcast: Channel 3 1 11:00 Walnut Street Baptist Church Broadcast: 	 9 GF 10:00 Chronicles and Chat V 10:30 Trilogy Fit M 11:00 Mindful Moments M 1:30 Sing Along- In the Bistro A 2:00 Craft: Flat Stanley 4:00 Movie Matinee (Hampstead)- On 	 10 1 10:00 Chronicles and Inspiration - In the Bistro 10:30 Trilogy Fit 11:00 Mindful Moments 1:30 Bingo GF 2:00 Ice Cream Social- In the Bistro 	 11 10:00 Trilogy Fit-In the Bistro 10:30 Mass in the Bistro with Father Fowler 11:00 Mindful Moments 2:00 Craft: Popsicle Quilt 3:00 Bible Study with Dar- In the Bistro 4:00 Movie Matinee (World 	 12 GF 10:00 Chronicles and Chat V 10:30 Trilogy Fit M 11:00 Mindful Moments O 11:00 Outing- Red Lobster GG 2:00 Outdoor Game: Bocce 4:00 Movie Matinee (The Mirror has T wo Faces)- On channel 2 	 13 10:00 Trilogy Fit-In the Bistro 10:30 Bingo- In the Bistro 11:00 Mindful Moments 2:00 Happy Hour with Curtis!!- Outside 4:00 Movie Matinee (Hook)- On channel 2 	 14 1:30 Bingo-In The Bistro 4:00 Movie Matinee (Hotel for Dogs)- On channel 2
 15 1 10:30 Catholic Mass TV Broadcast: Channel 7 1 11:00 Inspired Living Video: Channel 2 1 11:00 Southeast Christian TV Broadcast: Channel 3 1 11:00 Walnut Street Baptist Church Broadcast: 	 16 GF 10:00 Chronicles and Chat V 10:30 Trilogy Fit M 11:00 Mindful Moments M 1:30 Sing Along- In the Bistro A 2:00 Craft: Fashion Silhouettes 4:00 Movie Matinee (Quigley 	 17 1 10:00 Chronicles and Inspiration - In the Bistro 10:30 Trilogy Fit 11:00 Mindful Moments 1:30 Bingo 2:00 Ice Cream Social- In the Bistro 	 18 10:00 Trilogy Fit-In the Bistro 10:30 Mass in the Bistro with Father Fowler 11:00 Mindful Moments 2:00 Craft: Doodle Puzzle 3:00 Bible Study with Dar- In the Bistro 4:00 Movie Matinee 	 19 GF 10:00 Chronicles and Chat 10:30 Trilogy Fit 11:00 Mindful Moments 11:00 Outing- The Overlook GC 2:00 Outdoor Game: Beach Volleyball 4:00 Movie Matinee (This Little Love of Mine)- On 	 20 10:00 Trilogy Fit-In the Bistro 10:30 Bingo- In the Bistro 11:00 Mindful Moments 2:00 Happy Hour- Outside 4:00 Movie Matinee (Home Again)- On channel 2 	21Senior Citizen's DayK1:30Bingo-In The Bistro 4:004:00Movie Matinee (The Muppets)- On channel 2
 22 1 10:30 Catholic Mass TV Broadcast: Channel 7 1 11:00 Inspired Living Video: Channel 2 1 11:00 Southeast Christian TV Broadcast: Channel 3 1 11:00 Walnut Street Baptist Church Broadcast: 	 23 GF 10:00 Chronicles and Chat V 10:30 Trilogy Fit M 11:00 Mindful Moments M 1:30 Sing Along- In the Bistro A 2:00 Craft: Rainbow Butterflies 4:00 Movie Matinee (Finding 	 24 I 10:00 Chronicles and Inspiration - In the Bistro V 10:30 Trilogy Fit M 11:00 Mindful Moments K 1:30 Bingo GF 2:00 Ice Cream Social- In the Bistro 	 25 10:00 Trilogy Fit-In the Bistro 10:30 Mass in the Bistro with Father Fowler 11:00 Mindful Moments 2:00 Craft: Sea Creatures 3:00 Bible Study with Dar- In the Bistro 4:00 Movie Matinee (Angels 	 26 GF 10:00 Chronicles and Chat V 10:30 Trilogy Fit M 11:00 Mindful Moments O 11:00 Outing- Dairy Queen GC 2:00 Outdoor Game: Four Square 4:00 Movie Matinee (Everybody's Fine)- On 	 27 10:00 Trilogy Fit-In the Bistro 10:30 Bingo- In the Bistro 11:00 Mindful Moments 11:30 Men's Lunch Group- In the Bistro 2:00 Happy Hour- Outside 4:00 Movie Matinee (Yours, Mine, and Ours)- On 	 28 1:30 Bingo-In The Bistro 4:00 Movie Matinee (Gran Daddy Day Care)- On channel 2
 29 I 10:30 Catholic Mass TV Broadcast: Channel 7 I 11:00 Inspired Living Video: Channel 2 I 11:00 Southeast Christian TV Broadcast: Channel 3 I 11:00 Walnut Street Baptist Church Broadcast: 	 30 GF 10:00 Chronicles and Chat 10:30 Trilogy Fit 11:00 Mindful Moments 1:30 Sing Along- In the Bistro 2:00 Craft: Coloring to Music 4:00 Movie Matinee (I am Sam)- On channel 2 	 31 1 10:00 Chronicles and Inspiration - In the Bistro 10:30 Trilogy Fit 11:00 Mindful Moments 1:30 Bingo 2:00 Ice Cream Social- In the Bistro 	Residents Must be vaccinated in order to go on outings.	<u>Birthdays</u> 8/7 - Monica Johnson 8/9 - Mary Z. 8/13 - Kayla McCormick 8/16 - Mildred Y. 8/16 - Ilana Spears 8/18 - Kelsey Duncan 8/18 - Mary K. 8/20 - Paula Carpenter	<u>Birthdays</u> 8/20 - Rebecca Bowling 8/20 - Wilma B. 8/20 - Mary Sue H. 8/21 - Eddie Woodruff 8/21 - Joe T. 8/26 - James Brisco 8/27 - Elaine G. 8/27 - Renee McDonald	<u>Birthdays</u> 8/28 - Michele Beauchamp 8/29 - Dorothy S. 8/29 - Vivian M. 8/31 - Bonnie B.

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Friday

Saturday

	Walking Club: Clubhouse Villa Movie Night: Clubhouse	7 GG	7:00	Villa Game Night: Clubhouse
	Walking Club: Clubhouse Villa Movie Night: Clubhouse	14 GG	7:00	Villa Game Night: Clubhouse
		21	S	enior Citizen's Day
	Walking Club: Clubhouse Villa Movie Night: Clubhouse	GG	7:00	Villa Game Night: Clubhouse
30	Walking Club: Clubhouse Men's Lunch Group- In the Bistro Villa Movie Night: Clubhouse	28 GG	7:00	Villa Game Night: Clubhouse