

August 2021

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|---|---|---|--|
| 1 I 9:30 Hymn Sing HC/AR I 1:00 Inspired Sundays Ch#3 GF 1:30 Tea Time AL/DR L 3:00 Am. Heritage-Ch#3 M 4:00 Name That Croon AL/AR | 2 V 9:30 Exercise AL/AR K 10:00 Brain Busters AL/AR L 10:30 Arm Chair Travel HC/AR M 1:00 Sing-a-long AL/AR GF 2:00 Movie & Popcorn Ch#3 | 3 A 9:30 Crafters Corner AL/AR I 11:00 Bible Study AL/LR GF 1:00 Chef's Circle AL/DR K 3:00 Table Games AL/AR K 4:00 Timeless Trivia Ch#3 | 4 V 9:30 Exercise AL/AR K 10:00 Brain Busters AL/AR CC 10:30 Cooking Creations AL/DR I 1:00 SoulFit S 2:00 Ice Cream Social AL/DR | 5 A 9:30 Crafters Corner AL/AR M 11:00 Sing-a-long AL/AR GF 3:00 LifeShare Games HC/AR K 4:00 Timeless Trivia Ch#3 K 6:00 Bingo AL/AR | 6 V 9:30 Exercise AL/AR K 10:00 Brain Busters AL/AR K 1:00 Word Games HC/AR S 3:00 Happy Hour AL/DR | 7 L 9:30 Morning News Time AL/AR K 11:00 LifeShare Games AL/AR K 1:00 Card Bingo AL/DR M 4:00 Name that Croon AL/AR |
| 8 I 9:30 Hymn Sing HC/AR I 1:00 Inspired Sundays Ch#3 GF 1:30 Tea Time AL/DR L 3:00 Am. Heritage-Ch#3 M 4:00 Name That Croon AL/AR | 9 V 9:30 Exercise AL/AR K 10:00 Brain Busters AL/AR L 10:30 Arm Chair Travel HC/AR M 1:00 Sing-a-long AL/AR GF 2:00 Movie & Popcorn Ch#3 | 10 A 9:30 Crafters Corner AL/AR I 11:00 Bible Study AL/LR GF 1:00 Chef's Circle AL/DR K 3:00 Table Games AL/AR K 4:00 Timeless Trivia Ch#3 | 11 V 9:30 Exercise AL/AR K 10:00 Brain Busters AL/AR CC 10:30 Cooking Creations AL/DR I 1:00 SoulFit S 2:00 Ice Cream Social AL/DR | 12 A 9:30 Crafters Corner AL/AR M 11:00 Sing-a-long AL/AR GF 3:00 LifeShare Games HC/AR K 4:00 Timeless Trivia Ch#3 K 6:00 Bingo AL/AR | 13 V 9:30 Exercise AL/AR K 10:00 Brain Busters AL/AR K 1:00 Word Games HC/AR S 3:00 Happy Hour AL/DR | 14 L 9:30 Morning News Time AL/AR K 11:00 LifeShare Games AL/AR K 1:00 Card Bingo AL/DR M 4:00 Name that Croon AL/AR |
| 15 I 9:30 Hymn Sing HC/AR I 1:00 Inspired Sundays Ch#3 GF 1:30 Tea Time AL/DR L 3:00 Am. Heritage-Ch#3 M 4:00 Name That Croon AL/AR | 16 V 9:30 Exercise AL/AR K 10:00 Brain Busters AL/AR L 10:30 Arm Chair Travel HC/AR M 1:00 Sing-a-long AL/AR GF 2:00 Movie & Popcorn Ch#3 | 17 A 9:30 Crafters Corner AL/AR I 11:00 Bible Study AL/LR GF 1:00 Chef's Circle AL/DR K 3:00 Table Games AL/AR K 4:00 Timeless Trivia Ch#3 | 18 V 9:30 Exercise AL/AR K 10:00 Brain Busters AL/AR CC 10:30 Cooking Creations AL/DR I 1:00 SoulFit I 1:00 Resident Council AL/AR S 2:00 Ice Cream Social AL/DR | 19 A 9:30 Crafters Corner AL/AR M 11:00 Sing-a-long AL/AR GF 3:00 LifeShare Games HC/AR K 4:00 Timeless Trivia Ch#3 K 6:00 Bingo AL/AR | 20 V 9:30 Exercise AL/AR K 10:00 Brain Busters AL/AR K 1:00 Word Games HC/AR S 3:00 Happy Hour AL/DR | 21 Senior Citizen's Day L 9:30 Morning News Time AL/AR K 11:00 LifeShare Games AL/AR K 1:00 Card Bingo AL/DR M 4:00 Name that Croon AL/AR |
| 22 I 9:30 Hymn Sing HC/AR I 1:00 Inspired Sundays Ch#3 GF 1:30 Tea Time AL/DR L 3:00 Am. Heritage-Ch#3 M 4:00 Name That Croon AL/AR | 23 V 9:30 Exercise AL/AR K 10:00 Brain Busters AL/AR L 10:30 Arm Chair Travel HC/AR M 1:00 Sing-a-long AL/AR GF 2:00 Movie & Popcorn Ch#3 | 24 A 9:30 Crafters Corner AL/AR I 11:00 Bible Study AL/LR GF 1:00 Chef's Circle AL/DR K 3:00 Table Games AL/AR K 4:00 Timeless Trivia Ch#3 | 25 V 9:30 Exercise AL/AR K 10:00 Brain Busters AL/AR CC 10:30 Cooking Creations AL/DR JG 1:00 Men's Club S 2:00 Ice Cream Social AL/DR | 26 A 9:30 Crafters Corner AL/AR M 11:00 Sing-a-long AL/AR GF 3:00 LifeShare Games HC/AR K 4:00 Timeless Trivia Ch#3 K 6:00 Bingo AL/AR | 27 V 9:30 Exercise AL/AR K 10:00 Brain Busters AL/AR K 1:00 Word Games HC/AR S 3:00 Happy Hour AL/DR | 28 L 9:30 Morning News Time AL/AR K 11:00 LifeShare Games AL/AR K 1:00 Card Bingo AL/DR M 4:00 Name that Croon AL/AR |
| 29 I 9:30 Hymn Sing HC/AR I 1:00 Inspired Sundays Ch#3 GF 1:30 Tea Time AL/DR L 3:00 Am. Heritage-Ch#3 M 4:00 Name That Croon AL/AR | 30 V 9:30 Exercise AL/AR K 10:00 Brain Busters AL/AR L 10:30 Arm Chair Travel HC/AR M 1:00 Sing-a-long AL/AR GF 2:00 Movie & Popcorn Ch#3 | 31 A 9:30 Crafters Corner AL/AR I 11:00 Bible Study AL/LR GF 1:00 Chef's Circle AL/DR K 3:00 Table Games AL/AR K 4:00 Timeless Trivia Ch#3 | A - Artisans CC - Creative Cooking GF - Gathering of Friends I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears | S - Signature Events V - Vitality | AR-Activity Room AL-Assisted Living HC-Health Center DR-Dining Room Arbor-HC Dining Room LR-Living Room BC-Bulldog Cafe | Channel #3 Programming -Our Daily Bread -Ted Ed's -Arm Chair Travel -Movie Time -Enrichment on Demand -American Heritage Series -Timeless Trivia |

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| <p>1</p> <p>I 9:30 Hymn Sing HC/AR V 10:30 Exercise HC/AR MM 11:00 Mindful Moments HC/AR</p> <p>I 1:00 Inspired Sundays Ch#3 2:30 Hospitality Cart L 3:00 Am. Heritage-Ch#3 MM 5:30 Mindful Moments</p> | <p>2</p> <p>MM 10:30 Mindful Moments HC/AR L 10:30 Arm Chair Travel HC/AR</p> <p>1:00 Sing-a-long HC/AR GF 2:00 Movie & Popcorn Ch#3 K 3:00 Shake Loose a Memory HC/AR</p> | <p>3</p> <p>V 9:30 Exercise HC/AR K 10:00 Brain Busters HC/AR MM 10:30 Mindful Moments HC/AR</p> <p>I 11:00 Bible Study AL/LR A 2:00 Crafters Corner HC/AR K 4:00 Timeless Trivia Ch#3 MM 5:30 Mindful Moments</p> | <p>4</p> <p>MM 10:30 Mindful Moments HC/AR L 11:00 Table Games I 1:00 SoulFit S 3:00 Ice Cream Social HC/DR S 4:00 Name that Croon HC/AR</p> | <p>5</p> <p>V 9:30 Exercise HC/AR K 10:00 Brain Busters HC/AR MM 10:30 Mindful Moments HC/AR</p> <p>1:00 Chef's Circle HC/DR A 2:00 Crafters Corner HC/AR GF 3:00 LifeShare Games HC/AR</p> | <p>6</p> <p>MM 10:00 Mindful Moments HC/AR CC 10:30 Cooking Creations HC/AR</p> <p>K 1:00 Word Games HC/AR S 2:00 Happy Hour HC/DR 4:30 Hospitality Cart MM 5:30 Mindful Moments</p> | <p>7</p> <p>MM 9:30 Mindful Moments HC/AR GF 10:00 Tea Time HC/AR K 2:00 Card Bingo HC/AR GF 3:00 Name that Croon HC/AR MM 5:30 Mindful Moments HC/AR</p> |
| <p>8</p> <p>I 9:30 Hymn Sing HC/AR V 10:30 Exercise HC/AR MM 11:00 Mindful Moments HC/AR</p> <p>I 1:00 Inspired Sundays Ch#3 2:30 Hospitality Cart L 3:00 Am. Heritage-Ch#3 MM 5:30 Mindful Moments</p> | <p>9</p> <p>MM 10:30 Mindful Moments HC/AR L 10:30 Arm Chair Travel HC/AR</p> <p>GF 2:00 Movie & Popcorn Ch#3 K 3:00 Shake Loose a Memory HC/AR 4:00 Hospitality Cart</p> | <p>10</p> <p>V 9:30 Exercise HC/AR K 10:00 Brain Busters HC/AR MM 10:30 Mindful Moments HC/AR</p> <p>I 11:00 Bible Study AL/LR A 2:00 Crafters Corner HC/AR K 4:00 Timeless Trivia Ch#3 MM 5:30 Mindful Moments</p> | <p>11</p> <p>MM 10:30 Mindful Moments HC/AR L 11:00 Table Games I 1:00 SoulFit S 3:00 Ice Cream Social HC/DR S 4:00 Name that Croon HC/AR</p> | <p>12</p> <p>V 9:30 Exercise HC/AR K 10:00 Brain Busters HC/AR MM 10:30 Mindful Moments HC/AR</p> <p>1:00 Chef's Circle HC/DR A 2:00 Crafters Corner HC/AR GF 3:00 LifeShare Games HC/AR</p> | <p>13</p> <p>MM 9:30 Mindful Moments HC/AR CC 10:30 Cooking Creations HC/AR</p> <p>K 1:00 Word Games HC/AR S 2:00 Happy Hour HC/DR MM 5:30 Mindful Moments HC/AR</p> | <p>14</p> <p>MM 9:30 Mindful Moments HC/AR GF 10:00 Tea Time HC/AR K 2:00 Card Bingo HC/AR GF 3:00 Name that Croon HC/AR MM 5:30 Mindful Moments HC/AR</p> |
| <p>15</p> <p>I 9:30 Hymn Sing HC/AR V 10:30 Exercise HC/AR MM 11:00 Mindful Moments HC/AR</p> <p>I 1:00 Inspired Sundays Ch#3 2:30 Hospitality Cart L 3:00 Am. Heritage-Ch#3 MM 5:30 Mindful Moments</p> | <p>16</p> <p>MM 10:30 Mindful Moments HC/AR L 10:30 Arm Chair Travel HC/AR</p> <p>GF 2:00 Movie & Popcorn Ch#3 K 3:00 Shake Loose a Memory HC/AR 4:00 Hospitality Cart</p> | <p>17</p> <p>V 9:30 Exercise HC/AR K 10:00 Brain Busters HC/AR MM 10:30 Mindful Moments HC/AR</p> <p>I 11:00 Bible Study AL/LR A 2:00 Crafters Corner HC/AR K 4:00 Timeless Trivia Ch#3 MM 5:30 Mindful Moments</p> | <p>18</p> <p>MM 10:30 Mindful Moments HC/AR L 11:00 Table Games I 1:00 SoulFit S 3:00 Ice Cream Social HC/DR S 4:00 Name that Croon HC/AR</p> | <p>19</p> <p>V 9:30 Exercise HC/AR K 10:00 Brain Busters HC/AR MM 10:30 Mindful Moments HC/AR</p> <p>1:00 Chef's Circle HC/DR A 2:00 Crafters Corner HC/AR GF 3:00 LifeShare Games HC/AR</p> | <p>20</p> <p>MM 9:30 Mindful Moments HC/AR CC 10:30 Cooking Creations HC/AR</p> <p>K 1:00 Word Games HC/AR S 2:00 Happy Hour HC/DR MM 5:30 Mindful Moments HC/AR</p> | <p>21 Senior Citizen's Day</p> <p>MM 9:30 Mindful Moments HC/AR GF 10:00 Tea Time HC/AR K 2:00 Card Bingo HC/AR GF 3:00 Name that Croon HC/AR MM 5:30 Mindful Moments HC/AR</p> |
| <p>22</p> <p>I 9:30 Hymn Sing HC/AR V 10:30 Exercise HC/AR MM 11:00 Mindful Moments HC/AR</p> <p>I 1:00 Inspired Sundays Ch#3 2:30 Hospitality Cart L 3:00 Am. Heritage-Ch#3 MM 5:30 Mindful Moments</p> | <p>23</p> <p>MM 10:30 Mindful Moments HC/AR L 10:30 Arm Chair Travel HC/AR</p> <p>GF 2:00 Movie & Popcorn Ch#3 K 3:00 Shake Loose a Memory HC/AR 4:00 Hospitality Cart</p> | <p>24</p> <p>V 9:30 Exercise HC/AR K 10:00 Brain Busters HC/AR MM 10:30 Mindful Moments HC/AR</p> <p>I 11:00 Bible Study AL/LR A 2:00 Crafters Corner HC/AR K 4:00 Timeless Trivia Ch#3 MM 5:30 Mindful Moments</p> | <p>25</p> <p>MM 10:30 Mindful Moments HC/AR L 11:00 Table Games 11:00 Resident Council HC/AR JG 1:00 Men's Club S 3:00 Ice Cream Social HC/DR S 4:00 Name that Croon</p> | <p>26</p> <p>V 9:30 Exercise HC/AR K 10:00 Brain Busters HC/AR MM 10:30 Mindful Moments HC/AR</p> <p>1:00 Chef's Circle HC/DR A 2:00 Crafters Corner HC/AR GF 3:00 LifeShare Games HC/AR</p> | <p>27</p> <p>MM 9:30 Mindful Moments HC/AR CC 10:30 Cooking Creations HC/AR</p> <p>K 1:00 Word Games HC/AR S 2:00 Happy Hour HC/DR MM 5:30 Mindful Moments HC/AR</p> | <p>28</p> <p>MM 9:30 Mindful Moments HC/AR GF 10:00 Tea Time HC/AR K 2:00 Card Bingo HC/AR GF 3:00 Name that Croon HC/AR MM 5:30 Mindful Moments HC/AR</p> |
| <p>29</p> <p>I 9:30 Hymn Sing HC/AR V 10:30 Exercise HC/AR MM 11:00 Mindful Moments HC/AR</p> <p>I 1:00 Inspired Sundays Ch#3 2:30 Hospitality Cart L 3:00 Am. Heritage-Ch#3 MM 5:30 Mindful Moments</p> | <p>30</p> <p>MM 10:30 Mindful Moments HC/AR L 10:30 Arm Chair Travel HC/AR</p> <p>GF 2:00 Movie & Popcorn Ch#3 K 3:00 Shake Loose a Memory HC/AR 4:00 Hospitality Cart</p> | <p>31</p> <p>V 9:30 Exercise HC/AR K 10:00 Brain Busters HC/AR MM 10:30 Mindful Moments HC/AR</p> <p>I 11:00 Bible Study AL/LR A 2:00 Crafters Corner HC/AR K 4:00 Timeless Trivia Ch#3 MM 5:30 Mindful Moments</p> | <p>A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning</p> | <p>MM - Mindful Moments S - Signature Events V - Vitality</p> | <p>AR-Activity Room AL-Assisted Living HC-Health Center DR-Dining Room HC Arbor-Dining Room LR-Living Room BC-Bulldog Cafe</p> | <p>Channel#3 Programming</p> <p>-Our Daily Bread -Ted Ed's -Arm Chair Travel -Movie Time -Enrichment on Demand (EOD) -American Heritage Series -Timeless Trivia</p> |

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|---|---|---|---|--|--|---|
| <p>1</p> <ul style="list-style-type: none"> V Spiderman Workout K Affirming Friends CC Cucumber Mint Tea Sandwich Relax & Recharge A DIY Scrapbook M Music Makes You Happier GG Aim for the Stars Healthy Hands | <p>2</p> <ul style="list-style-type: none"> V Tour de Legacy K Inspired Tales CC Lemon Cheesecake Relax & Recharge A Bean Mosaics M Sensory Scentscape GG Lollipop Paddle Healthy Hands | <p>3</p> <ul style="list-style-type: none"> V Dance, Dance K American Landmarks CC Pineapple Dream Dessert Relax & Recharge A Balloon Prints M UpBeat with Harry Belafonte GG What Belongs Together? Healthy Hands | <p>4</p> <ul style="list-style-type: none"> V Water Balloon Toss K Roll to 20 CC Sunshine Salad Relax & Recharge A Blue Collage S Ice Cream Social M Create a Booming Song! GG Soccer/"Futbol" | <p>5</p> <ul style="list-style-type: none"> V Paris, France Walking Tour K Let's Spell Summer CC Mixed Berry Baked Oatmeal Cups Relax & Recharge A Ice Cream Photo M Shake It Up, Baby! GG Ladder Ball | <p>6</p> <ul style="list-style-type: none"> V Disc Golf K Best Friends O Scenic Drive Relax & Recharge GF Popcorn Time! A Watercolor Silhouettes M August Happy Hour GG Word Works | <p>7</p> <ul style="list-style-type: none"> V Olympic Ring Toss K Summer Colors CC Chocolate Truffles Relax & Recharge A Creative Storytelling M Celebrate Easy Listening GG State Plate Game Healthy Hands |
| <p>8</p> <ul style="list-style-type: none"> V Spiderman Workout K Affirming Friends CC Strawberry Caprese Salad Relax & Recharge A DIY Scrapbook M Music Makes You Happier GG Aim for the Stars Healthy Hands | <p>9</p> <ul style="list-style-type: none"> V Tour de Legacy K Inspired Tales CC Berry Bread Pudding Relax & Recharge A Kool-Aid Citrus Stamps M Sensory Scentscape GG Lollipop Paddle Healthy Hands | <p>10</p> <ul style="list-style-type: none"> V Dance, Dance K American Landmarks CC Cottage Cheese Jello Salad Relax & Recharge A Flower Stamps M UpBeat with Harry Belafonte GG What Belongs Together? Healthy Hands | <p>11</p> <ul style="list-style-type: none"> V Water Balloon Toss K Roll to 20 CC Watermelon Salad Relax & Recharge A Kindness Rock Painting S Ice Cream Social M Create a Booming Song! GG Soccer/"Futbol" | <p>12</p> <ul style="list-style-type: none"> V Paris, France Walking Tour K Let's Spell Summer CC Candy Bar Apple Salad Relax & Recharge A Partner Prints M Shake It Up, Baby! GG Ladder Ball Healthy Hands | <p>13</p> <ul style="list-style-type: none"> V Disc Golf K Best Friends O Scenic Drive Relax & Recharge GF Popcorn Time! A Recycled Art M August Happy Hour GG Word Works | <p>14</p> <ul style="list-style-type: none"> V Olympic Ring Toss K Summer Colors CC Baked Wisconsin Cheese Curds Relax & Recharge A Rubbings Exploration M Celebrate Easy Listening GG State Plate Game Healthy Hands |
| <p>15</p> <ul style="list-style-type: none"> V Spiderman Workout K Affirming Friends CC Baked Peach Crisps Relax & Recharge A DIY Scrapbook M Music Makes You Happier GG Aim for the Stars Healthy Hands | <p>16</p> <ul style="list-style-type: none"> V Tour de Legacy K Inspired Tales CC Elephant Ear Cookies Relax & Recharge A Ask A Beautiful Question M Sensory Scentscape GG Lollipop Paddle Healthy Hands | <p>17</p> <ul style="list-style-type: none"> V Dance, Dance K American Landmarks CC Oven-fried Pickles Relax & Recharge A Fabric Bowls M UpBeat with Harry Belafonte GG What Belongs Together? Healthy Hands | <p>18</p> <ul style="list-style-type: none"> V Water Balloon Toss K Roll to 20 CC Summer Corn Salad Relax & Recharge A Fabric Bowls S Ice Cream Social M Create a Booming Song! GG Soccer/"Futbol" | <p>19</p> <ul style="list-style-type: none"> V Paris, France Walking Tour K Let's Spell Summer CC Caramel Cheesecake Dip Relax & Recharge A Collage Painting M Shake It Up, Baby! GG Ladder Ball Healthy Hands | <p>20</p> <ul style="list-style-type: none"> V Disc Golf K Best Friends O Scenic Drive Relax & Recharge GF Popcorn Time! A Glue Art M August Happy Hour GG Word Works | <p>21 Senior Citizen's Day</p> <ul style="list-style-type: none"> V Olympic Ring Toss K Summer Colors CC Sand Dollar Cookies Relax & Recharge A No Sew Hats M Celebrate Easy Listening GG State Plate Game Healthy Hands |
| <p>22</p> <ul style="list-style-type: none"> V Spiderman Workout K Affirming Friends CC Banana Split Bites Relax & Recharge A Mason Jar Tissue Holder M Music Makes You Happier GG Aim for the Stars Healthy Hands | <p>23</p> <ul style="list-style-type: none"> V Tour de Legacy K Inspired Tales CC Crunchy Corn & Avocado Salad Relax & Recharge A DIY Sharpie Mugs M Sensory Scentscape GG Lollipop Paddle Healthy Hands | <p>24</p> <ul style="list-style-type: none"> V Dance, Dance K American Landmarks CC Poolside Hawaiian Dip Relax & Recharge A Fairy Garden Mason Jar Topper M UpBeat with Harry Belafonte GG What Belongs Together? Healthy Hands | <p>25</p> <ul style="list-style-type: none"> V Water Balloon Toss K Roll to 20 CC Fresh Pico de Gallo Relax & Recharge A Sun Print Wall Art S Ice Cream Social M Create a Booming Song! GG Soccer/"Futbol" | <p>26</p> <ul style="list-style-type: none"> V Paris, France Walking Tour K Let's Spell Summer CC Cucumber Caprese Salad Relax & Recharge A Corn Syrup Painting M Shake It Up, Baby! GG Ladder Ball Healthy Hands | <p>27</p> <ul style="list-style-type: none"> V Disc Golf K Best Friends O Scenic Drive Relax & Recharge GF Popcorn Time! A Glue Batik Aprons M August Happy Hour GG Word Works | <p>28</p> <ul style="list-style-type: none"> V Olympic Ring Toss K Summer Colors CC Farmer's Market Salad Relax & Recharge A Stained Glass Painting M Celebrate Easy Listening GG State Plate Game Healthy Hands |
| <p>29</p> <ul style="list-style-type: none"> V Spiderman Workout K Affirming Friends CC Pineapple Coleslaw Relax & Recharge A Mason Jar Tissue Holder M Music Makes You Happier GG Aim for the Stars Healthy Hands | <p>30</p> <ul style="list-style-type: none"> V Tour de Legacy K Inspired Tales CC Glazed Lemon Cookies Relax & Recharge A Create a Sensory Book M Sensory Scentscape GG Lollipop Paddle Healthy Hands | <p>31</p> <ul style="list-style-type: none"> V Dance, Dance K American Landmarks CC English Muffin Pizzas Relax & Recharge A Have a Gentle Conversation M UpBeat with Harry Belafonte GG What Belongs Together? Healthy Hands | <ul style="list-style-type: none"> A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears O - Out & About S - Signature Events | <ul style="list-style-type: none"> V - Vitality | | |