

August 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search I 10:30 Inspirations on Channel 103 2:00 Outdoor Activities	2 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 GG 2:00 Resident Council GF 5:00 Monday Night Movie on channel 103	3 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 S 1:30 Chef's Circle in Dining Room A 2:30 Creative Expression	4 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Group Exercises 2:00 BINGO	5 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 GG 2:00 Group Game with Amber M 5:00 Thursday Night Movie	6 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 2:00 Happy Hour	7 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search 10:30 Nail Spa 2:00 BINGO
8 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search I 10:30 Inspirations on Channel 103 2:00 Outdoor Activities	9 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 GG 2:00 Group Games GF 5:00 Monday Night Movie on channel 103	10 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 11:00 Trivia S 1:30 Chef's Circle in Dining Room	11 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Group Exercise 2:00 BINGO	12 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 GG 2:00 Group Games M 5:00 Thursday Night Movie on Channel 103	13 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 2:00 Happy Hour	14 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search 10:30 Nail Spa 2:00 BINGO
15 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search I 10:30 Inspirations on Channel 103 2:00 Outdoor Activities	16 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 GG 2:00 Group Games GF 5:00 Monday Night Movie on channel 103	17 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 S 1:30 Chef's Circle in Dining Room A 2:30 Creative Expression	18 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 2:00 BINGO	19 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 GG 2:00 Group Games M 5:00 Thursday Night Movie on Channel 103	20 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 2:00 Happy Hour	21 Senior Citizen's Day K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search 10:30 Nail Spa 2:00 BINGO
22 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search I 10:30 Inspirations on Channel 103 2:00 Outdoor Activities	23 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 GG 2:00 Group Games GF 5:00 Monday Night Movie on channel 103	24 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 S 1:30 Chef's Circle in Dining Room A 2:30 Creative Expression	25 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 2:00 BINGO	26 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 GG 2:00 Group Games M 5:00 Thursday Night Movie on Channel 103	27 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 2:00 Happy Hour	28 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search 10:30 Nail Spa 2:00 BINGO
29 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search I 10:30 Inspirations on Channel 103 2:00 Outdoor Activities	30 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 GG 2:00 Group Games GF 5:00 Monday Night Movie on channel 103	31 K 9:15 Resilience Cart/Daily Chronicles K 10:00 Word search V 10:30 Chair Yoga on Channel 103 S 1:30 Chef's Circle in Dining Room A 2:30 Creative Expression	Key Codes: ALDR - Assisted Living, Dining Room ALLR - Assisted Living, Living Room HCMR - Health Center, Multipurpose Room HCLR - Health Center, Living Room	A - Artisans GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears S - Signature Events V - Vitality		

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1 V Spiderman Workout K Affirming Friends CC Cucumber Mint Tea Sandwich Relax & Recharge A DIY Scrapbook M Music Makes You Happier GG Aim for the Stars Healthy Hands	2 V Tour de Legacy K Inspired Tales CC Lemon Cheesecake Relax & Recharge A Bean Mosaics M Sensory Scentscape GG Lollipop Paddle Healthy Hands	3 V Dance, Dance K American Landmarks CC Pineapple Dream Dessert Relax & Recharge A Balloon Prints M UpBeat with Harry Belafonte GG What Belongs Together? Healthy Hands	4 V Water Balloon Toss K Roll to 20 CC Sunshine Salad Relax & Recharge A Blue Collage M Create a Booming Song! GG Soccer/"Futbol" Healthy Hands	5 V Paris, France Walking Tour K Let's Spell Summer CC Mixed Berry Baked Oatmeal Cups Relax & Recharge A Ice Cream Photo M Shake It Up, Baby! GG Ladder Ball	6 V Disc Golf K Best Friends CC Chocolate Tuffles Relax & Recharge A Watercolor Silhouettes M August Happy Hour GG Word Works Healthy Hands	7 V Olympic Ring Toss K Summer Colors CC Summer Peach Basil Cheese Muffins Relax & Recharge A Creative Storytelling M Celebrate Easy Listening GG State Plate Game
8 V Spiderman Workout K Affirming Friends CC Strawberry Caprese Salad Relax & Recharge A DIY Scrapbook M Music Makes You Happier GG Aim for the Stars Healthy Hands	9 V Tour de Legacy K Inspired Tales CC Berry Bread Pudding Relax & Recharge A Kool-Aid Citrus Stamps M Sensory Scentscape GG Lollipop Paddle Healthy Hands	10 V Dance, Dance K American Landmarks CC Cottage Cheese Jello Salad Relax & Recharge A Flower Stamps M UpBeat with Harry Belafonte GG What Belongs Together? Healthy Hands	11 V Water Balloon Toss K Roll to 20 CC Watermelon Salad Relax & Recharge A Kindness Rock Painting M Create a Booming Song! GG Soccer/"Futbol" Healthy Hands	12 V Paris, France Walking Tour K Let's Spell Summer CC Old Fashioned Sugar Cake Relax & Recharge A Partner Prints M Shake It Up, Baby! GG Ladder Ball Healthy Hands	13 V Disc Golf K Best Friends CC Candy Bar Apple Salad Relax & Recharge A Recycled Art M August Happy Hour GG Word Works Healthy Hands	14 V Olympic Ring Toss K Summer Colors CC Baked Wisconsin Cheese Curds Relax & Recharge A Rubbings Exploration M Celebrate Easy Listening GG State Plate Game Healthy Hands
15 V Spiderman Workout K Affirming Friends CC Baked Peach Crisps Relax & Recharge A DIY Scrapbook M Music Makes You Happier GG Aim for the Stars Healthy Hands	16 V Tour de Legacy K Inspired Tales CC Elephant Ear Cookies Relax & Recharge A Ask A Beautiful Question M Sensory Scentscape GG Lollipop Paddle Healthy Hands	17 V Dance, Dance K American Landmarks CC Oven-fried Pickles Relax & Recharge A Fabric Bowls M UpBeat with Harry Belafonte GG What Belongs Together? Healthy Hands	18 V Water Balloon Toss K Roll to 20 CC Summer Corn Salad Relax & Recharge A Fabric Bowls M Create a Booming Song! GG Soccer/"Futbol" Healthy Hands	19 V Paris, France Walking Tour K Let's Spell Summer CC Eggplant Tomato Bake Relax & Recharge A Collage Painting M Shake It Up, Baby! GG Ladder Ball Healthy Hands	20 V Disc Golf K Best Friends CC Caramel Cheesecake Dip Relax & Recharge A Glue Art M August Happy Hour GG Word Works Healthy Hands	21 Senior Citizen's Day V Olympic Ring Toss K Summer Colors CC Sand Dollar Cookies Relax & Recharge A No Sew Hats M Celebrate Easy Listening GG State Plate Game Healthy Hands
22 V Spiderman Workout K Affirming Friends CC Banana Split Bites Relax & Recharge A Mason Jar Tissue Holder M Music Makes You Happier GG Aim for the Stars Healthy Hands	23 V Tour de Legacy K Inspired Tales CC Crunchy Corn & Avocado Salad Relax & Recharge A DIY Sharpie Mugs M Sensory Scentscape GG Lollipop Paddle Healthy Hands	24 V Dance, Dance K American Landmarks CC Hawaiian Poke Cake Relax & Recharge A Fairy Garden Mason Jar Topper M UpBeat with Harry Belafonte GG What Belongs Together? Healthy Hands	25 V Water Balloon Toss K Roll to 20 CC Fresh Pico de Gallo Relax & Recharge A Sun Print Wall Art M Create a Booming Song! GG Soccer/"Futbol" Healthy Hands	26 V Paris, France Walking Tour K Let's Spell Summer CC Cucumber Caprese Salad Relax & Recharge A Corn Syrup Painting M Shake It Up, Baby! GG Ladder Ball Healthy Hands	27 V Disc Golf K Best Friends CC Poolside Hawaiian Dip Relax & Recharge A Glue Batik Aprons M August Happy Hour GG Word Works Healthy Hands	28 V Olympic Ring Toss K Summer Colors CC Farmer's Market Salad Relax & Recharge A Stained Glass Painting M Celebrate Easy Listening GG State Plate Game Healthy Hands
29 V Spiderman Workout K Affirming Friends CC Pineapple Coleslaw Relax & Recharge A Mason Jar Tissue Holder M Music Makes You Happier GG Aim for the Stars Healthy Hands	30 V Tour de Legacy K Inspired Tales CC Glazed Lemon Cookies Relax & Recharge A Create a Sensory Book M Sensory Scentscape GG Lollipop Paddle Healthy Hands	31 V Dance, Dance K American Landmarks CC English Muffin Pizzas Relax & Recharge A Have a Gentle Conversation M UpBeat with Harry Belafonte GG What Belongs Together? Healthy Hands	A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality			