

Summer Corn, Tomato, and Salmon Salad with Za'atar Dressing Recipe

When we think of summer foods, it can be easy for our minds to go straight to the smell of burgers and bratwursts being prepared on the grill. For those looking for something different, however, this summer corn, tomato, and salmon salad recipe is sure to hit the spot!

Ingredients

- Kosher salt
- 2 lemons
- 3 garlic cloves, crushed
- 3 sprigs thyme
- 3 bay leaves, preferably fresh
- 1/2 cup extra-virgin olive oil
- 4 teaspoons za'atar, plus more for serving
- 5 ears corn on the cob, husked
- 4 (5–6-ounce) skinless salmon fillets
- 2 medium heirloom tomatoes, cut into wedges (about 1 1/2 pounds)
- 1/2 red onion, thinly sliced
- Baby arugula or other baby greens (for serving)

Directions

- Salt a large pot of water, slice half of one lemon, then add water along with garlic, thyme, and bay leaves. Bring to a boil. Let boil for at least 3 minutes and up to 10 to infuse water.
- Whisk oil, 3 Tbsp. lemon juice, 4 tsp. za'atar, and 1 tsp. salt in a small bowl.
- Add corn to boiling water. Cook until bright yellow and tender for about six minutes, then move to a plate.
- Set heat to low, add salmon, and poach until cooked through (about 5 minutes). Move to a cutting board and flake into chunks.



- Slice corn off cob into a large bowl. Add tomatoes and onion, then toss with 1/2 cup dressing.
- Add flaked salmon to corn mixture and gently toss to coat with dressing. Move to a serving platter or separate among plates. Top with arugula, then drizzle with dressing. Serve with additional za'atar.

*Picture from Emma Fishman,
food styling by Anna Stockwell.
Recipe provided by epicurious.com.*

Happy Birthday!

Residents

Wynona Y.	August 04
Marilyn B.	August 07
Margene W.	August 10
William T.	August 11
Edward T.	August 12
Benjamin B.	August 14
Nancy D.	August 17
Ronald S.	August 18
Dorothy M.	August 19
Dorothy K.	August 19
Joseph D.	August 24
Richard L.	August 31

Staff

Moriah B.	August 02
Charrisse H.	August 05
Janice B.	August 08
Jacqueline R.	August 09
Madicyn T.	August 10
Cheryl W.	August 13
Brittney B.	August 16
Angela H.	August 28
Ashley C.	August 30

Executive Director Corner

Happy July, everyone! I hope that you're enjoying cooling down from the heat and the easing of restrictions, because summer is officially in full swing – and we have a lot to celebrate.

Our "Traditions Around The World" Theme Year continues this month with our latest Theme Week – **France**. Taking place from July 12th – July 15th, this theme week will see our campus filled with blue, white, and red colors as we celebrate the sights, sounds, and smells of France from the comfort of home. Be sure to ask to our Life Enrichment Director about all

of the incredible activities we have planned! *C'est l'heure de faire la fête (it's party time!)*.

As we begin celebrating our independence from COVID-19, we're also excited to be kicking off our **Independence from Hunger** food drive. Over the course of the past 5 years, we have been able to raise more than 7.3 million pounds of food to support local food banks across the Midwest. Talk to a team member today to learn about how you can participate!

Have a great month,

Stephanie Anderson
Executive Director

ACTIVITIES CORNER



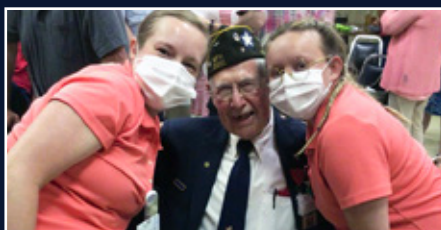
Bob W. with his big catch for the day!



Fishing is one of our favorite outside activities!

Featured Resident: Tom G.

Tom was Honored by the French Government for his services in WW2. We thank you for all you have done for our country Tom!



Tom G. was all smiles accepting his award!

Happy Hour



Dance parties are always a hit at Happy Hour!



Robin & Ben are having a blast at Happy Hour!

More from Activities Corner



Annie and Jamie!



Ed T. his catch he found quite adorable!



WHITE OAK

HEALTH CAMPUS

A Trilogy Senior Living Community

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Monticello, IN 47960

574-583-0324

whiteoakhc.com |  

Stephanie Anderson

Executive Director

Judy Ramussen

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Alicia Berning

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Program Director

Joelyn Flotow

Life Enrichment Director

Larry Cates

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Rodger Clendenen

Director of Plant Services

Jason Wafford

Director of Legacy Neighborhood

Connie Cates

Director of Environmental Services

Stay in the Loop  

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

We strive to provide the best customer
service and quality care for our residents.

Our Department Leaders are here
to solve any concerns you may have.

In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com

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Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: What was the name of the United States' first national monument?

Question 2: What year did Disney Land open?

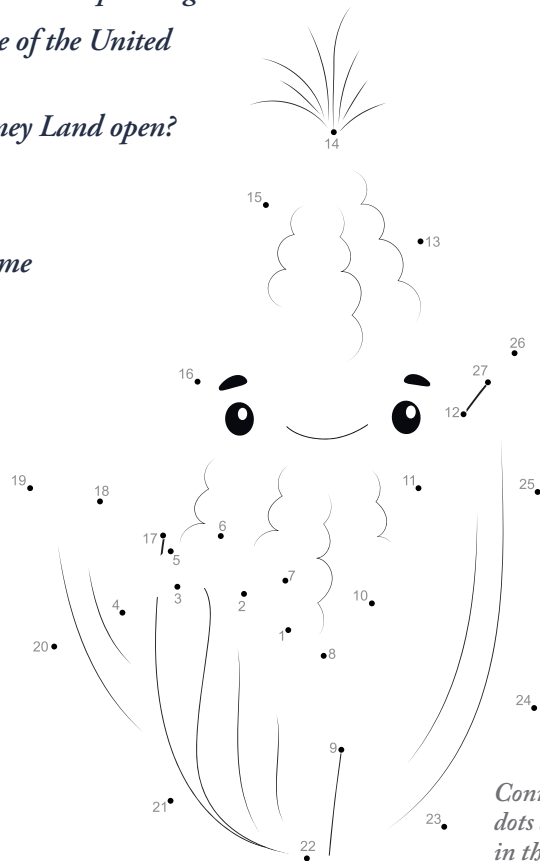
Question 3: How many colors are there in a rainbow?

Question 4: What is the nickname of the state of California?

Question 5: Which state is home to Area 51?

Flip the page for last month's trivia answers:

Q1: The Fourth of July celebrates the Declaration of Independence
Q2: What is the name of the largest planet in our solar system? Jupiter
Q3: What is the name of the local jazz group that performed "I Don't Want To Set The World On Fire"? The Ink Spots
Q4: In what year was the 19th amendment ratified? 1920
Q5: On what day does the summer solstice occur? June 20th



Connect the dots and color in the image!

Word Search

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ARUGULA

BOIL

BRATWURST

BURGER

CORN

FLAKES

FOOD

GARLIC

LEMON

ONION

SALAD

SALMON

SUMMER

THYME

TOMATOES

WATER