



## Summer Corn, Tomato, and Salmon Salad with Za'atar Dressing Recipe

When we think of summer foods, it can be easy for our minds to go straight to the smell of burgers and bratwursts being prepared on the grill. For those looking for something different, however, this summer corn, tomato, and salmon salad recipe is sure to hit the spot!

### Ingredients

- Kosher salt
- 2 lemons
- 3 garlic cloves, crushed
- 3 sprigs thyme
- 3 bay leaves, preferably fresh
- 1/2 cup extra-virgin olive oil
- 4 teaspoons za'atar, plus more for serving
- 5 ears corn on the cob, husked
- 4 (5–6-ounce) skinless salmon fillets
- 2 medium heirloom tomatoes, cut into wedges (about 1 1/2 pounds)
- 1/2 red onion, thinly sliced
- Baby arugula or other baby greens (for serving)

### Directions

- Salt a large pot of water, slice half of one lemon, then add water along with garlic, thyme, and bay leaves. Bring to a boil. Let boil for at least 3 minutes and up to 10 to infuse water.
- Whisk oil, 3 Tbsp. lemon juice, 4 tsp. za'atar, and 1 tsp. salt in a small bowl.
- Add corn to boiling water. Cook until bright yellow and tender for about six minutes, then move to a plate.
- Set heat to low, add salmon, and poach until cooked through (about 5 minutes). Move to a cutting board and flake into chunks.
- Slice corn off cob into a large bowl. Add tomatoes and onion, then toss with 1/2 cup dressing.
- Add flaked salmon to corn mixture and gently toss to coat with dressing. Move to a serving platter or separate among plates. Top with arugula, then drizzle with dressing. Serve with additional za'atar.



*Picture from Emma Fishman,  
food styling by Anna Stockwell.  
Recipe provided by epicurious.com.*

# Happy Birthday!

## Residents

Joyce K.	August 03
Thomas P.	August 14
Mildred Y.	August 16
Francis F.	August 16
Bonnie R.	August 22
Rosie S.	August 24
Elaine G.	August 27
David B.	August 27
Vivian M.	August 29
Dorothy S.	August 29
Bonnie B.	August 31

## Staff

Maximillian E.	August 07
Lania D.	August 08
Therese C.	August 09
Kaelin W.	August 11
Kayla M.	August 13
Ilana S.	August 16
Kelsey D.	August 18
Abigail J.	August 19
Paula C.	August 20
Rebecca B.	August 20
Charles W.	August 21
Desiree S.	August 23
James B.	August 26
Heather C.	August 27
Renee M.	August 27
Michele B.	August 28
Stephanie C.	August 30
Sydney T.	August 31
Laura H.	August 31
Ariel S.	August 31

## Artisan Program

Residents always have a blast showing off their creativity. Last month we did a firework painting in honor of The Fourth of July.



## Executive Director Corner

Welcome to August, everyone! It is hard to

believe that we're already more than halfway through the year, but with so many great things having taken place during this summer alone, I'll just chalk it up to the adage of "time flies when you're having fun."

Those who have been active on our campus know that we recently celebrated another incredible Theme Week – this time celebrating the sights, sounds, and smells of **France**. It was great reuniting with old friends, seeing new faces, and coming together to enjoy delicious meals such as the

lemon curd crapes, blood orange chocolate tart, and of course, our signature Crème Brule. Thank you to everyone who came together to make this such a special event!

As we continue our journey through the summer and begin looking forward to the fall, we will let you know about even more outings, cookouts, and community events that are sure to excite even the most adventurous members of the Trilogy family. Look forward to hearing about all of this and more in the coming days and weeks!

Have a great month,

*Tori Harper*

Executive Director

## COMMUNITY CONNECTIONS

We would like to thank our local Eagle Scout Troop for beautifying our grounds! They cleaned out our pond, planted shade trees, planted flowers, made us wheelchair accessible planters, and paved a spot for our benches to sit on!





# ACTIVITIES CORNER

During the summer months we like to take advantage of beautiful summer days! Look at our monthly calendar for fun outdoor games and outdoor entertainment!



## Chef's Corner

Chef Jamie loves to participate in National Days! We have grown to love celebrating with her because of the delicious treats!



## Out and About



Every Thursday we enjoy a community outing to a restaurant, park, ice cream

shoppe, or just a country drive! If you would like to participate in an outing sign up with a member of activities! In order to participate in outings, it is required that you have both of your vaccination shots!

## Trilogy Fit

Every morning we start the day off with Trilogy Fit! Trilogy fit helps start the day right and gives an extra boost of energy!





**THE VILLAGES**  
AT HISTORIC SILVERCREST  
*A Trilogy Senior Living Community*

**1 Silvercrest Drive**  
(formerly 1809 Old Vincennes Rd)  
New Albany, IN 47150  
812-542-6720  
villagesatsilvercrest.com |

*Tori Harper*  
Executive Director

*Rebecca Bowling*  
Director of Health Services

*Andy Griffin*  
Asst. Director of Health Services

*Ashley Hoggatt*  
MDS Coordinator

*Therese Casper*  
Social Services Director

*Amy Pittman*  
Community Services Representative

*Sierra Headrick*  
Life Enrichment Director

*Elisabeth Petty*  
Villa Lifestyle Director

*Kyle Nunley*  
Environmental Service Director

*Jamie Babcock*  
Director of Food Services

*Eddie Woodruff*  
Director of Plant Operations

*Betty Galligan*  
Director of Assisted Living

*April Alday*  
Therapy Program Director

*Max Enlow*  
Customer Service Specialist

**Stay in the Loop**

Keep up with latest campus news and happenings by following us on your favorite social networks!

*We strive to provide the best customer service and quality care for our residents.*

*Our Department Leaders are here to solve any concerns you may have.*

*In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or [comply@trilogybs.com](mailto:comply@trilogybs.com)*

*Newsletter Production by [PorterOneDesign.com](http://PorterOneDesign.com)*

# Monthly Trivia & Activity Corner

*All trivia answers will be printed in our upcoming month's newsletter!*

**Question 1:** *What was the name of the United States' first national monument?*

**Question 2:** *What year did Disney Land open?*

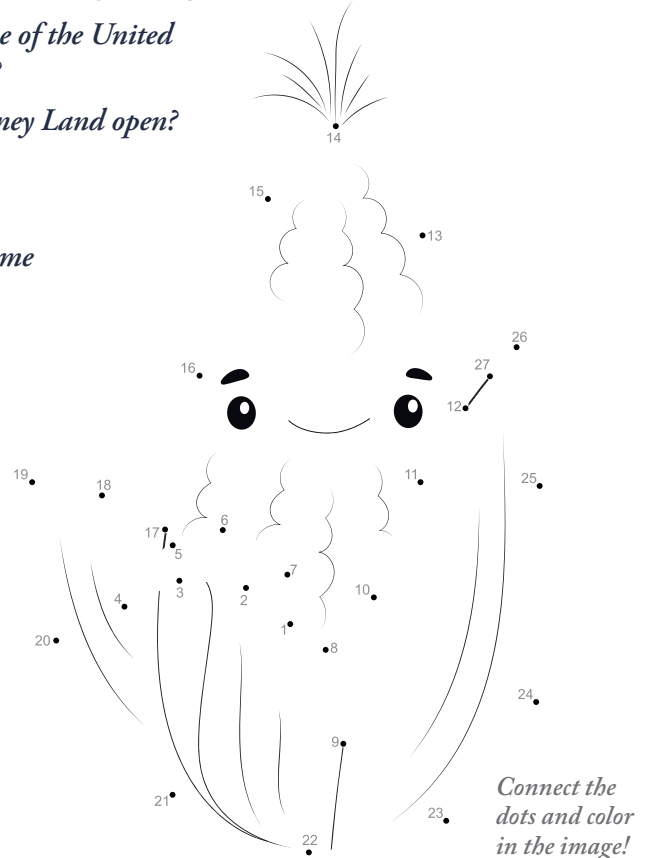
**Question 3:** *How many colors are there in a rainbow?*

**Question 4:** *What is the nickname of the state of California?*

**Question 5:** *Which state is home to Area 51?*

*Flip the page for last month's trivia answers:*

*Q1: The Fourth of July celebrates the Declaration of Independence*  
*Q2: What is the name of the largest planet in our solar system? Jupiter*  
*Q3: What is the name of the local jazz group that performed "I Don't Want To Set The World On Fire"? The Ink Spots*  
*Q4: In what year was the 19th amendment ratified? 1920*  
*Q5: On what day does the summer solstice occur? June 20th*



## Word Search

S	A	R	F	C	O	R	N	X	G	N	T	J	Q	M	S	T	M	M
M	N	B	S	O	B	T	J	L	L	E	M	O	N	W	K	Z	Y	S
L	I	M	Z	S	W	P	I	K	J	E	O	G	U	D	C	C	E	R
W	O	P	A	I	J	D	N	V	L	X	X	D	I	F	J	K	C	V
D	B	D	D	N	O	G	O	Y	L	M	Q	E	Q	V	A	D	G	R
R	U	R	Q	A	C	A	I	D	O	A	V	G	E	L	R	H	H	A
F	M	Y	A	V	B	G	G	W	A	T	E	R	F	J	U	L	W	A
Q	O	U	G	T	F	F	G	A	R	L	I	C	C	R	G	Q	Y	Y
H	S	O	U	X	W	V	J	Z	L	R	F	S	Y	D	U	T	D	M
O	R	P	D	T	K	U	M	T	I	Y	Y	D	Q	M	L	Z	O	O
F	P	J	V	J	J	V	R	I	O	E	X	T	H	K	A	G	H	F
B	S	L	D	W	B	B	T	S	K	M	J	F	Q	A	N	Q	R	V
S	T	G	U	B	F	L	I	U	T	S	A	L	M	O	N	Q	Q	T
V	U	D	F	U	N	Z	P	V	B	B	D	T	I	B	H	J	E	T
D	B	M	U	R	S	C	S	E	O	K	H	N	O	R	N	C	Y	E
U	G	S	M	G	U	T	C	A	I	S	O	F	J	E	Y	M	J	I
A	G	X	O	E	J	Q	F	F	L	Y	G	V	E	H	S	I	N	R
H	A	F	K	R	R	W	I	G	Y	A	F	I	Y	Z	J	P	T	D
J	T	S	W	U	W	T	H	Y	M	E	D	P	L	T	Z	Z	G	T

ARUGULA

BOIL

BRATWURST

BURGER

CORN

FLAKES

FOOD

GARLIC

LEMON

ONION

SALAD

SALMON

SUMMER

THYME

TOMATOES

WATER