



THE OAKS
AT NORTHPOINTE

A Trilogy Senior Living Community

Outlook

August 2021

Summer Corn, Tomato, and Salmon Salad with Za'atar Dressing Recipe

When we think of summer foods, it can be easy for our minds to go straight to the smell of burgers and bratwursts being prepared on the grill. For those looking for something different, however, this summer corn, tomato, and salmon salad recipe is sure to hit the spot!

Ingredients

- Kosher salt
- 2 lemons
- 3 garlic cloves, crushed
- 3 sprigs thyme
- 3 bay leaves, preferably fresh
- 1/2 cup extra-virgin olive oil
- 4 teaspoons za'atar, plus more for serving
- 5 ears corn on the cob, husked
- 4 (5–6-ounce) skinless salmon fillets
- 2 medium heirloom tomatoes, cut into wedges (about 1 1/2 pounds)
- 1/2 red onion, thinly sliced
- Baby arugula or other baby greens (for serving)

Directions

- Salt a large pot of water, slice half of one lemon, then add water along with garlic, thyme, and bay leaves. Bring to a boil. Let boil for at least 3 minutes and up to 10 to infuse water.
- Whisk oil, 3 Tbsp. lemon juice, 4 tsp. za'atar, and 1 tsp. salt in a small bowl.
- Add corn to boiling water. Cook until bright yellow and tender for about six minutes, then move to a plate.
- Set heat to low, add salmon, and poach until cooked through (about 5 minutes). Move to a cutting board and flake into chunks.



- Slice corn off cob into a large bowl. Add tomatoes and onion, then toss with 1/2 cup dressing.
- Add flaked salmon to corn mixture and gently toss to coat with dressing. Move to a serving platter or separate among plates. Top with arugula, then drizzle with dressing. Serve with additional za'atar.

*Picture from Emma Fishman,
food styling by Anna Stockwell.
Recipe provided by epicurious.com.*

Happy Birthday!

Residents

Kathy A.	8/03
Imogene W.	8/03
Mari B.	8/06
Ronnie M.	8/11
Alice S.	8/11
Sandee V.	8/14
Jimmie S.	8/14
Winona S.	8/14
Jerry P.	8/15
Susan R.	8/17
Barbara W.	8/22
Nancy M.	8/25

Staff

Cheryl S.	8/02
Effie B.	8/04
Jennifer H.	8/09
Terris H.	8/09
Zoe C.	8/10
Rebecca J.	8/12
Barbara G.	8/12
Savanna M.	8/13
Dale R.	8/19
Jessica P.	8/27

Executive Director Corner

Welcome to August, everyone! It's hard to believe that we're already more than halfway through the year, but with so many great things having taken place during this summer alone, I'll just chalk it up to the adage of "time flies when you're having fun."

Those who have been active on our campus know that we recently celebrated another incredible Theme Week – this time celebrating the sights, sounds, and smells of **France**. It was great reuniting with old friends, seeing new faces, and coming together to enjoy delicious meals such as the lemon curd crapes, blood orange chocolate tart, and of

course, our signature Crème Brule. Thank you to everyone who came together to make this such a special event!

As we continue our journey through the summer and begin looking forward to the fall, we'll be letting you know about even more outings, cookouts, and community events that are sure to excite even the most adventurous members of the Trilogy family. Look forward to hearing about all of this and more in the coming days and weeks!

Have a great month,

Megan Guthrie

Executive Director

BFF Program Spotlight

Our legacy lane BFF's enjoyed time on the porch with karaoke and homemade lemonade! What better way to spend a warm summer day than on the porch with good company and sweet lemonade?



Residents and Staff Singing with the Tunes



Karma having a wonderful time



Joann enjoying the weather

Activities Corner

We sure are having fun this summer with creative art ideas. Take a look at our squirt gun art as we designed tie dye t-shirts and decorated the staff. We also hosted an Alzheimer's Walk at our Facility in honor of the Longest Day.



Activity Staff Sporting their Tie Dye Shirts



Alzheimer's Walk



Imogene creating a Colorful Shirt



Residents and Staff having Fun

LIVE A DREAM

We made Kathy's Dream come true by getting her a tattoo she has always wanted. She enjoyed a day at The House of Pain and lunch at Longhorn Steak House for her special day.



Kathy's Dragon Tattoo



Ticky (tattoo artist) and Kathy



Kathy Megan and Deidre at the Tattoo Shop

Volunteers Needed

We are always looking for volunteers that would like the opportunity to enhance the lives of others as well as their own. It can be something as simple as talking with a resident, playing cards, putting a puzzle together, calling bingo, painting fingernails or using your unique talents to lead a group program. Please contact Deidre or a member of our Life Enrichment team at 740-452-3000 for more information.

Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus link oaksatnorthpointe.com.

The Private Dining Room, Recreation Room, and Activity Room can be reserved for family parties and community groups. Please contact a member of Life Enrichment for details.

Happy Hour is weekly and starts at 3:00pm on Fridays, join us and enjoy unique foods and beverages as we have different weekly themes. Happy Hour is held at Putnam Landing.

The Trilogy Foundation grants Live a Dream to residents wishing to relive an experience or engage in something they have always wanted to try. See a member of Life Enrichment for details.



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3291 Northpointe Drive

Zanesville, OH 43701

740-452-3000

oaksatnorthpointe.com |  

Megan Guthrie
Executive Director

Melissa Mourer
Director of Health Services

Cherish Bullard
Assistant Director of Health Services

Cassie Riffie
Community Service Representative

Stephanie Swendryck
Resident Services Director

Deidre Hasel
Life Enrichment Director

Ambra Cowen
Director of Food Services

Teresa Ott
Business Office Manager

Joe Metz
Director of Plant Operations

TBD
Environmental Services Director

Jennifer Fisher
MDS Director

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: *What was the name of the United States' first national monument?*

Question 2: *What year did Disney Land open?*

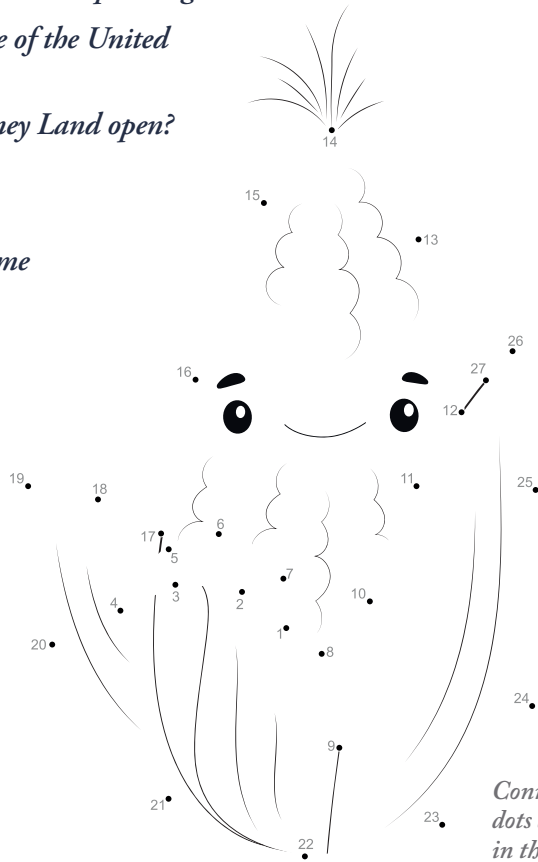
Question 3: *How many colors are there in a rainbow?*

Question 4: *What is the nickname of the state of California?*

Question 5: *Which state is home to Area 51?*

Flip the page for last month's trivia answers:

Q1: The Fourth of July celebrates the
Declaration of Independence
Q2: What is the name of the largest planet
in our solar system? Jupiter
Q3: What is the name of the local jazz
group that performed "I Don't Want To
Set The World On Fire"? The Ink Spots
Q4: In what year was the 19th
amendment ratified? 1920
Q5: On what day does the summer solstice
occur? June 20th



*Connect the
dots and color
in the image!*

Word Search

S	A	R	F	C	O	R	N	X	G	N	T	J	Q	M	S	T	M	M
M	N	B	S	O	B	T	J	L	L	E	M	O	N	W	K	Z	Y	S
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ARUGULA

BOIL

BRATWURST

BURGER

CORN

FLAKES

FOOD

GARLIC

LEMON

ONION

SALAD

SALMON

SUMMER

THYME

TOMATOES

WATER