



RIVER POINTE

HEALTH CAMPUS

A Trilogy Senior Living Community

News

August 2021

Summer Corn, Tomato, and Salmon Salad with Za'atar Dressing Recipe

When we think of summer foods, it can be easy for our minds to go straight to the smell of burgers and bratwursts being prepared on the grill. For those looking for something different, however, this summer corn, tomato, and salmon salad recipe is sure to hit the spot!

Ingredients

- Kosher salt
- 2 lemons
- 3 garlic cloves, crushed
- 3 sprigs thyme
- 3 bay leaves, preferably fresh
- 1/2 cup extra-virgin olive oil
- 4 teaspoons za'atar, plus more for serving
- 5 ears corn on the cob, husked
- 4 (5–6-ounce) skinless salmon fillets
- 2 medium heirloom tomatoes, cut into wedges (about 1 1/2 pounds)
- 1/2 red onion, thinly sliced
- Baby arugula or other baby greens (for serving)

Directions

- Salt a large pot of water, slice half of one lemon, then add water along with garlic, thyme, and bay leaves. Bring to a boil. Let boil for at least 3 minutes and up to 10 to infuse water.
- Whisk oil, 3 Tbsp. lemon juice, 4 tsp. za'atar, and 1 tsp. salt in a small bowl.
- Add corn to boiling water. Cook until bright yellow and tender for about six minutes, then move to a plate.
- Set heat to low, add salmon, and poach until cooked through (about 5 minutes). Move to a cutting board and flake into chunks.



- Slice corn off cob into a large bowl. Add tomatoes and onion, then toss with 1/2 cup dressing.
- Add flaked salmon to corn mixture and gently toss to coat with dressing. Move to a serving platter or separate among plates. Top with arugula, then drizzle with dressing. Serve with additional za'atar.

*Picture from Emma Fishman,
food styling by Anna Stockwell.
Recipe provided by epicurious.com.*

Happy Birthday!

Residents

Dorothy G.	8/04
Theda S.	8/09
Patsy W.	8/11
Judith W.	8/16
Dorothy W.	8/17
Patricia F.	8/17
June A.	8/19
Arlene C.	8/23
Susan W.	8/28
David A.	0/31

Staff

Jessica D.	8/06
Kian W.	8/11
Sierra O.	8/13



Executive Director Corner

Welcome to August, everyone!

It is hard to believe that we're already more than halfway through the year, but with so many great things having taken place during this summer alone, I'll just chalk it up to the adage of "time flies when you're having fun."

Those who have been active on our campus know that we recently celebrated another incredible Theme Week – this time celebrating the sights, sounds, and smells of **France**. It was great reuniting with old friends, seeing new faces, and coming together to enjoy delicious meals such as the lemon curd crapes, blood

orange chocolate tart, and of course, our signature Crème Brule. Thank you to everyone who came together to make this such a special event!

As we continue our journey through the summer and begin looking forward to the fall, we'll be letting you know about even more outings, cookouts, and community events that are sure to excite even the most adventurous members of the Trilogy family. Look forward to hearing about all of this and more in the coming days and weeks!

Have a great month,

Jordan Shots

Executive Director

Activities Corner

To beat the July heat on the weekend residents Edith H. and Mary L. work on a puzzle in the Round Table Room.



ARTISAN PROGRAM

On the weekends we have our Mindful Mandala program happening. Pictured below are Darlene B., Mary Yvonne B. and Emma Ruth L. coloring their beautiful Mandalas!



Campus in Color

Our volunteer Debbie decided to come back for round two of planting flowers at River Pointe. Even though her crowd was not made of many, she still had two great helpers helping her on one of the hotter days of July!



TrilogyFit SoulFit is going to be starting up in August, so come join us to get a better grasp on your mental and social well-being!

COMMUNITY CONNECTIONS

Natalie Wilhelm from Ascension Complete has started to sponsor BINGO for our residents, with being a sponsor she brings prizes that include snacks and some other fun items for the residents to win.



Inspired Living

Lately we have been feeling inspired as Deacon Will from Good Shepard Catholic Church. He comes every Wednesday at 9:00am for Communion Service for our residents.





RIVER POINTE

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3001 Galaxy Drive

Evansville, IN 47715

812-475-2822

riverpointehs.com |  

Jordan Shots
Executive Director

TBD
Director of Health Services

Megan Hoppel
Assistant Director of Health Services

Jake Hicks
Customer Service Representative

Stephanie Sellars
Business Office Manager

Megan Kendrick
Life Enrichment Director

Elizabeth Harrison
Social Services Director

Camelia Seger
Therapy Program Coordinator

Megan Kraft
Director of Food Services

Steve Talbert
Director of Plant Operations

Teresa Lovelace
Environmental Service Director

Stay in the Loop  

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: *What was the name of the United States' first national monument?*

Question 2: *What year did Disney Land open?*

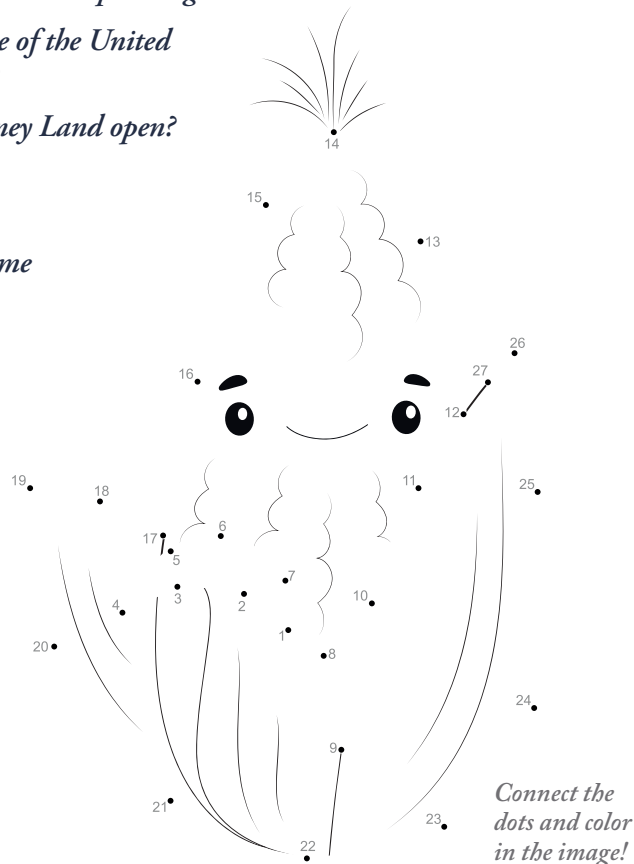
Question 3: *How many colors are there in a rainbow?*

Question 4: *What is the nickname of the state of California?*

Question 5: *Which state is home to Area 51?*

Flip the page for last month's trivia answers:

Q1: The Fourth of July celebrates the Declaration of Independence
Q2: What is the name of the largest planet in our solar system? Jupiter
Q3: What is the name of the local jazz group that performed "I Don't Want To Set The World On Fire"? The Ink Spots
Q4: In what year was the 19th amendment ratified? 1920
Q5: On what day does the summer solstice occur? June 20th



Word Search

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ARUGULA
BOIL
BRATWURST
BURGER

CORN
FLAKES
FOOD
GARLIC

LEMON
ONION
SALAD
SALMON

SUMMER
THYME
TOMATOES
WATER