

Summer Corn, Tomato, and Salmon Salad with Za'atar Dressing Recipe

When we think of summer foods, it can be easy for our minds to go straight to the smell of burgers and bratwursts being prepared on the grill. For those looking for something different, however, this summer corn, tomato, and salmon salad recipe is sure to hit the spot!

Ingredients

- Kosher salt
- 2 lemons
- 3 garlic cloves, crushed
- 3 sprigs thyme
- 3 bay leaves, preferably fresh
- 1/2 cup extra-virgin olive oil
- 4 teaspoons za'atar, plus more for serving
- 5 ears corn on the cob, husked
- 4 (5–6-ounce) skinless salmon fillets
- 2 medium heirloom tomatoes, cut into wedges (about 1 1/2 pounds)
- 1/2 red onion, thinly sliced
- Baby arugula or other baby greens (for serving)

Directions

- Salt a large pot of water, slice half of one lemon, then add water along with garlic, thyme, and bay leaves. Bring to a boil. Let boil for at least 3 minutes and up to 10 to infuse water.
- Whisk oil, 3 Tbsp. lemon juice, 4 tsp. za'atar, and 1 tsp. salt in a small bowl.
- Add corn to boiling water. Cook until bright yellow and tender for about six minutes, then move to a plate.
- Set heat to low, add salmon, and poach until cooked through (about 5 minutes). Move to a cutting board and flake into chunks.



- Slice corn off cob into a large bowl. Add tomatoes and onion, then toss with 1/2 cup dressing.
- Add flaked salmon to corn mixture and gently toss to coat with dressing. Move to a serving platter or separate among plates. Top with arugula, then drizzle with dressing. Serve with additional za'atar.

*Picture from Emma Fishman,
food styling by Anna Stockwell.
Recipe provided by epicurious.com.*

Happy Birthday!

Residents

James B.	8/03
Janice B.	8/04
Preston F.	8/06
Cora B.	8/07
Lester S.	8/13
Teresa L.	8/14
Terry R.	8/21
John M.	8/21
Dorothy D.	8/27
Kurt S.	8/31

Staff

John M.	8/03
Amanda B.	8/05
Jennifer T.	8/06
Rhonda M.	8/10
Michelle K.	8/11
Leah S.	8/15
Victoria G.	8/16
Maggie B.	8/17
Linda P.	8/22
Evelyn S.	8/22
Sheyanna L.	8/23
Kellee C.	8/27
Silver M.	8/29
Rebecca O.	8/29
Laura W.	8/30
Curtis D.	8/30
Kathleen S.	8/31

Executive Director Corner

Welcome to August, everyone! It's hard to believe that we're already more than halfway through the year, but with so many great things having taken place during this summer alone, I'll just chalk it up to the adage of "time flies when you're having fun."

Those who have been active on our campus know that we recently celebrated another incredible Theme Week – this time celebrating the sights, sounds, and smells of France. It was great reuniting with old friends, seeing new faces, and coming together to enjoy delicious meals such as the lemon curd crapes, blood orange chocolate tart, and of

course, our signature Crème Brûlée. Thank you to everyone who came together to make this such a special event!

As we continue our journey through the summer and begin looking forward to the fall, we'll be letting you know about even more outings, cookouts, and community events that are sure to excite even the most adventurous members of the Trilogy family. Look forward to hearing about all of this and more in the coming days and weeks!

Have a great month,

Stephanie Miller

Executive Director

Themed Day – Flamingo Fest!

We celebrated Flamingo Fest recently with feathers, refreshments and live music outdoors! We are excited to offer our residents live music again in an outdoor setting. Residents enjoyed fun Flamingo Shenanigans!



Did You Know...?

We are excited to invite Volunteers back into our buildings! Would you like to help with Bingo or Trivia Games? Would you like to help with a History Lesson of the Month? Please contact the Life Enrichment Department.



More from Themed Day – Flamingo Fest!

Taste of Town

Our featured restaurant for Taste of Town is Penn Station, which will be served to our residents on August 12th.

Taste of Town is a Trilogy Service Standard whereby once a month our campus connects with a local restaurant to provide a full meal from the restaurant menu and provides a restaurant like experience for the residents at the campus. The Taste of Town meal replaces the meal that is scheduled for that day.



Happy Hour

Every Friday afternoon our campus celebrates Happy Hour! Our residents enjoy a social time with refreshments and music. Check out some of our themes for August!

August 05:
Donut Day

August 06:
Happy Hour – Summer Fiesta

August 13:
Happy Hour – Resident's
Birthday Party

August 20:
Happy Hour – Honey Bee's

August 27:
Happy Hour – National
Popsicle Day





RIDGEWOOD

HEALTH CAMPUS

A Trilogy Senior Living Community

**181 Campus Drive
Lawrenceburg, IN 47025
812-537-5700
ridgewoodhs.com |  **

*Stephanie Miller
Executive Director*

*Rhonda McCrory
Director of Health Services*

*Kaci Manson
Social Services Director*

*Mark Heath
Scheduler*

*Kellee Couch
Legacy Neighborhood Director*

*Jennifer LaForge
Life Enrichment Director*

*Jeff Wickersham
Director of Plant Operations*

*Jennifer Taulbee
Environmental Services Director*

*Tonda Denton
Customer Service Representative*

*Abby Siebert
Director of Food Services*

*Ashlee Kemme
Business Office Manager*

*Amy Ashcraft
AP/Payroll*

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: *What was the name of the United States' first national monument?*

Question 2: *What year did Disney Land open?*

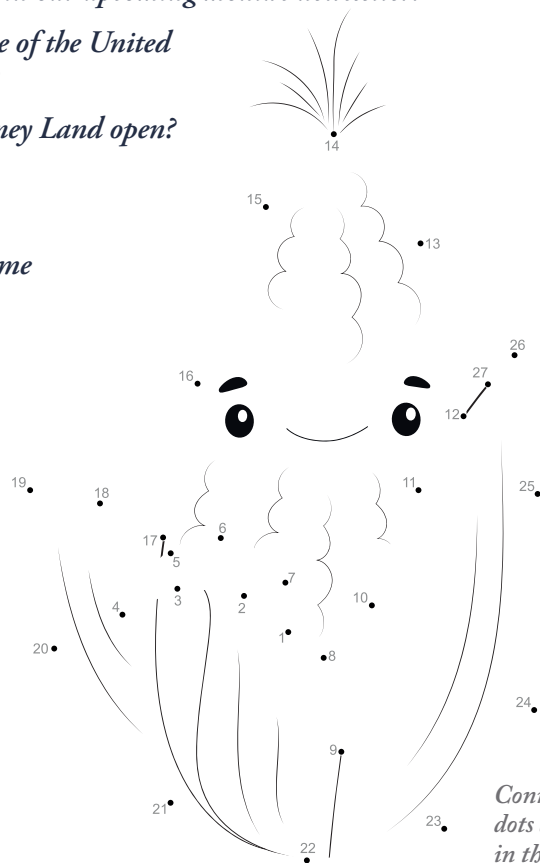
Question 3: *How many colors are there in a rainbow?*

Question 4: *What is the nickname of the state of California?*

Question 5: *Which state is home to Area 51?*

Flip the page for last month's trivia answers:

Q1: The Fourth of July celebrates the Declaration of Independence
Q2: What is the name of the largest planet in our solar system? Jupiter
Q3: What is the name of the local jazz group that performed "I Don't Want To Set The World On Fire"? The Ink Spots
Q4: In what year was the 19th amendment ratified? 1920
Q5: On what day does the summer solstice occur? June 20th



Connect the dots and color in the image!

Word Search

S	A	R	F	C	O	R	N	X	G	N	T	J	Q	M	S	T	M	M
M	N	B	S	O	B	T	J	L	L	E	M	O	N	W	K	Z	Y	S
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ARUGULA
BOIL
BRATWURST
BURGER

CORN
FLAKES
FOOD
GARLIC

LEMON
ONION
SALAD
SALMON

SUMMER
THYME
TOMATOES
WATER