

August Birthdays



Barb 12th

Linda 12th

Frank 17th

Roger 23rd

Beverly J. 24th

August events

Dog days of summer luncheon 25th

Water melon day 3rd

National smile day 5-11



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August 2020

Our Management Team

Community Manager:

Health Care Coordinator:

Nancy Carrasquillo

Life Enrichment Coordinator:

Terese Voll

Culinary Coordinator:

Regina O'Malley

Maintenance Coordinator:

Mel Reyna

Community Relations Coordinator:

Rani Griffins

Atrium Staff

Welcome Nancy Carrasquillo (Health Care Coordinator)

Read about her experience she brings to the Atrium under our leadership team.

Welcome Tammy Helton and Shiela Donaldson to the kitchen.

Welcome Resident Care.. Charmaine Clark, Kawana Haynes, Kaniyah Young and Ganesta Ricardson.

We are glad you are here!

Featured staff

Janice has been a nurse since 2002 Janice has been at the Atrium since January. Everyone teases her that it feels like she has been here for years.

Janice enjoys sitting down and chatting with the residents one on one. She also stated the staff here are very caring.

Featured resident (Linda)

Linda had a love for skydiving. She made hundreds of jumps and was certified. She went scuba diving without knowing how to swim, and sheet shooting. Linda also owned a motorcycle and enjoyed enjoying going for long rides.



Culinary Coordinator-Regina O'Malley

It All Makes Sense

How many times have you heard we eat with our eyes? It is true the look of food can entice us and make our mouths water. Although the look of food can draw us in, we use all our senses when we eat. The smell of our favorite food in a restaurant and the anticipation of the taste. As we taste our food, we experience the blend of seasonings and sauces they are prepared in. So far, we have sight, smell and taste. Are you wondering how sound and touch play a role? Have you ever been to a restaurant where they serve hibachi style foods? You are sitting in a front row seat hearing the sizzle of the vegetables and meats as they are being prepared. You already have a sense of anticipation for the food being prepared and then you take that first bite, the crunch of the vegetables and texture of the meat has just come into play. Touch is a bit different as it may be the actual picking up the food or the texture of the foods as you eat them. Why are the senses so important? As a person ages or develops a more progressed dementia they lose some of the most important senses which can lead to a lack of desire to eat. It is important to appeal to as many senses as we can to make food as appealing as possible and draw them in. Focusing first on the appearance of food is a great place to appeal to their taste buds. How we present food, using color and edible garnishes is as important as the overall taste, but ultimately having a great dining experience should appeal to all our senses. The next time you head out for dinner take a minute to enjoy how all your senses make it a wonderful food experience not just a meal.

Community Manager-Heather Wiley

Heather Wiley, Community Director, last day with the Atrium was July 30th, she had been with the Atrium for almost 5 years. "I will miss everyone including all the families of the residents. This has been my home away from home for so long that everyone feels like family!" Heather is sad to leave but is very excited about her new job opportunity. "I will miss you all!!"



Life En-

richment Coordinator—Terese V

Comfort dogs are back !! Every third Saturday at 10:15 residents sure have missed them and staff too. Its important to work with as many senses especially in the late stage of Alzheimer's.

Health Care Coordinator-Nancy Carrasquillo

Nancy Carrasquillo is joined The Atrium with a position as Healthcare Coordinator. Her first day was Monday, June 21st.

Nancy has worked as a Registered Nurse for 30 years and the last 16 years she has worked in Management and Leadership. She has a degree in Nursing and Master's Degree in Organizational Leadership. She will be supervising the Nurses and Resident Assistants, basically be over the Nursing Services.

Nancy is married to high school sweetheart and has 2 daughters, Aymee and Ashley. Nancy was an Airforce wife for 21 years and husband re-tired in 2002. Nancy has 1 grandson, Isaiah and he is a junior at Judson University.

I am really excited to be the Healthcare Coordinator and be able to serve our residents with the best possible care.



Therapeutic Activities

Folding towels gives residents a sense of accomplishment.

Untying knots is a simple yet practical motor skills.

Playing music the residents likes is comforting

bringing back happy memories.

Make a rummage box Fill with memorabilia from the past is a way to help them remember their previous hobby or career.

Brain teaser

What is harder to catch the faster you run?

Your breath