

## Summer Corn, Tomato, and Salmon Salad with Za'atar Dressing Recipe

When we think of summer foods, it can be easy for our minds to go straight to the smell of burgers and bratwursts being prepared on the grill. For those looking for something different, however, this summer corn, tomato, and salmon salad recipe is sure to hit the spot!

### Ingredients

- Kosher salt
- 2 lemons
- 3 garlic cloves, crushed
- 3 sprigs thyme
- 3 bay leaves, preferably fresh
- 1/2 cup extra-virgin olive oil
- 4 teaspoons za'atar, plus more for serving
- 5 ears corn on the cob, husked
- 4 (5–6-ounce) skinless salmon fillets
- 2 medium heirloom tomatoes, cut into wedges (about 1 1/2 pounds)
- 1/2 red onion, thinly sliced
- Baby arugula or other baby greens (for serving)

### Directions

- Salt a large pot of water, slice half of one lemon, then add water along with garlic, thyme, and bay leaves. Bring to a boil. Let boil for at least 3 minutes and up to 10 to infuse water.
- Whisk oil, 3 Tbsp. lemon juice, 4 tsp. za'atar, and 1 tsp. salt in a small bowl.
- Add corn to boiling water. Cook until bright yellow and tender for about six minutes, then move to a plate.
- Set heat to low, add salmon, and poach until cooked through (about 5 minutes). Move to a cutting board and flake into chunks.



- Slice corn off cob into a large bowl. Add tomatoes and onion, then toss with 1/2 cup dressing.
- Add flaked salmon to corn mixture and gently toss to coat with dressing. Move to a serving platter or separate among plates. Top with arugula, then drizzle with dressing. Serve with additional za'atar.

*Picture from Emma Fishman,  
food styling by Anna Stockwell.  
Recipe provided by epicurious.com.*

# Happy Birthday!

## Residents

Mary W.	8/12
Shirley M.	8/13
Annabelle S.	8/15
Carol B.	8/16
Kenneth S.	8/18
Doris F.	8/18
Virginia D.	8/18
Doyle C.	8/19
Annette W.	8/25
Joe C.	8/29

## Staff

Virginia L.	8/6
Djenne M.	8/7
Fatoumatta J.	8/14
Connie L.	8/14
Aminata P.	8/15
Tina H.	8/19
Tyquana D.	8/20
Rhonda W.	8/20
Serenity T.	8/20
Linda H.	8/25
Alexis N.	8/27
Shameca B.	8/27
Tracy G.	8/29
Stephanie O.	8/29
Andrea R.	8/29

## Welcome Father Dismas!

The residents and staff of Franciscan Healthcare wish the warmest of welcomes to Father Dismas as he joins our Assisted Living community! We're so happy to announce that our Chapel is now open and we're having services 6 days each week!



*Father Dismas, standing in Franciscan's Chapel*



## Executive Director Corner

Welcome to August, everyone!  
It's hard to

believe that we're already more than halfway through the year, but with so many great things having taken place during this summer alone, I'll just chalk it up to the adage of "time flies when you're having fun."

Those who have been active on our campus know that we recently celebrated another incredible Theme Week – this time celebrating the sights, sounds, and smells of France. It was great reuniting with old friends, seeing new faces, and coming together to enjoy delicious meals such as the

lemon curd crapes, blood orange chocolate tart, and of course, our signature Crème Brule. Thank you to everyone who came together to make this such a special event!

As we continue our journey through the summer and begin looking forward to the fall, we'll be letting you know about even more outings, cookouts, and community events that are sure to excite even the most adventurous members of the Trilogy family. Look forward to hearing about all of this and more in the coming days and weeks!

Yours in Service,  
*Abdoulie Cham*  
Executive Director

## FATHER'S DAY FUN!

We "fished" all of our Fathers a "Happy Father's Day" with treat filled tackle boxes, personalized greeting cards, model cars and balloon bouquets – they loved it!



*Our Father's Day tackle boxes were a hit!*



*Leonard is all smiles as he celebrates Father's Day!*



# "Sweets" for the Sweet!

We have found our "sweet tooth" this Summer at Franciscan – whether it's enjoying a chocolate ice cream cone during National Chocolate Ice Cream Day or reminiscing about our childhood as we celebrated National Crackerjack Day, we have delighted in all things sweet!



*Barb enjoys a delicious cone during National Chocolate Ice Cream Day!"*



*Crystal smiles for the camera on National Crackerjack Day*



*Jennie smiles as she reminisces about Crackerjacks*



*Martha shows off our beautiful flower garden!*



*Planted with TLC!*

## Franciscan is Blooming with Color!

Our Campus in Color program is "blooming" this year as we enjoy the colorful floral combinations that have been planted and tended by our dedicated staff! Flowers and vegetables adorn the courtyards as we look forward to harvest time!




*A gorgeous basket of yellow blooms greets all visitors to our campus"*



# FRANCISCAN HEALTH CARE CENTER

*A Trilogy Senior Living Community*

3625 Fern Valley Road  
Louisville, KY 40219  
502-964-3381  
franciscanhc.com |  

*Abdoulie Cham*  
Executive Director

*Josh Powlinson*  
Director of Assisted Living

*Jerri Lewis*  
Director of Health Services

*Dawn Jackson*  
Business Office Manager

*Samantha Lopez*  
AP/Payroll

*Avery Lane*  
Customer Service Specialist

*Tanya Florexile*  
Director of Food Services

*Olivia Brady*  
Community Service Representative

*Tommy Woosley*  
Senior Director of Plant Operations

*TBD*  
Director of Environmental Services

*Lisa Richards*  
Life Enrichment Director

## Stay in the Loop

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or comply@trilogyhs.com*

*Newsletter Production by PorterOneDesign.com*

# Monthly Trivia & Activity Corner

*All trivia answers will be printed in our upcoming month's newsletter!*

**Question 1:** *What was the name of the United States' first national monument?*

**Question 2:** *What year did Disney Land open?*

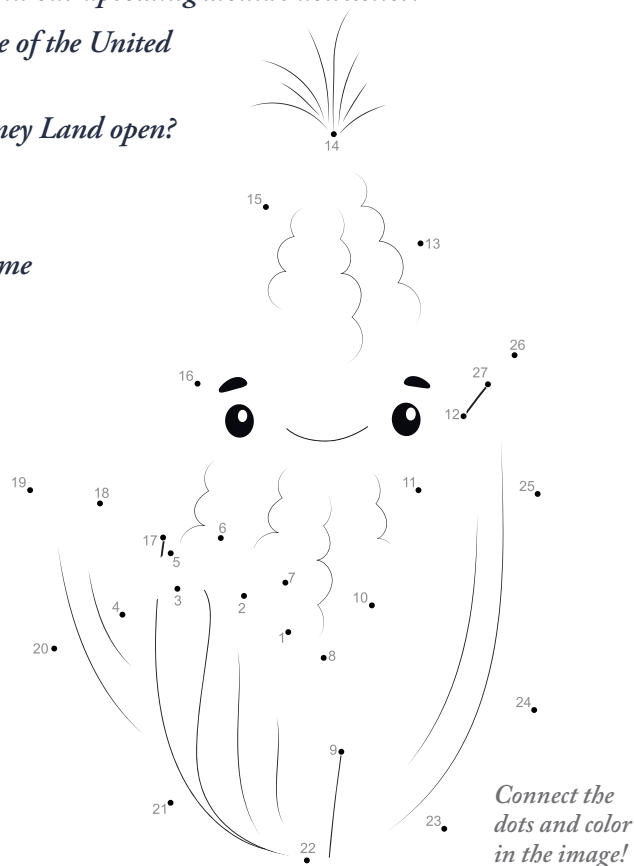
**Question 3:** *How many colors are there in a rainbow?*

**Question 4:** *What is the nickname of the state of California?*

**Question 5:** *Which state is home to Area 51?*

*Flip the page for last month's trivia answers:*

Q1: The Fourth of July celebrates the Declaration of Independence  
Q2: What is the name of the largest planet in our solar system? Jupiter  
Q3: What is the name of the local jazz group that performed "I Don't Want To Set The World On Fire"? The Ink Spots  
Q4: In what year was the 19th amendment ratified? 1920  
Q5: On what day does the summer solstice occur? June 20th



*Connect the dots and color in the image!*

## Word Search

S	A	R	F	C	O	R	N	X	G	N	T	J	Q	M	S	T	M	M
M	N	B	S	O	B	T	J	L	L	E	M	O	N	W	K	Z	Y	S
L	I	M	Z	S	W	P	I	K	J	E	O	G	U	D	C	C	E	R
W	O	P	A	I	J	D	N	V	L	X	X	D	I	F	J	K	C	V
D	B	D	D	N	O	G	O	Y	L	M	Q	E	Q	V	A	D	G	R
R	U	R	Q	A	C	A	I	D	O	A	V	G	E	L	R	H	H	A
F	M	Y	A	V	B	G	G	W	A	T	E	R	F	J	U	L	W	A
Q	O	U	G	T	F	F	G	A	R	L	I	C	C	R	G	Q	Y	Y
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F	P	J	V	J	J	V	R	I	O	E	X	T	H	K	A	G	H	F
B	S	L	D	W	B	B	T	S	K	M	J	F	Q	A	N	Q	R	V
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V	U	D	F	U	N	Z	P	V	B	B	D	T	I	B	H	J	E	T
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U	G	S	M	G	U	T	C	A	I	S	O	F	J	E	Y	M	J	I
A	G	X	O	E	J	Q	F	F	L	Y	G	V	E	H	S	I	N	R
H	A	F	K	R	R	W	I	G	Y	A	F	I	Y	Z	J	P	T	D
J	T	S	W	U	W	T	H	Y	M	E	D	P	L	T	Z	Z	G	T

ARUGULA  
BOIL  
BRATWURST  
BURGER

CORN  
FLAKES  
FOOD  
GARLIC

LEMON  
ONION  
SALAD  
SALMON

SUMMER  
THYME  
TOMATOES  
WATER