

2500 14th St Ne  
Faribault, MN



Phone: 507-331-2748

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Contact Information

**Community Director:**  
Nick Duff  
Directorfb@milestoneseniorliving.com  
Office: (507) 331-2748 option 1

**Nurse:**  
Sharon Bexell, RN  
Nursefb@milestoneseniorliving.com  
Office: (507) 331-2748 option 2

**Administrative Assistant:**  
Stacy Bosacker  
adminfb@milestoneseniorliving.com  
Office: (507) 331-2748 option 6

**Life Enrichment Coordinator:**  
Anne Pleskonko  
lifeenrichmentfb@milestoneseniorliving.com  
Office: (507) 331-2748 option 3

**Culinary Coordinator:**  
Anita Kalal  
culinaryfb@milestoneseniorlivingcom  
Office: (507) 331-2748 option 4

**Maintenance Coordinator:**  
Ed Schlaak  
Office: (507) 331-2748



Milestone

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Minute

Notable August Events

- Thursday, August 5th:**  
Resident Meeting @ 1:00pm
- Mondays, @ 1:00 pm:**  
Listen & Learn
- Monday, Wednesday, & Saturday:**  
Card Club @ 2:00pm
- Wednesday's @ 1:30pm:**  
Weekday Matinee
- Thursday, August 12th:**  
August Birthday Celebration
- Friday, August 20th & 27th:**  
Universal Yums Snack Tasting
- Friday, August 20th:**  
Storytime with Isabell @ 1:00pm

# Director’s Note

## WHAT CHANGES ON AUGUST 1, 2021?

- Each assisted living facility will have one license that combines Housing with Services and Home Care regulations.
- There are two types of license that a facility may choose to have: the assisted living facility license or the assisted living facility with dementia care license.
- The assisted living contract will contain the terms of the resident’s lease, assisted living services, and service plan, among other things.
- Assisted living services, when enacted on Aug. 1, 2021, will be the same services that are currently governed under the home care licensure laws (Chapter 144A) and assisted living laws (Chapter 144G.01-144G.07), which we know today as basic home care services, comprehensive home care services, and supportive services.

- Nick Duff

# Nurse’s Note

There is a shining star amongst us. I had the privilege of announcing the award to a very special person I nominated last Spring. Anne Pleskonko is the 2021 Dedicated Service Award recipient from Care Providers of MN and a winner at all things she touches. I have often heard, “So deserving of such an award.” “She is the heart and soul of Milestone is another phrase.” This was announced at our recent Car club/Alzheimer's ice cream Fundraiser. We thank all of you for coming and your generous donations. Anne will accept her actual award on November 16<sup>th</sup> at the Care Provider convention, followed by a reception for all convention goes. We plan to continue celebrating with Anne in the upcoming month.

Enjoy the rest of the summer as it is going fast! Come take a look at our raised gardens as they are growing. It was told recently that some were picking and eating the peas right out of there pods out there! Did you do that as a kid? I know I did!

-Sharon Bexell

# August Activity

## Word Search

## ICE CREAM



Y	J	G	N	N	A	C	E	P	R	E	T	T	U	B	X	M
C	W	T	E	J	P	W	T	P	I	S	T	A	C	H	I	O
A	R	M	A	C	A	D	A	M	I	A	C	I	W	M	E	C
R	A	J	P	R	B	L	L	J	S	O	M	I	Y	I	K	J
A	I	K	O	W	J	E	E	E	T	H	A	O	M	N	Z	Z
M	N	C	L	I	E	M	Y	T	J	C	Z	Z	T	T	W	A
E	B	O	I	X	B	O	O	A	A	O	B	K	P	Z	N	S
L	O	O	T	P	W	N	Z	L	J	C	G	R	B	A	T	B
Y	W	K	A	G	C	F	V	O	B	O	N	N	N	R	N	M
M	U	I	N	A	N	X	A	C	M	N	J	A	A	N	Y	Y
Z	A	E	N	J	M	S	N	O	E	U	B	W	O	M	Y	V
F	U	D	G	E	J	P	I	H	C	T	B	M	M	N	Q	Q
N	Y	O	Y	F	T	J	L	C	J	E	E	J	A	C	X	E
U	V	U	C	K	A	Z	L	L	R	A	E	E	F	F	O	C
R	E	G	Q	U	M	N	A	R	E	G	M	L	K	J	N	J
S	P	H	U	I	C	X	Y	I	K	Q	N	F	G	N	W	L
E	N	I	L	A	R	P	G	B	U	B	B	L	E	G	U	M

Vanilla	Chocolate	Macadamia	Banana
Mango	Rainbow	Cotton candy	Bubble gum
Cookie dough	Mint	Caramel	Coconut
Neapolitan	Coffee	Pistachio	Fudge
Praline	Butter pecan	Lemon	Strawberry

## Staff Noticeboard

### August Birthdays

Stacy B.      August 25th

### Can You Contribute?

Contributions to our newsletter are encouraged!

Articles, photos, reports on community outings, staff news, trivia, poems and amusing stories relating to residents and staff are most welcome.

Please hand in your submission to Life Enrichment or email us anytime.

Thank you!

### Thank you!

Thank you to all those that donated to our Ice Cream for Alzheimer's fundraiser.

We are proud to say we raised over \$1,000 for the Alzheimer's Association!

### Staff Anniversaries

Cindy B.      2 years

Brittany B.   1 year

## Life Enrichment Note

August has always been filled with 'getting ready for school' – clothes, shoes, supplies, schedules etc. Reminiscing a little; I was always excited about school, but really didn't want the summer to end. And when it was Fair time, the great memories of the Tilt-a-Whirl, walking through the horse barn, mini donuts and seeing friends. This is a great time when visiting to ask your loved one to share their experiences.

-Anne Pleskonko

(2021 Care Providers of MN Dedicated Service Award WINNER!)

## Searching for Dreams!

Being a part of the Jaybird Senior Living family of communities means adhering to a very special set of values. One of these values is ensuring that our team members get to know each and every one of our residents not only in regards to health care, but also as a unique and vibrant person.

Our goal is to make at least one resident dream come true each month in every one of our assisted living and memory care communities. These dreams can range from modest to elaborate based on the unique experiences and backstories of each individual resident.

Know a resident who has a dream? Let us know by emailing or calling the Life Enrichment Department.





# Resident Noticeboard

## August Birthdays

Marlys	Aug 8th
Harriet	Aug 9th

## Beautician

We have one beautician who comes in about once a week. Denise's shop is located in Memory Care. Please call 507-491-6230 to make an appointment.

## New Residents

A warm welcome to our new residents!

Joan W.  
Harvey & Pat K.

## Library Program

Our Library Program is currently on hold. Books are located on the bookshelf in the 1st floor fireplace room.

## New Program!

On the last two Fridays of the month, we will be having a new program called Universal Yums where we try different foods from around the world.

Join us at 2:00pm in the 2nd Floor Dining Room!

# Activity Corner

