5815 S.E. 27th St.
Des Moines, IA 50320

\$500.00

Off Rent For a Referral with a Deposit

Phone: (515)256-9143

Fax: (515)287-2945

5815 S.E.27th St.

Des Moines, IA 50320

Prairie Hills

Assisted Living-Memory Care

Des Moines, Iowa 50320

Phone: (515)256-9143 Fax: (515)287-2945

Leadership Team

- *Executive Director Robin Bartalos directordm@prairiehillsliving.com
- *Assistant Director Subash Acharya assistantdm@prairiehillsliving.com
- *Dir. Of Nursing

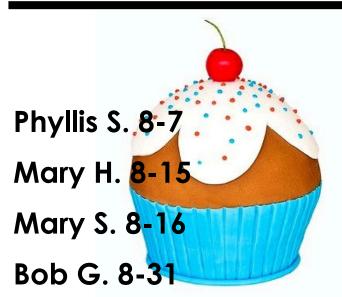
nursedm@prairiehillsliving.com

- *Healthcare Coordinator Traci Metzger
- nurse2dm@prairiehillsliving.com
- *Life Enrichment Teri Lewis

lifeenrichmentdm@prairiehillslivingcom

- *MC Life Enrichment Chris Wood memorydm@prairiehillsliving.com
- *Maintenance Wade Piper maintenancedm@prairiehillsliving.com
- *Culinary Jon Dobbs culinarydm@prairiehillsliving.com
- *Community Relations Scott Thompson welcomedm@prairiehillsdliving.com

Resident Birthdays



Employee Birthdays
Bishnu R. 8-21
Chris W. 8-29

Prairie Hills Gazette

Notable Aug. Events

8-6 Birthday Party

8-13 State Fair Social

Music by the Porters

8-18 Cow Chip Toss

8-19 Butter Cow Day

8-20 Blue Ribbon Food

8-25 Wine Wednesday

8-30 Prairie Meadows



Ways to Beat the Heat

Stay Hydrated Drink lots of Water

Stay in a Nice Cool Place

Take Frequent Breaks

Slow Down

Cool Towel on Neck

Soak feet in Cool Water

Professionally Managed by Jaybird



Embracing Every Moment

July 4th Fun



Fried Apples

1/2 C. butter cubed
6 med. Unpeeled apples
3/4 C. sugar divided
3/4 t. ground cinnamon
Vanilla ice cream (optional)
Melt butter, add apples, 1/2 C. sugar
Stir to mix cover cook 20min. Until tender
Add cinnamon and remaining sugar
Cook 10 min. more
Serve with ice cream and enjoy!



I want to stay in contact with you all during these socially distant times. So, we are implementing aweekly Wednesday Zoom meeting at noon, please attend if possible.

<u>directordm@prairiehillsliving.com</u> is inviting you to a scheduled Zoom meeting.

Weekly: https://zoom.us/meeting/tJ0qce-qqjstEteN9HA1zty51Sr8MQGrnikH/ics? icsToken=98tyKuChqT0sGNCVtxGERox5B4 oM-rwiGJaj7dYskbNInFJdhqjZ9FQap9ON8re

Join Zoom Meeting Meeting ID: 997 6624 0783 Passcode: vWxn6i https://zoom.us/j/99766240783?pwd=RINLSEJiMnJaM1pnMTN3WTFQSGZidz09

We also have other dept Coordinators joining, if you might have questions for them too.



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