

Summer Corn, Tomato, and Salmon Salad with Za'atar Dressing Recipe

When we think of summer foods, it can be easy for our minds to go straight to the smell of burgers and bratwursts being prepared on the grill. For those looking for something different, however, this summer corn, tomato, and salmon salad recipe is sure to hit the spot!

Ingredients

- Kosher salt
- 2 lemons
- 3 garlic cloves, crushed
- 3 sprigs thyme
- 3 bay leaves, preferably fresh
- 1/2 cup extra-virgin olive oil
- 4 teaspoons za'atar, plus more for serving
- 5 ears corn on the cob, husked
- 4 (5–6-ounce) skinless salmon fillets
- 2 medium heirloom tomatoes, cut into wedges (about 1 1/2 pounds)
- 1/2 red onion, thinly sliced
- Baby arugula or other baby greens (for serving)

Directions

- Salt a large pot of water, slice half of one lemon, then add water along with garlic, thyme, and bay leaves. Bring to a boil. Let boil for at least 3 minutes and up to 10 to infuse water.
- Whisk oil, 3 Tbsp. lemon juice, 4 tsp. za'atar, and 1 tsp. salt in a small bowl.
- Add corn to boiling water. Cook until bright yellow and tender for about six minutes, then move to a plate.
- Set heat to low, add salmon, and poach until cooked through (about 5 minutes). Move to a cutting board and flake into chunks.



- Slice corn off cob into a large bowl. Add tomatoes and onion, then toss with 1/2 cup dressing.
- Add flaked salmon to corn mixture and gently toss to coat with dressing. Move to a serving platter or separate among plates. Top with arugula, then drizzle with dressing. Serve with additional za'atar.

*Picture from Emma Fishman,
food styling by Anna Stockwell.
Recipe provided by epicurious.com.*

Happy Birthday!

Residents

Edith B.	8/01
Donna C.	8/07
Elvita M.	8/09
Phyllis A.	8/10
Madonna O.	8/10
Mary O.	8/11
June D.	8/12
William M.	8/15
Betty S.	8/19
Wilma J.	8/20
Norma B.	8/20
Virgina S.	8/26
Mary F.	8/27

Staff

Ashley M.	8/06
Susana N.	8/08
Jennifer E.	8/09
Alicia L.	8/09
Carl D.	8/11
William H.	8/14
Susan S.	8/17
Larita W.	8/20
Tayler C.	8/26

Entertainment

Entertainment is back at our campus! We can have entertainment back outside on our AL patio and Legacy Neighborhood courtyard! We still have to social distance outside but if you are interested in entertaining residents, reach out to campus Life Enrichment.



Executive Director Corner

Welcome to August, everyone!

It's hard to believe that we're already more than halfway through the year, but with so many great things having taken place during this summer alone, I'll just chalk it up to the adage of "time flies when you're having fun."

Those who have been active on our campus know that we recently celebrated another incredible Theme Week – this time celebrating the sights, sounds, and smells of **France**. It was great reuniting with old friends, seeing new faces, and coming together to enjoy delicious meals such as the lemon curd crapes, blood

orange chocolate tart, and of course, our signature Crème Brule. Thank you to everyone who came together to make this such a special event!

As we continue our journey through the summer and begin looking forward to the fall, we'll be letting you know about even more outings, cookouts, and community events that are sure to excite even the most adventurous members of the Trilogy family. Look forward to hearing about all of this and more in the coming days and weeks!

Have a great month,

Alicia Lambert

Executive Director

Photo Highlights



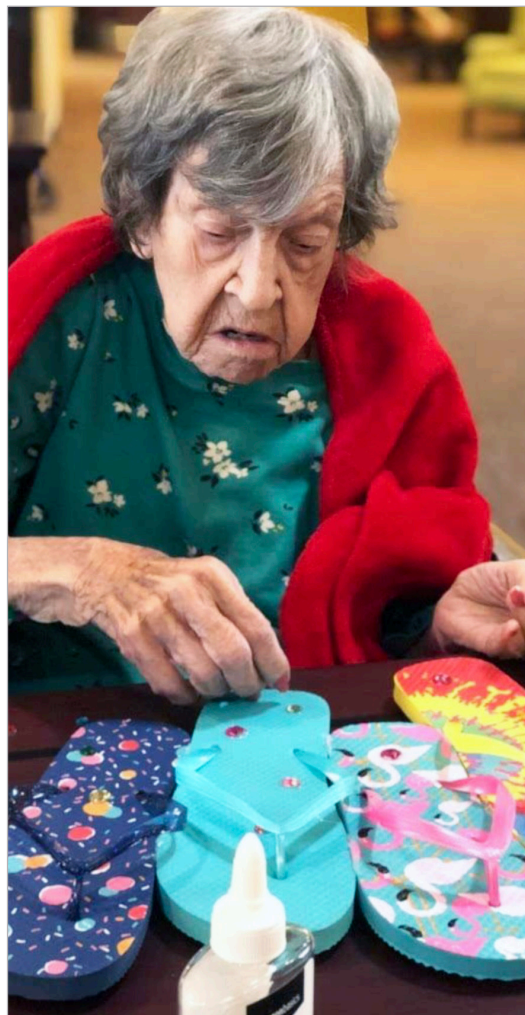
Thomas S. helping with our campus in color event.



Jack A. planting a tomato plant on our legacy lane courtyard.



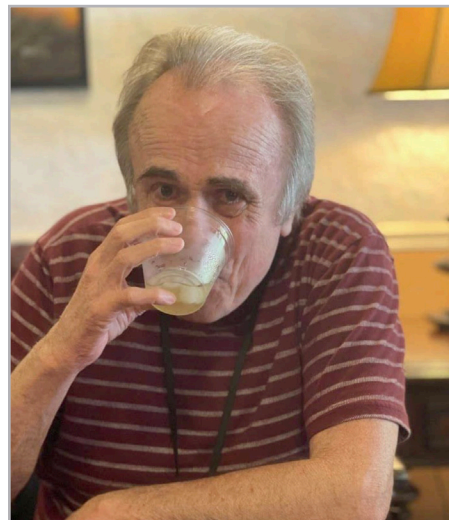
Faye C. getting to participate in our creative cooking class on our legacy neighborhood where they made cookies.



Mary F. making a flip flop door sign to celebrate Summertime



Sharon G. showing off her patio sign she made to help decorate our campus,



Larry H. enjoying a drink for our Tea Tasting event we had to celebrate national sweet tea day.



Gene W. waiting his turn to be up to bat on our Baseball Buzz Day

More Photo Highlights

Upcoming Events

Buzz Days are our favorite days here at Bethany Pointe! We are so excited to have a day filled with fun for our residents this August. We are taking our residents back to the 50s and having a Sock Hop themed day on August 26th! We are looking forward to having milkshakes and diner food along with poodle skirts and a hand jive contest! We are also going to have a Sock Hop themed happy hour on Friday, August 27th!

Outings

Group Outings are back for our vaccinated residents! We are elated to get back to the basics and get our residents in the community again! Each service line gets their own outings weekly. Also, our Independent Villa residents get outings twice a month! If you would like to volunteer and share your talents with our residents reach out to the campus Life Enrichment Team.



BETHANY POINTE

HEALTH CAMPUS

A Trilogy Senior Living Community

1707 Bethany Road

Anderson, IN 46012

765-622-1211

bethanypointehc.com |

TBD

Administrator

Alicia Lambert

Executive Director-

Andrea Harkins

Director of Health Services

TBD

Assistant Director of Health Services

Jennifer Edgecomb

Business Office Manager

Interim

Life Enrichment Director

Joshua Dyke

Director of Plant Operations

Interim

Director of Food Services

Zella Fulp

Director of Environmental Services

Kelly Enlow

Director of Admissions

Scott Neal

Director of Social Services

Ven Murugesan

Director of Rehab Services

Ashley Miller

MDS

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: *What was the name of the United States' first national monument?*

Question 2: *What year did Disney Land open?*

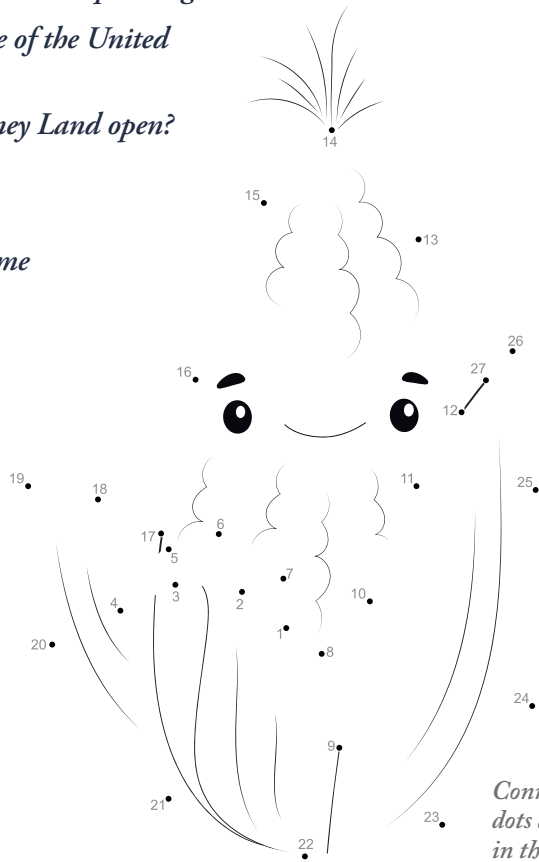
Question 3: *How many colors are there in a rainbow?*

Question 4: *What is the nickname of the state of California?*

Question 5: *Which state is home to Area 51?*

Flip the page for last month's trivia answers:

Q1: The Fourth of July celebrates the Declaration of Independence
Q2: What is the name of the largest planet in our solar system? Jupiter
Q3: What is the name of the local jazz group that performed "I Don't Want To Set The World On Fire"? The Ink Spots
Q4: In what year was the 19th amendment ratified? 1920
Q5: On what day does the summer solstice occur? June 20th



Connect the dots and color in the image!

Word Search

S	A	R	F	C	O	R	N	X	G	N	T	J	Q	M	S	T	M	M
M	N	B	S	O	B	T	J	L	L	E	M	O	N	W	K	Z	Y	S
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ARUGULA

BOIL

BRATWURST

BURGER

CORN

FLAKES

FOOD

GARLIC

LEMON

ONION

SALAD

SALMON

SUMMER

THYME

TOMATOES

WATER