

Summer Corn, Tomato, and Salmon Salad with Za'atar Dressing Recipe

When we think of summer foods, it can be easy for our minds to go straight to the smell of burgers and bratwursts being prepared on the grill. For those looking for something different, however, this summer corn, tomato, and salmon salad recipe is sure to hit the spot!

Ingredients

- Kosher salt
- 2 lemons
- 3 garlic cloves, crushed
- 3 sprigs thyme
- 3 bay leaves, preferably fresh
- 1/2 cup extra-virgin olive oil
- 4 teaspoons za'atar, plus more for serving
- 5 ears corn on the cob, husked
- 4 (5–6-ounce) skinless salmon fillets
- 2 medium heirloom tomatoes, cut into wedges (about 1 1/2 pounds)
- 1/2 red onion, thinly sliced
- Baby arugula or other baby greens (for serving)

Directions

- Salt a large pot of water, slice half of one lemon, then add water along with garlic, thyme, and bay leaves. Bring to a boil. Let boil for at least 3 minutes and up to 10 to infuse water.
- Whisk oil, 3 Tbsp. lemon juice, 4 tsp. za'atar, and 1 tsp. salt in a small bowl.
- Add corn to boiling water. Cook until bright yellow and tender for about six minutes, then move to a plate.
- Set heat to low, add salmon, and poach until cooked through (about 5 minutes). Move to a cutting board and flake into chunks.



- Slice corn off cob into a large bowl. Add tomatoes and onion, then toss with 1/2 cup dressing.
- Add flaked salmon to corn mixture and gently toss to coat with dressing. Move to a serving platter or separate among plates. Top with arugula, then drizzle with dressing. Serve with additional za'atar.

*Picture from Emma Fishman,
food styling by Anna Stockwell.
Recipe provided by epicurious.com.*

Happy Birthday!

Residents

Henrietta L.	8/4
Michael H.	8/8
Roxie M.	8/10
Katherine S.	8/16
Earl P.	8/17
Gene M.	8/20
Rose S.	8/21
Brad B.	8/30
Ruth A.	8/30

Staff

Kirstyn W.	8/01
Tina L.	8/7
Kyla P.	8/9
Elizabeth R.	8/09
Hannah F.	8/10
Natalie G.	8/23
Rebecca C.	8/24
Connor S.	8/25
Kathleen H.	8/25
Carly K.	8/29
Tabra G.	8/30

Smile of the Month

Faye Z. is rarely seen without a smile on her face. She makes the best of every situation and is a role model for others. She can be spotted at just about any gathering or activity.

Executive Director Corner

Welcome to August, everyone! It's hard to believe that we're already more than halfway through the year, but with so many great things having taken place during this summer alone, I'll just chalk it up to the adage of "time flies when you're having fun."

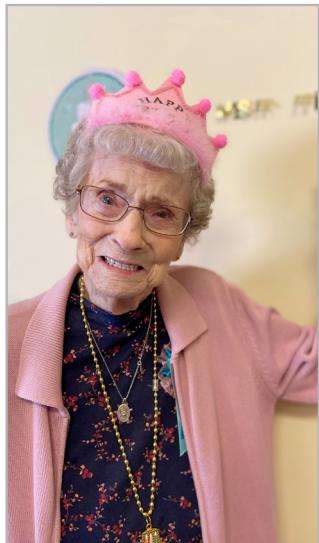
Those who have been active on our campus know that we recently celebrated another incredible Theme Week – this time celebrating the sights, sounds, and smells of France. It was great reuniting with old friends, seeing new faces, and coming together to enjoy delicious meals such as the lemon curd crapes, blood

orange chocolate tart, and of course, our signature Crème Brule. Thank you to everyone who came together to make this such a special event!

As we continue our journey through the summer and begin looking forward to the fall, we'll be letting you know about even more outings, cookouts, and community events that are sure to excite even the most adventurous members of the Trilogy family. Look forward to hearing about all of this and more in the coming days and weeks!

Yours in Service,
Markietta Burns
Executive Director





Live A Dream

Resident Mary T. was excited to celebrate her 99th birthday. Her family, staff and residents gathered to help her make her big day special. She received countless cards from everyone who knew her. Mary was so thankful for all of the birthday wishes and those who helped her celebrate this milestone. We can't wait to celebrate 100!

LEGACY SPOTLIGHT

The Legacy Lane residents have been busy this month between gardening tasks, cooking, and various crafts. Tie-dying was a favorite among the residents. We can't wait to do it again!



Volunteers Needed

We are looking for volunteers to help with various activities in our campus. These activities include bingo, gardening, crafts, and happy hour entertainment. Additionally, we are always looking for Lifelong Learning opportunities for our residents. If you have any talents or hobbies that you would be interested in teaching our residents let the Life Enrichment team know!

Resident of the Month

You will likely see this smiling face located at our front desk, greeting visitors. Steve, a retired 911-dispatcher, has taken on the role of front desk screener. In addition to his volunteer role at the front desk, Steve is also the resident council president.





ASPEN PLACE

HEALTH CAMPUS

A Trilogy Senior Living Community

2320 N. Montgomery Rd.

Greensburg, IN 47240

812-527-2222

aspenplacehc.com |

Markietta Burns
Executive Director

Tosha Harrison
Director of Health Services

Susan Cameron
Weekend Supervisor-

Alissa Struckman
Business Office Manager

Holly Keck
Community Service Representative

Hannah Wernke
Life Enrichment Director

Tina Adams
Social Services Director

TBD
Director of Plant Operations

TBD
Director of Food Services

Mellissa Shook
Director of Environmental Services

Jessica Carter/Becky Knecht
Legacy Lane & AL Coordinators

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: *What was the name of the United States' first national monument?*

Question 2: *What year did Disney Land open?*

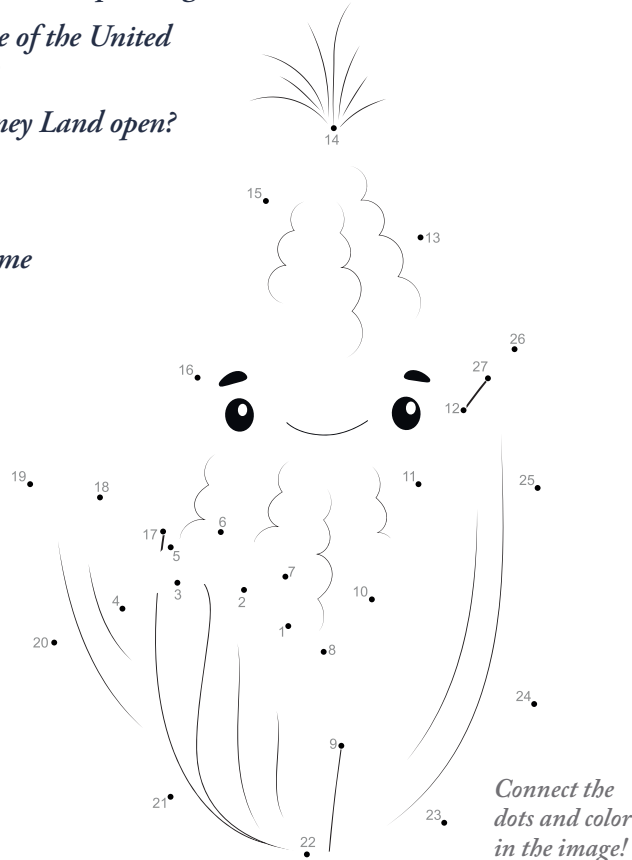
Question 3: *How many colors are there in a rainbow?*

Question 4: *What is the nickname of the state of California?*

Question 5: *Which state is home to Area 51?*

Flip the page for last month's trivia answers:

*Q1: The Fourth of July celebrates the Declaration of Independence
Q2: What is the name of the largest planet in our solar system? Jupiter
Q3: What is the name of the local jazz group that performed "I Don't Want To Set The World On Fire"? The Ink Spots
Q4: In what year was the 19th amendment ratified? 1920
Q5: On what day does the summer solstice occur? June 20th*



Word Search

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ARUGULA

BOIL

BRATWURST

BURGER

CORN

FLAKES

FOOD

GARLIC

LEMON

ONION

SALAD

SALMON

SUMMER

THYME

TOMATOES

WATER