

1214 E 18th St.
Carroll, Iowa 51401

SunnyBrook of Carroll

Assisted Living & Memory Care
Carroll, Iowa 51401

Phone: (712)792-8995
Fax: (712)792-8161

1214 E 18th St.
Carroll, Iowa 51401

SunnyBrook of Carroll

Assisted Living & Memory Care
Carroll, Iowa 51401

Phone: (712)792-8995
Fax: (712)792-8161

Leadership Team

*Executive Director

Summer Martin
directorcarroll@sunnybrookliving.com

*Director Of Nursing

Marilyn Kruger
nursecarroll@sunnybrookliving.com

*Community Relations Coordinator

Eric Osterhaus
welcomecarroll@sunnybrookliving.com

*Life Enrichment Coordinator

Sara Langel
lifeenrichmentcarroll@sunnybrookliving.com

*Culinary Service Coordinator

Matthew Brinkman
culinarycarroll@sunnybrookliving.com

*Maintenance Coordinator

Mark Tunning
maintenancecarroll@sunnybrookliving.com

Important Dates

Resident Birthdays

Mercedes D - 25th
John B - 27th

Employee Birthdays

Laci P - 6th



Employee Anniversaries

Kerry K - 4 years
Olivia A - 1 year

SunnyBrook Gazette

Notable August Events

- 1st - National Friendship & Sister's Day
- 2nd - National Ice Cream Sandwich Day
- 3rd - National Watermelon Day
- 4th - National Chocolate Chip Cookie Day
- 6th—National Root Beer Float Day
- 7th - National Lighthouse Day & Purple Heart Day
- 11th - National Son & Daughter Day
- 12th - National Middle Child Day
- 13th - International Lefthanders Day
- 14th - National Bowling Day
- 16th - National Tell A Joke Day
- 18th - National Couple's Day
- 19th - National Soft Ice Cream Day
- 21st - National Senior Citizen's Day
- 23rd - National Military Heroes Day
- 25th - National Banana Split Day

Mark Your Calendars

Saturday, September 11th

**Come join us as we kick off
National Assisted Living Week
2021 with a Grill Out &**

**Carnival Games
for everyone to
enjoy!**

****Stay tuned for
more details****



*****August Fun Facts*****

- ◆ August consists of two zodiac signs, Leo and Virgo. If you were born between August 1st and August 22nd you are considered a Leo, whereas if you were born on the 23rd or later you are a Virgo.
 - ◆ Leos are thought to be very proud people and great leaders, while Virgos are thought to be analytical, hardworking, kind, and loyal.
- ◆ Two birth flowers represent August, the gladiolus (sign of generosity, strength, sincerity) and the deep crimson poppy (sign of imagination, oblivion, eternal sleep).
- ◆ The birthstone for August is peridot.
- ◆ August is a little unique in the fact that in a standard year no other month begins on the same day of the week as August. However, during a leap year, August begins on the same day of the week as February.
- ◆ August is considered to be the last month of summer in the Northern Hemisphere, but of course that is the opposite in the Southern Hemisphere. It is the last of the winter months there.
- ◆ The first ever sandwich was created in August of 1762. It was named after Earl of Sandwich when he ordered meat between two pieces of bread.
- ◆ August has also been a big month for the U.S. Civil Rights Movement because on August 28th, 1963, Martin Luther King Jr gave his famous "I Have A Dream" speech.

As a 4-H project this year, one of our area students brought in some chicken eggs with an incubator, so our residents could watch chickens hatch. What a thoughtful project that everyone enjoyed!



To the right, Mae is enjoying helping pick some lettuce and onions out of our SunnyBrook garden.



To the left, Mercedes, Mae, & Mike are enjoying a Music Speaks session.



Below & to the Left—We took a trip to Dairy Mart one hot afternoon to get an Ice Cream treat then drove around Swan Lake while we were out and about.



We had one very fun, eventful afternoon of bowling!!!



Randy (to the left) & Larry (below) both provided us with amazing musical entertainment in July. We hope to see both of them again soon!



*****August Riddles*****

- 1) What has a head and a tail, but no body?
- 2) I have branches, but no fruit, trunk, or leaves. What am I?
- 3) You see a boat full of people, yet there isn't a single person on board. How is that possible?



To the Left— This wonderful group of people took a trip down to Coon Rapids to watch the Carroll County Fair Parade.



Riddle Answers— 1) A coin. 2) A bank. 3) All the people on board are married.