

The Marla Vista Times August 2021 Edition

From The Director:

Friends, family and residents of Marla Vista, I want to say it has been an absolute pleasure to be here at Marla Vista. My first month has truly flew by! I hope by now you are enjoying the new activities we have established, got to know some of our new caregivers, and made a new friend or two. Families, we welcome you to join Towne Hall every third Wednesday at 11am on our patio when the weather permits. During Towne Hall we will be discussing all the new things here at Marla Vista, and ways that we are improving to better care for our residents. We welcome your input at this time and look forward to seeing all of you in person. Please like our Facebook to stay up to date with all our fun moments!

From The Activity Department:

Association Fundraising has begun!

We have started our "you've been flushed" campaign to raise money for the Alzheimer's Association. We began by dropping off a decorated potty in the front yard of our sister community Carrington. They were given information about how to donate money in order to either "take the potty away, send it to a friend's yard, or never get it back." Next month we will be doing walking tacos, stay posted for dates and more details! Resident's, please continue to come to resident council, we love to hear your thoughts, and come up with new ideas to have fun here at Marla Vista.



From Health Services:



As many of you know there are two NEW strains of COVID-19 circulating The United States. These new strains are called Lambda and Delta strains. During this time, it is important to remember these key tips. To keep everyone in safe in our community, please remember to wash your hands, use hand sanitizer if washing stations are not available. Residents if you are feeling ill, please notify staff so we can safely address your needs. Staff members it is important to always keep your mask on. Families, please keep your mask on in our common areas, if unvaccinated please always keep your mask on.

Special August Events:

- ❖ August 2nd – Resident Picnic
- ❖ August 8th – National Happiness Day Event
- ❖ August 10th – August Birthday Party
- ❖ August 18th – Towne Hall
- ❖ August 21st - National Senior Citizen Day

August Birthdays:

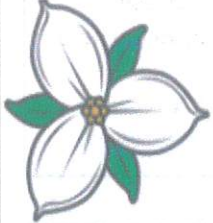
- August 1st – Resident Lyla
- August 2nd – Staff Diamond
- August 3rd - Resident Iris
- August 12th- Staff Nina
- August 17th- Staff Maritza
- August 24th – Staff Alicia



August 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Spiderman day Morning stretch Reminisc circle Catholic Mass Game Day! Brain Game Patio Club	2 Picnic Day 9:30a Live 2B Healthy 10a Daily Devotion 10:30a Reminisc 11a Brain Game 1p Manicures 2:30p Rosary 3p Bible Study	3 Go Nuts Day 9:30a Morning Stretch 10a Daily Devotion 10:30a BINGO 1p Brain Teaser 2p Large Group Game 3p Snack Cart	4 Chocolate chip Day 9:30a Live 2B Healthy 10a Daily Devotion 10:30a Reminisc 11a Brain Game 1p Craft Corner 2p Outside game 3p Drink Cart	5 Work like a dog Day 9:30a Morning Stretch 10a Daily Devotion 10:30a Pastor Paul 1p Brain Teaser 2p Scavenger Hunt 3p Snack Cart	6 Root Beer Float Day 9:30a Live 2B Healthy 10a Daily Devotion 10:30a Reminisc 11a Brain Game 1p Happy Hour 2p Popcorn & Movie	7 Light House Day Morning stretch Reminisc circle B.I.N.G.O Brain Game Snack cart Sing- a-long
8 Happiness Happens Morning stretch Reminisc circle Catholic Mass Game Day! Brain Game Patio Club	9 Women's Day 9:30a Live 2B Healthy 10a Daily Devotion 10:30a Reminisc 11a Brain Game 1p Manicures 2:30p Rosary 4p Drink Cart	10 Spoil the dog Day 9:30a Morning Stretch 10a Daily Devotion 10:30a BINGO 1p Brain Teaser 2p August Birthday Party 3p Snack Cart	11 Son & Daughters Day 9:30a Live 2B Healthy 10a Daily Devotion 10:30a Reminisc 11a Brain Game 1p Patio Painting 2p Outside game 3p Drink Cart	12 Vival Record Day 9:30a Morning Stretch 10a Daily Devotion 10:30a Reminisc 11a Brain Game 2p Speak easy 3p Snack Cart	13 Left-Handed Day 9:30a Live 2B Healthy 10a Daily Devotion 10:30a Reminisc 11a Brain Game 1p Happy Hour 2p Popcorn & Movie	14 Creamsicle Day Morning stretch Reminisc circle B.I.N.G.O Brain Game Snack cart Sing- a-long
15 Relaxation Day Morning stretch Reminisc circle Catholic Mass Game Day! Brain Game Patio Club	16 Tell a Joke Day 9:30a Live 2B Healthy 10a Daily Devotion 10:30a Reminisc 11a Brain Game 1p Manicures 2:30p Rosary 4p Drink Cart	17 Black Cat Day 9:30a Morning Stretch 10a Daily Devotion 10:30a BINGO 2p Large Group Game 3p Snack Cart	18 Couples Day 9:30a Live 2B Healthy 10a Daily Devotion 10:30a Resident council 1p Decorating club 2p Love story 3p Drink Cart	19 Potato Day 9:30a Morning Stretch 10a Daily Devotion 10:30a Pastor Paul 2p Wii Sports 3p Snack Cart	20 Lemonade Day 9:30a Live 2B Healthy 10a Daily Devotion 10:30a Reminisc 11a Brain Game 1p Happy Hour 2p Popcorn & Movie	21 Senior Citizenship Day Morning stretch Reminisc circle B.I.N.G.O Brain Game Snack cart Sing- a-long
22 Plant Milk Day Morning stretch Reminisc circle Catholic Mass Game Day! Brain Game Patio Club	23 Hero Day 9:30a Live 2B Healthy 10a Daily Devotion 10:30a Reminisc 11a Brain Game 1p Manicures 2:30p Rosary 4p Drink Cart	24 Waffle Day 9:30a Morning Stretch 10a Daily Devotion 10:30a BINGO 2p Large Group Game 3p Snack Cart	25 Banana Split Day 9:30a Live 2B Healthy 10a Daily Devotion 10:30a Reminisc 11a Brain Game 1p Cooks corner 2p Outside game 3p Drink Cart	26 Cherry Popsicle Day 9:30a Morning Stretch 10a Daily Devotion 10:30a Reminisc 11a Brain Game 2p Scavenger Hunt 3p Snack Cart	27 Lottery Day 9:30a Live 2B Healthy 10a Daily Devotion 10:30a Reminisc 11a Brain Game 1p Happy Hour 2p Popcorn & Movie	28 Rainbow Day Morning stretch Reminisc circle B.I.N.G.O Brain Game Snack cart Sing- a-long
29 Lemon Day Morning stretch Reminisc circle Catholic Mass Game Day! Brain Game Patio Club	30 Beach Day 9:30a Live 2B Healthy 10a Daily Devotion 10:30a Reminisc 11a Brain Game 1p Manicures 2:30p Rosary 4p Drink Cart	31 Trail Mix Day 9:30a Morning Stretch 10a Daily Devotion 10:30a BINGO 2p Large Group Game 3p Snack Cart	1	2	3	4



Marla Vista
 Assisted Living & Memory Care