



PICNIC AT THE MOTHER CABRINI SHRINE

CLIMATE WORD SEARCH

W D R H R E H T A E W N U E C R N T E W
S I N W I N T E R R O O T P T W U V Y G
U U N L T O N M U T U A I D A I H V I
M R N I O N N O L E N A C I R R U H I D O
E A R M G R F L O O D I N G N Z Z G L Y
R L E A I E E G A T N E C R E P N I A C
P F C P T T T R V R L D Y O Y I D T M Z
Y O I P U T S T W A R V A G R H C V S L
M Z P N D A P H M O E G O P Y P F H M P
W O I O E P H R U A R L S T O R N A D O
E N T O M A O G O E O S T I T N O R F T
R E A S R N H A E R W I Y T I D I M U H
U I T N R T N N O C O N V E C T I O N S
S O I O H O H E M F O R E C A S T F Y T
S E O M M O T Z A R I D V R L F G L A O
E C N A U E W L N C N O I T C I D E R P
R I L S M L P E R U T A R E P M E T U L
P Y E E D U T I T A L R D S O E U D I A
W W S H I W O L Y S E A S O N S W A R C

Find the words hidden vertically, horizontally & diagonally throughout the puzzle.

WORDS

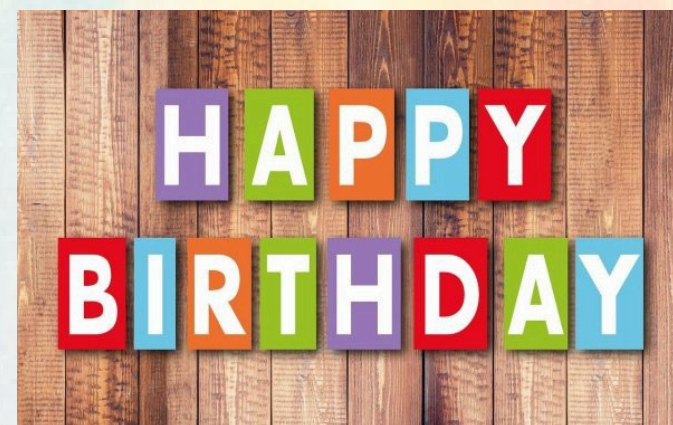
ANOMALY
ARID
AUTUMN
CLIMATE
CONVECTION
DIURNAL
DROUGHT
FLOODING
FORECAST
FRONT
GREENHOUSE
HUMIDITY
HURRICANE
LATITUDE
LONGITUDE
LOW
MAP
METEOROLOGY
MONSOON
NORMAL
OZONE
PATTERN
PERCENTAGE
PRECIPITATION
PREDICTION
PRESSURE
SEASONS
SPRING
SUMMER
TEMPERATURE
TIDE
TORNADO
WEATHER
WET
WINDY
WINTER

August 2021

Northglenn Heights
11475 Pearl Street
Northglenn CO, 80233

Tip for healthy aging: Eat Whole Foods

Load up on veggies, fruits, whole grains, nuts, and low-fat dairy. Eat less fatty meats, butter, sugar, salt, and packaged foods. Many studies have found that this diet can help protect against heart disease, cancer, Parkinson's, and Alzheimer's disease.



Mary Morales 8/5
Marge Kaepernick 8/8
Sandy VanDoren 8/19
Dolores Graham 8/20
Eldon Graham 8/24
Lynn Stull 8/28
Richard Lyons 8/30

ANNOUNCEMENT:

As many of you know, we have resumed transportation and outings! If you are needing personal transportation, these appointments must be booked on a TUESDAY, and also must be approved two weeks in advance. To have personal transportation approved please call Ariel, at (720) 897-6760 ex. 317 and leave a voicemail with the date, time and address.

Shopping trips will now take place on Thursdays, and will include King Soopers, Dollar Tree and Walmart. To be included on one of these please sign up at the front desk.



August 2021
Assisted Living Lifestyle & Leisure



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Catholic Gathering [C] 1	10:30 Total Body Fitness [C] 2 11:00 Group Chat [C] 1:30 Laugh Therapy- LOL [C] 3:00 Young Minds Brain Games in Library [L]	10:30 Joint Wellness & Stretching [C] 3 11:15 Daily Chronicles on the Big Screen [AR] 1:30 Classical Music & Watercolors [AR] 1:30 SHOPPING OUTING: Arc Thrift Store- Seniors 50% off 1:30 3:00 BINGO [AR]	10:00 Coffee & Donuts with Simone [AR] 4 10:30 Total Body Fitness [C] 11:15 Morning Trivia in the Fireplace Lounge 1:30 Pen Pals Letter Writing [AR] 3:00 Gameshows: Family Feud [L]	9:30 SHOPPING OUTING: Walmart at 9:30 5 10:30 Joint Wellness & Stretching 11:15 Daily Chronicles on the Big Screen [C] 1:30 Arts & Crafts [AR] 1:30 SHOPPING OUTING: King Soopers & Dollar Tree 3:00 BINGO in the Lofts [GR] 3:30 Jewelry Making Class w/ Rita [AR]	10:30 Total Body Fitness [C] 6 11:15 Daily Chronicles [C] 1:30 HAPPY HOUR in the Dining Room! [DR] 2:00 VETS & TUNES PERFORM [DR]	10:15 Saturday Stretching Group [C] 7 11:00 Bible Study in Chapel, hosted by Susan [C] 1:30 BINGO [AR] 3:00 Brain Games in the Library 3:00 New Life Christian Center Church Service [C]
10:30 Catholic Gathering [C] 8	10:30 Total Body Fitness [C] 9 11:00 Group Chat [C] 1:30 "Guess Who I Am" in the Fireplace Lounge 3:00 Young Minds Brain Games in Library [L]	10:30 Joint Wellness & Stretching [C] 10 11:15 Daily Chronicles on the Big Screen [AR] 1:30 Classical Music & Watercolors [AR] 3:00 BINGO [AR]	9:45 LIBRARY OUTING 9:45-11:15 11 10:30 Total Body Fitness [C] 11:15 Morning Trivia in the Fireplace Lounge 11:30 LUNCH OUTING- Gunther Toody's 11:30 1:30 Manicures and Makeovers in the Library! 1:30 Trivia and Games in the Fireplace Lounge 3:00 Everything from A to Z Game	9:30 SHOPPING OUTING: Walmart 9:30 12 10:30 Joint Wellness & Stretching 1:30 Gameshows: Are You Smarter than a 5th Grader 1:30 SHOPPING OUTING: King Soopers & Dollar Tree 1:30 3:00 BINGO in the Lofts [GR]	10:30 Total Body Fitness [C] 13 11:15 Daily Chronicles [C] 1:30 HAPPY HOUR in the Dining Room! [DR] 2:00 DAVID HARROWER PERFORMS	10:15 Saturday Stretching Group [C] 14 11:00 Bible Study in Chapel, hosted by Susan [C] 1:30 BINGO [AR] 3:00 Brain Games in the Library 3:00 New Life Christian Center Church Service & Communion [C]
10:30 Catholic Gathering [C] 15	10:30 Total Body Fitness [C] 16 11:00 Group Chat [C] 1:30 Laugh Therapy- LOL [C] 3:00 Young Minds Brain Games in Library [L]	10:30 Joint Wellness & Stretching [C] 17 10:30 Town Hall- Resident Council [DR] 11:15 Daily Chronicles on the Big Screen [AR] 1:30 Classical Music & Watercolors [AR] 3:00 BINGO [AR]	10:00 ADVENTURE OUTING: Golden Gate Canyon Drive & sack lunch 18 10:00 Coffee & Donuts with Simone [AR] 10:00 Coffee & Donuts with Simone [AR] 10:30 Total Body Fitness [C] 11:15 Morning Trivia in the Fireplace Lounge 1:30 Pen Pals Letter Writing [AR] 1:30 Trivia and Games in the Fireplace Lounge 3:00 Gameshows: Family Feud [L]	9:30 SHOPPING OUTING: Walmart 9:30 19 10:30 Joint Wellness & Stretching 11:15 Daily Chronicles on the Big Screen [C] 12:00 Birthday Luncheon 1:30 Arts & Crafts [AR] 1:30 SHOPPING OUTING: King Soopers & Dollar Tree 1:30 3:00 BINGO in the Lofts [GR]	10:30 Total Body Fitness [C] 20 11:15 Daily Chronicles [C] 11:30 LUNCH OUTING: Wishbone Cafe 1:30 HAPPY HOUR in the Dining Room! [DR] 2:00 JEFF KING PERFORMS	10:15 Saturday Stretching Group [C] 21 11:00 Bible Study in Chapel, hosted by Susan [C] 1:30 BINGO [AR] 3:00 Brain Games in the Library 3:00 New Life Christian Center Church Service [C]
10:30 Catholic Gathering [C] 22	10:30 Total Body Fitness [C] 23 11:00 Group Chat [C] 1:30 "Guess Who I Am" in the Fireplace Lounge 3:00 Young Minds Brain Games in Library [L]	10:30 Joint Wellness & Stretching [C] 24 11:15 Daily Chronicles on the Big Screen [AR] 1:30 Classical Music & Watercolors [AR] 3:00 BINGO [AR]	10:30 Total Body Fitness [C] 25 11:15 Morning Trivia in the Fireplace Lounge 11:30 ADVENTURE OUTING: Picnic at Charles Washburn Park 3:00 Everything from A to Z Game	9:30 SHOPPING OUTING: Walmart 9:30 26 10:30 Joint Wellness & Stretching 11:15 Daily Chronicles on the Big Screen [AR] 1:30 Gameshows: Are You Smarter than a 5th Grader 1:30 SHOPPING OUTING: King Soopers & Dollar Tree 1:30 3:00 BINGO in the Lofts [GR]	10:30 Total Body Fitness [C] 27 11:15 Daily Chronicles [C] 1:30 HAPPY HOUR in the Dining Room! [DR] 2:00 GARY MICHEALS PERFORMS	10:15 Saturday Stretching Group [C] 28 11:00 Bible Study in Chapel, hosted by Susan [C] 1:00 BINGO [AR] 3:00 New Life Christian Center Church Service & Communion [C]
10:30 Catholic Gathering [C] 29	10:30 Total Body Fitness [C] 30 11:00 Group Chat [C] 1:30 Laugh Therapy- LOL [C] 3:00 Young Minds Brain Games in Library [L]	10:30 Joint Wellness & Stretching [C] 31 11:15 Daily Chronicles on the Big Screen [AR] 1:30 Classical Music & Watercolors [AR] 3:00 BINGO [AR]	<div><div></div><div><div>Location Keys</div><div><div>Activtiy Room</div><div>AR</div></div><div><div>Chapel</div><div>C</div></div><div><div>Dining Room</div><div>DR</div></div><div><div>Game Room</div><div>GR</div></div><div><div>Library</div><div>L</div></div></div></div>			