

### **Directory of Information**

#### **Leadership** Team

**Director:** Tanner Erwin 319.533.0397 director@garnettplace.net

Assistant Director: Lindsey Graber 319.533.0441 assistantdirector@garnettplace.net

Health Care Coordinator: Becca Kimm, RN 319.538.6862 nurse@garnettplace.net

Assistant Health Care **Coordinator:** Andrea Mundell 319.206.4956 nurse2@garnettplace.net

#### Community Relations **Coordinator:**

Courtney Barksdale 319.533.5050 marketing@garnettplace.net

#### Life Enrichment Coordinator:

**Daniel Sanford** 319.929.6894 enrichlife@garnettplace.net

**Culinary Coordinator:** Jeremy Curl 319.533.0409 kitchen@garnettplace.net

### Transportation **Information:** 319.540.3630

Please inform transportation at least 48 hours in advance of drive needs.

> Appointment hours: 8:30 a.m. to 3:00 p.m. Monday, Wednesday, Thursday, Friday.

No transportation on Tuesdays Tuesdays are reserved for trips.

#### **Dining Room Hours** of Operation:

**Breakfast:** 7:00 a.m. to 9:00 a.m.

**Dinner (Lunch):** 11:00 a.m. to 1:00 p.m.

Supper: 4:00 p.m. to 6:00 p.m.

Times will vary per dining room. Please check with your server.

#### **Guest meals are** \$5 per person, per meal. (No visitors at this time)

We ask that you notify us if a guest is eating with you 24 hours in advance.

Additional snacks and beverages available 24/7.

## Garnett Place

## Community **Programs**

Games, **Puzzles and** Books

Feel free to borrow these items and take them back to your apartment. When done return to Lindsey so she can sanitize them.

### **Live 2B Healthy** MWF

10:00 am Live 2B Healthy will once again be meeting in the 202 Activity Room to have Brayden lead our class!

#### Music Therapy

Thursday, 10:00 a.m. This group requires registration, as therapy group sizes are small. Contact Lindsey at 316-533-0441 if you are interested in joining.

#### Garnett Gazette, August 2021

# Нарру **Birthday!**

August 14th Twyla H. August 17th Mary A. August 19th Leonard B. August 19th Mary M. August 20th Pat H. August 23rd Kathy H. August 26th Kathleen E.

## Walk to End Alzheimer's Fundraisers



**Professionally Managed by Jaybird Senior Living** 









#### Volume 21, Issue 8



Thank you for all of the generous donations to Garnett Place's Walk to End Alzheimer's Bake Sale!

With everyone's donations we are one step closer to reaching our community's goal!



319.362.3630 GarnettPlace.net

## **Community Reminders**

### **August Highlights**

#### August 1st

Friendship Day

August 4th

National Chocolate **Chip Cookie Day** 

August 8th Summer Olympic **Closing Ceremony** 

August 16th National Tell a Joke Day

#### August 21st

Senior Citizens' Day

## August 26th

National Dog Day

August 31st National Trail Mix Day

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## **Upcoming Meetings**

- Townhouse Council Meeting: August 3rd @ 9:30am in 202 Front Entrance Lobby
- Resident Council Meeting: August 24th @ 3:00pm in 202 Front Entrance Lobby
  - Resident Meeting: August 25th @ 3:00pm in 208 Lobby

## **Foot Doctor**

The Foot Doctor will be visiting August 10th. Please let Becca or Andrea know if you would like to be seen.

# **Snack Stations Update**

With the COVID-19 precaution updates, we will have the snack stations back open!

Until further notice, we will offer prepackaged goodies at the snack stations.

Please only take what you can eat so all residents have the chance to enjoy the snacks. Stay hydrated and stay healthy!

Visit us at GarnettPlace.Net or Facebook.com/GarnettPlace

# **Visiting Policy**

### **Indoor Visiting Policy**

Effective immediately, resident visits may be permitted under these guidelines, subject to change due to local COVID percentages:

With the change in weather, we are entering a new phase of our protocol that will allow for indoor visits of loved ones. In an effort to continue to make Garnett Place a safe space for all residents and employees, testing for COVID or proof of vaccination will be utilized before apartment visits. This is only available if the COIVD percentage for the county is below 10%.

As a reminder, despite our best efforts, visits may need to be suspended or delayed based on the county positivity rate and any active cases of COVID-19 within the Community. Whether you choose to test or not, a pre-visit symptom screen and questionnaire will be conducted.

Garnett Place appreciates your understanding as we continue to navigate the best courses of action during this pandemic. Please do not hesitate to reach out to us with any questions and we look forward to many happy reunions in the weeks and months to come.

Monday - Friday: 9am - 4pm Saturday & Sunday: 10:30am - 1pm

Please note that weekend times will fill up quickly. If you are interested in visiting on the weekends please schedule ahead by calling Garnett Place.

It is our goal to provide you much needed time with your loved ones while keeping everyone safe and healthy.

If any of the above policies are violated we reserve the right to end the visit early. We also reserve the right to change or cancel visits as we track COVID trends in our area.



#### **Recap:**

#### **Monday - Friday:** 9am - 4pm

Saturday & Sunday: 10:30am - 1pm

#### Call: 319-362-3630 to schedule your visit.

Visitors must wear a mask throughout the community in the common areas.

Two visitors allowed in residents' apartment at a time.

## **Community News**

Team Member **Recognition** 

#### **Happy Birthday**

Noreen K.—August 5 Bridgette M.—August 14 Billie Jo B.—August 15 Rebecca K.—August 27 Lillian A. – August 30

## **Online Apparel Store**

Garnett Place now has an online apparel store for all residents, family, and staff to order from! Any apparel ordered from the site will be shipped directly to the shipping address that is provided.

The website link is shown in the image below:



Logan O.—August 7 Bridgette M.—August 15



## **Your Resident Council Representatives**

We're here to represent you.

Bernadean S. Elayne G. Shirley J. Dave H.



Visit us at GarnettPlace.Net or Facebook.com/GarnettPlace

# **Coordinator Greetings**

## Welcome to August

s most of you have heard, my wife and I are currently building a house in Mt. Vernon. I am excited that I will be living closer to Garnett Place! We will close on our house August 19<sup>th</sup> and move in soon after.

My wife and I also have a trip to Colorado coming up at the beginning of August that will overlap with our first year wedding anniversary on August 9th. I plan to do a presentation sometime in September to share about our trip and share pictures with everyone.

We are experiencing our wonderful August heat, for those of you that enjoy sitting outside, make sure you take breaks to come inside to cool off and hydrate by drinking lots of water.

**Tanner Erwin**, Director





## Welcome Home!

## Jane M.

## **Coordinator Greetings**

### **Garnett Place Family**

appy August Everyone-I feel like this summer has flown by! We continue to welcome new residents every month, but there's always room for a new neighbor. July was a great start for our tour bonus program! We gave several rent discounts out for saying great things about Garnett Place during family tours, but we'd like to give out even more this month. If you have any questions about how you can earn this discount on your rent, please come see me!

Our fundraising efforts for the Alzheimer's Association Walk to End Alzheimer's are going well. At the end of July, we had raised about \$850 toward our goal of \$1,500. Keep your eyes open for additional fundraisers throughout August and September, and let us know if you would like to make a contribution to this incredible cause.

**Courtney Barksdale**, **Community Relations Coordinator** 



ello Garnett Place, August has arrived. The warm Summer heat is upon us. I hope everyone has been staying very well hydrated and monitoring the amount of sun exposure while being outdoors.

The grilling on Fridays has been going over well in the kitchen, I will be putting a few fish items back on the menus as well. This gives a wide variety of main dishes for everyone to have the chance to enjoy their favorites.

If there are any other suggestions for favorite food items please let me know, I enjoy hearing from everyone!

Jeremy Curl, **Culinary Coordinator** 



elcome to August! Wow, has Summer really flown by! For those of you that have been spending time outdoors, you know that the heat has set in for the Summer. Make sure you are all staying well hydrated with water and getting plenty of cool air!

The Iowa State Fair will begin in a short couple of weeks. My husband and I will be taking a weekend away while attending the fair and enjoying many delicious treats! My husband and I have our first wedding anniversary coming up on August 15th, so we look forward to celebrating that while we are at the fair as well. I hope everyone has a great month and is able to enjoy the Summer heat while it's here!

Lindsey Graber, **Assistant Director** 



Visit us at GarnettPlace.Net or Facebook.com/GarnettPlace



## **Coordinator Greetings**

#### **Kitchen Updates**



#### **Stay Cool!**



## **Coordinator Greetings**

#### **Stay Safe Outdoors**

appy August! August is my favorite month as it's my birthday month (27<sup>th</sup>)! On August 10th the podiatrist will be visiting so please let me know if you would like to be seen if you • have not already. August is also known for being extremely hot and humid! While spending time outdoors this month please make

sure you are drinking enough water and spending time in the shade as well. As we age our bodies tend not to do as well in the heat!

I'm extremely excited to welcome Andrea, our new Assistant Healthcare Coordinator to the Garnett family! She is a great asset to Garnett Place, so please give her a warm welcome as you see her around the community!

Becca Kimm,

Healthcare Coordinator

### **Greetings!**

y name is Daniel Sanford and I am the new Life Enrichment Coordinator at Garnett Place. It's my pleasure to

serve each of our residents and families ■ as we work, together, to enrich each other's lives through: Enrichment of Mind, Enrichment of Body, and Enrichment of Spirit. Our activities and celebrations will all be directed toward these purposes. I look forward to getting to know all of our Garnett family - those who live within and those who support from the outside - much better in the days ahead!

Daniel Sanford,

Life Enrichment Coordinator







ello everyone, my name is Andrea Mundell and I am the new Assistant Health Care Coordinator at Garnett Place. I have been a nurse for two years. Prior to working at Garnett Place, I was a nurse on the Cardiac Stroke unit at Mercy Medical Center.

I am very excited to start this new journey and become a part of the team!

Outside of working, I love going for bike rides and spending my free time outside when possible. I look forward to getting to know everyone much better! Andrea Mundell, **Assistant Health Care** Coordinator



## Welcome Andrea!



## **Activity Photos**



## 4th of July Cook Out!





**Kona Shaved** Ice Truck came for the 4th of July Cookout, everyone kept cool with the sweet treat!







Visit us at GarnettPlace.Net or Facebook.com/GarnettPlace



The Ding-a-Lings **Bell Choir** Performed at the 4th of July Celebration

## **Activity Photos**



## **Ding-a-Lings Bell Choir led by Elayne**

Please talk with Lindsey-319-533-0441

or

Elayne- 319-551-4492

if you are interested or you know someone that might be interested in joining the Bell Choir!



Visit us at GarnettPlace.Net or Facebook.com/GarnettPlace

# **Exciting News**

# **Coming Soon...**



First Dates: August 21st—9:30AM-3:30PM August 28th-9:30AM-3:30PM \*\*Open House: Friday, September 3rd from 1:00-3:00PM\*\* September 4th-9:30AM-3:30PM September 9th-10:00AM-12:00PM & 1:00PM-4:00PM Everyone is welcome to join!! Invite all friends and neighbors within the community to join in on the excitement! \*More dates to be announced

Questions? Contact Elayne-319.551.4492



202 35th St. Dr. S.E., Cedar Rapids, IA (319) 362-3630

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### The Creativity HUB will be open **Saturdays and Thursdays**

## **Community News**

## **Keeping in Touch & Staying Connected**

## We encourage family and friends to follow us at www.facebook.com/GarnettPlace to stay updated and to see activity pictures from our community events!

Join the LifeShare Family Mobile App to stay connected with the community's updates and activities!

#### MOBILE APP **How to Access Community Information** on the LifeShare Family Mobile App for

FAMILY

1. Download the LifeShare Mobile App by searching "LifeShare Family" in the App Store. Click "Download" and then "Open" when the App has finished downloading.

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2. Click the "I have a Community Access Pin" button.

3. Enter "0202" and click "Sign In."



Garnett Place 202 35th Street Drive SE, Cedar Rapids, IA 52403 (319) 362-3630



Visit us at GarnettPlace.Net or Facebook.com/GarnettPlace





# **Activity News**