





Live More



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <h1>August</h1>  <h2>The Hearth at Gardenside Senior Living</h2>				<p>LIVE MORE DIRECTOR Linda Capaubo</p> <p>LIVE MORE COORDINATORS Catherine, Clive, Ellie, Jayla, Lea, Mara, Maryann, Shirley, Teryn, Tulie and Zenia</p> <p>CHAUFFEUR Robert Hohman</p>			
<p>1</p> <p>10:00 Televised Mass - (Channel 9 or 11) - GR</p> <p>10:45 Move & Groove with Susie Q - GR</p> <p>11:30 Russian Artist Michael Zajkov's Realistic Dolls on YouTube - (National Doll Day) - GR</p> <p>1:00 Art class with Maryann - GR</p> <p>3:00 Bingo - GR</p> <p>6:15 Movie - GR</p>	<p>2 SHOPPING DAY</p> <p>9:45 Adult Coloring - Color & Sip - (National Coloring Book Day) - GR</p> <p>10:30 LifeLong Therapeutics Fitness Program with Jeff - GR</p> <p>11:30 History of the Nation's Capitol on YouTube - (A Capital, Capitol Day) - GR</p> <p>1:00 Walking Path Stroll - Meet on the Patio</p> <p>2:15 Bingo - GR</p> <p>3:30 Mingle Monday Social Hour - GR</p> <p>6:15 Movie - GR</p>	<p>3</p> <p>9:45 Peach Categories - GR</p> <p>10:15 Audio Book Club - (A Farewell to Arms) - GR</p> <p>11:15 Tony Bennett on YouTube - (Birthday - Born in 1926) - GR</p> <p>1:00 Balloon Volleyball - GR</p> <p>2:00 Bargain Bonanza! - GR</p> <p>2:30 All About Peaches on YouTube - (Peach Month) - GR</p> <p>3:00 ElderSong Bingo - GR</p> <p>4:00 About Georgia the Peach State on YouTube - GR</p> <p>6:15 Movie - GR</p>	<p>4</p> <p>9:45 What Am I? - GR</p> <p>10:30 LifeLong with Tony (Fitness) - GR</p> <p>11:30 Golf Putting - Patio</p> <p>1:00 Wii Wheel of Fortune - GR</p> <p>1:45 Louis Armstrong on YouTube - (Birth Anniversary - 1901-1971) - ("Well, Hello Dolly" Day) - GR</p> <p>2:30 Queen Elizabeth, the Queen Mother on YouTube - (Birth Anniversary - 1900-2002) - GR</p> <p>3:00 Kings in the Corner - GR</p> <p>3:30 Wine Wednesday Social - GR</p> <p>3:45 The Coast Guard on YouTube - GR</p> <p>6:15 Movie - GR</p>	<p>5</p> <p>9:45 Manicures with Linda and Catherine - (Pamper Yourself Day) - GR</p> <p>10:30 Sing Along with Susie Q (Grandma's Parlour) - GR</p> <p>11:15 Bodies of Water Puzzle - GR</p> <p>1:00 Bridge Club - Sunroom</p> <p>1:00 Linkee & Oo! Puzzle - GR</p> <p>1:30 Scenic Ride</p> <p>2:00 Neil Armstrong on YouTube - (Birth Anniversary - 1930-2012) - GR</p> <p>2:45 Walking Path Stroll - Patio</p> <p>3:00 Kings in the Corner - GR</p> <p>3:15 Renderver Virtual Reality - Parlor</p> <p>3:30 Wii Bowling / 6:15 Movie - GR</p>	<p>6</p> <p>9:45 Morning Chit Chat - GR</p> <p>10:00 Televised Mass - (Channel 9 or 11) and Eucharist with Sheila - GR</p> <p>10:45 Small Words in the Big Word - GR</p> <p>1:00 Bingo and Root Beer Floats - (A & W Root Beer Float Day) - GR</p> <p>2:15 Words with "CE" in Them - GR</p> <p>3:00 Lucille Ball on YouTube - (Birth Anniversary - 1911-1989) - GR</p> <p>3:30 Social Hour - GR</p> <p>6:15 Movie - GR</p>	<p>7</p> <p>9:45 Who Wants to be a Millionaire - GR</p> <p>10:15 Kwizniac - GR</p> <p>10:45 Familiar Faces Bingo - GR</p> <p>1:00 Wii Bowling - GR</p> <p>2:00 Ireland's County Donegal on YouTube - (Fanad Head Lighthouse) - (National Lighthouse Day) - (Monthly Theme) - GR</p> <p>3:00 Bingo - GR</p> <p>6:15 Movie - GR</p>	
<p>8</p> <p>10:00 Televised Mass - (Channel 9 or 11) - GR</p> <p>10:45 Music 'n Motion - GR</p> <p>11:15 Esther Williams on YouTube - (Birth Anniversary - 1921-2013) - ("America's Mermaid" Day) - GR</p> <p>1:00 Art Class with Maryann - GR</p> <p>3:00 Bingo - GR</p> <p>6:15 Movie - GR</p>	<p>9 SHOPPING DAY</p> <p>9:45 Pesky Little "Ant" Puzzle - GR</p> <p>10:30 LifeLong Therapeutics Fitness Program with Jeff - GR</p> <p>11:30 Facts about Melons and Melon Sculptures on YouTube - (Melon Monday) - GR</p> <p>1:00 Walking Path Stroll - Meet on the Patio</p> <p>2:15 Bingo & Ice Cream Sundaes - GR</p> <p>3:30 Mingle Monday Social Hour - GR</p> <p>6:15 Movie - GR</p>	<p>10</p> <p>9:45 Rare & Valuable Coins on YouTube - (Cha-Ching Day) - GR</p> <p>10:15 Audio Book Club - (A Farewell to Arms) - GR</p> <p>11:15 Sudoku - GR</p> <p>1:00 Balloon Volleyball - GR</p> <p>2:00 Timeless Trivia (DVD) - GR</p> <p>3:00 Giant Crossword Puzzle - GR</p> <p>3:45 Candid Camera Classics on YouTube - ("You're on Candid Camera" Day) - (Premiered on TV - 1948) - GR</p> <p>6:15 Movie - GR</p>	<p>11</p> <p>9:45 Sing Along with Susie Q (In the Mood) - GR</p> <p>10:30 LifeLong with Tony (Fitness) - GR</p> <p>11:30 Legends Behind the Different Constellations on YouTube - (Shooting Stars Day) - GR</p> <p>1:00 Cornhole Game - Patio</p> <p>2:00 Scenic Ride</p> <p>2:00 Jim Sheehan Performs in the Main Dining Room</p> <p>3:15 Kings in the Corner - GR</p> <p>3:30 Wine Wednesday - GR</p> <p>3:45 Elvis Presley on YouTube - (Elvis Week) / 6:15 Movie - GR</p>	<p>12</p> <p>9:45 Finish the Saying Puzzle - GR</p> <p>10:30 Elephants on YouTube - (World Elephant Day) - GR</p> <p>11:15 Category Trivia - GR</p> <p>1:00 Bridge Club - Sunroom</p> <p>1:00 Wii Wheel of Fortune - GR</p> <p>2:00 Scenic Ride</p> <p>2:00 Everybody Knows! - GR</p> <p>2:45 Walking Path Stroll - Meet on the Patio</p> <p>3:00 Kings in the Corner - GR</p> <p>3:30 Wii Bowling / 6:15 Movie - GR</p>	<p>13</p> <p>9:45 Morning Chit Chat - GR</p> <p>10:00 Televised Mass - (Channel 9 or 11) - GR</p> <p>10:45 History of Friday the 13th on YouTube - (Why is it Unlucky?) - GR</p> <p>11:15 Elvis Presley Name That Tune - GR</p> <p>1:00 Bingo - GR</p> <p>2:15 Summer Insects Puzzle - GR</p> <p>3:00 Annie Oakley on YouTube - (Birth Anniversary - 1860-1926) - (Annie Oakley Day) - GR</p> <p>3:30 Social Hour / 6:15 Movie - GR</p>	<p>14</p> <p>9:45 Pokemo - GR</p> <p>10:30 Move & Groove with Susie Q - GR</p> <p>11:15 Navigation Puzzle - GR</p> <p>1:00 Wii Bowling - GR</p> <p>2:00 V-J Day on YouTube - (End of World War II) - GR</p> <p>3:00 Bingo - GR</p> <p>6:15 Movie - GR</p>	
<p>15</p> <p>10:00 Televised Mass - (Channel 9 or 11) - GR</p> <p>10:45 FitXpress Easy Tai Chi - (National Relaxation Day) - GR</p> <p>11:30 Pictionary - GR</p> <p>1:00 Sundae Sunday with Maryann - GR</p> <p>3:00 Bingo - GR</p> <p>6:15 Movie - GR</p>	<p>16 SHOPPING DAY</p> <p>9:45 Veggies and Fruits for Your Health Quiz - GR</p> <p>10:30 LifeLong Therapeutics Fitness Program with Jeff - GR</p> <p>11:30 History of Lighthouses on YouTube - (Lighthouse History Day) - (Theme of the Month) - GR</p> <p>1:00 Walking Path Stroll - Meet on the Patio</p> <p>2:15 Lighthouse Bingo - GR</p> <p>3:30 Mingle Monday Social Hour - GR</p> <p>6:15 Movie - GR</p>	<p>17</p> <p>9:45 In the Good Ol' Summertime Puzzle - GR</p> <p>10:15 Audio Book Club - (A Farewell to Arms) - GR</p> <p>11:15 Name That . . . ! Person, Place or Thing . . . - GR</p> <p>1:00 Balloon Volleyball - GR</p> <p>2:00 Wacky Wordies - GR</p> <p>2:45 Familiar Faces Bingo - GR</p> <p>3:30 National Parks Puzzle - GR</p> <p>4:00 Best Places to Travel in 2021 on YouTube - (Vacation Memories Day) - GR</p> <p>6:15 Movie - GR</p>	<p>18</p> <p>9:45 Tower of Hercules Mining - GR</p> <p>10:30 LifeLong Therapeutics Fitness Program with Tony - GR</p> <p>11:30 Robert Redford on YouTube - (Birthday - 1936) - GR</p> <p>1:00 ElderSong Bingo - GR</p> <p>2:00 Scenic Ride</p> <p>2:30 Rosalynn Carter on YouTube - (Birthday - 1927) - GR</p> <p>3:00 Kings in the Corner - GR</p> <p>3:30 Wine Wednesday Social - GR</p> <p>3:45 Women's Right to Vote (1920) on YouTube - (19th Amendment) - GR</p> <p>6:15 Movie - GR</p>	<p>19</p> <p>9:45 Small Words in the Big Word - GR</p> <p>10:30 Floor Bowling - GR</p> <p>11:15 Keep Your Brain Young - GR</p> <p>1:00 Bridge Club - Sunroom</p> <p>1:00 Linkee and Random Trivia - GR</p> <p>2:00 Scenic Ride</p> <p>2:00 Orville Wright on YouTube - (Birth Anniversary - 1871-1948) - GR</p> <p>2:45 Walking Path Stroll - Patio</p> <p>3:00 Kings in the Corner - GR</p> <p>3:15 Renderver Virtual Reality - Parlor</p> <p>3:30 Wii Bowling / 6:15 Movie - GR</p>	<p>20</p> <p>9:45 Morning Chit Chat - GR</p> <p>10:00 Televised Mass - (Channel 9 or 11) and Eucharist with Sheila - GR</p> <p>10:45 Melon Categories - GR</p> <p>11:15 Alphabetics - GR</p> <p>1:00 Bingo & Lemonade - GR</p> <p>2:15 Mixed-Up State Fair Puzzle - GR</p> <p>3:00 All About Lemonade on YouTube - (Lemonade's Birthday - 1630) - GR</p> <p>3:30 Social Hour - GR</p> <p>6:15 Movie - GR</p>	<p>21 NATIONAL SENIOR CITIZENS DAY</p> <p>9:45 Keep Your Brain Stronger For Longer - GR</p> <p>10:15 Cadillac on YouTube - (Cadillac's Birthday is Tomorrow - 1902) - GR</p> <p>11:00 Sing Along with Susie Q (50's Fun) - GR</p> <p>1:00 Wii Bowling - GR</p> <p>2:00 Family Feud on the White Board - GR</p> <p>3:00 Bingo - GR</p> <p>6:15 Movie - GR</p>	
<p>22</p> <p>10:00 Televised Mass - (Channel 9 or 11) - GR</p> <p>10:45 Move & Groove with Susie Q - GR</p> <p>11:30 Mormon Choir (Group's History) on YouTube - (First Performance - 1847) - GR</p> <p>1:00 Art Class with Maryann (Sunflower Day) - GR</p> <p>3:00 Bingo - GR</p> <p>6:15 Movie - GR</p>	<p>23 SHOPPING DAY</p> <p>9:45 Wii Wheel of Fortune - GR</p> <p>10:30 LifeLong Therapeutics Fitness Program with Jeff - GR</p> <p>11:30 Walking Tour on YouTube - (American Adventures Month) - GR</p> <p>1:00 Walking Path Stroll - Meet on the Patio</p> <p>2:15 Bingo - GR</p> <p>3:30 Mingle Monday Social Hour - GR</p> <p>6:15 Movie - GR</p>	<p>24</p> <p>9:45 Mind Joggers - GR</p> <p>10:15 Audio Book Club - (A Farewell to Arms) - GR</p> <p>11:15 Elizabeth Taylor on YouTube - GR</p> <p>1:00 Balloon Volleyball</p> <p>2:00 Sing Along with Susie Q (Boots and Hearts) - GR</p> <p>3:00 What Am I? - GR</p> <p>3:45 Gem Trivia and Mythology (Birthstone) on YouTube - (A Gem of a Day) - GR</p> <p>6:15 Movie - GR</p>	<p>25</p> <p>9:45 The Cat's Meow Revisted - GR</p> <p>10:30 LifeLong Therapeutics Fitness Program with Tony - GR</p> <p>11:30 Everybody Knows! - GR</p> <p>1:00 Giant Crossword Puzzle - GR</p> <p>2:00 Scenic Ride</p> <p>2:30 TV Game Show Hosts Past and Present on YouTube - (TV Game Show Host Day) - GR</p> <p>3:00 Kings in the Corner - GR</p> <p>3:30 Wine Wednesday - GR</p> <p>3:45 Clark Gable on YouTube - GR</p> <p>6:15 Movie - GR</p>	<p>26</p> <p>9:45 What's Next - GR</p> <p>10:15 Lighthouses on YouTube - (This Little Light(house) of Mine Day) - GR</p> <p>11:00 Mixed-up Dogs Puzzle - GR</p> <p>1:00 Talk-about Ball - GR</p> <p>1:00 Bridge Club - Sunroom</p> <p>2:00 Scenic Ride</p> <p>2:00 Dogs on YouTube - (National Dog Day) - GR</p> <p>2:45 Walking Path Stroll - Patio</p> <p>3:00 Kings in the Corner - Sunroom</p> <p>3:00 FOX Presentation - GR</p> <p>3:30 Wii Bowling / 6:15 Movie - GR</p>	<p>27</p> <p>9:45 Morning Chit Chat - GR</p> <p>10:00 Televised Mass - (Channel 9 or 11) - GR</p> <p>10:45 Golf Putting - (Puttering Around Day) - Patio</p> <p>11:15 Strengthen Your Mind - GR</p> <p>1:00 Bingo & Ice Cream Sundaes - GR</p> <p>2:15 Small Words in Big Word - GR</p> <p>3:00 Fascinating History of Golf in St. Andrews, Scotland on YouTube - (Golf Month) - GR</p> <p>3:30 Social Hour - GR</p> <p>6:15 Movie - GR</p>	<p>28</p> <p>9:45 Keep an Open Mind - GR</p> <p>10:15 Music 'n Motion - GR</p> <p>11:00 "I Have a Dream" Speech by Dr. Martin Luther King, Jr. on YouTube - (He gave his famous speech at the Lincoln Memorial in 1963) - GR</p> <p>1:00 Wii Bowling - GR</p> <p>2:00 Horseshoes (Ringer Day) - Patio</p> <p>2:30 History of Horseshoes on YouTube - (Horseshoe Pitching Month) - GR</p> <p>3:00 Bingo / 6:15 Movie - GR</p>	
<p>29</p> <p>10:00 Televised Mass - (Channel 9 or 11) - GR</p> <p>10:45 Music, Memories and Motion - GR</p> <p>11:15 Shade Categories - (Wear Sunglasses on a Sunday) - GR</p> <p>1:00 Art Class with Maryann - GR</p> <p>3:00 Bingo - GR</p> <p>6:15 Movie - GR</p>	<p>30 SHOPPING DAY</p> <p>9:45 Mixed-up Tennis - GR</p> <p>10:30 LifeLong Therapeutics Fitness Program with Jeff - GR</p> <p>11:30 Shirley Booth on YouTube - (Birth Anniversary - 1898-1992) - GR</p> <p>1:00 Walking Path Stroll - Meet on the Patio</p> <p>2:15 Bingo & Ice Cream Sundaes - GR</p> <p>3:30 Mingle Monday Social Hour - GR</p> <p>6:15 Movie - GR</p>	<p>31</p> <p>9:45 ElderSong Bingo - GR</p> <p>10:30 Audio Book Club - (A Farewell to Arms) - GR</p> <p>11:30 Lana Turner on YouTube - GR</p> <p>1:00 Balloon Volleyball - GR</p> <p>2:00 Airborne Jazz Performs in the Main Dining Room</p> <p>3:15 Renderver Virtual Reality - Parlor</p> <p>3:30 Floor Bowling - GR</p> <p>6:15 Movie - GR</p>	 <p>LIKE US ON facebook</p> <p>www.facebook.com/TheHearth/</p>		<p>A Caregiver Support Group called Comfort Connections will meet the First Tuesday of each month at 10:30 a.m. in the ING Room.</p> <p>This group is free of charge and is open to the family members and friends of the Gardenside residents as well as the community.</p>		<p style="text-align: center;">SHOPPING DAY (MONDAY)</p> <p style="text-align: center;">10:00 A.M. DEPARTURE TO DOLLAR TREE, BIG Y & CVS</p> <p style="text-align: center;">2:00 P.M. DEPARTURE TO WALMART</p>

