

# Resident Engagement Idea of the Week

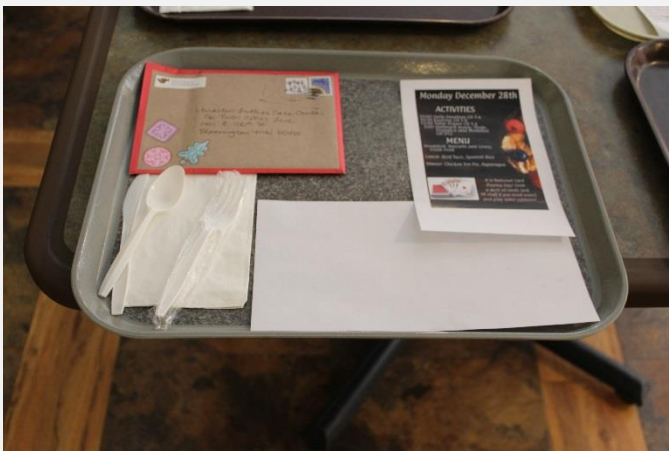
## This Week's Idea: "Connecting Through Meal Trays"

At MLCC, staff have been using meal trays to brighten resident's days. During the month of December, each resident received a daily advent bag on their lunch tray consisting of a daily bible verse, a Christmas sticker and a piece of candy. In addition, the Active Living team has been providing residents with a daily schedule on their breakfast trays so that they know what is happening for the day as oppose to weekly or monthly schedules which often change from the time they are printed. Cards sent in from neighbors and community members are also often added to the trays.

**Community:** Martin Luther Care Center

## Instructions:

1. Active Living team create/ put together advent bags, print out verses, schedules etc.
2. Active Living team and Dietary staff work together to distribute onto trays



**How It's Going:** The residents at Martin Luther Care Center have loved having a little extra something to look forward to at meal times and receiving the daily schedules. Staff have found it to be a simple but meaningful way to reach all residents.