

Resident Engagement Idea of the Week

This Week's Idea: “Batless Baseball”

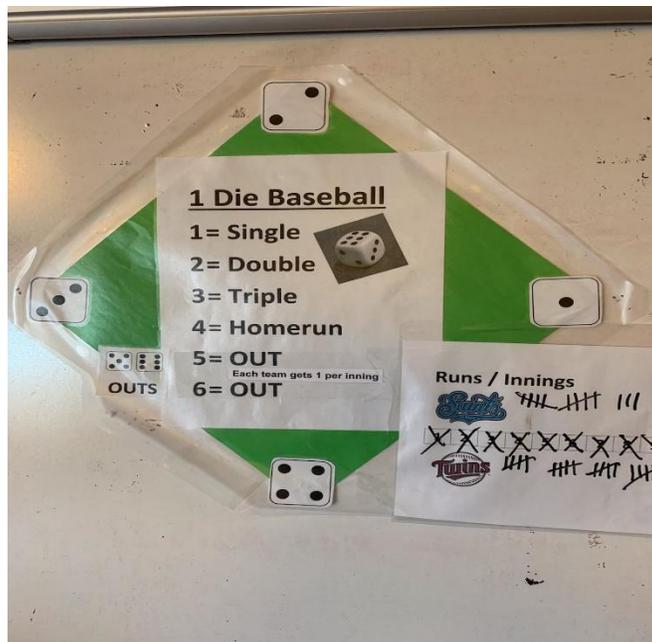
Community members of Arbor Lane in Burnsville recently played a game of “batless baseball” and had a wonderful time filled with lot of laughs.

Community: Arbor Lane Memory Care community

Instructions:

Batless Baseball

- Create a baseball diamond like the one in the picture and cover it with clear contact paper to make it reusable. Activity Director, Jody Mixter made their chart like an old-fashioned score board with innings across the top and the names on the side and 9 boxes for each team representing nine innings. *(see below)*



representing nine
example in picture

- Divide into two teams. Let teams name themselves or have it preprinted on the game board.

- Each team takes turns rolling the die. A teams turn is over when they get a predetermined number of outs . 1, 2, or 3.

Use the board for the following instructions.

If you roll a 1 it is a single

- ✓ 2 is a double
- ✓ 3 is a triple
- ✓ 4 is a homerun
- ✓ 5 is a fly out
- ✓ 6 is a strike out

- Use a dry erase marker to move the runners around the bases. Tally the number of runs for the inning and write the total for each inning. Play 9 full innings the team with the highest score wins.

Note; For an Assisted Living Group you may want to add another die and 6 more scenarios For example the following

- ✓ 7= single
- ✓ 8= walk
- ✓ 9= hit by pitch take first base
- ✓ 10= fly out
- ✓ 11= walk
- ✓ 12= home run

Note with two dice you won't have any 1's rolled

Optional added fun:

- o Sing take me out to the ball game for the seventh inning stretch.
- o Tell them if someone hits a grand slam you will run around the room.
- o Have the person who rolled the die run in place.
- o Have peanuts/ popcorn/ cracker Jack prizes for the winning team.
- o Have a tournament that lasts multiple weeks.
- o Anything else you can think of to create fun excitement and high energy!!

How It's Going:

It has been a way to baseball enjoy a game is not only great exercise.



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