

### MacPhail Music for Life™

#### Theme: Rain, Rain, Rain

YouTube Playlist: <u>https://www.youtube.com/playlist?list=PLFTw3dKr7K0tveYZnhAn-1BQl8Ym0gcAo</u>

#### Props for Reflecting:

Umbrella, galoshes

#### ACTIVITIES

#### Opening Rituals:

#### **Body Warmups:**

• <u>Oh What a Beautiful Morning (review from last week)</u>

<u>Chorus</u> – raise and lower each arm ("Oh, what a beautiful morning, oh, what a beautiful day); then both arms up together, extend out and back to self on ("I've got a beautiful feeling, everything's going my way")

<u>Verse 1</u> – Alternate hands to forehead to look ("bright golden haze on the meadow", repeat) Climbing/reaching motion with hands "(the corn is as high as an elephant's eye and it looks like it's reaching clear up to the sky"...)

**Repeat Chorus** 

<u>Verse 2</u> – Stand very still with arms crossed in front like a Genie in a bottle ("cattle standing like statues")

After singing "little brown maverick is winking his eye", Singers wink at each other

Repeat Chorus

Verse 3 - Alternate hand to ear and lean ("all the sounds of the earth")

Flowing figure 8 motion with arms, (the breeze is so busy it don't miss a tree ...)

Point as you see a tree ("and an old weepin' willow is laughin' at me") then Singers LAUGH long and loud!

**Repeat Chorus** 

#### Vocal Warmups:

- Tongue clicks to the rhythm of *Raindrops Keep Falling on My Head* (tongue is important articulations for speech and singing for crisp consonants, needs exercise)
- *My Fair Lady* articulators: "The Rain in Spain stays mainly on the Plain", "In Hertford, Hereford, and Hampshire, hurricanes hardly ever happen."
- Tongue twisters do you know any? (She sells sea shells by the sea shore, rubber baby buggy bumpers)



#### Singing:

#### April Showers

"April Showers bring \_\_\_\_\_

Here's a joke: "If April showers bring May flowers, then what do Mayflowers bring?" Answer: Pilgrims! Fun fact: in April, we get an average of 2.5 inches of SNOW (nearly five times more than the month of October!) Over the last 100 years, it has snowed in April 56 times.

The largest April snowstorm in the Twin Cities was the <u>April 13-16, 2018 Thunder Blizzard</u> that dropped 15.8 inches at the Twin Cities International Airport.

#### • Singing in the Rain

Name some of the stars from the movie Singing in the Rain. (Gene Kelly, Donald O'Connor, Debbie Reynolds.

Can you guess the year the movie came out? (1952)

#### Interesting facts:

- During the filming of the dance sequence when Gene Kelly dances through puddles with his umbrella, he was actually sick with a 103 degree fever!
- Debbie Reynolds wasn't a dancer, her background was as a gymnast. Gene Kelly wasn't kind to her about her dancing, and once she was crying in the studio and when Fred Astaire happened to come in and find her that way, he offered to help her with her dancing.
- The dance sequence for "Good Morning" took form 8am to 11 pm to shoot! Afterwards Debbie Reynolds feet were bleeding.
- After filming the "Make 'Em Laugh" sequence, Donald O'Connor had to stay in the hospital for several days because he had to smoke up to 4 packs of cigarettes a day.

#### • <u>Raindrops Keep Falling on My Head</u>

Complete the sayings:		
It's raining, it's	(pouring)	
Rain, rain go away come again		(some other day)
As right as (rain)		
After a storm comes	(the calm)	
The calm before	(the storm)	
Come rain or	_ (shine)	
Come wind come	(weather)	
Don't rain on my	(parade)	
Every cloud has a	(silver lining)	
Eye of the	(storm)	
I wandered lonely as a	(cloud)	
Into every life a little rain	(must fall)	
Let a smile be your	(umbrella)	
Rain before seven, fine before	(eleven)	)
It's raining cats	(and dogs)	

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Soaked to the \_\_\_\_\_\_ (skin) When it rains, it \_\_\_\_\_\_ (pours) You don't need a weatherman to know which way \_\_\_\_\_\_ (the wind blows) Discussion: Did anyone live in a house with a tin roof? How 'bout when it rained!?

#### Look for the Silver Lining

The best-known version of this song was recorded by Judy Garland Introduce Artist Bio: Judy Garland (see attached photos & biography information)

#### Somewhere Over the Rainbow

#### Playing:

- Make a rainstorm:
  - 1. Rub hands together, or rub hands on lap
  - 2. Tap just one or two fingers together
  - 3. Lightly tap hands/clap
  - 4. Increase clapping
  - 5. Add stomping
  - 6. Reverse the order to make the storm die down

#### Moving:

- View Singin' in the Rain clip and move with Gene, tap toes, splash and jump in puddles
- View I Wish It Would Rain and add dance/movement

Little April Showers (from Bambi) <u>https://www.youtube.com/watch?v=HXzb08oTGdc</u> The Everly Brothers: Crying in the Rain <u>https://www.youtube.com/watch?v=qox-X5zr0IM</u> Johnny Ray: Walking in the Rain <u>https://www.youtube.com/watch?v=8uCsvWgmjwg</u> Serendipity Singers: Don't Let the Rain Come Down <u>https://www.youtube.com/watch?v=KtBGG49T50E</u>

#### **Closing Rituals:**

• 'Til We Meet Again



#### JUDY GARLAND BIO

- Born "Frances Ethel Gumm" June 10, 1922 in Grand Rapids, MN
- Her parents ran a movie theater that featured vaudeville acts
- She first performed with her sisters when she was 3 years old singing a version of "Jingle Bells"
- Moved to California in 1926
- Performed as a trio with her sisters, mother managed
- 1935 a scout was sent to watch their performance, and then Judy was brought in to do a screen test at MGM studios
- When she was signed she was 13, and very petite only 4'11.5" and looked young and "cute" instead of like the beautiful movie stars of the time, so the studio didn't know what to do with her. She became very insecure about her appearance.
- She came to the attention of studio execs when she sang a rendition of "Zing went the Strings of My Heart" to Clark Gable at a birthday party for him.
- She was cast in musical films opposite Mickey Rooney. Because of the hectic filming schedule, the studio had the cast members take amphetamines to stay awake for filming, and barbiturates to help them sleep afterwards. She claimed this contributed to her struggles with drug addiction later.
- Although she was a healthy weight, the studio demanded that she diet. They even went as far as only serving her a bowl of soup and plate of lettuce when she ordered her meal. She was also given tobacco to suppress her appetite when she was filming "the Wizard of Oz"
- After Oz, she filmed three musicals and struck up her first romance, with bandleader Artie Shaw. She was devastated when he eloped with Lana Turner.
- Next, she became involved in a relationship with musician David Rose who was still married at the time. He gave her an engagement ring for her 18<sup>th</sup> birthday, but the studio intervened and they agreed to wait until his divorce was final. During that waiting time, she had a brief affair with Johnny Mercer; but later Garland & Rose married in 1941. After just 2 years, they separated and then divorced.
- She had 2 abortions in 1941 when she was pregnant with Rose's child because the studio had not sanctioned the pregnancy, and in 1943 when she became pregnant with Tyrone Power's child during their affair.
- Her next movies were hits "For Me & My Gal" and "Meet Me in St. Louis"
  - Vincente Minnelli was the director for "Meet Me" and they later became romantically involved and were married in 1945. Their daughter, Liza, was born in 1946; but they divorced by 1951.
  - During "Meet Me" she was assigned a new makeup artist who changed her appearance by reshaping her eyebrows, changing her hairline, modifying her lip line and removing her nose discs and dental caps. She loved the results.
- While she was filming a more serious movie "The Pirate" she had a mental breakdown as was institutionalized.
- During subsequent movie filmings, she began to have problems with drugs, alcohol and migraine headaches. Later, she battled depression as well. She began to fail to report to the set for scheduled shoots, or was often tardy. After 15 years, she split with MGM studios.
- After this, she made a comeback through appearances on Bing Crosby's radio show, and engagements at the Palace Theater in NY.

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- After divorcing Minnelli, she married her tour manager & producer Sidney Luft. She had 2 children with him Lorna Luft & Joey Luft.
- She starred in "A Star is Born", made television appearances and gave many concerts.
- She was diagnosed with Hepatitis and told she likely had only 5 years to live and would never sing again. She was relieved because the pressure was off her to continue to perform.
- In 1963, she sued to divorce Sidney Luft, but her divorce wasn't final when she announced that she had married her tour promoter Mark Herron. They officially married in 1965, but divorced 5 months later.
- However, she went on to sing at Carnegie Hall and host her own television show on CBS.
- She began to have problems with the IRS as she owed back taxes. They seized many of her earnings.
- In 1969 her health was deteriorating, but she performed at "Talk of the Town" nightclub in London and soon after married the manager, Mickey Deans.
- On June 22, 1969 her husband found her dead in their apartment. Her death was ruled an accidental overdose of barbiturates.
- The same priest who had officiated at her wedding 3 months earlier presided over her funeral.
- Because of mismanagement by her representatives as well as her generosity to others, her financial situation was very poor when she died. Her family auctioned off many personal items to help pay debts and raise money for her heirs.
- At the request of her children, her remains were disinterred from the cemetery in London and laid to rest finally at the Hollywood Forever Cemetery in Los Angeles.

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Judy Garland's Birthplace in Grand Rapids, MN (now a museum)

(photo by By Jonathunder - Own work, GFDL 1.2, <u>https://commons.wikimedia.org/w/index.php?curid=42976704</u>)

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1943

By Clarence Sinclair Bull - Metro-Goldwyn-Mayer publicity photographer. - Dr. Macro, Public Domain, <u>https://commons.wikimedia.org/w/index.php?curid=14878197</u>

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By Warner Bros. - http://www.jgdb.com, Public Domain, https://commons.wikimedia.org/w/index.php?curid=2249101





At the wedding with Mickey Deans in 1969, 3 months before her death By Allan warren - Own work, CC BY-SA 3.0, <u>https://commons.wikimedia.org/w/index.php?curid=10016152</u>

## **April Showers**

VERSE 1: Life is not a highway strewn with flowers, Still it holds a goodly share of bliss, When the sun gives way to April showers, Here's the point that you should never miss.

## REFRAIN:

Though April showers may come your way, They bring the flowers that bloom in May, So if it's raining, have no regrets Because it isn't raining rain, you know, (It's raining violets,) And where you see clouds upon the hills, You soon will see crowds of daffodils, So keep on looking for a bluebird And list'ning for his song, Whenever April showers come along.

## VERSE 2:

I have learned to smile when skies are gloomy, Smile although my heart's about to break, When I know that trouble's coming to me, Here's the happy attitude I take.

(go back to REFRAIN)

## Singin' in the Rain

I'm singin' in the rain, Just singin' in the rain. What a glorious feeling I'm happy again, I'm laughing at clouds so dark up above, The sun's in my heart and I'm ready for love, Let the stormy clouds chase, ev'ryone from the place. Come on with the rain, I've a smile on my face. I'll walk down the lane, with a happy refrain, And singin', just singin' in the rain.

Why am I smilin' and why do I sing? Why does December seem sunny as spring? Why do I get up each morning to start Happy and het up with joy in my heart? Why is each new task a trifle to do? Because I am living a life full of you.

I'm singin' in the rain, Just singin' in the rain. What a glorious feeling I'm happy again, I'm laughing at clouds so dark up above, The sun's in my heart and I'm ready for love, Let the stormy clouds chase, ev'ryone

## Raindrops Keep Falling on my Head

Raindrops keep fallin' on my head, And just like the guy whose feet are too big for his bed, Nothing seems to fit Those raindrops are fallin' on my head. They keep fallin'!

So I just did me some talkin' to the sun And I said I didn't like the way he got things done. Sleepin' on the job. Those raindrops are fallin' on my head. They keep fallin'!

But there's one thing I know, The blues they send to meet me won't defeat me. It won't be long till happiness steps up to greet me.

Raindrops keep fallin' on my head, But that doesn't mean my eyes will soon be turnin' red. Crying's not for me 'cause I'm never gonna stop the rain by complainin'. Because I'm free, nothin's worryin' me..

## Look for the Silver Lining

As I wash my dishes, I'll be following a plan Till I see the brightness in every pot and pan I am sure this point of view will ease the daily grind So I'll keep repeating in my mind

Look for the silver lining Whenever a cloud appears in the blue Remember somewhere the sun is shining And so the right thing to do is make it shine for you

A heart full of joy and gladness Will always banish sadness and strife So always look for the silver lining And try to find the sunny side of life

So always look for the silver lining And try to find the sunny side of life

Over the Rainbow

Somewhere over the rainbow way up high, There's a land that I heard of once in a lullaby, Somewhere over the rainbow skies are blue, And the dreams that you dare to dream really do come true.

Someday I'll wish upon a star And wake up where the clouds are far behind me, Where troubles melt like lemon drops, Away, above the chimney tops that's where you'll find me.

Somewhere over the rainbow bluebirds fly, Birds fly over the rainbow Why then, oh why can't I?

Somewhere over the rainbow bluebirds fly, Birds fly over the rainbow Why then, oh why can't I?

If happy little bluebirds fly Beyond the rainbow, Why, oh why can't