

### **Music for Life Lesson Plan**

**Theme:** Rivers, Lakes & Streams/Fishing (for fishing opener)

**YouTube Playlist:** https://youtube.com/playlist?list=PLFTw3dKr7K0tprqHA4pe KpbZlRKllpay

**Greeting/Gathering Song:** Music, Music, Music

Moving: (Sittin' On) the Dock of Bay

The original Otis Redding version of this song is a perfect tempo for some gentle stretching. You can also do some breath work by breathing in for 4 counts, then out for 4 counts. Then try increasing to 8 counts in, then out. You can use the same pacing for your movements – raising/lowering arms/legs, bringing arms in/out, etc.

### Singing:

### **Crawdad Song**

Discussion

This folksong is based on an African-American song called "Sweet Thing", and was part of "play parties" in the south where people would gather to make music together, but dancing was prohibited for religious reasons. It is also thought to have been sung by workers who were building levees in the south to help prevent flooding of the Mississippi River, but the first time it appeared in print was in a 1917 collection of songs by Cecil Sharp.

Did you like to go fishing? Who would you go with? What kind of bait did you use? What type of fish did you hope to catch? Did you keep them, or release them? Eat them?

Take a look at some pictures of common Minnesota fish (attached) and see if you can name what kind they are.

### Fishin' Hole (Andy Griffith theme song)

### Discussion

This song was composed as the theme song for the Andy Griffith show and was meant to sound simple. In fact, it took only about 15 minutes for the songwriting duo Earle Haen & Herbert Spencer to compose! On the show, the lyrics were omitted, and you just heard whistling.

Where did you like to go fishing? Was it a lake, a pond, a stream, or by the river? Did you fish from shore, a dock, or did you fish from a boat?

#### Once I Caught a Fish Alive

#### Discussion

This nursery rhyme dates all the way back to the collection of Mother Goose children's rhymes published in 1765! This was the original version:

One, two, three, Four and five, I caught a hare alive; Six, seven, eight, Nine and ten, I let him go again.[1]

Using the more modern "fish alive" version, work together to compose a "counting backwards" verse.

Ten, nine, eight, seven, six	
Once I	
Five, four, three, two, one	
Then I	

(Hint: You can start by making a list of rhyming words for "six" and "one" to get the creative juices flowing)

Try singing it together to the tune.

### <u>Cruisin' Down the River on a Sunday Afternoon</u>

#### Discussion

Written by two middle-aged women – Eily Beadell and Nell Tollerton – this song won a British songwriting competition in 1945. It became a big hit for Russ Morgan, where it spent 22 weeks on the Billboard charts. Allegedly the crew of the H.M.S. Amethyst sang this song as they made a historic dash down the Yangtze River in 1949 trying to escape from China, where they had been trapped for 3 months.

This song talks about cruisin' down the river on a Sunday. What would you do on Sunday afternoon? Did you take a Sunday drive? A Sunday nap? Read the paper? How would you relax?

#### Up a Lazy River

#### Discussion

If you listen to the music, the feel of the melody – slow and wavy – reflects the picture of a winding river that is illustrated in the lyrics. The song is the work of the team of Hoagy Carmichael, who wrote the lyrics and Sidney Arodin, who composed the melody.

In our area, we are lucky to have several rivers – the Mississippi, the Minnesota and the St. Croix are all major rivers that define geographic areas. Have you spent time on the rivers? Each river has its own personality – which do you think would best be described by the lyrics of this song? Why?

### **Listening/Watching** (See YouTube playlist)

Nitty Gritty Dirt Band – Fishin' in the Dark

Down by the Riverside – featuring Grandpa Elliott/Playing for Change

Too Many Fish in the Sea – Mitch Ryder & the Detroit Wheels on American Bandstand 1967

Woody Guthrie – Talking Fishing Blues

Sittin' Here Wishin' I Could go Fishin'

Schubert – Die Forelle (the Trout) song

The Schubert Ensemble – 4<sup>th</sup> movement of the 'Trout' string quartet by Schubert

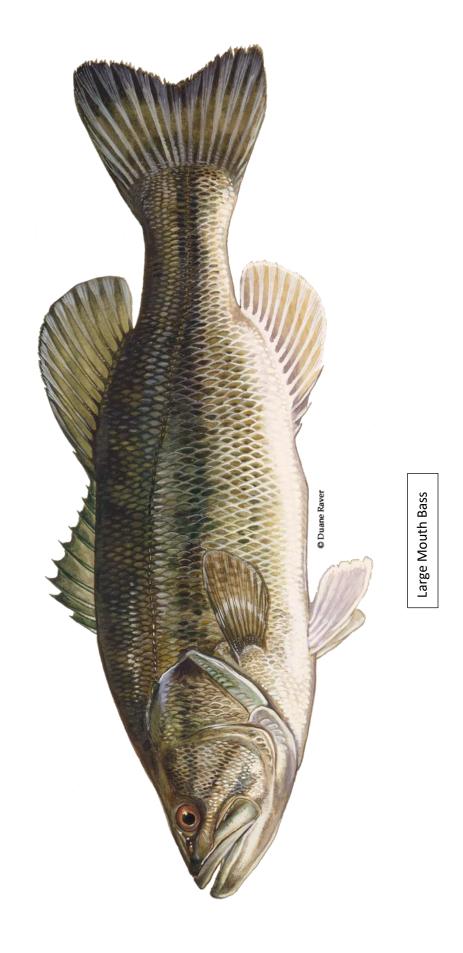
**Closing Song:** So Long it's Been Good to Know Ya'



Sunfish (photo from MIN DNR)







Perch



Walleye (photo from Rough Rock Lodge)



Northern Pike (Drawing by Timothy Knepp - U.S. Fish & Wildlife Service National Image Library

# Music, Music, Music

Put another nickel in In the nickelodeon All I want is loving you And music, music, music

Oh I'd do anything for you Anything you'd want me to All I want is kissing you And music, music, music

Closer, me dear come closer
The nicest part of any melody
Is when you're dancing close to me

Put another nickel in In the nickelodeon All I want is loving you And music, music, music

# **Crawdad Song**

You get a line and I'll get a pole, Honey You get a line and I'll get a pole, Babe You get a line and I'll get a pole We'll go fishin' in the crawdad hole Honey, Baby mine

Sittin' on the bank 'til my feet get cold, Honey Sittin' on the bank 'til my feet get cold, Babe Sittin' on the bank 'til my feet get cold Lookin' down that crawdad hole Honey, Baby mine

Yonder comes a man with a sack on his back, Honey Yonder comes a man with a sack on his back, Babe Yonder comes a man with a sack on his back Packin' all the crawdads he can pack Honey, Baby mine

The man fell down and he broke that sack, Honey
The man fell down and he broke that sack, Babe
The man fell down and he broke that sack
See those crawdads backing back
Honey, Baby mine

I heard the duck say to the drake, Honey
I heard the duck say to the drake, Babe
I heard the duck say to the drake
There ain't no crawdads in this lake
Honey, Baby mine

## Fishin' Hole

Well now, take down your fishing pole
And meet me at the fishing hole
We may not get a bite all day but don't you rush away
What a great place to rest your bones
And mighty fine for skipping stones
You'll feel fresh as a lemonade a-setting in the shade

Whether it's hot, whether it's cool
Oh what a spot for whistling like a fool

What a fine day to take a stroll
and wind up at the fishing hole
I can't think of a better way to pass the time of day
We'll have no need to call the roll
When we get to the fishing hole
They'll be you, me, and old dog,
Trey to do the time away
If we don't hook a perch or bass
We'll cool our toes in dewy grass
Or else pull up a weed to chaw
And maybe sit and jaw
Hanging around, taking our ease
Watching that hound a scratching at his fleas

I'm gonna take down my fishing pole
And meet you at the fishing hole
I can't think of a better way to pass the time of day

# Once I Caught a Fish Alive

One, two, three, four, five
Once I caught a fish alive
Six, seven, eight, nine, ten
Then I let him go again
Why did you let him go?
Because he bit my finger so
Which finger did he bite?
This little finger on my right

# Cruisin' Down the River

Cruising down the river on a Sunday afternoon
With one you love, the sun above waiting for the moon
The old accordion playing a sentimental tune
Cruising down the river on a Sunday afternoon
The birds above all sing of love, a gentle sweet refrain
The winds around all make a sound
like softly falling rain
Just two of us together, we'll plan a honeymoon
Cruising down the river on a Sunday afternoon

# **Up a Lazy River**

Up the lazy river by the old mill run
The lazy, lazy river in the noon day sun
Linger in the shade of a kind old tree
Throw away your troubles dream a dream with me

Up a lazy river where the robin's song
Awakes the bright new morning where we can move along
Blue skies up above, everyone's in love
Up a lazy river, how happy you could be
Up a lazy river with me

# So Long, It's Been Good to Know Ya'

I've sung this song, but I'll sing it again
Of the place that I lived on the wild, windy plains
In the month called April, county called Gray
And here's what all of the people there say

So long, it's been good to know yuh
So long, it's been good to know yuh
So long, it's been good to know yuh
This dusty old dust is a-gettin' my home
And I've got to be driftin' along

A dust storm hit, an' it hit like thunder
It dusted us over, an' it covered us under
Blocked out the traffic an' blocked out the sun
Straight for home all the people did run, singin'

So long, it's been good to know yuh
So long, it's been good to know yuh
So long, it's been good to know yuh
This dusty old dust is a-gettin' my home
I've got to be driftin' along

We'd sing a song an' then sing it again
We'd sit for an hour an' not say a word
And then these words would be heard (turn page)

So long, it's been good to know yuh
So long, it's been good to know yuh
So long, it's been good to know yuh
This dusty old dust is a-gettin' my home
And I've got to be driftin' along

Sweethearts sat in the dark and sparked They hugged and kissed in that dusty old dark They sighed and cried, hugged and kissed Instead of marriage, they talked like this

Honey, so long, been good to know yuh So long, it's been good to know yuh So long, it's been good to know yuh This dusty old dust is a-gettin' our home And I've got to be driftin' along

Now, the telephone rang an' it jumped off the wall That was the preacher, a-makin' his call He said, "Kind friend, this may be the end An' you got your last chance of salvation of sin"

The churches was jammed and the churches was packed

An' that dusty old dust storm blowed so black Preacher could not read a word of his text An' he folded his specs an' he took up collection, said (turn page) So long, been good to know yuh
So long, it's been good to know yuh
So long, it's been good to know yuh
This dusty old dust is a-gettin' my home
And I've got to be driftin' along