

Music for Life Lesson Plan

Theme: Football

YouTube Playlist: https://www.youtube.com/playlist?list=PLFTw3dKr7K0u1ylKK67d64rFCn9bUhhNR

Greeting Song: Ain't We Got Fun?

What things do you like to do for fun? How about in the fall? Is watching football on your list?

Body Warm-up

We Will Rock You

Create the beat! Stomp, stomp, clap...

Singing

Skol Vikings

Name the football teams that are associated with each city:

Arizona (Cardinals)	Baltimore (Ravens)	Atlanta (Falcons)
Buffalo (Bills)	Carolina (Panthers)	Cincinnati (Bengals)
Chicago (Bears)	Cleveland (Browns)	Dallas (Cowboys)
Denver (Broncos)	Detroit (Lions)	Houston (Texans)
Green Bay (Packers)	Indianapolis (Colts)	Los Angeles (Rams)
Jacksonville (Jaguars)	Minnesota (Vikings)	Kansas City (Chiefs)
New Orleans (Saints)	Las Vegas (Raiders)	New York (Giants)
Los Angeles (Chargers)	Philadelphia (Eagles)	Miami (Dolphins)
San Francisco (49ers)	New England (Patriots)	Seattle (Seahawks)
New York (Jets)	Tampa Bay (Buccaneers)	Pittsburgh (Steelers)

Tennessee (Titans)

• What team do you root for?

Minnesota Rouser

Discussion

In 1909 the Minnesota Daily & Minnesota Tribune newspapers held a contest to write a song that could be used for athletic events in place of the state song "Hail Minnesota". This winning song was written by Floyd Hutsell, who was the choir director at a church in Minneapolis. It was dedicated to the band director at the University of Minnesota.

William T. Purdy also submitted a song for the contest, but his lyricist persuaded him to withdraw it and they offered it to the University of Wisconsin instead. It became the song "On Wisconsin".

On Wisconsin

Discussion

John Phillip Sousa declared that this was the best of the fight songs. Some variation of this song is used in over 2,500 schools!

-Based on the MUSIC ONLY - which do you prefer, the "Rouser" or "On Wisconsin"? Why?

You've Gotta Be a Football Hero

Discussion

This song was written in 1933. Attitudes have changed quite a bit since then. What are some things that would make a high school or college student attractive these days? (example: being an athlete, being in a band, being in theater, etc.)

Moving

NFL Football TV Theme Songs

While you're listening the theme songs, recreate some football motions.

Cross arms over chest as if you are holding and protecting the ball (engage feet if able), Toss the ball; Reach out to tackle, Catch the ball, What do they do at the goal for the touchdown?

Watch the Seahawks Touchdown Video, then try making up your own celebratory dance! Discuss some occasions when you might be able to use.

Watching (See YouTube playlist)

Arthur Duncan "You Gotta Be a Football Hero" on the Lawrence Welk Show

Chicago Bears Shufflin' Crew – "The Super Bowl Shuffle"

Minnesota Marching Band Pregame Show (band comes out around 2' minute mark)

NBC Sunday Night Football 2020 Theme sung by Carrie Underwood

Charlie Brown "Thanksgiving Opening" (Charlie Brown trying to kick the football) (can't add to YouTube playlist; visit https://www.youtube.com/watch?v=MmFfTJIIvhQ)

Closing Song

Na Na Na Na, Hey Hey Hey, Goodbye

Ain't We Got Fun?

Every morning, every evening, ain't we got fun? Not much money, oh, but honey, ain't we got fun? The rent's unpaid, dear - we haven't a car But in any way, dear - we'll stay as we are

Even if we owe the grocer, Don't we have fun?
Tax collector's getting closer - Still we have fun!
There's nothing surer
The rich get rich and the poor get poorer
In the meantime, in between time - ain't we got fun?

Don't we have fun? Still we have fun

Even if we owe the grocer, don't we have fun? Tax collector's getting closer - Ooh, what fun There's nothing surer The rich get rich and the poor get poorer In the meantime, in between time Don't we have fun?

Skol Vikings

Skol Vikings, let's win this game! Skol Vikings, honor your name Go get that first down Then get a touchdown. Rock 'em.... Sock 'em Fight! Fight! Fight! Fight! Fight! Go Vikings, run up the score You'll hear us yelling for more V-I-K-I-N-G-S Skol Vikings, let's go!

Minnesota Rouser

Minnesota, hats off to thee, To thy colors true we shall ever be Firm and strong, united are we Rah! Rah! Rah! For Ski-U-Mah RAH! RAH! RAH! RAH! Rah for the U of M!!!

M-I-N-N-E-S-O-T-A Minnesota, Minnesota! Yeaaaaaaaaaaaaa Gophers!!

On Wisconsin

On, Wisconsin! On, Wisconsin! Plunge right through that line Run the ball right down the field, A touchdown sure this time. On, Wisconsin! On, Wisconsin! Fight on for her fame, Fight! Fellows! Fight! Fight, we'll win this game!

On, Wisconsin! On, Wisconsin!
Stand up, Badgers sing!
'Forward' is our driving spirit loyal voices ring
On, Wisconsin! On, Wisconsin!
Raise her glowing flame.
Stand, fellows, let us now salute her name!

You've Gotta Be a Football Hero

If you haven't got a sweetie and you wonder why You haven't got someone to love, If you haven't got a sweetie here's the reason why You haven't got someone to love. Gentleman from Maine to California Give me your attention while I warn ya':

You gotta be a football hero
to get along with the beautiful girls
You gotta be a touchdown getter, you bet.
If you wanna get a baby to pet.
The fact that you are rich or handsome
won't get you anything in curls;
You gotta be a football hero
to get along with the beautiful girls.

Ev'ry female flaming youth
goes for Gagle, Grange and Booth
Friedman, Newman and Carideo,
Kosky, Oosterbaan and Kurth
Are rulers of the earth,
'Cause the ladies love 'em, love 'em so
If the girls are what you want to get man,
Hurry and become a triple threat, man. (turn)

You gotta be a football hero
To get along with the beautiful girls
In spite of all a million dollars can do
A tackle or two will mean more to you
If you can make the winning touchdown
You'll never have to buy them pearls
You gotta be a football hero
To get along with the beautiful girls!

Na Na Na, Hey Hey Hey, Goodbye

Na na na na, na na na na, hey hey hey, goodbye Na na na na, na na na na, hey hey hey, goodbye Na na na na, na na na na, hey hey hey, goodbye Na na na na, na na na na, hey hey hey, goodbye

Let's go Come on Come on Let's go

Na na na na, na na na na, hey hey hey, goodbye Na na na na, na na na na, hey hey hey, goodbye Na na na na, na na na na, hey hey hey, goodbye Na na na na, na na na na, hey hey hey, goodbye Na na na na, na na na na, hey hey hey, goodbye Na na na na, na na na na, hey hey hey, goodbye

Let's go Come on Come on Let's go

Na na na na na na na, hey hey hey, goodbye Na na na na, na na na na, hey hey hey, goodbye