

Music for Life Lesson Plan

Theme: the Beatles

YouTube Playlist: https://youtube.com/playlist?list=PLFTw3dKr7K0vO676ScWLlv6GRKt92CbNf

Greeting Song: Here Comes the Sun

Moving: Twist & Shout

Do the twist along with the famous recording of the Beatles playing live on the Ed Sullivan Show in 1964, or "shake it up" by shaking out your arms, legs, hands, feet – and don't forget to shake your head! You can also try exercising your vocals giving a shout every time the word "Shout" is used.

Singing

I Want to Hold Your Hand (1963)

Discussion

This was the Beatles first number one hit in the U.S. The recording was snuck into the U.S. from England by a radio deejay who paid to have it flown by British Overseas Airways so he could play it on the station at the request of a 14-year-old fan. It proved to be a huge hit although it wrecked the planned premiere of the song which was scheduled for the Ed Sullivan Show a few weeks later.

The Beatles trip to the U.S. kicked off "Beatlemania". Were you a fan? Did you have a favorite member of the band?

Test your knowledge about the group with some Beatles Trivia (see attached) and see if you can name that face from the attached photos.

Can't Buy Me Love (1964)

Discussion

This song is different than many other Beatles tunes because it doesn't have the background harmonies for which the group was known. After laying the melody track, the band decided it didn't need additional harmonies.

In April 1964 "Can't Buy Me Love" reached #1 on the charts, making all 5 of the top spots were Beatles songs! (the other songs were Twist & Shout, She Loves You, I Want to Hold Your Hand and Please Please Me) No other group has held the top 5 places simultaneously.

Do you have a favorite Beatles song? What do you like about it? Do you focus more on the words or music?

With a Little Help from My Friends (1964)

Discussion

Originally this song was called "Bad finger boogie" because it was reported that John Lennon wrote it while his forefinger was injured, so he used his middle finger to plunk out the melody line on the piano as he worked out the melody. The song was written with help from his friend and bandmate, Paul McCartney. The

bandmates persuaded Ringo Starr (drummer) to sing lead vocals for the tune, and when he was nervous they offered moral support by standing around him as he recorded the vocal track for the record.

Tell about a time when your friends rallied to help you. bAre you a person who has a large group of acquaintances, or do you prefer to just have one or two very close friends? What are some traits of a good friend?

Did you know that the Beatles demonstrated their "friendship" to people of color by refusing to perform or stay in hotels that practiced segregation? They insisted that any of their concerts be integrated and open to all people. Lennon stated: "We never play to segregated audiences and we aren't going to start now ... I'd sooner lose our appearance money."

Yesterday (1965)

Discussion

This song took a long time for McCartney to write – he just couldn't get the words right. For a long time, the band gave the tune the words "Scrambled Eggs", but during a trip to Portugal the idea of the word "Yesterday" came to him and he began to come up with other words that would compliment it.

Make a list of words that rhyme with "yesterday" (focus on rhyming with "day") Then try rhyming with "suddenly" (focus on the "ly" sound)

This is a process similar to what McCartney used to write his lyrics! Could you arrange these words to form your own poem/story?

Hey Jude (1968)

Discussion

After John Lennon left his wife Cynthia for Japanese artist Yoko Ono, Paul McCartney felt bad for his friend's former wife and particularly his 5-year-old son – Jules. After visiting them one weekend, he wrote this song on the way back home. He wanted to comfort Jules and provide encouragement in a bad situation but realized that the song might cause him to experience even more attention and make things worse if he used his name. Plus, he thought "Jude" sounded better than "Jules". We should acknowledge that other people (including Joh Lennon, journalist Judith Simons, and also McCartney's girlfriend at the time Jane Asher) claim that the song was written about them.

What are some ways you can encourage others? During the last year, what have been some meaningful ways that others encouraged you when times were tough?

Let it Be (1970)

Discussion

The idea from this song came from a dream that McCartney had about his mother, who died from cancer when he was just 14 years old. During the dream, she told him "It will be alright, just let it be".

There are many accounts of people being inspired by their dreams. Here are just a few:

Mary Shelley – the idea for her book Frankenstein

Elias Howe – the idea for putting the eye of the needle at the point to create the sewing machine Descartes – the famous philosopher claimed that he dreamed about a new philosophy that led to the scientific method

James Watson – the idea of DNA as a double-helix shape came from his dream about a spiral staircase Dmitri Mendeleev – the arrangement of the periodic table of elements came from a dream Xerxes I – dreamed that he should invade Greece Edgar Allen Poe – many of his poems came from nightmares that he had while sleeping Jack Nicklaus – the pro golfer was having problems with his game and dreamed about how to fix his swing

Did you ever have a dream that impacted your waking life?

Listening/Watching (See YouTube playlist)

I Want to Hold Your Hand – performed live on the Ed Sullivan Show 2/9/64 Strawberry Fields Forever – music video Help! – Blackpool Night Out at ABC Theatre, UK All My Loving – Live at the Festival Hall in Melbourne Yesterday – Live from Studio 50bb

Closing Song: Hello, Goodbye

Beatles Trivia

Q: Which Beatle crossed Abbey Road first?

A: John Lennon – The photo for the famous album cover was taken on a Friday morning and traffic was held up for about 10 minutes as 6 pictures were taken.

Q: Who was the original drummer for the band?

A: Pete Best

Q: The Beatles chose their name to honor what other famous band?

A: Buddy Holly and the Crickets

Q: Name one of the previous names the band used before settling on the Beatles.

A: the Blackjacks, the Quarrymen, Johnny and the Moondogs

Q: Can you name all 4 band members?

A: John Lennon, Paul McCartney, George Harrison, Ringo Starr

Q: What band member was rumored to have died and been replaced by a look-alike?

A: Paul McCartney – in 1969 there was a rumor he died in a car crash and was replaced by someone who won a look-alike contest

Q: What song from the Broadway musical "The Music Man" did the Beatles record?

A: "Til There Was You" – Paul McCarney loved show tunes and wanted to cover this song which led to their version which was released in 1963.

Q: What was the band's first single – Twist & Shout, Love Me Do, Please, Please or I Want to Hold Your Hand? A: Love Me Do

Q: What is Paul McCartney's real first name?

A: James – It is a family tradition. His great-grandfather, grandfather, and father are named James and he named his son the same.

Q: Which two band members are left-handed?

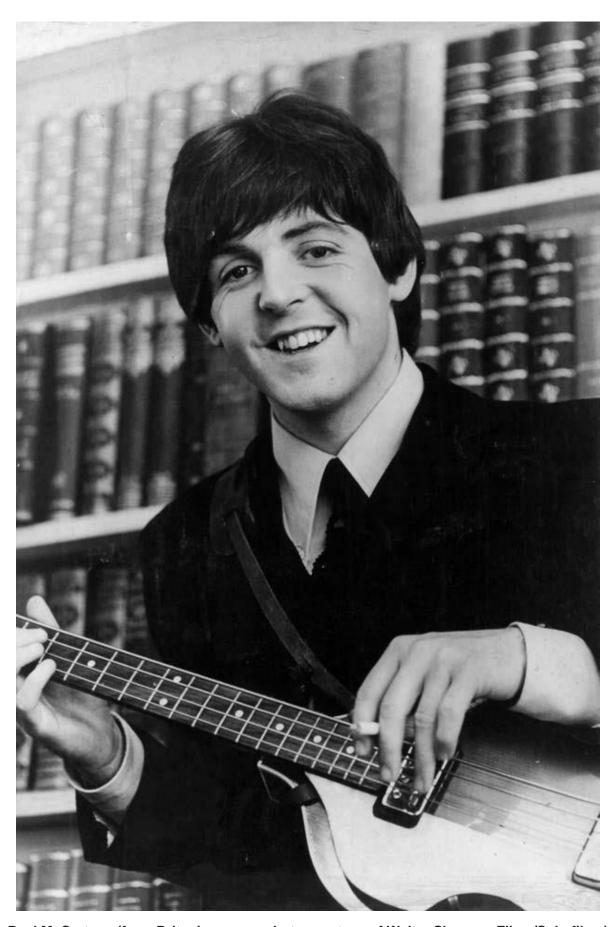
A: Paul McCartney & Ringo Starr (have you ever noticed that McCartney plays guitar "backwards")

Q: What famous Minnesota musician did the band meet when they were in New York in 1964?

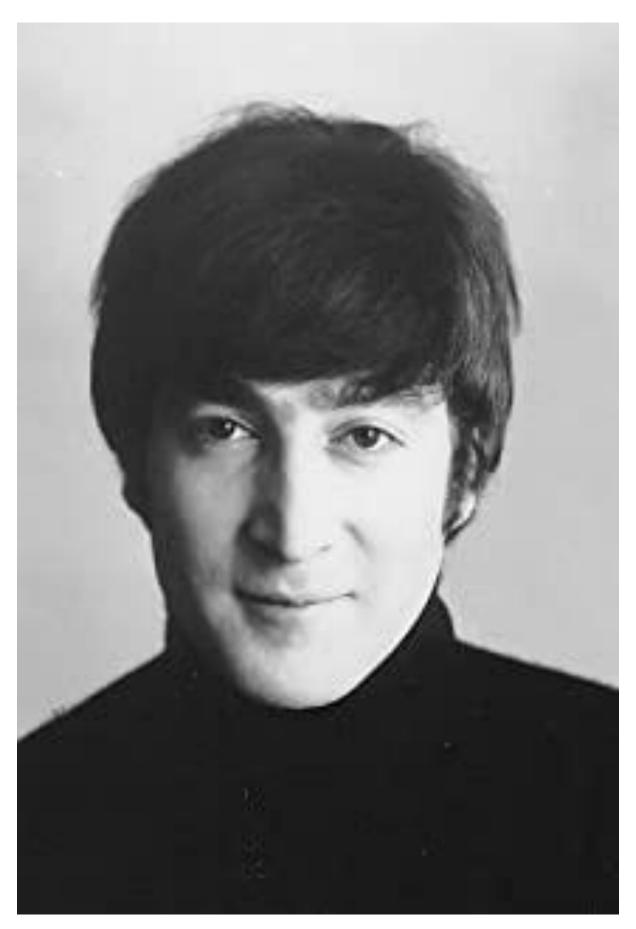
A: Bob Dylan (Dylan introduced them to marijuana. In subsequent recordings after the meeting you can hear Lennon copy Dylan's nasal style, and Dylan began using a backing band so they clearly influenced one another)

Q: Where was John Lennon when he signed the paperwork to dissolve the Beatles partnership in 1974?

A: on vacation with his family at Walt Disneyworld in Florida!



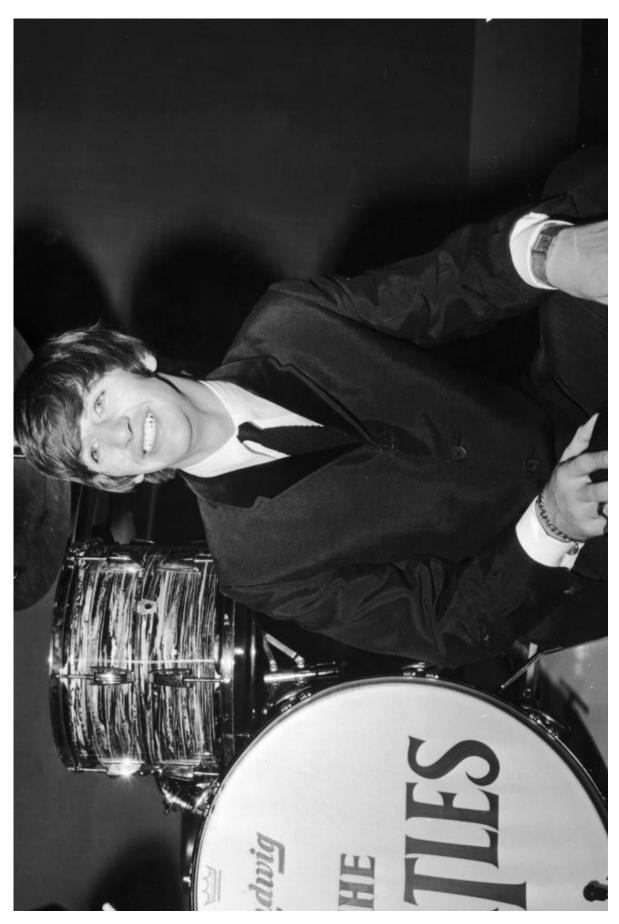
Paul McCartney (from Britanica.com – photo courtesy of Walter Shenson Films/Subafilms)



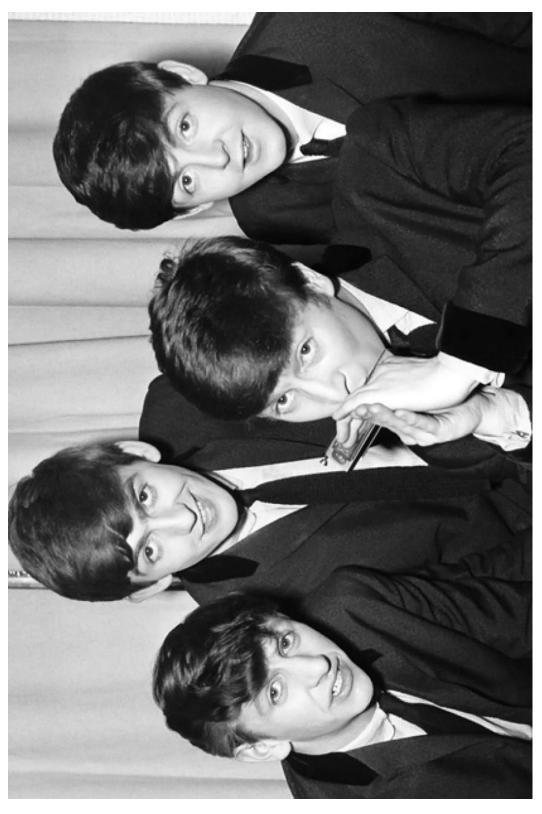
John Lennon (c. 1964 United Artists)



George Harrison (AP photo)



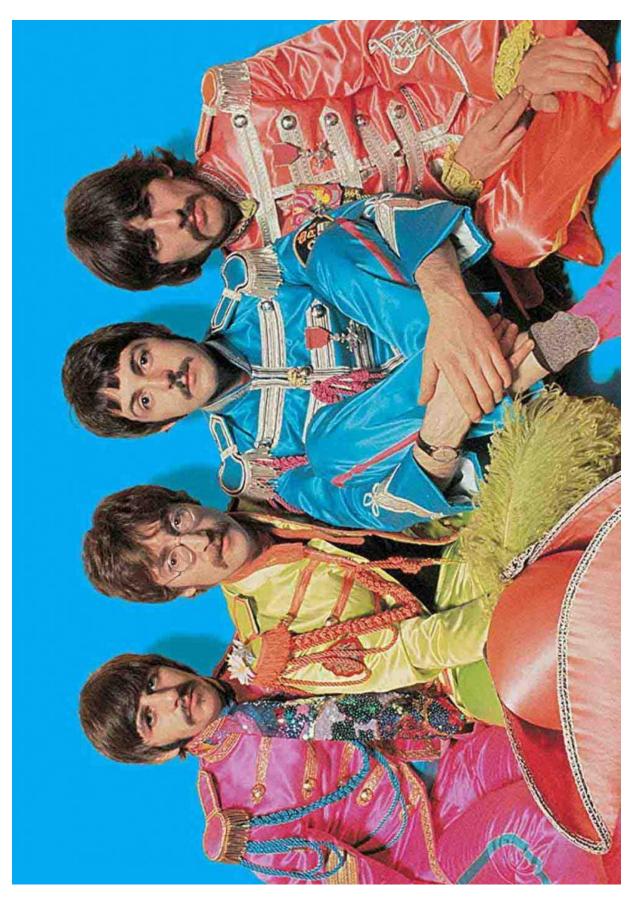
Ringo Starr (AP photo)



The "Fab Four" in 1962 (Harry Hammond/V&A Images/Getty Images)



The group in 1965 (EMI – Wiki Commons)



From Sgt. Pepper Album (@theBeatles)



Here Comes the Sun

Here comes the sun do, do, do Here comes the sun And I say it's all right

Little darling, it's been a long cold lonely winter Little darling, it seems like years since it's been here

Here comes the sun do, do, do Here comes the sun And I say it's all right

Little darling, the smiles returning to the faces Little darling, it feels like years since it's been here

Here comes the sun do, do, do Here comes the sun And I say it's all right

Little darling, I feel that ice is slowly melting Little darling, it seems like years since it's been clear

Here comes the sun do, do, do Here comes the sun And I say it's all right

Here comes the sun do, do, do Here comes the sun And I say it's all right

I Want to Hold Your Hand

Oh yeah, I'll tell you something I think you'll understand When I say that something

I wanna hold your hand I wanna hold your hand I wanna hold your hand

Oh please, say to me You'll let me be your man And please, say to me

You'll let me hold your hand Now let me hold your hand I wanna hold your hand

And when I touch you, I feel happy inside It's such a feeling that my love I can't hide I can't hide

I can't hide

Yeah, you've got that something I think you'll understand When I say that something (turn page)

I wanna hold your hand I wanna hold your hand I wanna hold your hand

And when I touch you, I feel happy inside It's such a feeling that my love I can't hide I can't hide I can't hide I can't hide

Yeah, you've got that something I think you'll understand When I say that something

I wanna hold your hand I wanna hold your hand I wanna hold your hand I wanna hold your hand

Can't Buy Me Love

Can't buy me love, oh - Love, oh Can't buy me love, oh

I'll buy you a diamond ring, my friend If it makes you feel all right I'll get you anything my friend If it makes you feel all right

'Cause I don't care too much for money For money can't buy me love

I'll give you all I've got to give
If you say you love me too
I may not have a lot to give
But what I've got I'll give to you

I don't care too much for money For money can't buy me love

Can't buy me love, oh Everybody tells me so Can't buy me love, oh No, no, no, no

Say you don't need no diamond rings
And I'll be satisfied
Tell me that you want the kind of things
That money just can't buy (turn page)

I don't care too much for money Money can't buy me love

Buy me love Everybody tells me so Can't buy me love, oh No, no, no, no

Say you don't need no diamond rings
And I'll be satisfied
Tell me that you want the kind of things
That money just can't buy

I don't care too much for money Money can't buy me love Can't buy me love, oh Love, oh Buy me love, oh

With a Little Help from My Friends

What would you think if I sang out of tune? Would you stand up and walk out on me? Lend me your ears and I'll sing you a song And I'll try not to sing out of key

Oh, I get by with a little help from my friends Mm, I get high with a little help from my friends Mm, gonna try with a little help from my friends

What do I do when my love is away?
Does it worry you to be alone?
How do I feel by the end of the day?
Are you sad because you're on your own?

No, I get by with a little help from my friends Mm, get high with a little help from my friends Mm, gonna try with a little help from my friends

Do you need anybody?
I need somebody to love
Could it be anybody?
I want somebody to love

Would you believe in a love at first sight?
Yes, I'm certain that it happens all the time
What do you see when you turn out the light?
I can't tell you, but I know it's mine (turn page)

Oh, I get by with a little help from my friends Mm, get high with a little help from my friends Oh, I'm gonna try with a little help from my friends

Do you need anybody?
I just need someone to love
Could it be anybody?
I want somebody to love

Oh, I get by with a little help from my friends Mm, gonna try with a little help from my friends Oh, I get high with a little help from my friends Yes, I get by with a little help from my friends With a little help from my friends

Yesterday

Yesterday

All my troubles seemed so far away
Now it looks as though they're here to stay
Oh, I believe in yesterday

Suddenly

I'm not half the man I used to be There's a shadow hangin' over me Oh, yesterday came suddenly

Why she had to go, I don't know, she wouldn't say I said something wrong, now I long for yesterday

Yesterday

Love was such an easy game to play Now I need a place to hide away Oh, I believe in yesterday

Why she had to go, I don't know, she wouldn't say I said something wrong, now I long for yesterday

Yesterday

Love was such an easy game to play Now I need a place to hide away Oh, I believe in yesterday

Hey Jude

Hey Jude, don't make it bad.
Take a sad song and make it better.
Remember to let her into your heart,
Then you can start to make it better.

Hey Jude, don't be afraid.
You were made to go out and get her.
The minute you let her under your skin,
Then you begin to make it better.

And anytime you feel the pain, hey Jude, refrain, Don't carry the world upon your shoulders. For well you know that it's a fool who plays it cool By making his world a little colder.

Hey Jude, don't let me down.
You have found her, now go and get her.
Remember to let her into your heart,
Then you can start to make it better.

So let it out and let it in, hey Jude, begin, You're waiting for someone to perform with. And don't you know that it's just you,

Hey Jude, you'll do, The movement you need is on your shoulder.

Hey Jude, don't make it bad.

Take a sad song and make it better. (turn page)

Remember to let her under your skin, Then you'll begin to make it Better better better better better, oh. Na na na nananana, nannana, hey Jude...

Let It Be

When I find myself in times of trouble, Mother Mary comes to me Speaking words of wisdom, let it be And in my hour of darkness she is standing right in front of me Speaking words of wisdom, let it be

Let it be, let it be, let it be Whisper words of wisdom, let it be

And when the broken hearted people living in the world agree There will be an answer, let it be For though they may be parted, there is still a chance that they will see

There will be an answer, let it be

Let it be, let it be, let it be There will be an answer, let it be

Let it be, let it be, let it be Whisper words of wisdom, let it be

Let it be, let it be, let it be Whisper words of wisdom, let it be, be

And when the night is cloudy there is still a light that shines on me Shinin' until tomorrow, let it be

I wake up to the sound of music, Mother Mary comes to me Speaking words of wisdom, let it be

And let it be, let it be, let it be Whisper words of wisdom, let it be

And let it be, let it be, let it be Whisper words of wisdom, let it be

Hello Goodbye

You say yes, I say no You say stop and I say go go go, oh no

You say goodbye and I say hello Hello, hello I don't know why you say goodbye, I say hello Hello, hello I don't know why you say goodbye, I say hello

I say high, you say low You say why and I say I don't know, oh no

You say goodbye and I say hello Hello, hello I don't know why you say goodbye, I say hello Hello, hello I don't know why you say goodbye, I say hello

I say high, you say low You say why and I say I don't know, oh no