

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 Friendship Day 9:15 Morning Stretch (AR) <u>9:45 Weekly Update & Perk Trivia (L)</u> 10:30 Morning Stroll (L) 1:30 Country Store (CS) 2:00 Sunday Service (CPL) 3:00 PO-KE-NO (MPR) 	2 Ice Cream Sandwich Day 9:15 Aqua Aerobics (Pool) 10:00 Protestant Worship (CPL) 10:30 Res. Led Puzzle Club (TFS) <u>1:30 Ambassador Discussion (MPR)</u> 2:30 LCR Dice Game (MPR) 3:30 Virtual Family Visits (APT) 	3 Watermelon Day 9:15 Chair Yoga (AR) 10:00 Catholic Communion (CPL) 10:30 Lobby Chat (L) 1:30 Fact or Crap Trivia (MPR) 2:30 Quarter Horse Races (MPR) 3:30 Tech Support (MPR) 	4 Coast Guard Day 9:15 Weights, Balls & Bands (AR) 10:00 Devotional & Hymns (MPR) 10:30 Farkle With Friends (MPR) 1:00 Virtual Family Visits (APT) <u>2:30-3:30 Happy Hour With Live Entertainment & Dancing (DR)</u> 	5 Traffic Light Day 9:15 Tai Chi With Denise (AR) 10:00 Culinary Chat (MPR) 10:30 Balloon Badminton (AR) <u>1:30 Department Directors Meet & Greet (MPR)</u> 	6 Root Beer Float Day 9:15 Chair Cardio (AR) 9:45 Puzzle Time (MPR) 10:00 Rosary Group with Bep (CPL) 10:30 Morning Stroll (L) 1:30 No Fall Volleyball (AR) 2:30 Friday Flicks W Popcorn (TH) 3:00 BINGO (MPR) 	7 Purple Heart Day 9:15 Gym Class (GYM) 9:45 Gardening Club (GB) 10:30 Morning Stroll (L) 1:30 Crocheting For A Cause (MPR) 2:30 Story Time & Book Club (MPR) 3:30 Sing-a-Long Group (CPL) 	
8 Cat Day 9:15 Morning Stretch (AR) <u>9:45 Weekly Update & Perk Trivia (L)</u> 10:30 Morning Stroll (L) 1:30 Country Store (CS) 2:00 Sunday Service (CPL) 3:00 PO-KE-NO (MPR) 	9 Book Lovers Day 9:15 Aqua Aerobics (Pool) 10:00 Protestant Worship (CPL) 10:30 Res. Led Puzzle Club (TFS) 1:30 Monday Movie Matinee (T) 2:30 LCR Dice Game (MPR) 3:30 Virtual Family Visits (APT) 	10 S'mores Day 9:15 Chair Yoga (AR) 10:00 Catholic Communion (CPL) 10:30 Lobby Chat (L) 1:30 Fact or Crap Trivia (MPR) 2:30 Quarter Horse Races (MPR) 3:30 Tech Support (MPR) 	11Son & Daughter Day 9:15 Weights, Balls & Bands (AR) 9:30 JJ Hearing Aid Visit (MPR) 10:00 Devotional & Hymns (MPR) 10:30 Farkle With Friends (MPR) 1:00 Virtual Family Visits (APT) <u>2:30-3:30 Happy Hour With Live Entertainment & Dancing (DR)</u> 	12 Elephant Day 9:15 Morning Stretch (AR) 10:00 Culinary Chat (MPR) 10:30 Balloon Badminton (AR) <u>1:30 Community Chat With Our Executive Director Rance (MPR)</u> 2:30-4:00 Arts & Crafts (AR) 	13 Left-Handers Day 9:15 Chair Cardio (AR) 9:45 Puzzle Time (MPR) 10:00 Rosary Group with Bep (CPL) 10:30 Morning Stroll (L) 1:30 No Fall Volleyball (AR) 2:30 Friday Flicks W Popcorn (TH) 3:00 BINGO (MPR) 	14 Bowling Day 9:15 Gym Class (GYM) 9:45 Gardening Club (GB) 10:30 Morning Stroll (L) 1:30 Crocheting For A Cause (MPR) 2:30 Story Time & Book Club (MPR) 3:30 Sing-a-Long Group (CPL) 	
15 Relaxation Day 9:15 Morning Stretch (AR) <u>9:45 Weekly Update & Perk Trivia (L)</u> 10:30 Morning Stroll (L) 1:30 Country Store (CS) 2:00 Sunday Service (CPL) 3:00 PO-KE-NO (MPR) 	16 Tell A Joke Day 9:15 Aqua Aerobics (Pool) 10:00 Protestant Worship (CPL) 10:30 Res. Led Puzzle Club (TFS) 1:30 Monday Movie Matinee (T) <u>2:30-3:30 Monthly Birthday Celebration (MPR)</u> 	17 Baby Boomer Recognition Day 9:15 Chair Yoga (AR) 10:00 Catholic Communion (CPL) 10:30 Lobby Chat (L) <u>11:30-1:00 Welcome Luncheon (DR)</u> <u>1:30 Welcome Walking Tour (DR)</u> 2:30 Quarter Horse Races (MPR) 3:30 Tech Support (MPR) 	18 Fajita Day 9:15 Weights, Balls & Bands (AR) 10:00 Devotional & Hymns (MPR) 10:30 Farkle With Friends (MPR) 1:00 Virtual Family Visits (APT) <u>2:30-3:30 Happy Hour With Live Entertainment & Dancing (DR)</u> 	19 Aviation Day 9:15 Tai Chi With Denise (AR) 10:00 Culinary Chat (MPR) 10:30 Balloon Badminton (AR) <u>1:30 Resident Council (MPR)</u> 3:00 Veterans Muster (VH) 	20 Lemonade Day 9:15 Chair Cardio (AR) 9:45 Puzzle Time (MPR) 10:00 Rosary Group with Bep (CPL) 10:30 Morning Stroll (L) 1:30 No Fall Volleyball (AR) 2:30 Friday Flicks W Popcorn (TH) 3:00 BINGO (MPR) 	21Senior Citizens Day 9:15 Gym Class (GYM) 9:45 Gardening Club (GB) 10:30 Morning Stroll (L) 1:30 Crocheting For A Cause (MPR) 2:30 Story Time & Book Club (MPR) 3:30 Sing-a-Long Group (CPL) 	
22 Tooth Fairy Day 9:15 Morning Stretch (AR) <u>9:45 Weekly Update & Perk Trivia (L)</u> 10:30 Morning Stroll (L) 1:30 Country Store (CS) 2:00 Sunday Service (CPL) 3:00 PO-KE-NO (MPR) 	23 Sponge Cake Day 9:15 Aqua Aerobics (Pool) 10:00 Protestant Worship (CPL) 10:30 Res. Led Puzzle Club (TFS) <u>1:30 Activities Discussion (MPR)</u> 2:30 LCR Dice Game (MPR) 3:30 Virtual Family Visits (APT) 	24National Waffle Day 9:15 Chair Yoga (AR) 10:00 Catholic Communion (CPL) 10:30 Lobby Chat (L) <u>1:30 Pacifica Auction</u> 	25 Banana Split Day 9:15 Weights, Balls & Bands (AR) 10:00 Devotional & Hymns (MPR) 10:30 Farkle With Friends (MPR) 1:00 Virtual Family Visits (APT) <u>2:30-3:30 Happy Hour With Live Entertainment & Dancing (DR)</u> 	26 Women's Equality Day 9:15 Tai Chi With Denise (AR) 10:00 Culinary Chat (MPR) 10:30 Balloon Badminton (AR) <u>1:30 Community Chat With Our Executive Director Rance (MPR)</u> 2:30-4:00 Arts & Crafts (AR) 	27 Banana Lovers Day 9:15 Chair Cardio (AR) 9:45 Puzzle Time (MPR) 10:00 Rosary Group with Bep (CPL) 10:30 Morning Stroll (L) 1:30 No Fall Volleyball (AR) 2:30 Friday Flicks W Popcorn (TH) 3:00 BINGO (MPR) 	28 Red Wine Day 9:15 Gym Class (GYM) 9:45 Gardening Club (GB) 10:30 Morning Stroll (L) 1:30 Crocheting For A Cause (MPR) 2:30 Story Time & Book Club (MPR) 3:30 Sing-a-Long Group (CPL) 	
29 Chop Suey Day 9:15 Morning Stretch (AR) <u>9:45 Weekly Update & Perk Trivia (L)</u> 10:30 Morning Stroll (L) 1:30 Country Store (CS) 2:00 Sunday Service (CPL) 3:00 PO-KE-NO (MPR) 	30 Toasted Marshmallow Day 9:15 Aqua Aerobics (Pool) 10:00 Protestant Worship (CPL) 10:30 Res. Led Puzzle Club (TFS) 1:30 Monday Movie Matinee (T) 2:30 LCR Dice Game (MPR) 3:30 Virtual Family Visits (APT) 	31 Eat Outside Day 9:15 Morning Stretch (AR) 10:00 Catholic Communion (CPL) 10:30 Lobby Chat (L) 1:30 Fact or Crap Trivia (MPR) 2:30 Quarter Horse Races (MPR) 3:30 Tech Support (MPR) 	<u>Feel free to check out our Facebook page @ Pacifica Senior Living Menifee</u> <u>Thanks for looking</u>			<u>Your welcome to pick up a copy of our calendar of activities at front desk. You can also find it posted on our FaceBook Page.</u>	AR=Activities Room L = Lobby CS = Country Store GB = Garden Beds VH = Veterans Hall CPL = Chapel MPR = Library TH = Theatre TFS=Third Floor South