








June 2021

Senior Commons Personal Care Activities





July 2021

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|--|---|---|
| 27 | 28 | 29 | 30 | Canada Day 1 | Halfway point 2 | Happy Birthday 3 |
|  |  |  |  | <p>9:15 Exercise FR</p> <p>10:00 Brady Visits</p> <p>10:15 Fourth of July Craft AR</p> <p style="text-align: center;"></p> <p>1:30 Fitness w/Fox & Lisa FR</p> <p>3:00 Happy Hour AR/Porch</p> | <p>9:15 Daily Newspaper AR</p> <p>10:15 "500" card game AR</p> <p style="text-align: center;"></p> <p>1:30 Garden Trivia AR</p> <p>3:00 Outside Walk w/a friend</p> | <p>9:15 Exercise FR</p> <p>10:15 Bingo w/Sue AR</p> <p>2:00 U.S.Army Band "Pershings Own" AR</p> <p style="text-align: center;"></p> |

KEY-AR Activities Room (200 hall) CH Chapel (300 hall) DR Dining Room FR Fitness Room (400 hall) LB (600) hall ***Activities subject to change

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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|---|---|---|
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|  9:15 Church Service CH 10:00 Word in a Word game AR 2:00 Afternoon Movie "The Mirror Has Two Faces" LB | 9:15 Exercise FR 10:00 Pet visits w/Bella 10:15 Left, Right Center game AR 1:00 Current Events LB 2:00 Uno AR 3:30 "Wii" bowling AR | 9:15 Exercise FR 10:15 Dominoes AR  1:00 Paint-n-Polish AR 1:30 Fitness w/Fox & Lisa FR 3:00 Pokeno | 9:15 Exercise FR 10:15 Devotions CH 2:00 Bingo DR 3:30 Bean bag Toss Porch 6:00 Games w/Tim AR | Hawaiian Day 9:15 Exercise FR Brady Visits 10:15 Hawaiian Trivia AR  1:30 Fitness w/Fox & Lisa FR 2:30 Travel to Hawaii AR 3:00 Happy Hour AR/Porch | 9:15 Exercise FR 10:15 "Take 5" game AR 12:00 Dominoes Pizza*** \$3.00/AR 1:30 Activities Meeting w/Maureen AR 3:00 Talk & Trivia Porch | 9:15 Newspaper Brain busters & Coloring sheets AR 10:15 Bingo w/Tim AR  2:00 Mike at the Piano DR |

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|---|--|--|--|---|--|---|
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| <p>9:15 Church Service CH</p>  <p>2:00 Afternoon Movie "Mark Twain: A Musical Biography" LB</p> | <p>9:15 Exercise FR</p> <p>10:00 Pet visits w/Bella</p> <p>10:15 "Hoy" card game AR</p>  <p>1:00 Current Events LB</p> <p>2:00 National Geo. "Sharks" AR</p> <p>3:30 "Wii" bowling AR</p> | <p>9:15 Exercise FR</p> <p>10:15 Concentration AR</p> <p>1:00 Hand Massages AR</p> <p>1:30 Fitness w/Fox & Lisa FR</p> <p>3:00 Jeopardy AR</p> | <p>9:15 Exercise FR</p> <p>10:15 Devotions CH</p>  <p>1:30 Country Ride***</p> <p>2:00 Townhall Meeting DR</p> <p>3:00 Bingo AR</p> <p>6:00 Games w/Tim AR</p> | <p>9:15 Exercise FR</p> <p>10:00 Brady Visits</p> <p>10:15 Word Scrabble AR</p> <p>1:30 Fitness w/Fox & Lisa FR</p> <p>3:00 Happy Hour AR/Porch</p>  | <p>Frankfurter Day</p> <p>9:15 Daily Newspaper AR</p> <p>10:15 "500" cards AR</p> <p>12:00 Frankfurter Lunch*** AR</p> <p>1:30 Summer Coloring AR</p> <p>3:00 Reminisce "Days of Summer" Porch</p> | <p>9:15 Exercise FR</p> <p>10:15 "Teddy Bear" Bingo w/Sue AR</p>  <p>2:00 Groovebuster Wayne Entertains DR</p> |

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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|---|---|---|---|
| <p>Happy Birthday 18 Jim Rudisill 9:15 Church Service CH</p> <p>10:00 Fishwrapper w/Sue AR</p>  <p>2:00 Afternoon Movie "Alan Jackson Precious Memories" LB</p> | <p>Happy Birthday 19 Gloria Pizziketti</p> <p>9:15 Exercise FR</p> <p>10:15 Left, Right Center game AR</p> <p>1:00 Pet visits w/Bella 1:00 Current Events LB 2:00 Uno card game AR 3:30 "Wii" bowling AR</p> | <p>Color Psychology Day 20</p> <p>9:15 Exercise FR 10:15 Dominoes AR</p>  <p>1:00 "Let's Talk... Color/Mood" AR</p> <p>1:30 Fitness w/Fox & Lisa FR</p> <p>3:00 Shuffleboard FR</p> | <p>9:15 21 Exercise FR</p> <p>10:15 Devotions CH</p> <p>12:00 KFC Lunch-in \$5.00*** AR</p> <p>2:00 Sing Along w/ Justin DR</p> <p>3:00 Bingo AR</p> <p>6:00 Games w/Tim AR</p> | <p>Happy Birthday 22 Richard Mylan</p> <p>9:15 Exercise FR</p> <p>10:00 Brady Visits</p> <p>10:15 "The Price is Right" AR</p> <p>1:30 Fitness w/Fox & Lisa FR</p> <p>3:00 Happy Hour AR/Porch</p> | <p>"Fair Day" 23</p> <p>9:30 Fair Games Ring Toss Spin the Wheel Penny Pitching Duck Pond Guessing Games AR</p>  <p>2:00 Fair Food ***Funnel Cake ***Sno-Balls w/Grane ***Popcorn ***Corn Dogs ***Pretzels Porch</p> | <p>9:15 24 Newspaper Brain busters & Coloring sheets AR</p> <p>10:15 Bingo w/Tim AR</p> <p>2:00 Music w/Mick DR</p>  |

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|---|---|--|--|--|--|---|
| <p>25</p> <p>9:15 Church Service CH</p>  <p>2:00 Afternoon Movie "The Unimaginable Journey of Peter Ertel" LB</p> | <p>26</p> <p>9:15 Exercise FR</p> <p>10:00 Pet visits w/Bella</p> <p>10:15 "Hoy" card game AR</p> <p>1:00 Current Events LB</p> <p>2:00 National Geographic "The Thunderbirds" AR</p> <p>3:30 "Wii" bowling AR</p> | <p>27</p> <p>Happy Birthday Nancy Kingman National Korean War Veterans Day 9:15 Exercise FR 10:15 Concentration AR</p> <p>1:30 Fitness w/Fox & Lisa FR 3:00 Jingo AR</p>  <p>6:00 Evening Concert w/Slim Pickins</p> | <p>28</p> <p>9:15 Exercise FR</p> <p>10:15 Devotions CH</p> <p>1:30 Country Ride***</p> <p>2:00 Bingo DR</p> <p>3:30 Summertime Craft AR</p> <p>6:00 Games w/Tim AR</p> | <p>29</p> <p>Happy Birthday Joan Shanahan 9:15 Exercise FR 10:00 Brady Visits 10:15 Summertime Hangman AR</p> <p>1:30 Fitness w/Fox & Lisa FR 2:00-4:00 Beltone visits Breezeway 2:30 Food Committee Mtg. DR 3:00 Happy Hour AR/Porch</p> | <p>30</p> <p>9:15 Daily Newspaper AR</p> <p>10:15 "500" cards AR</p>  <p>1:30 Brooch & Pin Collection AR</p> <p>3:00 What's Missing? AR</p> | <p>31</p> <p>Happy Birthday Catherine Benshoof</p> <p>9:15 Exercise FR</p> <p>10:15 Bingo w/Sue AR</p>  <p>2:00 Entertainer to be Announced DR</p> |

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