

# Weekly Menu July 18<sup>th</sup> – July 24<sup>th</sup>



**Keystone Place**  
*At LaValle Fields*  
 A Life Fulfilling Retirement Community

	18 <sup>TH</sup> SUNDAY	19 <sup>TH</sup> MONDAY	20 <sup>TH</sup> TUESDAY	21 <sup>ST</sup> WEDNESDAY	22 <sup>ND</sup> THURSDAY	23 <sup>RD</sup> FRIDAY	24 <sup>TH</sup> SATURDAY
BREAKFAST	*Oatmeal (12) Assorted Cold Cereal (18)  <i>Special:</i> Scrambled Eggs with Cheese (3)  *Eggs your way, Toast, Bacon, Sausage (14)	*Oatmeal (12) Assorted Cold Cereal (18)  <i>Special:</i> French Toast Sticks (15)  *Eggs your way, Toast, Bacon, Sausage (14)	*Oatmeal (12) Assorted Cold Cereal (18)  <i>Special:</i> Scrambled Eggs with Hash Brown Patty (18)  *Eggs your way, Toast, Bacon, Sausage (14)	*Oatmeal (12) Assorted Cold Cereal (18)  <i>Special:</i> Pancakes (18)  *Eggs your way, Toast, Bacon, Sausage (14)	*Oatmeal (12) Assorted Cold Cereal (18)  <i>Special:</i> Egg Frittata (4)  *Eggs your way, Toast, Bacon, Sausage (14)	*Oatmeal (12) Assorted Cold Cereal (18)  <i>Special:</i> Egg Bake (4)  *Eggs your way, Toast, Bacon, Sausage (14)	*Oatmeal (12) Assorted cold Cereal (18)  <i>Special:</i> Sausage, Egg and Cheese Biscuit (27)  *Eggs your way, Toast, Bacon, Sausage (14)
LUNCH	Broccoli Cheese Soup (23)  Breaded Pork loin with Gravy (9)  Mashed Sweet Potatoes (17)  Buttered Peas (11)  Assorted Pie (26)	Italian Wedding Soup (28)  French Dip Sandwich (40)  French Fries (16)  Carrot Raisin Salad (16)  Oreo Pudding Parfait (31)	Chef's Choice Soup (7)  Egg Salad Croissant (29)  Assorted Chips (18)  Fruit Cup (10)  Chocolate Éclair (23)	Chicken Vegetable Soup (8)  Chicken Soft Tacos with Cheese, Lettuce, and Tomato (32) Sour Cream and Salsa (1) Spanish Rice (13)  Cinnamon Churro (10)	Beef Barley Soup (7)  Sliced Hot Turkey on a Bun (29)  Roasted Sweet Potatoes (26)  Sweet Pepper Green Beans (14)  Jell-O (11)	Cream of Mushroom Soup (7)  Coconut Shrimp (9)  Baby Baked Potatoes (26)  Apple Pecan Cole Slaw (11)  Lemon Bar (40)	Chef's Choice Soup (7) Honey BBQ Chicken Legs (2)  Potato Salad (14))  Corn on the Cob (19)  Assorted Ice Cream (31)
DINNER	Broccoli Cheese Soup (23)  Denver Omelet (3) Sausage Links (0) O'Brien Potatoes (14)  Coffee Cake (40)	Italian Wedding Soup (28)  Chicken and Dumplings (30)  Malibu Blend Vegetables (11)  Cherry Crisp (36)	Chef's Choice Soup (7)  Italian Spaghetti and Meatballs (26)  Garlic Bread Stick (12) Mixed Side Salad (9)  Ice Cream Cup (12)	Chicken Vegetable Soup (8) Lemon & Thyme Roasted Pork Chop (0) Au Gratin Potatoes (18) Brussel Sprouts (5)  Oatmeal Raisin Bar (22)	Beef Barley Soup (7)  Swiss Steak (16)  Mashed Potatoes and Gravy (17) Garden Blend Vegetable (11)  Frosted White Cake (44)	Cream of Mushroom Soup (7)  Parmesan Cod Sticks with Tartar Sauce (24) Macaroni and Cheese (18) Peas and Carrots (11) Rice Crispy Bar (33)	Chef's Choice Soup (7)  Grilled Reuben Sandwich (26) Tater Tots (16) Pickle Spears (0)  Mandarin Orange Fluff (8)

Assisted Living Meal Times: Breakfast: 8:00am-9:30am; Lunch: 11:00am-1:00pm; Dinner: 4:00pm-6:00pm  
 Independent Living Meal Times: Breakfast: 7:30am-9:30am; Lunch: 11:00am-1:00pm; Dinner 4:00pm-6:00pm  
 Guest Meal Price: Breakfast \$7, Lunch \$10, Dinner \$13