

This sample menu is for demonstrative purposes only.
Contact our community to view our latest chef-prepared seasonal menu offerings.

BREAKFAST

CEREALS:

Assorted Cold Cereals, Oatmeal and Cream of Wheat

FROM THE GRILL:

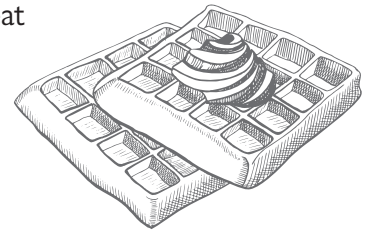
Buttermilk Pancakes, French Toast, Belgian Waffles,
or Breakfast Burrito

EGGS & OMELETS:

Fresh Eggs Cooked Any Style, Omelet of your Choice,
Egg White Omelet

ACCOMPANIMENTS:

Bacon, Sausage, Ham, Hash Browns, Assorted Breads and Bagels,
Cinnamon Rolls, Turnovers, Seasonal Fruit, Yogurt



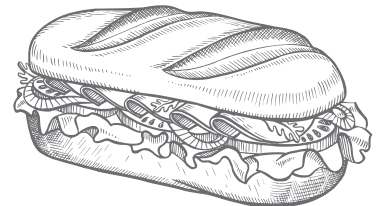
TODAY'S KETTLE SOUP

Chefs Choice

ENTREES

LUNCH:

Herb Crusted Turkey Breast or
Steak, Onion & Cheese Sub Sandwich
with Oven Browned Potatoes & Broccoli



DINNER:

Grilled Sirloin Steak or Herb Crusted Tilapia with
Rice Pilaf & Seasoned Peas

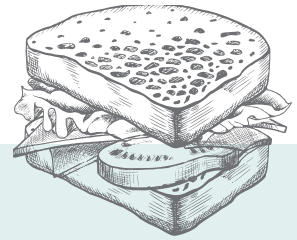
SIDE DISHES

Baked Potato (Dinner Only), Chili, Fries, Onion Rings, Potato Chips,
Steamed Vegetables, Seasonal Fruit, Garden or Chef Salad

SALAD AND SANDWICHES

CHEF-MADE SALADS AND SANDWICHES:

Fresh Garden or Chef Salads Made to Order
Deli Sandwiches Made to Order



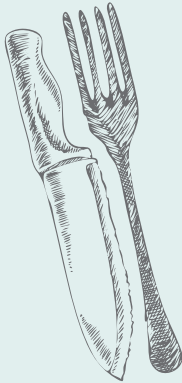
ALWAYS AVAILABLE

BREAKFAST ANYTIME:

Except for Hot Cereals

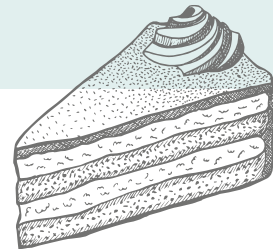
ASSORTED DELI SANDWICHES:

Chicken Salad, Tuna, Egg Salad, Ham,
Turkey, Roast beef, or Club
Choice of Cheese, Bread, and Sides



FROM THE GRILL:

Grilled Cheese or Meat Sandwiches
Tuna Melt or Patty Melt
Chicken Tenders
Pub Style Fish & Chips
1/4 lb Cheeseburger
All Beef Hot Dog



DESSERTS

Chefs Choice or
Assorted Cookies and Ice Creams



BEVERAGES

MBK Signature Blend Coffee
Assorted Hot or Iced Teas
Sodas, Juices, Hot Chocolate or Chilled Milk

HEALTH ADVISORY: We use only pastuerized shell eggs. Eating raw or undercooked food is not advised and could be dentrimental to your health.