

Support Group with Betsy!

Join our monthly Zoom Support Group Meeting with Betsy! Betsy Zuber, MS, GMHS, LMHC is a Licensed Mental Health Counselor and has been providing mental health services to older adults and their families for over 26 years. Please see your email for the Zoom invite from Ed. We look forward to seeing you all there



Refer a Friend!

Receive \$2,500 when you refer a friend that becomes a Resident at Quail Park West Seattle!

Please email Ed Taylor at edwardt@qpmcwestseattle.com or Brian Anderson at BrianA@qpmcwestseattle.com for details!



Town Hall Meeting

Resident family and friends, you are invited to join us for our monthly

Town Hall meeting. This is a Zoom meeting to voice your questions and concerns regarding your loved one. Please see your email for the Zoom invite to attend the meeting. We look forward to seeing you all there!



RESIDENCES of West Seattle
4515 41st Ave SW • Seattle, WA 98116
(206) 633-2273 • www.qpmcwestseattle.com



RESIDENCES of West Seattle

Welcome Shelby to Life Engagement

Many of you know Shelby as our Concierge at the Front Desk. She has been with Quail Park Memory Care for over a year and is truly a wonderful asset to our community. Shelby has transitioned to a new position in Life Engagement. She has a great bond and relationship with our residents and is truly a shining light for many. Shelby will be working on all 3 of our resident floors, and our residents and team are so excited

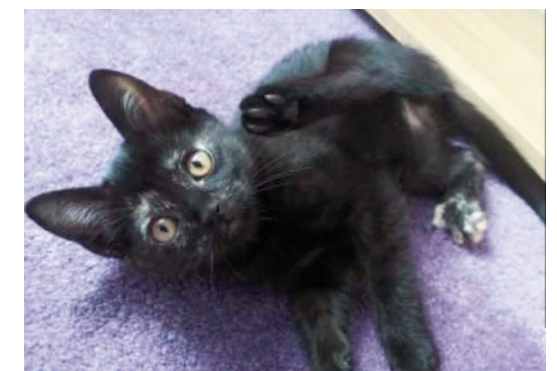
to have her with us assisting with our fun and meaningful activities!



Meet Poe!

Poe is our newest addition to the Life Engagement Team! She will be starting mid-August and will be visiting Quail Park Memory Care most days of the week. She was born April 26th and is a short hair domestic. She is black, with some tan/taupe leopard like spots and a tan/taupe left hind foot. She is very playful and loves to hop! She is learning how to walk on a leash and is enjoying her adventures outside very much. We are so excited to

welcome Poe into the Quail Park Family!



Quail Park Memory Care West Seattle

Brian Anderson
Executive Director

Dana West
Health and Wellness Director

Mandy Black
Dining Services Director

Doug Peak
Director of Engineering

Nicole Painter
Life Engagement Director

Michelle Sanders
Business Office Manager

Ed Taylor
Community Relations Director



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 8:30 Coffee and Spiritual Time DR 9:00 Spiritual Hymns T 10:00 Virtual Religious Services T 1:30 Chair Yoga with Music T 2:00 Virtual Fitness! T 2:30 Paint to the Music AR 6:00 Nature Documentary T	2 8:30 Coffee and Conversation DR 9:00 iN2L Music Trivia! T 9:30 Chair Yoga with Music T 10:00 Virtual Fitness! T 1:30 Chair Travel T 2:00 Music Bingo Jukebox Edition! DR 3:00 One to One Manicures and Hand Massage 6:00 Resident Choice Movie T	3 8:30 Coffee and Music T 9:00 Idioms and Phrases T 9:30 Chair Yoga with Music T 10:00 Virtual Fitness! T 1:30 Cultural Documentary T 2:00 Patio Party! T 3:00 iN2L Finish the Lyrics! T 6:00 Comedy Movie Night! T	4 8:30 Coffee and Conversation DR 9:00 iN2L Group Games! T 9:30 Chair Yoga with Music T 10:00 Virtual Fitness! T 1:00 iN2L Laugh with Us! T 2:00 Garden Club! AR 3:00 Manicures and Aroma Therapy Hand Massage 6:00 Classic Movie Collection T	5 8:30 Coffee and Music DR 9:00 Current Event Discussion Group T 9:30 Chair Yoga with Music T 10:00 Virtual Fitness! T 1:30 Music and Memories T 2:00 Cooking Club! T 3:00 Afternoon Matinee T 6:00 Resident Choice Movie T	6 8:30 Coffee and Conversation T 9:00 iN2L Trivia Games! T 9:30 Chair Yoga with Music T 10:00 Virtual Fitness! T 1:00 Music Documentary T 2:45 Happy Hour: Mocktails and Appetizers! T 6:00 Friday Night Movie T	7 8:30 Coffee and Conversation T 9:00 iN2L Group Games T 9:30 Chair Yoga with Music T 10:00 Virtual Fitness! T 1:30 Poetry and Short Stories T 2:00 Craft Corner T 3:00 Reminisce with iN2L! T 6:00 Evening Movie! T	
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