



THE ATRIUM

AT CARMICHAEL

INDEPENDENT SENIOR LIVING

IT'S A NEW DAY.
AND IT'S YOURS.

OUR MISSION

Privately owned, Pacifica Senior Living strives to create a lifestyle of independence and peace of mind for each individual and their family. We do what we love and what we truly believe in – providing compassionate, personalized care services with dignity and respect.

Our dedicated, professional team supports each resident and goes above and beyond to help them feel at home.

At The Atrium at Carmichael, we don't expect our residents to "fit" into our community. We've designed a unique environment to fit them – to meet their different needs, preferences, dreams and goals. We offer distinguished Independent Living and welcome residents to live by their own design.

We provide residents with every service and amenity they need, want and deserve to live each day as they choose. We respect their individuality and understand that each person is in charge of the direction his or her life takes. We're simply here to support them. Every step of the journey.

IT'S A NEW DAY. AND IT'S YOURS.





SENIOR LIVING SERVICES

Pacifica Senior Living communities offer a variety of care and lifestyle choices to support our residents in living well.

Independent Living

Active seniors retire to carefree living at its best. No housework. No yardwork. *No worries.* Just time to spend as they choose. Our communities feature spacious apartment homes, amenities, services and engaging programs – all designed to provide residents with a lifestyle to which they have aspired.

Heartland™ Assisted Living

Delivering the optimal balance of independence and support, Heartland™ Assisted Living helps our residents live fulfilling, dignified lives. Each resident has a customized service plan that meets his or her individual needs. With support available 24 hours a day, our residents enjoy assistance with activities such as:

- Meals
- Medication Management
- Bathing & Dressing
- Mobility
- Transportation

WELCOME

Welcome to The Atrium at Carmichael,

an Independent Living community, located within one of Sacramento's most culturally active suburban neighborhoods. The Atrium at Carmichael blends a quality independent living experience onto the bright canvas of Carmichael life.

Imagine customized senior living that intertwines effortlessly within a vibrant community. With a luxurious five-star resort style community and a dedication to resident independence, The Atrium at Carmichael offers an exquisite senior lifestyle unlike any other.

Discover a community in the heart of Carmichael where residents can experience an abundance of amenities with the freedom to pursue what matters most to them. From polished, tasteful apartments to amenities and programs designed to enlighten and enrich, The Atrium at Carmichael brings to life a one of a kind Independent Living experience.

At The Atrium at Carmichael,

It's A New Day – and It's Yours!

Make the most of it right here at The Atrium at Carmichael!



FLOOR PLANS



Magnolia - Studio

Dogwood - One Bedroom/One Bath



FLOOR PLANS



Cypress - Two Bedroom/One Bath

Birch - Two Bedroom/Two Bath



INDEPENDENT LIVING

Reward yourself with carefree living. Surround yourself with beauty and luxury. Allow us to worry about your chores and the home maintenance while you enjoy your time as you choose. This is independent living at The Atrium at Carmichael.

Your monthly fee includes:

- Magnolia - Studio
- Dogwood - One Bedroom
- Cypress - Two Bedroom / One Bath
- Birch - Two Bedroom/Two Baths
- Full kitchens
- Wall-to-wall carpeting and vinyl
- Large spacious closets
- Step-in showers with safety bars
- Individually controlled heating and air conditioning
- Restaurant style dining menu prepared by our on-site chef
- Weekly housekeeping
- Cultural, recreational, and educational activities
- Scheduled transportation
- Utilities: electric, water, air conditioning, and heating
- Basic cable TV
- Complimentary laundry facilities
- Emergency pull cords in bedroom & bathroom
- 24/7 staff

- Full service beauty salon (additional fees apply)
- Spacious Clubhouse
- Library and game room
- Exercise facilities and programs
- Media Center with complimentary computer and Internet
- Pets welcomed (size limitations)



5757 Cypress Avenue | Carmichael, CA 95608 | P 916.486.3533 | AtriumAtCarmichael.com



LOCATION AND DIRECTIONS

Directions to The Atrium at Carmichael

Heading North from Sacramento:

- I-80 East toward Reno
- Exit Auburn Blvd exit
- Turn right onto Auburn Blvd
- Turn left onto Winding Way
- Turn right onto Pasadena Ave
- Continue straight onto Cypress Ave
- Turn left
- Arrive at your destination on the right

Heading South from Auburn, California:

- I-80 West toward Sacramento/San Francisco
- Exit Greenback Lane/Elkhorn Blvd
- Turn left on Greenback Lane
- Turn right on Garfield Ave
- Turn left on Cypress Ave
- Arrive at your destination on the left

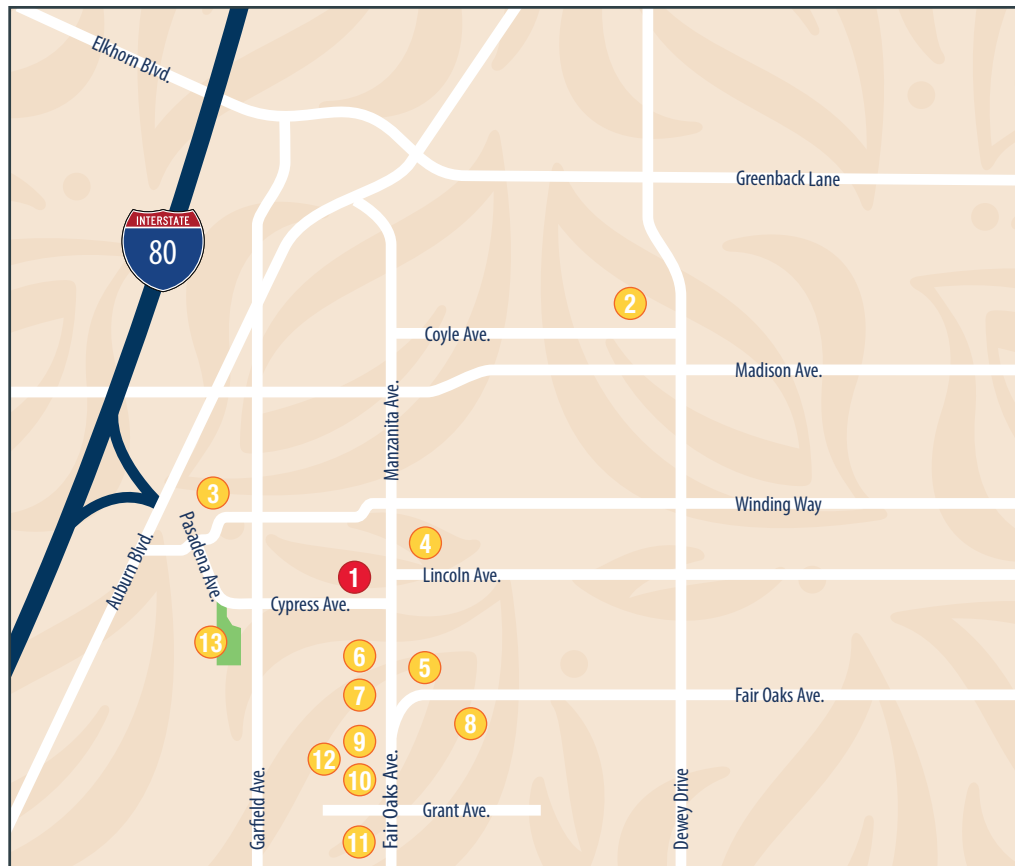


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The Atrium at Carmichael
is conveniently located within
access to grocery stores,
shopping, entertainment
and healthcare facilities.

- 1** The Atrium at Carmichael
- 2** Mercy San Juan Medical Center
- 3** American River College
- 4** MED7 Urgent Care Center
- 5** Safeway
- 6** Bel Air
- 7** Ace Hardware
- 8** Public Storage
- 9** Big Lots
- 10** Wells Fargo Bank
- 11** Carmichael Park Farmers Market
- 12** Smart & Final Extra!
- 13** Gibbons Community Park



Legacies™ Memory Care

Our Legacies™ Memory Care program provides those with Alzheimer's disease, dementia or other forms of memory loss with the support, care and respect they deserve to continue living a full, enriching life. Each resident receives a personalized care plan that is carefully implemented by our compassionate staff.

Adult Day Program

Our Adult Day Program, offered in select communities, is alive with engaging, enriching activities that invite and welcome all seniors to participate. Just as our residents enjoy personalized care, so do our program participants. This is the perfect way to meet new friends and share new experiences.

Respite Care

There are times in our lives when we need a little extra help. Pacifica's Respite Care program is available to allow families an opportunity to rest from the daily tasks required for a loved one. Our program is also perfect for individuals who are recuperating from a hospital/rehabilitation stay, or to just simply experience the Pacifica lifestyle. Trained team members work together to enhance continued dignity and trust. We know the difference a smile and kind word can make.

Companion Living

Companion Living enables seniors to enjoy all the care, services and amenities of a Pacifica Senior Living community with the added benefits of forging a new friendship, enhanced well-being and the cost savings of sharing a suite, just to name a few.



DESIGNED FOR LIVING WELL

Our community is designed to help our residents live well, surrounded by extraordinary services, amenities and programs.

Dining

Dining is a delight at Pacifica Senior Living. Meals are prepared fresh daily by our on-site chefs and are served in beautifully appointed, restaurant-style settings by attentive dining room staff.

Life Enrichment

Our life enrichment programs offer a variety of opportunities to meet new friends, discover new interests, exercise and maintain health, enjoy exciting outings and excursions ... and so much more.

Transportation

A full-time, certified driver is available through the community's transportation department. Scheduled services take residents to nearby medical appointments, shopping trips, religious services, banks, postal services and more.

Pet Friendly

Pets are part of the family, so all Pacifica Senior Living communities are pet friendly* and have designated pet areas for convenience.

**Weight limitations*





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For a list of Pacifica Senior Living communities,
visit our website at www.PacificaSeniorLiving.com

