



THE CREST

AT CITRUS HEIGHTS

INDEPENDENT SENIOR LIVING

IT'S A NEW DAY.
AND IT'S YOURS.

OUR MISSION

Privately owned, Pacifica Senior Living strives to create a lifestyle of independence and peace of mind for each individual and their family. We do what we love and what we truly believe in – providing compassionate, personalized care services with dignity and respect.

Our dedicated, professional team supports each resident and goes above and beyond to help them feel at home.

At The Crest at Citrus Heights, we don't expect our residents to "fit" into our community. We've designed a unique environment to fit them – to meet their different needs, preferences, dreams and goals. We offer distinguished Independent Living and welcome residents to live by their own design.

We provide residents with every service and amenity they need, want and deserve to live each day as they choose. We respect their individuality and understand that each person is in charge of the direction his or her life takes. We're simply here to support them. Every step of the journey.

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SENIOR LIVING SERVICES

Pacifica Senior Living communities offer a variety of care and lifestyle choices to support our residents in living well.

Independent Living

Active seniors retire to carefree living at its best. No housework. No yardwork. *No worries.* Just time to spend as they choose. Our communities feature spacious apartment homes, amenities, services and engaging programs – all designed to provide residents with a lifestyle to which they have aspired.

Heartland™ Assisted Living

Delivering the optimal balance of independence and support, Heartland™ Assisted Living helps our residents live fulfilling, dignified lives. Each resident has a customized service plan that meets his or her individual needs. With support available 24 hours a day, our residents enjoy assistance with activities such as:

- Meals
- Medication Management
- Bathing & Dressing
- Mobility
- Transportation

WELCOME

Welcome to The Crest at Citrus Heights,

an Independent Living community located within one of Sacramento's most culturally active suburban neighborhoods. The Crest at Citrus Heights blends a quality independent living experience onto the bright canvas of Citrus Heights life.

Imagine customized senior living that intertwines effortlessly within a vibrant community. With a luxurious five-star resort style community and a dedication to resident independence, The Crest at Citrus Heights offers an exquisite senior lifestyle unlike any other.

Discover a community in the heart of Citrus Heights where residents can experience an abundance of amenities with the freedom to pursue what matters most to them. From polished, tasteful apartments to amenities and programs designed to enlighten and enrich, The Crest at Citrus Heights brings to life a one of a kind Independent Living experience.

At The Crest at Citrus Heights,

It's A New Day – and It's Yours!

Make the most of it right here at The Crest at Citrus Heights!



FLOOR PLANS



Primrose - Studio



Camellia - One Bedroom

FLOOR PLANS



Lilac - One Bedroom/Walk-In Closet



Magnolia - Two Bedroom



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Reward yourself with carefree living. Surround yourself with beauty and luxury. Allow us to worry about your chores and the home maintenance while you enjoy your time as you choose. This is independent living at The Crest at Citrus Heights.

Your monthly fee includes:

- Primrose - Studio
- Camellia - One Bedroom
- Lilac - One Bedroom/Walk-In Closet
- Magnolia - Two Bedroom/One Bath
- Kitchenette
- Wall-to-wall carpeting, vinyl or wood flooring
- Large spacious closets
- Step-in showers with safety bars
- Individually controlled heating and air conditioning
- Restaurant style dining menu prepared by our on-site chef
- Weekly housekeeping
- Cultural, recreational, and educational activities
- Scheduled transportation
- Utilities: electric, water, air conditioning, and heating
- Basic cable TV
- Complimentary laundry facilities
- Emergency pull cords in bedroom and living rooms
- 24/7 staff
- Full service beauty salon (additional fees apply)

- Spacious Clubhouse
- Library and game room
- Exercise facilities and programs
- Media Center with complimentary computer and Internet
- Pets welcomed (size limitations)



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6650 Crosswoods Circle | Citrus Heights, CA 95621 | P 916.969.6161 | CrestAtCitrusHeights.com



LOCATION AND DIRECTIONS

Directions to The Crest at Citrus Heights

Heading North from Sacramento:

- I-80 East toward Reno
- Exit Auburn Blvd./Greenback Lane exit
- Use the right 2 lanes to turn right onto Greenback Ln
- Use the left 2 lanes to turn left onto Auburn Blvd

- Turn right onto Crosswoods Pkwy
- Turn right onto Crosswood Circle
- Turn right
- Arrive at your destination on the right

Heading South from Auburn, California:

- I-80 West toward Sacramento/San Francisco
- Exit Riverside Blvd
- Turn left on Riverside Blvd
- Turn right on Auburn Blvd/Old Auburn Road

- Turn left on Crosswoods Pkwy
- Turn right on Crosswoods Circle
- Arrive at your destination on the right



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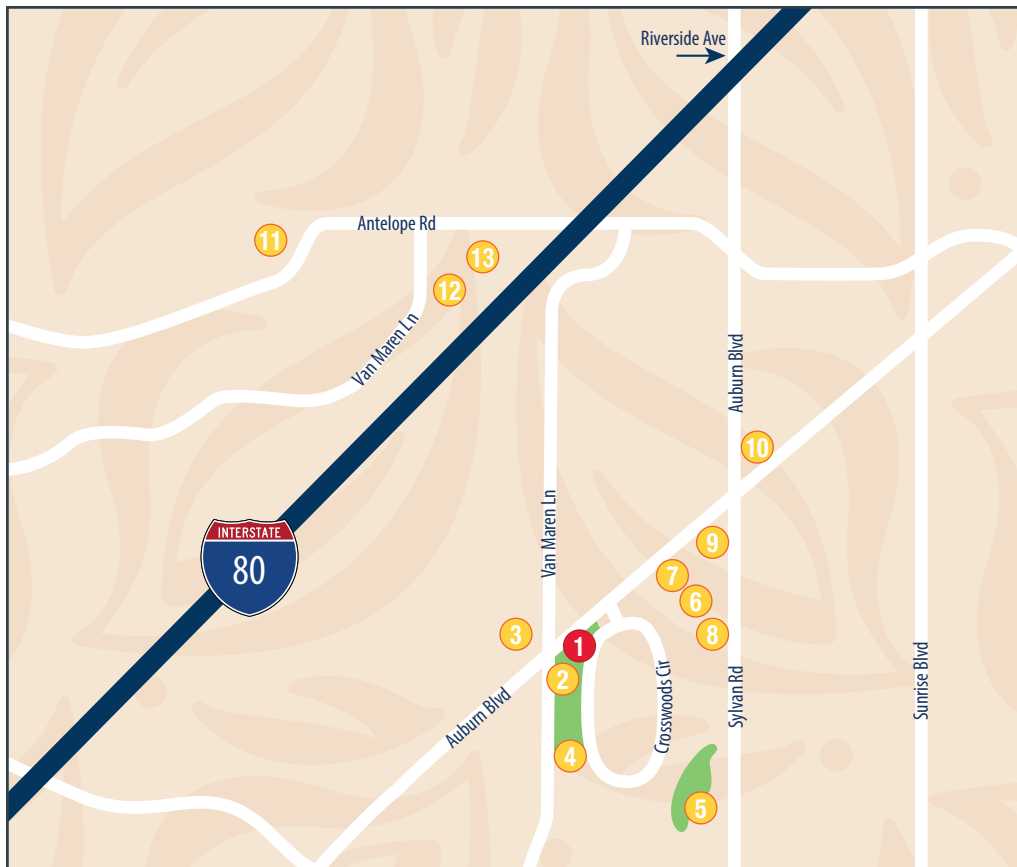
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The Crest at Citrus Heights
is conveniently located within
access to grocery stores,
shopping, entertainment
and healthcare facilities.

- 1** The Crest at Citrus Heights
- 2** Sylvan Oaks Library
- 3** 24 Hour Fitness
- 4** Crosswoods Community Park
- 5** Van Maren Park
- 6** Costco Wholesale
- 7** Applebee's Grill & Bar
- 8** Walmart
- 9** Chando's Tacos
- 10** Goodwill Donation Express
- 11** Home Depot
- 12** Public Storage
- 13** Stones Gambling Hall



Legacies™ Memory Care

Our Legacies™ Memory Care program provides those with Alzheimer's disease, dementia or other forms of memory loss with the support, care and respect they deserve to continue living a full, enriching life. Each resident receives a personalized care plan that is carefully implemented by our compassionate staff.

Adult Day Program

Our Adult Day Program, offered in select communities, is alive with engaging, enriching activities that invite and welcome all seniors to participate. Just as our residents enjoy personalized care, so do our program participants. This is the perfect way to meet new friends and share new experiences.

Respite Care

There are times in our lives when we need a little extra help. Pacifica's Respite Care program is available to allow families an opportunity to rest from the daily tasks required for a loved one. Our program is also perfect for individuals who are recuperating from a hospital/rehabilitation stay, or to just simply experience the Pacifica lifestyle. Trained team members work together to enhance continued dignity and trust. We know the difference a smile and kind word can make.

Companion Living

Companion Living enables seniors to enjoy all the care, services and amenities of a Pacifica Senior Living community with the added benefits of forging a new friendship, enhanced well-being and the cost savings of sharing a suite, just to name a few.



DESIGNED FOR LIVING WELL

Our community is designed to help our residents live well, surrounded by extraordinary services, amenities and programs.

Dining

Dining is a delight at Pacifica Senior Living. Meals are prepared fresh daily by our on-site chefs and are served in beautifully appointed, restaurant-style settings by attentive dining room staff.

Life Enrichment

Our life enrichment programs offer a variety of opportunities to meet new friends, discover new interests, exercise and maintain health, enjoy exciting outings and excursions ... and so much more.

Transportation

A full-time, certified driver is available through the community's transportation department. Scheduled services take residents to nearby medical appointments, shopping trips, religious services, banks, postal services and more.

Pet Friendly

Pets are part of the family, so all Pacifica Senior Living communities are pet friendly* and have designated pet areas for convenience.

**Weight limitations*





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For a list of Pacifica Senior Living communities,
visit our website at www.PacificaSeniorLiving.com

