July 2021 Activities Calendar
Heron Pointe Assisted Living

July 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays 7/2 - John B. 7/10 - Buell 7/16 - John H. 7/17 - Margaret H. 7/23 - Lisa	7/9 National Sugar Cookie Day 7/19 National Daiquiri Day 7/26 National Hot Fudge Sundae Day 7/27 National Bagel Day	7/13 Live Entertainment in Dining Room		1 **8:00 Activity Times Vary Due to Dr. Appts** 10:00 Hydration Hour 1:30 Board Game of Choice 2:30 Puzzle Hour 3:30 Movie In The Library	2 **10:00 Back Patio Outdoor Games** **12:00 4th of July Celebration!** 2:15 Brain Strain Puzzles 3:00 Pick Up Your 4th of July Crossword at Front Desk	3 9:00 Morning News 10:00 Activity of Choice 1:30 Book Club 3:00 Afternoon Walk
4 Independence Day **12:00 HAPPY 4TH OF JULY** 9:00 Morning News 10:00 Flower Garden Walk 1:15 Puzzle Hour 2:00 Communion In The Dining Room 2:30 Chat With A Friend	5 10:00 Sit And Be Fit in Dining Room 11:00 True North Yoga 2:30 Sherbert Social in Dining Room 3:30 Card Game (You Choose)	6 **8:00 Activity Times Vary Due to Dr. Appts** 10:00 Balloon Toss 10:30 Gardening **2:00 Monthly Menu Chat in Dining Room** 3:15 Trivia Games!	7 10:00 Bingo in the Dining Room 11:00 Manicures in Activity Room 2:00 Resident Led Yahtzee in Activity Room 3:00 Hydration Hour	8 **8:00 Activity Times Vary Due to Dr. Appts** 10:00 Puzzle Hour 1:30 Board Game of Choice **1:30 LEC Leaves @ 1:30 Today** 3:30 Movie In The Library	9 9:00 Shopping @ TJ Maxx 1:15 Brain Strain Puzzles 2:30 Cookie Decorating 2:45 Hydrate with Cookies! 3:00 Movie of Choice in Library	10 9:00 Morning News 10:00 Activity of Choice 1:30 Book Club 3:00 Afternoon Walk
11 9:00 Morning News 10:00 Flower Garden Walk 1:15 Puzzle Hour 2:30 Chat With A Friend	12 10:00 Sit And Be Fit in Dining Room 11:00 True North Yoga 2:30 Cheese and Wine Social 3:30 Board Game Social	13 **8:00 Activity Times Vary Due to Dr. Appts** 10:00 Balloon Toss 10:30 Gardening **2:30 Music Entertainment in Dining Room** 3:15 Trivia Games!	14 10:00 Bingo in the Dining Room 11:00 Manicures in Activity Room 3:00 Hydration Hour! 3:15 Movie of Choice in Library	15 **8:00 Activity Times Vary Due to Dr. Appts** 10:30 Puzzle Hour 1:30 Board Game of Choice 2:30 Brain Boost Smoothies! 3:30 Movie In The Library	16 9:00 Walmart 1:15 Brain Strain Puzzles 2:00 Hydration Hour! 3:30 Ice Cream Social	17 9:00 Morning News 10:00 Activity of Choice 1:30 Book Club 3:00 Afternoon Walk

July 2021 Activities Calendar
Heron Pointe Assisted Living

July 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 9:00 Morning News 10:00 Flower Garden Walk 1:15 Puzzle Hour 2:30 Chat With A Friend	19 10:30 True North Yoga 1:30 Painting (birdhouses, door hangers, ceramic pots) 2:30 Daiquiri Day! 3:30 Board Game Social	20 8:00 **Activity Times Vary Due to Dr. Appts** 10:00 Balloon Toss 10:30 Gardening 2:00 Hydration Hour! 3:15 Trivia Games!	21 10:00 Bingo in the Dining Room 11:00 Manicures 2:00 **Resident Led Yahtzee in Activity Room** 3:00 Hydration Hour!	22 8:00 **Activity Times Vary Due to Dr. Appts** 10:00 Balloon Toss in Dining Room 1:30 Board Game of Choice 2:30 Puzzle Hour 3:30 Movie In The Library	23 9:00 Safeway/Dollar Tree 1:15 Brain Strain Puzzles 2:30 Scenic Drive 3:30 Ice Cream Social	24 9:00 Morning News 10:00 Activity of Choice 1:30 Book Club 3:00 Afternoon Walk
25 9:00 Morning News 10:00 Flower Garden Walk 1:15 Puzzle Hour 2:30 Chat With A Friend	26 10:30 True North Yoga 1:30 Painting (birdhouses, door hangers, ceramic pots) 2:30 Hot Fudge Sundae Bar! 3:30 Board Game Social	27 8:00 **Activity Times Vary Due to Dr. Appts** 10:00 **Bagel Brunch with Mimosas** 1:30 Puzzles 2:00 Squirt Gun Fun on Back Patio 3:15 Trivia Games	28 10:00 Bingo in the Dining Room 11:00 **Mongolian Grill** 2:00 Manicures in Activity Room 3:00 Hydration Hour!	29 8:00 **Activity Times Vary Due to Dr. Appts** 10:30 Puzzle Hour 1:30 Board Game of Choice 2:30 Brain Boost Smoothies! 3:30 Movie In The Library	30 10:00 Scenic Drive to Buena Vista Ferri 1:15 Brain Strain Puzzles 2:00 **Town Hall Meeting w/ Skyler in Dining Room** 3:30 Ice Cream Social	31 9:00 Morning News 10:00 Activity of Choice 1:30 Book Club 3:00 Afternoon Walk