

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# July 2021



## Canal Calendar



Independence Day (US)

<p><b>11</b> 10:00 Exercise with Weights (S) 10:30 Spiritual Documentary (T) Mystic India: An Incredible Journey of Inspiration 10:30 Mexican Train (S) 1:30 Canal Walking Club (LB) 2:30 Lights, Camera, Action (T)</p> <p><b>(Cheryl's Vacation)</b></p>	<p><b>12</b> 9:30 Sign Me Up Susan (S) 10:00 Chair Exercise (P) 10:30 Bingo (S) 10:30 Documentary Film (T) 1:00 Wii Bowling (T) 2:00 Museum Secrets (T) 3:30 Charades (S) 6:30 Lights, Camera, Action (T)</p>	<p><b>13</b> 10:00 Exercise w/ Weights (S) 10:30 Canal Walking Club (LB) 10:30 Travel: France Riviera (T) 10:30 Food Committee Meeting 1:30 You Be the Judge (S) 2:30 Lights, Camera, Action (T) <b>2:30 Main St. Scoops (P)</b> <b>3:30 Round Table Readers (P)</b> 6:30 \$ Bingo (P)</p>	<p><b>14</b> 8:00 Women's Breakfast (CD) 10:00 Exercise with Weights (S) 10:30 Wii Bowling (T) <b>10:30 Shore Resident Meeting</b> 1:30 Book Club Movie (T) 1:30 Social Visits 1:1 (APT) 2:00 Canal Walking Club (LB) 2:00 Shuffle Golf (S) <b>3:30 Bastille Day Happy Hour (P)</b></p>	<p><b>15</b> 10:00 Exercise w/ Weights (S) 10:00 Shopping (LB) 10:30 Wheel of Fortune Wii (T) 10:30 Smoothie Cafe' (CY) <b>12:00 Lunch Outing-Chartroom</b> 2:30 Corn Hole (SP) 2:30 Crafting with Beth (S) 3:00 Documentary (T) 6:30 Lights, Camera, Action (T)</p>	<p><b>16</b> Frankfurter Day 10:00 Chair Exercise (S) 10:30 Music w/ Mike D. <b>11:30 Picnic at the Canal (LB)</b> 1:00 Wii Bowling (T) 1:30 9 Letter Word Game (S) <b>1:30 Scenic Drive &amp; Ice Cream</b> 2:00 Documentary (T) 2:30 Cooking with Chef (S) 3:30 Happy Hour (P)</p>	<p><b>17</b> 10:00 You Tube Chair Yoga (S) 10:30 Music Documentary: (T) The Song of Rapa Nui 10:30 Challenge Dime Bingo (P) 1:00 Wii Bowling (T) 2:00 Rummikub (S) 2:30 Lights, Camera, Action (T)</p>
<p><b>18</b> 10:00 Exercise with Weights (S) 10:30 Spiritual Documentary (T) The Journey From Unbelief to Faith 10:30 Mexican Train (S) 1:30 Canal Walking Club (LB) 2:30 Lights, Camera, Action (T)</p> <p><b>(Catherine's Vacation Week)</b></p>	<p><b>19</b> 9:30 Sign Me Up Susan (S) 10:00 Chair Exercise (P) 10:30 Bingo (S) 10:30 Documentary Film (T) 1:00 Wii Bowling (T) 2:00 Museum Secrets (T) 3:30 Charades (S) 6:30 Lights, Camera, Action (T)</p>	<p><b>20</b> 10:00 Exercise w/ Weights (S) 10:30 Canal Walking Club (LB) 10:30 London a City in Time (T) 10:30 Song Pictionary (S) 11:30 July Lunch Bunch (HD) 1:30 You Be the Judge (S) 2:30 Lights, Camera, Action (T) 2:30 Happy Hope Factory (S) <b>3:30 Frankly Speaking (P)</b> 6:30 \$ Bingo (P)</p>	<p><b>21</b> National Junk Food Day 10:00 Seated Swingers (S) 10:30 Cheryl's Music Class (S) 10:30 History: Docu-Series (T) 10:30 Mexican Train (P) 1:00 Wii Bowling (T) 1:00 Alternative Art (S) 2:00 Shuffle Golf (S) 2:00 Men's Movie Matinee (T) <b>3:30 Happy Hour (P)</b></p>	<p><b>22</b> 10:00 Exercise w/ Weights (S) 10:00 Shopping (LB) 10:30 Wheel of Fortune Wii (T) 10:30 Smoothie Cafe' (CY) 1:30 Social Visits 1:1 (Apt) 2:30 Corn Hole (SP) 2:30 Keystone Card Making (S) 3:00 Documentary (T) <b>4:00 Cape Cod Cocktail Cruise</b> 6:30 Lights, Camera, Action (T)</p>	<p><b>23</b> Gorgeous Grandma Day 10:00 Chair Exercise (S) 10:30 Craft Class (S) 1:00 Wii Bowling (T) <b>1:30 Gorgeous Grandma Glam</b> <b>1:30 Scenic Drive (LB)</b> 2:00 Documentary (T) 2:30 Putting Green (S) <b>3:30 Music &amp; Happy Hour (P)</b></p>	<p><b>24</b> 10:00 You Tube Chair Yoga (S) 10:30 Music Documentary: (T) The Song of Rapa Nui 10:30 Challenge Dime Bingo (P) 1:00 Wii Bowling (T) 2:00 Rummikub (S) 2:30 Lights, Camera, Action (T)</p>
<p><b>25</b> 10:00 Exercise with Weights (S) 10:30 Spoken Word &amp; Music (T) 10:30 Mexican Train (S) 1:30 Canal Walking Club (LB) 2:30 Lights, Camera, Action (T)</p> <p><b>(Rich's Vacation Week)</b></p>	<p><b>26</b> 9:30 Sign Me Up Susan (S) 10:00 Chair Exercise (P) 10:30 Bingo (S) 10:30 Documentary Film (T) 1:00 Wii Bowling (T) 2:00 Museum Secrets (T) 3:30 Charades (S) 6:30 Lights, Camera, Action (T)</p>	<p><b>27</b> 10:00 Exercise w/ Weights (S) 10:30 Real Rail Adventures Swiss International Hubs (T) 10:30 Phrase Pictionary (S) 1:30 You Be the Judge (S) 2:30 Lights, Camera, Action (T) 2:30 Round Table Readers (P) <b>3:30 Music w/ Rick Walsh (SP)</b> 6:30 \$ Bingo (P)</p>	<p><b>28</b> 7:45 Men's Breakfast (CD) 10:00 Exercise w/ weights (S) 10:30 Cheryl's Music Class (S) 10:30 Mexican Train (P) 10:30 History: Docu-Series (T) 1:00 Wii Bowling (T) 1:00 Social Visits 1:1 (Apt) 2:00 Shuffle Golf (S) 2:00 Men's Movie Matinee (T) <b>3:30 Happy Hour w Dave V. (P)</b></p>	<p><b>29</b> 10:00 Exercise w/ Weights (S) 10:00 Shopping (LB) 10:30 Smoothie Cafe' (CY) 10:30 Wheel of Fortune Wii (T) <b>1:30 N.B Whaling Museum (LB)</b> 1:30 Social Visits 1:1 (Apt) 2:30 Corn Hole (SP) 2:30 Keystone Card Making (S) 3:00 Documentary (T) 6:30 Lights, Camera, Action (T)</p>	<p><b>30</b> International Friendship Day 10:00 Chair Exercise (S) 10:30 Craft Class (S) 10:30 Current Events (T) <b>11:30 Picnic at the Canal (LB)</b> 1:00 Wii Bowling (T) 1:30 9 Letter Word Game (S) <b>1:30 Scenic Drive (LB)</b> 2:00 Documentary (T) 3:30 Happy Hour (P)</p>	<p><b>31</b> 10:00 You Tube Chair Yoga (S) 10:30 Music Documentary: (T) The Song of Rapa Nui 10:30 Challenge Dime Bingo (P) 1:00 Wii Bowling (T) 2:00 Rummikub (S) 2:30 Lights, Camera, Action (T)</p>

Location Programming Key: L: Lobby P: Pub S: Shore Room T: Theater L: Library C: Canal Room SP: Shore Patio