

Celebrating
Resident Birthdays
in July

July 17 – Bill Schlichter

WELCOME TO JUNE

We are excited to host Carousel Acres on July 14, at 3 pm located at the front entrance of AL.

Please make sure to follow and like us on Facebook. We love to highlight a lot of our activities to share with families, friends, and future Waltonwood Residents.



\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask Renee for details!

FRIENDS & FAMILY REFERRAL PROGRAM!

CHERRY HILL CONNECT



Redefining Retirement Living® SINGH.

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July 2021



WELCOME TO WALTONWOOD

"America is another name for opportunity."— Ralph Waldo Emerson

As we move forward with our new normal, we will continue to focus on maintaining a safe environment for our residents, associates, and visitors. As a reminder, please continue to properly social distance, wash your hands and wear face coverings within the community.

Visitors are welcome! As a precaution, we ask that visitors do not eat in common areas and wear a mask at all times.

We would like to extend a warm welcome to all our June Move-ins. Welcome to the Waltonwood Family!

COMMUNITY MANAGEMENT

Tiffiany Tucker
Executive Director

Business Office Manager

Renee Ralsky Marketing Manager

Jolene Maples Move In Coordinator

Kara Triplett
Culinary Services Manager

Andrew Raudszus
Environmental Services Manager

Krystal Sidibe Independent Living Manager

Melanee Hirvela Independent Living Life Enrichment Manager

Brittany Neal
Assisted Living Life Enrichment
Manager

Mary Reifert

Memory Care Life Enrichment

Manager

Jasmine Montgomery Resident Care Manager

Laura Grabowski Wellness Coordinator

Charlie Harris
Wellness Coordinator

Dawn Vernon Housekeeping Supervisor

ASSOCIATE SPOTLIGHT

AL/MC Associate of the Month: Carlyn Homann, Care Staff

Carlyn possesses the ultimate "yes mentality" while taking on all tasks with positive energy and a smile. Her upbeat personality and engaging personal style enable her to interact effectively with the residents and staff. We are lucky to have her apart of our Waltonwood Family.

Please see the front desk concierge to nominate an associate you feel has been doing a wonderful job!



FOREVER FIT: Focus on Fitness

A Fresh Start

A great exercise plan starts with a great foundation and a commitment to wanting to improve how we move and how we feel. The past 15+ months however have taught us that the world around us often has other plans, directly impacting the consistency and success of even the best designed fitness routine. A lack of consistency coupled with countless stressors have changed the way even the most dedicated individual approaches exercise. Putting it simply, "life gets in the way" and that's ok, the good news is that it's never too late to hit the reset button and get a fresh start on your exercise journey. As we slowly return to normal, now's the perfect time to reassess your current fitness level and determine what changes can help you return to your strongest, healthiest self. By taking some time to meet with our fitness team whether for just a few quick questions or a full assessment we can help identify your strengths and create an accurate picture of your current fitness level to better help you start your fitness journey on the right foot. This summer commit to movement and let our fitness team help you reclaim the health and fitness that lets you

feel your very best heat of the sun.



LIFE ENRICHMENT CONNECT

- Tiger Tuesday- Show your support by wearing your Tiger shirt or Tiger's colors every Tuesday, now through October.
- Carousel Acres will be visiting our Assisted Living and Memory Care Residents on Wednesday, July 14, at 3:00 PM.
- Happy Fourth of July





EXECUTIVE DIRECTOR CORNER

Happy July!

We are looking forward to this fun filled Summer and all it brings. This season we will be able to enjoy outdoor entertainment and so much more. Again we are pleased to continue to grow our team and see all of the beautiful smiles. Please be sure to continue to check in and out through accushield. We invite you to see our activities calendar for additional information planned for this month. We continue to have monthly Town Meetings scheduled that will provide community updates for all. As always we value your input and suggestions.

It's a pleasure to be of service and please feel free to contact me with any questions that you may have at Tiffiany.tucker@singhmail.com