

July 2021

GOLDEN POND SENIOR LIVING

Golden Pond Senior Living *RCFE 347000985

Celebrating July Birthdays

Residents

Pat Thomas #57 ~ 07/08

Florence Harmor #28~07/16

Beverly Young #101~ 07/19

Mary McAllister #107~07/21

Margaret Barton #26~07/25

Anita Langer #5 (MC)~07/26

Donald Naylor #94~07/27

Wanda Miglietto #95~07/27

Margaret Michelini #33 07/29

Paul Wood #49 07/31

Staff

Gage Hartsock (KIT) 07/01

Jessica Rivera (HR) 07/03

Jacob Hunt (AL Care) 07/04

Demya Brodnax (KIT) 07/06

Alycia Bustillos (KIT) 07/10

JULY IS A MONTH OF CELEBRATION

Not only do we celebrate our independence for our Country, but we celebrate the ability to not have to wear our masks inside the building any more. Since all residents have been vaccinated, you may now go throughout the building with NO masks on, HOWEVER, if you leave the building, you must wear a mask to continue to stay safe for yourself and those around you. You do NOT have to wear them outside to walk around, but only as you leave for appointments, outings and family gatherings. We are half way through the year and are now really beginning to feel a little freer with restrictions...let's not get too ahead of ourselves, because we are still not out of the woods yet.

Another thing to celebrate is we are hiring more team members in all departments and we have new residents moving in weekly. It is beginning to feel a little more like normal every day.

AS SUMMER REALLY BEGINS.....

What a way to start the summer season with a WONDERFUL performance by Cluster Phunk and the Mean Machines Car Club. There were 27 Mean Machines that were in our parking lot so the residents and the community could come and check out the "sweet ride". The staff at Golden Pond did an amazing job of setting up for the days' event and getting residents out to enjoy the day. THANK YOU TO ALL THE STAFF FOR MAKING THIS EVENT A SUCCESS. Thank you, LUPE RAMIREZ for making this day happen, the staff and residents truly appreciate all that you do to make Golden Pond a great place to live!

CHILLIN' AT THE CAR SHOW



1ST & 2ND PLACE WINNERS OF THE CLASSIC CAR SHOW

1ST Place



2nd Place



The Resident's Favorite Award
our own Stan Webb



WITH AMAZING MUSIC FROM
CLUSTER PHUNK



MAINTENANCE CONCERNS????

Good news...Cruz, the Maintenance Director now has an assistant, Clemente. Help them, help you. When you are in need of some work done...PLEASE, call the front desk, they will put your request in the maintenance book. Cruz & Clemente check this book out daily, and keep a very tight schedule for work being required. We promise you that we will get to your requests as quickly as possible. When each request is completed, it is signed off.

HOUSEKEEPING CONCERNS...

Once again, please contact the front office and Lorine will be notified with your concern and then she will direct the proper team to make sure your concern is addressed. This includes items that need to be washed, spills that might occur, personal hygiene accidents, and any other needs that deal with keeping your apartment clean and tidy. If you don't know, please ask, there are no wrong questions. We look forward to serving every resident.

FOOD CONCERNS...

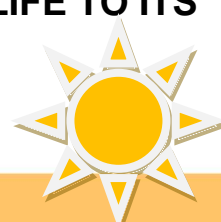
Chef Bernadette loves your feedback, so join her every 1st & 3rd Wednesdays of every month in the Bistro area. This is the meeting where you bring your concerns, complaints, compliments and food suggestions too. Residents are encouraged to participate in this conversation so that the Kitchen team can know how to better serve each resident. We don't know what you like and dislike unless you share with us. So come to the meeting and let us know.

INDEPENDENT RESIDENTS

WE NEED YOUR HELP

Golden Pond is requesting your help. In order for us to serve you better we are requesting that you give us a copy of all your medications with dosage, times of day and any other pertinent information. You never know when accidents will happen and when you are being sent out due to a fall or an accident of any type, the First Responders always ask for a list of medications and a POLST, both of which we do not have because you are independent. Therefore, we are trying to better serve all entities by updating every resident in the building by requesting this information so we can keep it in your file, "in case of an emergency". We also ask that you fill out a "Pink Sheet" that is the POLST paperwork that is to be posted on your refrigerator or the inside of a kitchen cabinet door for the First Responders to know your wishes. If you do not have a copy of this pink sheet, please call or come by the front desk and they will assist you in getting one. No one ever likes talking about this concern, but reality is...we must be aware so that we, Golden Pond can better serve and protect you with as much information as possible so that you can continue to live your life to its fullest. We are honored to serve you and provide many wonderful opportunities to stay busy and remain engaged. So, we thank you in advance for helping us, help you.

**LET'S KEEP LIVING LIFE TO ITS
FULLEST**



INTERESTED IN ART REVEALS??



“Art Reveals” collections include paintings and photo imagery that offer “still stories”, providing space for participants to pause, observe, and allow the images to connect them with personal memories or insights. Through guided conversation, participants are invited to experience their insights on a multi-sensory level, which often contributes to self-expression and supports their social and emotional well-being.

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### Live Music Line-Up for July

**2<sup>nd</sup> ~ Jerry Lopes in the PAR ~  
Moving & Grooving ~ 3:15pm**

**6<sup>th</sup> ~ Skip Morgan in the Pub ~  
Come sing along ~ 2:30pm**

**16<sup>th</sup> ~ Linda Bracamontes in the PAR  
She will have you blushing ~ 2pm**

**30<sup>th</sup> ~ Jazzination in the PAR ~  
Let's get a little Jazzy ~2pm**

**More groups to come ~ Stay tuned**



## July Birthdays

In astrology, those born July 1–22 are Cancer's Crabs. Crabs like to retreat into their “shells” and enjoy being surrounded by loved ones at home. They nurture deep relationships and become loyal friends. Those born July 23–31 are Leo's Lions. These “kings of the savanna” are natural-born leaders, full of creativity, confidence, and charisma. Leos use their generosity and sense of humor to unite different groups into a common cause.

Thurgood Marshall (justice) – July 2, 1908  
Frida Kahlo (artist) – July 6, 1907  
Satchel Paige (ballplayer) – July 7, 1906  
Tom Hanks (actor) – July 9, 1956  
Henry David Thoreau (writer) – July 12, 1817  
Harrison Ford (actor) – July 13, 1942  
Regina Belle (singer) – July 17, 1963  
Carlos Santana (guitarist) – July 20, 1947  
Ernest Hemingway (writer) – July 21, 1899  
Amelia Earhart (pilot) – July 24, 1897  
Vivica A. Fox (actress) – July 30, 1964

## Rock-Hard Artwork



July 3<sup>rd</sup> is International Drop a Rock Day, a simple act of painting rocks and leaving their small pieces of artwork in places for others to find and enjoy. These small acts of public art are like small, warm hugs for those passing by. During the first week of July, we will be painting a rock that we will place around the community near the local park and in the Garden areas of Golden Pond. Let your creative juices flow and let someone find your beautiful artwork as they pass by. You never know who needs a smile to make their day or a kind word to lift their spirits. All the materials needed will be provided for you to create that piece of art that will make the day for someone else and it will make you feel good while painting it. Paint the entire rock, paint a scene or just put encouraging words on the rock as it is. Check out the calendar for the date, time and place and we will be creative together.