



JUNE HAPPENINGS



Flag Day



Indian Creek Zoo



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CARRIAGE PARK CONNECT

July 2021



Happy Birthday Bonita

110 Years Young!

We are truly blessed to have you part of our Waltonwood Family!



Born July 4th 1911 to Franklin and Mable she has a younger brother Darrell. Bonita was raised by her Aunt Amanda and Uncle Simon Metzgar on a small farm south of Mond City, Missouri. Bonita was married during the depressions to Kenneth Gibson who she met on a blind date. They moved to Idaho to find work and eventually Kenneth became a Potato Broker and Bonita did the books. In 1937 their only son, Richard was born giving them three future grandchildren and six great grandchildren. They retired bought a "Silver Streak trailer" and began traveling all over Canada, Oregon, California and Nevada just to name a few. At 100 Bonita moved into her firstsenior community in Tennessee. At the age of 102 she moved to Michigan and joined our Waltonwood family. Continue on Page 3

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COMMUNITY MANAGEMENT

Angie Hanson
Executive Director

Terry Lobb
Business Office Manager

Joel Vassallo
Culinary Services
Manager

Erin McGraw
Life Enrichment Manager

Nichole Passmore
Life Enrichment Manager

Annette Rogers
Marketing Manager

JoAnn Mayher
Resident Care Manager

Mike Burlett
Maintenance Manager

Nathan Brown
Independent Living
Manager

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!



FRIENDS & FAMILY REFERRAL PROGRAM!

JULY HIGHLIGHTS:

Thursday July 1st downtown Plymouth we will enjoy the Plymouth Community Band
Bus will depart at 6:20 pm.

July 4th 11:30, Picnic dinner for the 4th and help us **celebrate BONITA (110th)**

July 5th 1:30 pm is our **meet and greet with Angie**, we will meet in the dining room.

July 6th 1:30 pm Celebrate America with Jim & Sue in our dining room!

July 8th Dinner out at Apple Beas

July 9th Bag lunch at the park. Cost: \$3.00

July 15th Evening concert Belleville Lake **“Motor City Soul”**

July 20th Lunch at **Three Brothers.**

July 22nd Evening Concert in Livonia **“Earth Angles”**

July 23rd **Mystery Trip** loads at 12:30.

July 30th **Belle Isle Aquarium**

FOREVER FIT: A Fresh Start!

A great exercise plan starts with a great foundation and a commitment to wanting to improve how we move and how we feel. The past 15+ months, however, have taught us that the world around us often has other plans, directly impacting the consistency and success of even the best designed fitness routine. A lack of consistency coupled with countless stressors have changed the way even the most dedicated individual approaches exercise. Putting it simply, *“life gets in the way”* and that’s ok, the good news is that it’s never too late to hit the reset button and get a fresh start on your exercise journey. As we slowly return to normal, now’s the perfect time to reassess your current fitness level and determine what changes can help you return to your strongest, healthiest self. While many of us are ready to reestablish our exercise routine, many of us don’t quite know where to begin. By taking some time to meet with our fitness team for just a few quick questions or a full assessment we can help identify your strengths, pinpoint your weaknesses and create an accurate picture of your current fitness level to better help you start your fitness journey on the right foot. This summer commit to movement and let our fitness team help you reclaim the health and fitness that lets you feel your very best. **Chris Grabowski, MS, Senior Forever Fit Manager**

Bonita

While living in Idaho Falls, Bonita was involved in different women’s clubs and was very active in her church. She enjoys a game of cards, especially Bridge and Pinochle to this day. Bonita is an avid letter writer; she sends letters every week to loved ones and friends. When asked about which technology amazed her the most, she replied the air plane and cell phone. She took her first flight at the age of 99 to San Diego and visited her first casino at 106. To this day Bonita has a great memory and is full of history!



WALTONWOOD WELCOMES ANGIE HANSON



I am very excited to become a member of the Waltonwood Carriage Park family and appreciate the warm welcome I have been given on my first week. Having known Dustin for a couple years, I knew this would be a wonderful community full of good-hearted people and that is exactly what I have experienced so far. I look forward to getting to meet and know all of the residents, families and associates over the next few weeks. To share a little about myself, my name is Angie Hanson and I have worked in the senior living industry for 17 years serving in various roles. I am very passionate about the work I do; I love learning new things and meeting new people. I live in Westland and have two children, Jena who is 19 and goes to the University of Iowa and a son James who is 13. In addition, we have a super cuddly rescue dog named Daisy. In my free time I like to spend time with family, work outdoors, exercise (especially jazzercise), cook, read and play solitaire on my phone.

Angie Hanson, Executive Director

We are honored at Waltonwood Carriage Park to congratulate our Class of 2021 graduates. We are proud of each and every one of our graduates: **Kennedy Napolitano, Sydnee Gravlin, Elena Kulas, Mackenzie Currin and Kassidy Davis.** We look forward to following their inevitably wonderful journeys as they begin a new chapter in their lives. Congratulations to the Class of 2010!

