



RESIDENT & ASSOCIATE BIRTHDAYS

- Connie F. 7/15
- Phyllis S. 7/16
- Mary P. 7/16
- Salvatore R. 7/27
- Joe Y. 7/31



FRIENDS & FAMILY REFERRAL PROGRAM!

“THE CHERRY ON TOP”  
**Variety Show**  
*TALENT SEARCH*  
Residents & Associates

Contact Tiffany in the Culinary Dept. by June 26th if you’re interested in participating!  
734-981-7100 ext. 1138, or Tiffany.Buchanan@singhmail.com  
Dress rehearsal TBD | Music can be provided and props welcome!

Performance on July 9, 2021 at 2pm

Back by Popular Demand

**WALTONWOOD**  
CHERRY HILL  
*Redefining Retirement Living*

The Second Annual Variety Show

COMMUNITY COMMUNICATION

Welcome our new neighbors, residents and staff! I want to welcome Krystal, our new Independent Living Manager. She is a wonderful addition to our community. She brings years of experience and a lot of great ideas. We welcome Mary as our new Memory Care Life Enrichment Manager. Her positivity has already spread throughout our building. Let’s give our new neighbors a huge welcome! We look forward to seeing your smiling faces at our fun activities.

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

CHERRY HILL CONNECT

JULY 2021

*To reminisce with my old friends, a chance to share some memories, and play our songs again. – Ricky Nelson*



July is Nostalgia month. Let’s celebrate our past. Let’s bring back our favorite fads, songs, art, fashion, food, and games. Let’s share special memories with our Waltonwood families. This is just another way that we can preserve and honor our history. We want to honor YOU!

We will have activities and events this month that will help us remember our past. We’ll have fun in the process. Opportunities during “Show & Tell” with Women’s Club, “What’s the Scoop” during Men’s Club, Trivia Time during Happy Hour, play past games during Nuts About Board Games Hour, Olympic Week, and Let’s Knit & Chat during Handy Crafters Club are ways we can enjoy this month to reminisce about the past.  
Melanee.Hirvela@singhmail.com.



Redefining Retirement Living

SINGH  
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[www.waltonwood.com](http://www.waltonwood.com) | 734-335-1102  
Facebook: /WaltonwoodCherryHill

COMMUNITY MANAGEMENT

- Tiffany Tucker  
Executive Director
- Business Office Manager
- Kara Triplett  
Culinary Services Manager
- Andrew Raudszus  
Environmental Services Manager
- Krystal Sidibe  
Independent Living Manager
- Melanee Hirvela  
Independent Living Life Enrichment Manager
- Brittany Neal  
Assisted Living Life Enrichment Manager
- Mary Reifert  
Memory Care Life Enrichment Manager
- Renee Ralsky  
Marketing Manager
- Jolene Maples  
Movie in Coordinator
- Jasmine Montgomery  
Resident Care Manager
- Laura Grabowski  
Wellness Coordinator
- Charlie Harris  
Wellness Coordinator
- Dawn Vernon  
Housekeeping Supervisor



## ASSOCIATE SPOTLIGHT

### JARRET

Jarret has been part of our culinary team for a year and a half. He has his Culinary Arts Degree from Schoolcraft College and most recently was a butcher at the shop in Ferndale. Jarret brought a lot of knowledge to the team and is always willing to help a coworker. His culinary skill has helped elevate our dining program and team.



## June HIGHLIGHTS

4

Oh, what beautiful sound we heard on our Blues Cruise with Paul Keller and Sarah D'Angelo.

11

We spiced things up with Island Fun Band. We enjoyed great drinks while we listened and danced to their Caribbean sound.



20

What fun we had celebrating Father's day with delicious BBQ and Horse Race and casino games.

26

Special moments were shared when our senior residents and staff celebrated our H.S. graduates. Great night of dancing on our last voyage.



## FOREVER FIT: A Fresh Start

A great exercise plan starts with a great foundation and a commitment to wanting to improve how we move and how we feel. The past 15+ months however have taught us that the world around us often has other plans, directly impacting the consistency and success of even the best designed fitness routine. A lack of consistency coupled with countless stressors have changed the way even the most dedicated individual approaches exercise. Putting it simply, *"life gets in the way"* and that's ok. The good news is that it's never too late to hit the reset button and get a fresh start on your exercise journey. As we slowly return to normal, now's the perfect time to reassess your current fitness level and determine what changes can help you return to your strongest, healthiest self. While many of us are ready to reestablish our exercise routine, many of us don't quite know where to begin. By taking some time to meet with our fitness team, whether for just a few quick questions or a full assessment, we can help identify your strengths, pinpoint your weaknesses and create an accurate picture of your current fitness level to better help you start your fitness journey on the right foot. This summer commit to movement and let our fitness team help you reclaim the health and fitness that lets you feel your very best. - Chris, Senior Fitness Instructor

## TRANSPORTATION INFORMATION

We continue to offer transportation for the following:

- Sundays, 9:20am St. Thomas a'Becket Catholic Church
- Mondays & Fridays 10:00am and Thursdays 2pm- Walking group to Summit and local parks
- Tuesdays, 10:00am – Canton Library– Sign up in a binder at the post office.
- Wednesdays, 10:00am - Meijer – Sign up in a binder at the post office.
- Wednesdays (1<sup>st</sup> and 3<sup>rd</sup> week of each month, 2:30pm – Kohl's – Sign up in a binder at the post office.

We continue to offer transportation services, by advanced request, to...

- Medical appointments
- Banks
- Pharmacies
- Barber & Beauty Shops
- Lunch outings, shopping, and other personal activities

Transportation requests must be received a minimum of 48 hours in advance. See IL concierge.

Just a reminder that if you receive a package in the mail, the front desk will notify you to come and pick up the package. If it is a large package, it will be delivered to your door.

## JULY SPECIAL EVENTS

1

Violinists from the Michigan Philharmonic

"Bach to Beatles"

14

Rob Crozier

Multi-Instrumentalist Artist & Composer

9

Variety Show with residents and staff – Let's celebrate our talented community and have fun!

29

Paul Keller & Sarah D'Angelo return to help us celebrate the Big Band Era

## CLASSIC CAR SHOW Waltonwood Cherry Hill



Thursday July 22, 2021 6:00-8:00PM

## EXECUTIVE DIRECTOR CORNER

Happy July! We are looking forward to this fun filled summer and all it brings. This season we will be able to enjoy outdoor entertainment and so much more. Again, we are pleased to continue to grow our team and see all of the beautiful smiles. Please be sure to continue to check in and out through accushield. We invite you to see our activities calendar for additional information planned for this month. We continue to have monthly Town Meetings scheduled that will provide community updates for all. As always we value your input and suggestions.

It's a pleasure to be of service and please feel free to contact me with any questions that you may have at [Tiffany.tucker@singhmail.com](mailto:Tiffany.tucker@singhmail.com)