

Marlowe Barn Basketball –

Remembering a Jackson County landmark with Jack Marlowe.

You may not have heard of barn basketball before, but for many Jackson County fellows there are years of memories of barn basketball in the Marlowe barn. According to Jack, his idea for barn basketball began with a visit to Mike Cains barn around 1958. The Cain's had built a basketball court in the hayloft of their barn and Jack took the idea back to his dad at the Marlowe farm. The Marlowe barn was built in 1906 and was no where near as nice as the Cain barn, but that did not stop Jack's plans for his own court in the hayloft at his family's barn.

Jack put up a regulation rim and backboard of about 30 inches wide. A 60-watt light bulb provided the only light for evening games. Because of the structure and beams in the old barn a new set of rules were developed for playing basketball there. In mid-February of 1959, the first competition between four players took place. Jack states, "It was me and Dave Eckelburg against two guys from Elwood. None of us could ever be confused as basketball players, but from that game on barn basketball at the Marlowe Barn became a past time of young men in Maquoketa and surrounding area's that would last until the last game was played in 1992. Our first basketball was worn to the thready by playing on concrete. My mom and Dad surprised me one year by installing a tongue and groove floor, two larger lights and regulation backboard. There were obstructions such as four beams from side to side every 15 feet about 15 feet high and a pair of three-by-three feet square openings for chutes on both sides that were used to dump hay to the lower level and climb to the upper level. Official barn rules were made upon advice from more active players. Games involving New York rules, horse, pig and around the world were played and there were special rules involving triangle shots and two and three beamers. The posts were considered teammates. Players would bounce balls at the post and when the ball bounced back to them the thrower was allowed to dribble again. "

Raspberry soda from Maquoketa bottling works was the official drink at the barn and Jack remembers his dad making homemade caramel corn for the big events that sometimes occurred on Sundays. Players came from Jackson County, Dubuque and even outside of Iowa. Jack recalls players from New Jersey. California, Arizona and even from Australia and Denmark. Jack advises that if a player demonstrated good sportsmanship and helped clean up after events, he got to sign his name on a big piece of cardboard that is now on display at the Maquoketa Historical society. There are more than 220 names on the list.

Jack recalls that in the closing seasons many former veteran players brought back their sons to play a game in the barn. Jack has many special memories of playing basketball with his friends and those who were invited to participate. Did you or do you know someone who participated in Barn Basketball at the Marlowe Farm? We would love to hear from you! Please contact Clover Ridge Place at 563-652-2125



THE VIEW

from
*Clover Ridge
Place*



July, 2021

Assisted Living & Memory Care | 205 Ehlers Lane, Maquoketa, IA 52060 | 563-652-2125 | CloverRidgePlace.net



Happy Birthday
Clover Ridge Place
Residents & Team Mem-
bers

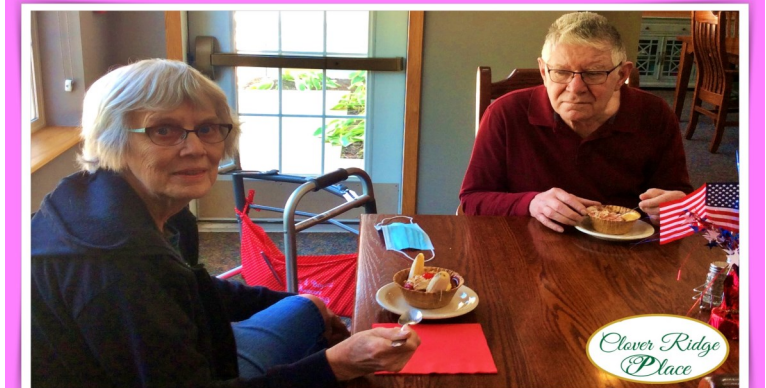
Gary B.- July 7

Tammy K. – July 9

Tina H. July 11



*Advice from residents at Clover Ridge Place
"Live life every day!"*



Good Friends Make Great Neighbors



**Clover Ridge Place offers a
\$1,500 rent credit**

**for any current Clover Ridge Place
resident, that refers a friend,
resulting in a move-in.**

For details contact

Amanda Widel, Manager

or Sally Davies,

Community Relations Coordinator

At 563-652-2125

Living Life!

The month of June has gone by fast and it is great to see family and friends coming and going again at Clover Ridge, as well as, our Residents enjoying some family time outside of Clover Ridge. We are still taking precautions on where we are going and what we are doing. The Tractor Cade in June was a great trip to go watch and see all the different kinds of tractors, what a great way of learning about the different tractors some of our residents used for farming. We also went to the Emeline One Room School House where we had a great time and lots of laughs and we even learned about the school days in the past. It's great to have music back into the community the residents are enjoying live music and in person church services. We will be going to the fair parade this year so we hope for cool weather so we can enjoy the parade again. Have a safe and fun July as we will be having fun here at Clover Ridge Place.

Tammy Kilburg, Life Enrichment Coordinator

Experiencing dizziness, vertigo, visual disturbance or imbalance? Vestibular rehabilitation therapy (VRT) may be for you and NIT therapists can help! Evidence has shown that vestibular rehabilitation can be effective in improving symptoms related to many vestibular (inner ear/balance) disorders. Other problems can also arise that are secondary to vestibular disorders, such as nausea and/or vomiting, reduced ability to focus or concentrate, and fatigue. Vestibular rehabilitation consists of 3 types of exercises.

Habituation exercises are used to treat symptoms of dizziness that are produced because of self-motion and/or produced because of visual stimuli. The goal of habituation exercise is to reduce the dizziness through repeated exposure to specific movements or visual stimuli that provokes dizziness.

Gaze Stabilization exercises are used to improve control of eye movements so vision can be clear during head movement. These exercises are appropriate for those who report problems seeing clearly because their visual world appears to bounce or jump around, such as when reading or when trying to identify objects in the environment, especially when moving about.

Balance Training exercises are used to improve steadiness so that daily activities for self-care, work, and leisure can be performed successfully. Exercises used to improve balance should be designed to address an individual's specific underlying balance problem(s).



Banana Split's with friends and neighbors,
what could be better?

WALK TO END ALZHEIMER'S CLOVER RIDGE FUNDRAISER

It's Flocking Season

For a donation of \$20 or more to the Clover Ridge Place Team and the Walk to End Alzheimer's, we will place a flock of pink flamingos outside the window of your loved one at Clover Ridge Place, or a family, friend or business within 25 miles of Maquoketa. We will deliver a note explaining our feathered friends and that they have been "flocked!" by you. The flock will nest on their lawn for 3 days then they will migrate to their next location!



**CONTACT SALLY TO DONATE
& SEND A FLOCK!**

563-581-2697 or

welcome@cloverridgeplace.net



Leo & John touring
Avenue of Flags



Join us Virtually

Thursday, July 8, 2021

12:30 P.M.

Jackson County 4-H Youth will present a

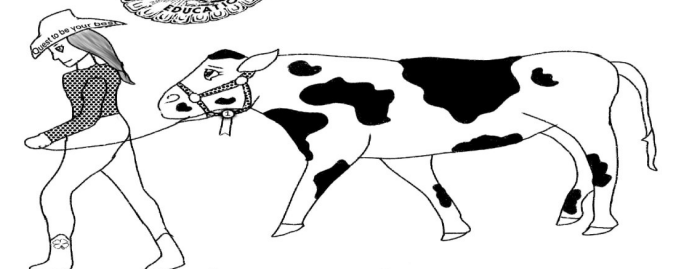
SNEEK PEEK into

4-H and the Jackson County Fair

*Hear from the youth what 4-H means to them
and see a little of what they will be taking to the
fair this year!*

Registration is required.

To receive the link to this program
email welcome@cloverridgeplace.net
or call 563-581-2967.



2021 Jackson County Fair



Celebrate with us!

National Hot Dog Day!

Wednesday,

July 21, 2021

5-7P.M.

In the Clover Ridge Parking lot.

The Team
will be serving
Hot Dogs, chips, drinks
and ice cream treats!

Free will
donation
to be share with

alzheimer's association®



The Coronado Car Club will be arriving starting at 5:30P.M.

We look forward to seeing you!



The ladies in Purple
back LouAnn and Glenda, front Karen & Tina

Caregiver Support Group

2nd Wed. of the Month at 1:30 P.M.

July 14, 2021

To Register or for more
information contact
Sally Davies

at 563-581-2967 or email
welcome@cloverridgeplace.net

Facilitated by an Alz. Association volunteer. Support group suitable for family and friend caregivers

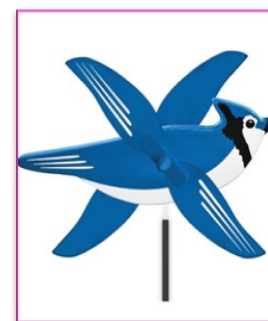
alzheimer's association®

FLAMINGO, FLAMINGO, BLUE JAY!

Last year was an interesting year no doubt. We had a crazy idea to begin flocking yards with flamingos as a fun fundraiser for the Walk to End Alzheimer's. Who knew it would be so much fun, create such a buzz, and have people calling to flock folks in other cities! Initially, we had 48 flamingo's that were donated, and over the course of 2020 the flock grew to include baby birds, new flamingos from recipients back yards, and a flock of peacocks were added just for fun.



I have received some reminders of the flocking season from friends including water bottles, Isabel Blooms, pillows, bags and more, it has been so much fun, and I am happy to say the flamingos are BACK! Yes, once again the flocks are fluffed and ready to land in yards to bring some smiles for a cause. This year we



have added a couple of new birds. First, as part of Jaybird Senior Living, the team were brainstorming on how we could add that Jaybird and diversify the flock. Well, we now have a Blue Jay who will land with each flock. Jaybird was the nickname of Kevin Russell's mother. Kevin is the Chairman of Jaybird Senior Living and his philosophy is that everyone should be treated like family.

Which has always also been the motto at Clover Ridge.

This year we have added a couple of inflatable flamingos for some additional fun! The inflatables will be used in an event early in August, and for every \$500 raised in the Clover Ridge Place, Walk to End Alzheimer's team efforts, Amanda and I will get on these huge inflatables and water slide down the hill at Clover Ridge Place!



If you would like more information on Flocking, the Walk to End Alzheimer's, or have a great idea to share, please reach out! I look forward to talking with you!

Sally Davies, Community Relations Coordinator

Note from Nursing

Summer is finally here! Let's get out and enjoy the beautiful weather! The residents of Clover Ridge Place have many opportunities to enjoy the sun both in the courtyard, on the front porch or during outings, but there is nothing more special for our residents than to spend the sunny days with their families! The team at Clover Ridge are ecstatic that our doors are now open to all visitors, we just ask that upon entering and exiting the building you stop at the front desk to screen in and out. We also ask that while in the hallways and common area's you continue to wear a face mask.

I just wanted to let you all know that I have been offered a position as a Clinical Nurse Educator within Jaybird Management Company and will be leaving Clover Ridge once my replacement is found. I have a Master's Degree in Health Education and am very excited about this new adventure, but am also unhappy that I won't be able to see Clover Ridge residents and families on a daily basis anymore. My new position will allow me to provide continuing education for the team at Clover, so I will be stopping in from time to time.

This last year and a half has been challenging, but I'm thankful for having the opportunity to have spent it with all of you. I will always be thankful for the support of our residents and families through the ups and downs of Covid and wish you all the best in the future.

Sincerely,
Angela Stark, RN,
Healthcare Coordinator

