

JULY 2021



Professionally Managed
by Jaybird Senior Living,
formerly Senior Housing
Management



Edencrest™
AT RIVERWOODS

Assisted Living & Memory Care

2210 E. Park Ave. | Des Moines, IA 50320 | 515-288-4040 | EdencrestLiving.com

Riverwoods Bulletin

July is named to honor Roman dictator Julius Caesar. In 46 BC, he made one of his greatest contributions to history: With the help of Sosigenes, he developed the Julian calendar, the precursor to the Gregorian calendar that we use today.

Stone = Ruby Flower = Sunflower



Cancer (The Crab)
Birthdates: 6/21-7/22

CANCER TRAITS:

Strengths:

Loyal, Emotional

Weaknesses:

Moody, Insecure

Deeply intuitive and sentimental, Cancer can be one of the most challenging zodiac signs to get to know. They are very emotional and sensitive, and care deeply about matters of the family and their home. Cancer is sympathetic and attached to people they keep close.



Leo (The Lion)
Birthdates: 6/23-8/23

LEO TRAITS:

Strengths:

Cheerful, Warm-hearted

Weaknesses:

Stubborn, Self-Centered

People born under the sign of Leo are natural born leaders. There is a specific strength to a Leo and their "king of the jungle" status. Leo often has many friends for they are generous and loyal.



Red, White & Blue

Social

Friday July 2nd 1:30 PM

Wear your Red, White & Blue

and join your friends

for a Social

complete with

Patriotic music,

Snacks &

Fun

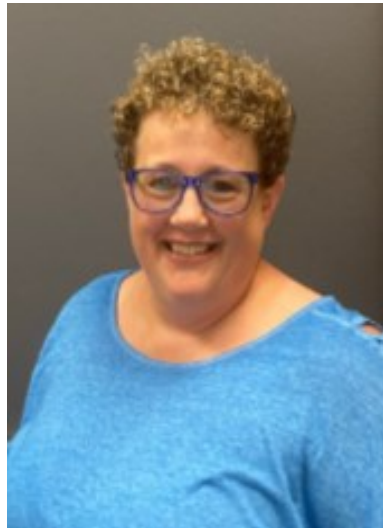
Did you know that a \$200 deposit will secure an apartment of your choice today?

SCHEDULE A TOUR Today!

If you are interested in participating in the weekly Zoom call, please provide Lene' Moore, Director, with your email address, and she will be happy to add you to the weekly call. Lene's email: directorrw@edencrestliving.com

JULY 2021

Activity Action



Armchair Travelers

Hello my fellow travelers! This month we will be travelling to some of the US's Greatest National Parks. Grab your sunscreen, lace up your Hiking Boots and join me as we travel on Tuesday, July 27th 1:30 PM. We will learn about some of the prettiest landscape on the Earth.

Happy Travels!

Theresa

JULY 2021

Culinary Corner



April Bentley, Culinary Coordinator

Resident Choice

July's meal will be served at Noon on Wednesday, July 21st.

Menu:

Grilled Hamburgers & Hot Dogs

Potato Salad

Baked Beans

Patriotic Cheesecake

Come and enjoy with your friends!!

Bon Appetite!

April

JULY 2021

Transportation

Available with reservation. Please try to schedule your appointments on Tuesdays and Thursdays.

Library Reservations

All library reservations are on hold until further notice.

Resident Referrals

Reminder that any Resident that refers a tour to our community and they move in , you will receive a \$500.00 discount on your next month's rent.

Great discount for you for referring a new Resident.

Happy Birthday

Wishing you all a blessed and wonderful birthday!

Sue Bishop 7/9

Octavia Reed 7/13

Kayl Armstrong 7/18

Donna Stodden 7/23

JULY 2021

Meet our Management Team



Lene Moore
Director



Kayl Armstrong, RN
Health Care Coordinator



Lance Brandt
Community Relations
Coordinator



Theresa Glaser
Life Enrichment
Coordinator



April Bentley
Culinary Coordinator



Bryan Stout
Maintenance Coordinator

**2210 E. Park Ave
DES MOINES, IOWA 50320
TELEPHONE: 515-288-4040
WWW.EDENCRESTLIVING.COM**

JULY 2021

Pastoral Ponderings

with Pastor David



Thank You

The Good Book says, “We are surrounded by a great cloud of witnesses.” Two months ago, we were celebrating Memorial Day. In June, Flag Day. My mother’s Birthday. (Every year she would say how nice it was for people to put out flags in her honor.) This month we celebrate the 4th of July, Independence Day. A time where you can shoot off Fireworks and possibly a finger, or reflect on the Great cloud of witnesses, like George Washington, Thomas Jefferson, and many other names unfamiliar to us. Is it just me, or isn’t it a tragedy that they all commemorate fallen soldiers in war?

Still, something arises our patriotic feelings as we light a sparkler and sing the National Anthem. As the song indicates, we live in the “land of the free, because of the brave.”

Truth is, we can never pay them letting me write and you to read this without fear, when those witnesses said, “We will not go quietly into the night.” This was worth dying for.

“Thank You,” doesn’t begin to cover it, but you might say it when the fireworks burst in the air with a big bang. That ‘s the least we can do. The most we can do is to live a life worthy of their sacrifice.

*Peace & Blessings,
David*

JULY 2021

Father’s Day Social



Steve

Steve

Jim, David



Sandy
Sue

Dolores
Rose
Jan



JULY 2021

Staff Spotlight

Each month we will be shining the spotlight on one of our fantastic Team Members. They will all be asked the same questions:

1. Why did you choose your career path?
2. What is your favorite part about working at Riverwoods?
3. Where do you live?
4. What do you like to do in your spare time?
5. What is your favorite Snack Food?



Name: Debra

Position: RA

Spotlight: Meet Debra.

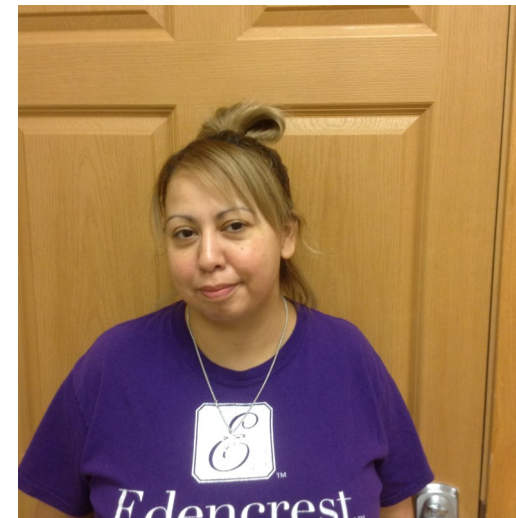
Debra states she chose her career path because she wanted to be able to help her grandmother, who was an RN, take care of her mother who was dying of cancer. She also states she loves helping others. Debra's favorite part about working at Riverwoods is helping others and seeing the looks on their faces when she does. Debra lives in Des Moines. In her spare time, Debra enjoys reading and spending time with her family. Debra's favorite snack is plain potato chips and Coke.

Be sure you say "Hi" to Debra when you see her.

JULY 2021



Celebrating our dedicated team members!



Vanessa Enriquez

Anniversary Date:

7/8/2020

Thank you for being part of the Riverwoods team!

We couldn't do it without you!!

JULY 2021



Morning Walking Group

Join your friends on
a walk in the
neighborhood

Tuesday & Thursday
Mornings

10:00 AM

Meet at the front door

Get out and get some
Exercise, fresh air
and spend some time with
your friends

JULY 2021

Resident Meeting



Have you ever wanted an opportunity to plan a fun party or excursion?
Have you wanted an opportunity to share your concerns? Well search
no further! The **Resident Meeting** is a perfect place for you to do just
that!

We meet on the first Tuesday of each month at 1:30 PM to discuss
these items.

Our next meeting is **Tuesday, July 6th.**

Make plans to join your fellow community members

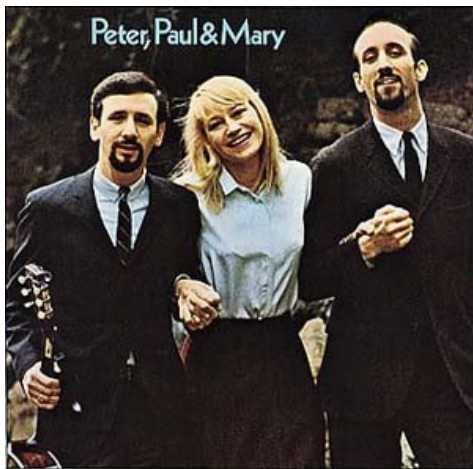
MeETing

JULY 2021

Riverwoods Bulletin

Who am I?

July's featured celebrity will be:



Peter, Paul & Mary
Join your friends on
Monday, July 19th
At 1:30 PM

Gather in the Community
Room on Monday, July 19th
at 1:30 PM

As we take a look at one of the
most influential folk groups of
the 1960s.

Their music spanned some 20
years and influenced a num-
ber of artists.

We will learn of their early
years, their break-up in 1978
and reconciliation in 1981 and
listen to some of their hits .



JULY 2021

Riverwoods Bulletin

**Riverwoods' Concert
Series**

***Treasured Music Thursday July 1st
3:00 PM***

***Tom Hofer Thursday July 8th
3:00 PM***

***Phil & Caitlyn Thursday July 15th
3:00 PM***

***Jim Quales Tuesday July 20th
10 AM (Please Note the Time Change)***

JULY 2021

Riverwoods
Concert Series:

Edna Tom Hofer



Cailey & Claudine
Jim&Kate



Larry&David S.



Sue
&
Sharon



Jan&Pat Kathy



Connie & Donna

JULY 2021

Riverwoods Concert Series:
Steve Huyette



David Caren Barb

Rose

Don



Sonny

Jim

Jan



Pat

JoAnne



Deb