

2500 14th St Ne
Faribault, MN



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Contact Information

Community Director:
Nick Duff
Directorfb@milestoneseniorliving.com
Office: (507) 331-2748 option 1

Nurse:
Sharon Bexell, RN
Nursefb@milestoneseniorliving.com
Office: (507) 331-2748 option 2

Administrative Assistant:
Stacy Bosacker
adminfb@milestoneseniorliving.com
Office: (507) 331-2748 option 6

Life Enrichment Coordinator:
Anne Pleskonko
lifeenrichmentfb@milestoneseniorliving.com
Office: (507) 331-2748 option 3

Culinary Coordinator:
Anita Kalal
culinaryfb@milestoneseniorlivingcom
Office: (507) 331-2748 option 4

Maintenance Coordinator:
Ed Schlaak
Office: (507) 331-2748



Milestone

Minute

In this Issue:

- Page 1:**
-Notable July Events
- Page 2:**
-Director & Nurse Notes
- Page 3:**
-Community Notes
- Page 4:**
-Activity Corner
- Page 5:**
-Resident Noticeboard
- Page 6:**
-Staff Noticeboard
- Page 7:**
- July Activity

Notable July Events

- Thursday, July 1st:**
Resident Council
- June 28th—July 4th**
Spirit of America Week
- Wednesday, July 7th:**
Wacky Wednesday
- Wednesday, July 14th:**
Shark Awareness Day Movie
- July 25th—31st**
Olympics Week
- Tuesday’s & Friday’s @ 10:30**
Coffee Club
- Friday, July 16th @ 1pm:**
Storytime with Isabell

Director’s Note

Hello July and Happy Fourth of July to All! I hope everyone is truly enjoying this first summer after Covid. I will use my space this month to unfortunately remind everyone that we still have rules and protocols around Covid here at Milestone. Despite the outside world loosening and mostly finishing with any restrictions for vaccinated people, we still need to protect our residents, families, and staff. Some things to remember are: **24 hour notice for visitation in the building (call or email Stacy) and remember by 3pm on Friday for the weekend. You must either be able to prove vaccination or take a rapid test to enter the residents homes, this is required for all ages. If you are fully vaccinated, you may take off your mask inside the apartment/suite only. Only 3 visitors are allowed at a time and for 3 hours. Remember you can always visit outside or take your loved ones on an outing. Finally, we ask you share these rules *with all your family and friends* and we will remind the residents. Telling your resident/family member that you are coming is not enough and we will need to *turn away visitors* not following these important rules.** Thank you!

- Nick Duff

Nurse’s Note

The Warm days of July!

These warmer days are great for enjoying the beauty of Minnesota. The colors of all the flowers, the shade of green on the trees and grass, and the crops growing in the fields. Summer makes us think of memories of the lakes we like to fish in, the family reunions to visit with all our loved ones, and an iced cold rootbeer float on a hot day. I can taste it now! We should always appreciate these fine things in life! So, grab a root beer float and take a trip down memory lane! God Bless the USA!

-Sharon Bexell

July Activity

Word Search

STATES OF THE U.S.A.



S A L A B A M A I N E T J
K U T Y J C O L O R A D O
E Y W C A L I F O R N I A
I N D I A N A T E X A S L
U E M G E O R G I A N I A
M V I H A W A I I E U L S
O A C N E B R A S K A L K
N D H K A N S A S V Z I A
T A I W I S C O N S I N U
A U G N E W Y O R K F O T
N Y A L K V I R G I N I A
A L N I F L O R I D A S H

- | | | | |
|------------|----------|-----------|----------|
| California | Alabama | Wisconsin | Montana |
| Utah | Indiana | Kansas | Florida |
| Maine | New York | Colorado | Georgia |
| Alaska | Nebraska | Nevada | Virginia |
| Hawaii | Michigan | Illinois | Texas |

Staff Noticeboard

July Birthdays

Hailie G. July 17th

Can You Contribute?

Contributions to our newsletter are encouraged!

Articles, photos, reports on community outings, staff news, trivia, poems and amusing stories relating to residents and staff are most welcome.

Please hand in your submission to Life Enrichment or email us anytime.

Thank you!

Thank you!

We would like to issue a heartfelt thanks to staff, relatives, and volunteers who support us day in and day out. You make such a difference in the lives of our residents and we so very much appreciate your time and energy. We can't wait to open our doors to you all again in the future.

Staff Anniversaries

Courtney M.	1 year
Karlee S.	1 year
Kelly P.	3 years
Hailie G.	1 year

Life Enrichment Note

We are so excited to have our planters full of herbs, vegetables and flowers! Special thanks to our families that have planted flower pots in the front of Milestone— Jan Petersmeyer, Colleen Ramey, John & Andrea Kubinski and Lynda Boudreau in the Courtyard. Also to the wonderful “water fairies” that help them continue to look so beautiful!

SOMETHING NEW: Our Monthly Take Out/Eat In Program is being sponsored by Jaybird Senior Living and Milestone Senior Living!!! There's no extra cost to you or your loved one and we are very excited to offer this program! In July we are ordering from KFC Restaurant.

-Anne Pleskonko

Dare to Dream: Gloria's Story



In June, Milestone made Gloria's dream of going back to a farm possible. Gloria spent most of her life on her farm raising her family and taking care of many different animals. Thanks to Tupa's Cloverleaf Farmstead, we were able to bring Gloria back to a place where she has many memories. One memory was that Gloria had pet racoons that liked to snack on marshmallows!



Thanks to all Milestone Staff who pitched in to help and to Tupa's Clover Leaf Farmstead!

Resident Noticeboard

July Birthdays

Janet L	July 1st
MaryJean M	July 6th

Beautician

We have one beautician who comes in about once a week. Denise's shop is located in Memory Care. Please call 507-491-6230 to make an appointment.

New Residents

A warm welcome to our new residents!

Craig B.
Ron G.

Library Program

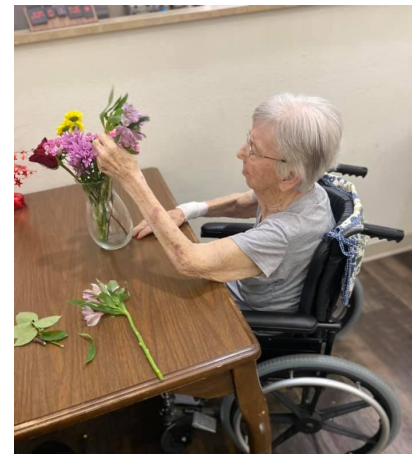
Our Library Program is currently on hold. Books are located on the bookshelf in the 1st floor fireplace room.

Food! Food! Food!

Have you been craving a certain food or meal? Do you have a delicious family recipe?

Let Anita in the kitchen know. We will do our best to try and recreate your recipes!

Activity Corner



For more activity highlights, follow us on Facebook!