July 2021

6132 NE 12TH Av-
Pleasant Hill,
IA50327

Courtyard Estates
Assisted Living Communities

601 Hawthorne
Crossing Dr SE,
Bondurant, IA 50035

The Courtyard Chronicles

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Community Coordinators

Jon Schultz ... Community Manager
director1@courtyard– estates.net Cell: 515-240-9013

Ashley Gilbert ... Community Assistant Manager
assistantmanager@courtyard-estates.net
Cell: 515 - 333-1585

Krystle Calkins ... LPN
nurse2@courtyard-estates.net Cell: 515 - 336-3387

Ruth Wiles ... Community Relations Coordinator
community@courtyard-estates.net Cell: 515 - 250 - 0222

Sarah Davis ... Life Enrichment Coordinator
phlife@courtyard-estates.net Office: 515 - 285 - 9108

Heather Johnson ... Culinary Coordinator
culinary1@courtyard-estates.net

Mohammad Ghnem ... Maintenance Coordinator
maintenance@courtyard-estates.net

Professionally Managed by JAYBIRD SENIOR LIVING

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We are always looking for volunteers! Join us for events or outings, or simply visit with our residents who need a friend! Contact Sarah Davis see contact info on front) to discuss opportunities!

Upcoming Fun

Beauty Shop open every Monday

Live 2B Healthy 10:30am Mon, Wed, Fri

Music Speaks 3pm Tuesdays & Thursdays

July 1st	International Joke Day
July 4th	4th of July
July 7th	National Chocolate Day Baked Potato Drive Through
July 19th	Alzheimer's Association Fundraiser
July 20th	National Ice Cream Soda Day
July 23rd	Start of the Summer Olympics
July 31st	National Watermelon Day

All activities subject to change at any time to meet the ever-changing needs and desires of the residents who live here.

Please see Sarah if you would like to buy a walk t-shirt for $20

Resident Birthdays

David Meyers– July 22nd

Staff Birthdays

Vivian Doe– July 2nd

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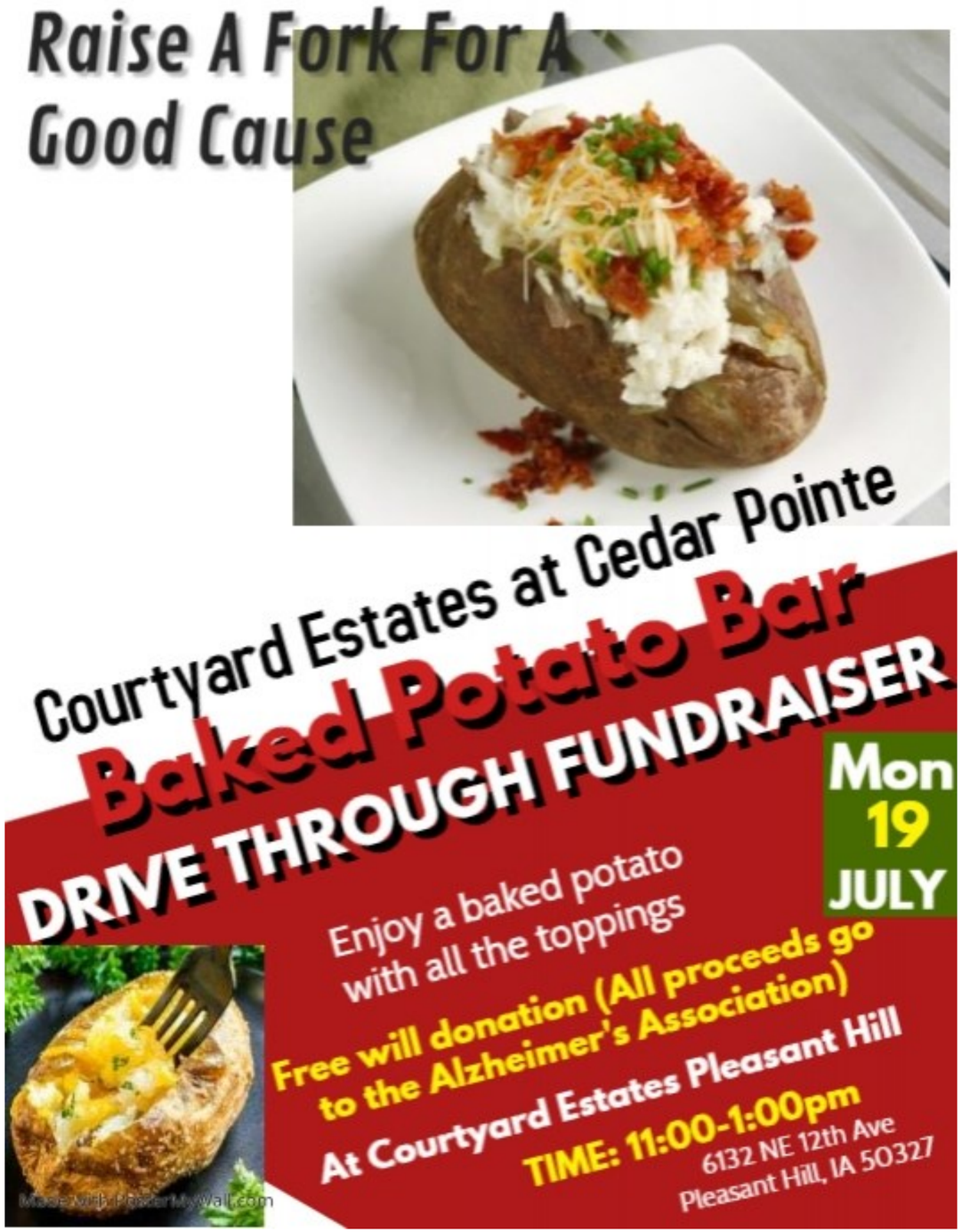


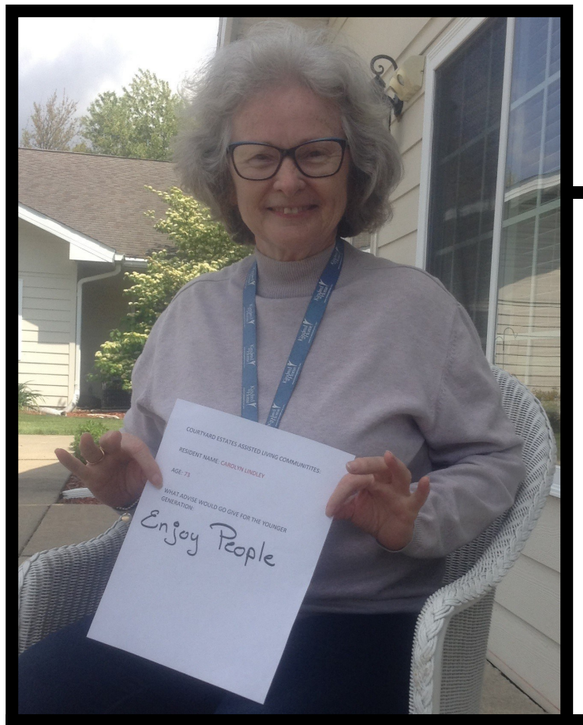
Tokyo Summer Olympic celebrations

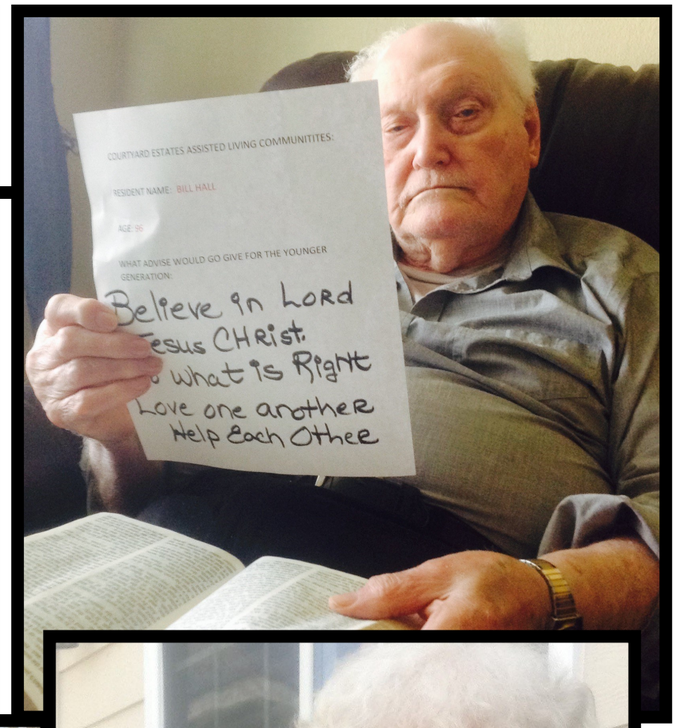
Courtyard is excited and ready to watch top athletes from around the world compete in the 2021 Tokyo Olympics!

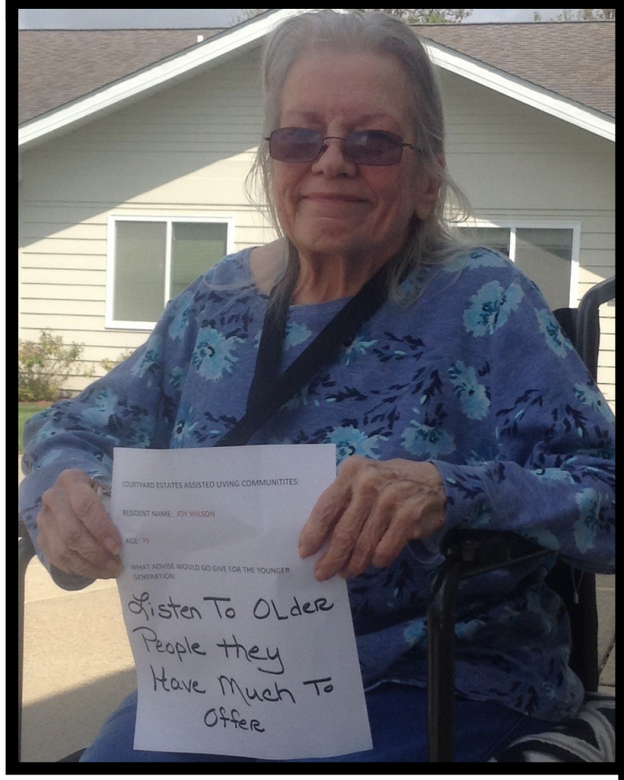
To kick off the games will have an opening ceremony watch party with Japanese food, drinks, and décor.

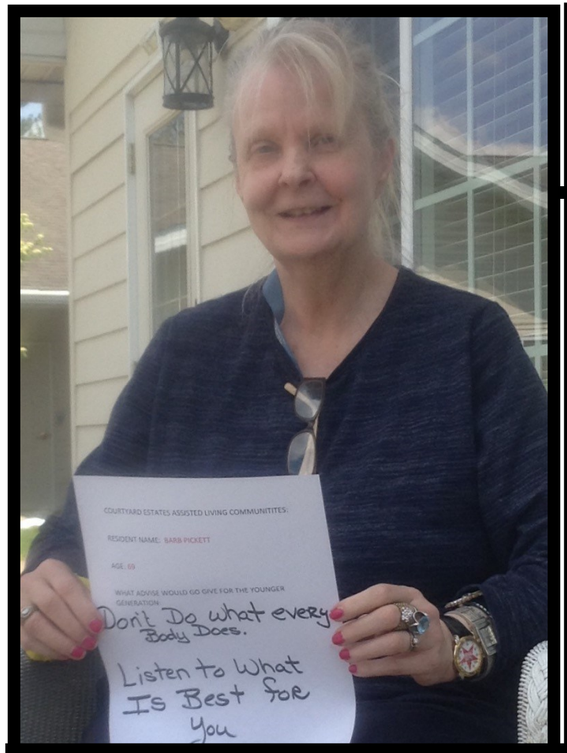
During the week of August 2-6th we will compete in our own Olympic games including bean bag toss, nerf gun target shooting, balloon tennis, bowling, and more.

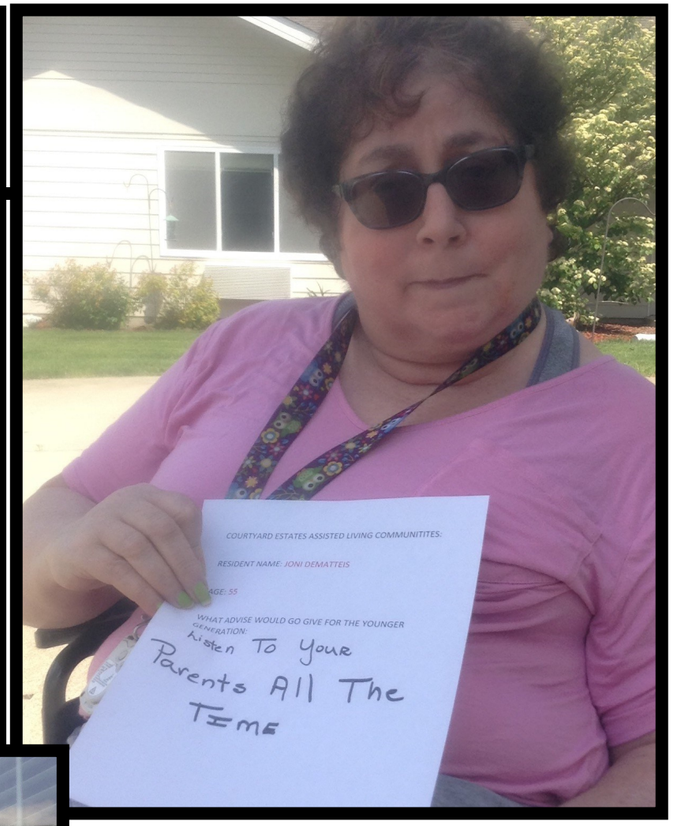
We will also have the Olympics on our TV's for residents to watch during the day so we can cheer on our U.S.A. athletes, and keep track of the different countries medal counts!

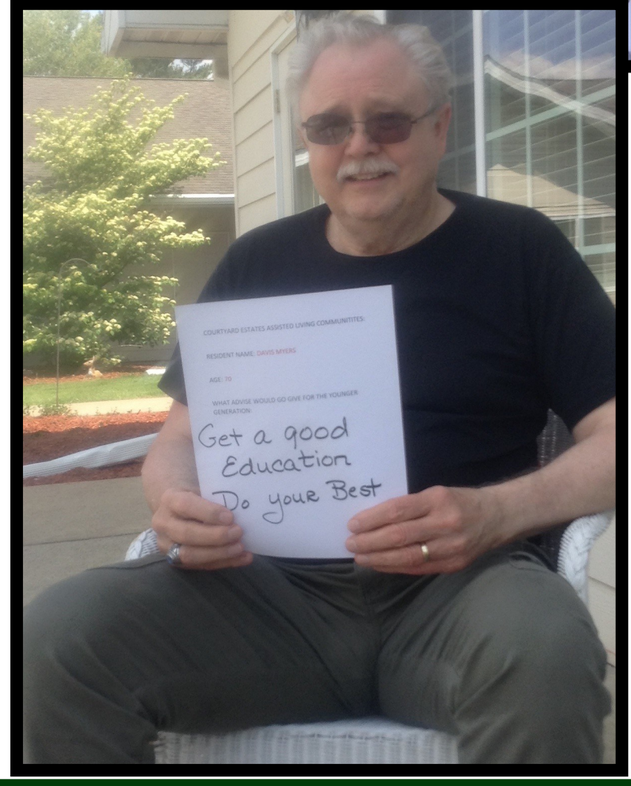












We asked: what advise would you give to younger generations?

Here's what our residents had to say!