

June 2021

Community Directors

Eagle River Community Director:

Beth Ann Montezon
Office: 715-479-8018
Cell: 715-891-0358

Rhineland Community Director:

Amy Lemke
Office: 715-361-1111 Ext 101

Tomahawk Community Director:

Carole Mietelski
Office: 715-224-3747
Cell: 715-224-3747

Woodruff Community Director:

Amy Lemke
Office: 715-439-4500 Ext 1
Cell: 715-892-1339

Community Relations Coordinator:

Bella Rubio
Cell: 715-409-6511

To request more information on how you or your loved one could benefit from the cares and services available at Milestone Senior Living, contact one of our Northern Wisconsin locations.



Milestone Senior Living has four locations in the Northern Wisconsin area; Eagle River, Rhinelander, Tomahawk, and Woodruff.

*We would love to show you our beautiful Communities
Call Bella at 715-409-6511 to schedule your private tour.*

All tours are socially distanced, masked, and screened upon entry for optimal safety.

Don't wait: Apartments are limited!



The Milestone Northwood News



Eagle River News

Rhineland News

Tomahawk News

Woodruff News

Contact Information

Professionally Managed by



Embracing Every Moment

Milestone Senior Living Eagle River



Residents celebrated National Strawberry Day

Beth Ann Community Director hosted the Cooking Corner where residents made Strawberry and Rhubarb sauce. The fresh Strawberry Rhubarb sauce was placed in decorated jars. They are looking forward to enjoying it at their ice cream social tomorrow...YUM!"



Residents enjoyed an afternoon concert

Residents sang along to songs that were played by the pianoist who made sure he played every ones favorite songs.



Milestone Eagle River



Meet Colleen Pietenpol

Colleen is the Health Service Lead for the Eagle River Community. She goes above and beyond to meet the residents needs regarding their cares. Colleen is such an asset to our Milestone family we would be lost without her.

Thank you for an Awesome Job

July Activities

Highlighted

Monday—Wednesday—Friday
Exercise 10:00 AM

Monday Afternoon Matinee
1:30PM

Tuesday—Thursday
Exercise 10:30 AM

Thursdays
3:00 – Ice Cream Social

Fridays
3:00 – Happy Hour

Sundays
Online Church Services

Afternoon Board Games and
Card Games

Come Join in the Fun!!

DATES TO REMEMBER

Wednesday

Resident Council 1st Floor—11AM

Resident Council 2nd Floor—1:30PM

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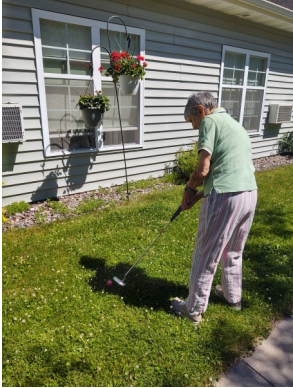


Embracing Every Moment

Milestone Senior Living—Rhineland

Residents spent the afternoon Golfing

It was Phil Michelson's (Pro Golfer) birthday on Wednesday so we played mini-golf in the backyard to celebrate the day.



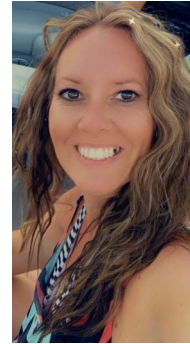
Everyone enjoyed a fun afternoon concert listening and singing along with David Dall



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Milestone Senior Living Rhineland



Meet Jenny Klingen

Jenny is the administrative assistant for Rhineland. She goes above and beyond her job duties for our residents daily.

Thank you for doing an

Awesome Job!

July Activities

Highlights

Monday—Friday 10AM

Morning Stretch

Bingo— Monday at 1:00PM

Bingo— Friday at 1:30PM

Church Services—Friday 10AM

July 3—Butterfly Craft

July 7—Turtle Craft

July 8—Balloon Craft

July 12—Paper Bag Craft

July 15 Shopping Day

July 20—Olympic Craft

July 30—Resident Birthday Party

Join Us For Some Fun!

DATES TO REMEMBER

Resident Council Meeting

July 21st, 2021

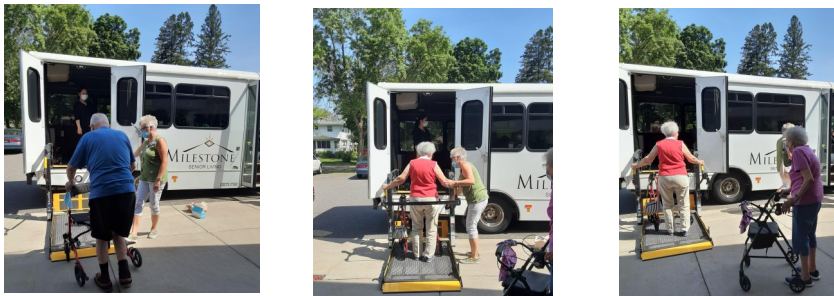
1:30PM

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Milestone Senior Living—Tomahawk

Let's Welcome July: Here is another reason to reunite with friends and family. Have a splendid fourth of July. With the weather getting warmer, we are enjoying our new patio furniture. We have been having lunch served outside and "Patio Ponderings" where we observe nature, listen to music, conversation/ socialization and greeting our visitors. It sure is great to feel "FREE" once again and we will not take it for granted. We are also taking advantage of the company bus to go places. Look for us the July Fourth Parade.

Residents enjoyed a fun filled afternoon on their way to Dogs –N-Suds



Here Comes The Bride

Tomahawk Milestone is having a contest to guess the names of the brides and grooms. An you guess who is who?



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MILESTONE SENIOR LIVING TOMAHAWK



Meet Hannie Dulayee,

Hannie has been such a joy to have as a resident assistant at Milestone Tomahawk. The residents adore her kind spirit and her thoughtfulness. She goes the extra mile for our residents every day. One day we had seasonal paper placemat and she wrote the meaning of everyone's first name on the placemats. The residents enjoyed finding out what the meaning of their names and were talking about it long after their meal was finished. She volunteered on her day off to help our residents go to a special outing at Dog N Suds. Hannie is such an asset to our Milestone family..

Thank you for doing an Awesome Job!

Embracing Every Moment

July Activities Highlighted:

Our monthly Mercantile Shopping for residents and tenants the first Monday of every month in the Dining room.

Local Shopping alternating grocery stores and when we have the Bus, Community members are encouraged to shop for themselves with LEC.

Monday- Fancy Fingernails

Every Friday @ 10:45 Rosary w/ Sharon

10 AM (Mon-Sat) Morning Exercises and Six-el's Senior Functional Fitness is on Mon/Wed/ Fri.

BINGO- Tuesday & Thursday @ 2:00, Sunday's @ 2:15

Thirsty Thursday every Thursday @ 3:30

Council meetings are held the fourth Wednesday of the month

St Mary's Church is hosting their Annual Summer Festival. We plan to walk over Friday, July 30th to listen to the music and socialize.

Individual Holiday and special days are celebrated per our activity calendar.

There will pontoon boat rides in the near future- stay tuned.

July 4th parade- We are registered to be in the parade, some will ride in the van. We are also hoping to have a float being pulled by a truck. Some people will be watching with a sack lunch on the south side (sidewalk) of our building w/ staff and volunteers.

Join Us For Some Fun!

Resident Spotlight



Richard Jokela and his wife have resided in our Tomahawk Community since April 2018. About 1 ½ years ago he started walking and especially made it personal when his Dr. told him, if he didn't start exercising, his now heart/ kidney problems would just become worse. He asked his children for a fitbit to wear on his wrist and the rest is history. He has lost 38 pounds, has had meds discontinued, lab values are all within normal range and just recently went from seeing his Cardiologist every three months to annually. If you do not see him walking outside, he is walking the halls, usually during inclement weather. Richard

reports the most steps he has ever walked in a day are 33,599. His phone calculates all the info he needs, and he reports that he has walked over 2,000 miles in the last six months. Smiling he stated, 'not bad for an 86 year old man'.

Help Us Support The Alzheimer Association Walk

Join our Milestone Northwoods Team Today and help us support this cause.

I am participating in Walk to End Alzheimer's. While Walk looks different this year, my goal is the same: to help advance Alzheimer's care, support and research for all those facing this disease. Please support me with a donation. Please Make a Donation Today!



Check us out on Facebook and Join us to Support the Alzheimer Walk

Milestone Senior Living—Eagle River

Milestone Senior Living—Rhineland

Milestone Senior Living—Tomahawk

Milestone Senior Living—Woodruff



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Embracing Every Moment

Milestone Senior Living—Woodruff

Residents enjoyed a morning workout to the 50's Music



Bun On The Run Fundraiser

Thank you for everyone that came out to help support our fundraiser for the Alzheimer Association.

Thank you Tim Kuehn from Hospice Care for assisting us with our fundraiser.



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Meet Karen Hess

Karen has recently joined our team and has already gone above and beyond her duties for our residents. We are very thankful to have Karen on our team.

Thank you for the

Dates To Remember
Resident Council Meeting

July 19th, 2021

11:00AM

July Activity Highlights

Monday—Friday
10AM Exercise

Meal Bingo
8am—12pm—5pm

July 1—Store Day

July 2—Bible Study

July 7—World Chocolate Day

July 8—Concert with Don

July 12—Sing Along

July 15—July Craft

July 22—Travel to China

July 29—Road Trip to St Germain
for Ice Cream

Come Join in the Fun!

Embracing Every Moment

SENIORS FIRST! SAFETY PROGRAM

The COVID-19 pandemic has changed the way we all live - especially our seniors. Jaybird senior living communities have adapted quickly and responsibly to the COVID-19 pandemic by implementing our Seniors First Safety Program. Even prior to the announcement of Operation Warp Speed, the Jaybird Leadership Team created a Vaccine Task Force with a commitment to establishing a seamless, safe, and ongoing plan to administer the COVID-19 vaccine to our residents and staff.

Our Seniors First Safety Program includes enhanced cleaning policies, procedures, and frequency that goes above and beyond CDC and Health Department guidelines. We've established safety protocols and partnerships with other health care providers to further ensure the safety of our residents and team members. Seniors and their loved ones can rest more easily knowing our senior living communities are one of the safest places to live.

Need a few more reasons to make the move to senior living?

SAFER SOCIALIZATION

New social practices such as scheduled dining, small group gatherings, and frequent sanitation allows seniors to socialize with confidence.

WORRY FREE LIVING

Once you're a resident of a Jaybird community, there's no need to worry any longer about home maintenance and upkeep. Your new home will provide a worry-free, maintenance free lifestyle.

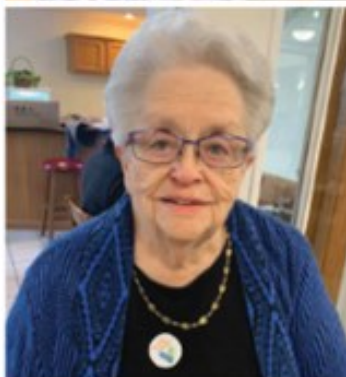
BUILT-IN SUPPORT SYSTEM

You can rely on a 24/7 support system of dedicated on-site team members for housekeeping, laundry, security, and IT support.

The Seniors First Safety Program is a manifestation of our commitment to those we serve. To learn more, call Milestone Senior Living - Rhinelander today at (715) 361-1100.



4686 North Shore Dr. | Rhinelander, WI 54501
www.jaybirdseniorliving.com



Bun On The Run Fundraiser



Date: July 15th, 2021

Time: 11am – 2pm

Cost: \$5.00

Location:
Milestone Senior Living
4686 N Shore Drive
Rhinelander, WI 54501

Money generated will support programs for the Alzheimer Association.



For More Information Contact Bella (715) 409-6511

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Embracing Every Moment



Bun On The Run Fundraiser



Date: July 20th, 2021

Time: 1pm – 5pm

Cost: \$5.00

Location:
Tomahawk Farmers Market
223 W Wisconsin Ave
Tomahawk, WI 54487

Money generated will support programs for the Alzheimer Association.



For More Information Contact Bella (715) 409-6511

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Raffle

Tickets
\$10 each
or
3 for \$25

Drawing at Hodag Dome
665 Coolidge Avenue
Rhinelander, WI 54501

11:00am September 18, 2021

(Winner need not be present to win)

Tickets Available from any Walk Team Member or by calling 715-352-4091

Grand
Prize



\$1,000 CASH

Donated by
Jim Brust & Dan Miller
in Memory of
Fran Brust

1st
Prize



\$600 GIFT CERTIFICATE

Donated by
Potticker Sculpture
Rhinelander, WI

2nd
Prize



\$500 CASH

Donated by
Paul Hagen in
Memory of
Norma Hagen and
Fern Hasselquist

3rd
Prize



\$500 GIFT CERTIFICATE

Donated by
Mel's Trading Post
Rhinelander, WI

Tickets are available at our Milestone Locations!

Embracing Every Moment